

# Taikura Rudolf Steiner School

17 February 2017



## The Grapevine



Tena Koutou Katoa

These past few weeks have raced by, and it seems somewhat intensified by the extreme heat we have been experiencing. While talking to one of our staff who is also a parent of the school, she mentioned how difficult it was to get back into a morning routine. With the heat at night and the challenge of getting enough sleep; and the extreme wind and heat during the day, we all need to be conscious of finding the rhythm in our days for us and our children.

Part of the rhythm of the week for our staff are their meeting times. We gather each morning (which we refer to as morning circle) for a quiet time of verse, karakia, waiata and a sharing of the things which are to come that day and that week. Last year, we reviewed how and when we met in order to gain nourishment for ourselves so that we could be fully present to our children and young people. One staff member shared with me it is traditional in Waldorf schools for teachers to meet in the morning. She reminded me that this time forms the 'chalice into which the drop of courage falls' and carries and supports teachers through the day. We also talk of our meditative practice as teachers where we reflect on our children and young people in the evening so that we can be open to what it is that they need from us.

These two simple routines provide a great anchor for us as staff. With the buffeting of life, not just on windy days, and the intensity of heat and pressure, we need to actively work towards nourishing our own spirits. Something all of us in our community can benefit from.

I would like to finish with a verse from Rudolf Steiner himself, which is one I often use before we begin our management meetings. Our management group, myself, Pippa Caccioppoli (High School Associate Principal), Kelly Sutton (Lower School Associate Principal) and Corrie Levick (Kindergarten Representative) come together at least once a week to deal with a myriad of matters. When we come together, blown in by whatever winds are with us, we are conscious of settling to the task at hand. Perhaps you may find this verse assists you as well.

*Quiet I bear within me.  
I bear within myself forces to make me strong.  
Now will I be imbued with their glowing warmth.  
Now will I fill myself with my own wills resolve.  
And I will feel the quiet pouring through all my being.  
When, by my steadfast striving, I become strong.  
To find within myself the source of strength – the strength of inner quiet.*  
Rudolf Steiner

Nga mihi aroha  
Carmel Spencer  
Principal

### Mark Your Calendar!

Feb 20 - 24	Camp Class 9	Tongariro Crossing
Feb 20	7:00 pm	Class 4 Parent Evening
Feb 21	7:30 pm - 9:00 pm	Class 6 Parent Evening
Feb 22	6:00 pm	Class 1 Parent Evening
Feb 22	7:00 pm	Class 12 Parent Evening
Feb 27 - March 3	Camp Class 8	Waimarama

# SCHOOL NOTICES

## Office Manager

Some of you will be aware already that our Office Manager, Vanessa van Kampen, has left Taikura to take up a position with Taruna in Havelock North. The school has been most appreciative of the great work and development which Vanessa has instigated over the past few years.

This is a time to consider the needs of the administration part of our school. While it may seem that this is an awful lot of change with me leaving as well, the finance, administration and property teams in the school are very strong and we are blessed to have the team we do. So, the Boards and management of the school see this as an opportunity to further strengthen our school.

We will be advertising this position over the next few weeks as we come to grips with what the school needs, going forward. This position will be advertised in the Grapevine as well as through usual employment avenues.

Carmel Spencer  
Principal

## Situations Vacant - Minutes Secretary for The Boards

The Boards of Taikura seek a suitably experienced and skilled person who would be available for several hours each month to be the Minutes Secretary for the Boards. This person would need to be experienced in this task, and to have a high skill set in terms of written communication, professional understanding of the needs of the Boards, excellent IT skills and a willingness to work as part of the administration team of the school. If you are interested in applying for this position, please send a covering letter with a copy of your Curriculum Vitae to:

Carmel Spencer, Principal  
C/- Taikura Rudolf Steiner School  
[principal@taikura.school.nz](mailto:principal@taikura.school.nz)  
PO Box 888,  
HASTINGS 4156

Applications close 5:00 pm, Friday 17 February 2017



Ngā mihi maioha ki a koutou katoa! Have you ever wondered about what happens on the Marae, or the protocols of a pōwhiri (traditional Māori welcome), or how to say or respond to simple sentences using 'Te Reo Māori'? Te Aho a Māui - EIT (Eastern Institute of Technology) are willing to hold a weekly Te Reo Māori course at school if there is enough people who are interested (minimum of 12). You do not need to have any prior knowledge; you just need to be open to learning in a supportive environment. The course is **Free**, and it only requires a commitment from you to stay on board the waka once you all head off on the journey to learning Te Reo Māori. If you are interested and would like to hear more about this wānanga (course), you can leave your name and contact details at the office and I will let you know when a presentation about the course will happen, within the next two weeks.

### **Ko te reo Māori te kākahu o te whakaaro, te huarahi i te ao tūroa.**

The Māori language is the cloak of thought and the pathway to this natural world.  
Mauri ora, na Troy Gardiner.

## Waiata mai!

Ngā mihi o te tau hou ki a koutou te whānau whānui o Taikura! Greetings

'Waiata mai' has started again, every Thursday from 12:30 – 1 pm. If you want to learn some of the waiata, kinaki, that your children sing at school, nau mai, haere mai te katoa, all are welcome!

Mauri ora!  
Na, Troy Gardiner

## Welcome Coffee Morning

Friday 24 February 9:00 am Taikura Kindergarten

A warm welcome to new and existing parents in both the school and kindergarten. Please join us for our first Coffee morning on Friday 24 February, 8:45 am for a 9:00 am start at Taikura Kindergarten, morning tea is provided.

Please do not be shy to come along and meet with parents and Pippa Caccioppoli, an ex-student and current parent and teacher at Taikura. Our informal talks are child friendly for babies and toddlers. All community members are welcome including those on the waiting list.

Any queries about the parents group please call Filipa on 0274513445.

## Opera - Carmen

Thank you to all the students and families who have responded to the opportunity to attend the opera Carmen with our school next Monday the 20 February. There are still a few places if you wish to attend. Return your permission slip and \$10.00 to the office ASAP

Please remind your child to be prompt to meet the bus at 10:00 am dressed appropriately for a special occasion and with a drink bottle.

Remember a light lunch is provided. Children with special dietary requirements should bring their own food.

Special thanks to Malcolm and Helen Cox who have sponsored 40 children to experience this special school performance.

### Music Lessons

Callum Dunlop begins drum lessons this Friday morning 17 Feb and if you would like your child to take up this opportunity please contact Callum on 021 835 766 for a lesson time.

If you haven't had contact from your child's music teacher please contact the tutors. The office have a current list with phone details.

### Chamber Music Concerts

Please pay \$30 ASAP to the office for these six amazing concerts available to your children throughout the year in the Century Theatre in the MTG building in Napier.

Note the earlier start of 7.30 pm this year with concerts ranging from 85-100 minutes. New families are welcome to attend. Programmes with concert details are available from Frances in the Music room.

Any questions email or phone Frances 02102923313.

## Taikura Musicians Success

Congratulations to Miru Shimaoka who has gained a place in the NZ Secondary Schools Orchestra playing the violin for 2017

Also to Christian Porter who passed Grade 6 NZMEB piano exam and Cameron Puruto who passed Trinity College of London Grade 5 piano exam last year. Well done the three of you for the hard work and many hours of practice you have given to have successes like these.

Frances - Music Teacher

## Update on Attendance Dues:

Greetings Everyone,

This week you have been mailed your attendance dues form and pledge form. These are due to the office by **28 February 2017**. As attendance dues are a legal requirement linked to enrolment, it is vital that you adhere to this deadline. If you have not received your attendance dues pack please see the office who can supply another one for you. For the school to continue to maintain its special character we also need you to return your amended pledge form, both forms are due **28 February 2017**. As we go through this period of transition we need to work together to continue to provide a vibrant and special learning environment for our tamariki. Your help and timeliness in reading and returning forms is greatly appreciated.

Sue Simpson, on behalf of the Proprietors Trust

# COMMUNITY NOTICES

## Sound Healing Gong Concert

Sound Healing Gong Concert at Taruna / Korimake Hall, 33 Te Mata Peak Road, Havelock North. March 21 at 7:00 pm. Marius and Jeltje are coming up from Golden Bay to share their beautiful Gong Sound Healing in a Concert. They are using big gongs, Didgeridoo, singing bowls and other acoustic instruments. You will have to bring a yoga mat or similar, a cushion and blanket, and drinking water. You will be lying on the floor to enjoy the sound. The concert is approximately 1.5 hours. Energy Exchange \$30 presale / \$35 at the door. E-mail Silke Whittaker [silke@heartspace.nz](mailto:silke@heartspace.nz) for booking your ticket. More info on gong concerts on [www.soulharmonic.co.nz](http://www.soulharmonic.co.nz)

## Heartspace Yoga

Heartspace Yoga is opening a new yoga room. I am very excited to open my new yoga room on Monday 20 February 2017. Upstairs at Aspyre Fitness, 208 Heretaunga Street East in Hastings (opposite Cornucopia). I am going to offer regular Hatha and Yin Yoga classes (6 am, 9:30 am, 12:15 pm, 1:30 pm, 5:30 pm, 7:00 pm). Showers, Changing Rooms and Sauna are available to students before and after yoga sessions. Prices range from \$10 - \$14 per session. First trial session for new students free of charge. Beginners Classes are offered on Monday 20 Feb & 27 Feb 5:30-7:30 and Friday 24 Feb 9:30-11:30 (2 hrs \$25). For more info please visit [heartspace.nz](http://heartspace.nz) or e-mail Silke Whittaker [silke@heartspace.nz](mailto:silke@heartspace.nz) to book your space.

## Wanted Full Size Violin

We would like to buy a good quality full size violin if anyone is selling one. Please call Melissa 876 8088.

## Puppies, Puppies, Puppies

I have some very cute Rottweiler puppies for sale, 6 girls and 1 boy. Puppies will be ready 4 March 2017. If you are interested please contact Selena on 027 516 0141.



## Art Classes for Adults

Tuesdays 10 am -12 pm starting 7 March. Exploring painting and drawing techniques, observation drawing and good company. Listen to stories from Greek Mythology. Choose your own art project. Beginners and the more experienced welcome. Steiner Centre - 500 Nelson St Hastings. Contact Eva Urieli on 8786028 or via e-mail [evaurieli@gmail.com](mailto:evaurieli@gmail.com)

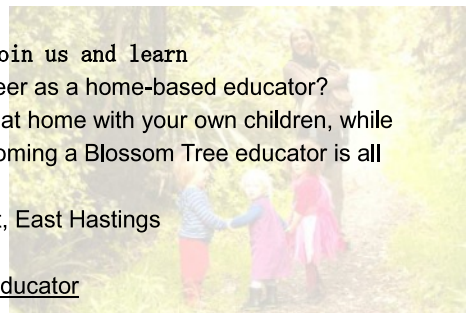


Blossom Tree Educator information Evening - Join us and learn  
Would you like to learn more about an inspiring career as a home-based educator?  
Being a home-based educator means you can stay at home with your own children, while engaged in paid work. Come and find out what becoming a Blossom Tree educator is all about.

Friday 3<sup>rd</sup> of March, 7 to 8:30 pm, 106 Queen Street, East Hastings

Nibbles and drinks will be provided

Please register at <https://www.blossomtree.org.nz/educator>



# COMMUNITY NOTICES

## Astrology Class - Discovering You

A One Day Only Class with Glen Atkinson:  
Day: Saturday 11 March 2017  
Venue: Taruna College, Havelock North  
Contact: Glen - [bdmax@xtra.co.nz](mailto:bdmax@xtra.co.nz)

Limited places: 20 People  
Time: 8:30 am - 4:30 pm  
Cost: \$130.00 - includes lunch and breaks  
Phone: 06 8773324

## Kairos Centre: 2017 Year courses

The Heart of Art: Strengthening the Heart Chakra through inner contemplation. A Practical Course.

**Year One:** 7 weeks per term THURSDAYS - 8:50 am - 12:15 pm

This course offers an opportunity for the beginner to become acquainted with some basic artistic techniques e.g. Wet on wet painting, observational drawing, Form Drawing, etc. The Language of fairy tales. Costs \$250 per term.

**Year Two:** TUESDAYS - 8:50 am - 12:15 pm. This course is designed for people with prior artistic experience and is a continuation of year one. Veiling, Goethe's colour theory, The Story of Parival.

**History of Art:** 7 weeks per term through the year Tuesday - 1:00 pm - 3:00 pm A study of Art History reveals to us the evolution of human consciousness. There will be a small introduction and artistic exercises included in this session. Costs \$180 per term

**Curriculum Art for Teachers:** Three seminars through the year. This course will provide a basis of techniques, wet on wet stroke/form/ charcoals, observational drawing etc to help the teacher become more confident and creative within the classroom.

Dates March - 23,24,25 July - 13,14,15 October - 5,6,7 Costs \$300. Per 3 days

**Therapy Trough Art: One Day Workshop:** The Yearly Rhythm and Me .

Meet yourself through the interplay of dark and light and experience the healing qualities of colour and rhythm through the year.

When: APRIL: 8 at 9.00 am 4.00 pm COST: \$85.00

ENQUIRE NOW Text / Ph Margaret- Mary Farr 027 2484193

Email [manawastudio@gmail.com](mailto:manawastudio@gmail.com) Facebook. Margaret Mary Farr artist Kairos Artistic Endeavours

## Soul Blueprint Healing for your Child

With all the spiritual and physical changes going on in the body of the child, it's important to uncover and clear any metaphysical issues preventing your child from being fully aligned to his or her Soul Blueprint (a.k.a the way we are each divinely designed). Now, as a conscious parent you know well, that at the root of all internal and external struggles are the unexpressed and unresolved experiences from the past. So as a psychic attuned to the Akashic Records, I look there for answers that help us understand the 'why' behind everything. Whether it's anxiety, depression, learning difficulties, anger or unexplainable behaviour - together we can help your child to climb over these low vibe energetic walls so that she or he can fully enjoy life feeling whole, healthy and confident about being in their own skin.

After all - that's all we really want for them right?

My discounted rate for our community kids is only \$111.00 which includes a 90 minute call and unlimited email support for 21 days following.

Call me on 021841602 to schedule your session.

Vicki Reisima

# COMMUNITY NOTICES

## Why Eurythmy?

On request for Hygienic Eurythmy with, the question, can Eurythmy help stress? Yes!  
By starting daily with the exercises given during this terms Wednesday morning sessions.

- The Strengthening of the Nerve-Sense System.
- The Strengthening of the Blood Circulation and Metabolism.
- Harmonising and bringing balance in the daily life stress.

Eurythmy with Piano:

When: Wednesday morning from 9:00 am - 10:00 am

Where: Anthroposophical Centre, corner Whitehead Road and Nelson Street

Cost: \$10.00 per session

Starting date: 16 February 2017

Following for Enthusiasts:

Painting lessons from 10:00 am - 12:00 pm

A study of the indications for painting by Rudolf Steiner.

Tutor: Ellen Jane Schildt v Geest

Home phone: 06 5610389 cell: 0211498479

## Accommodation wanted

We are a couple in our early 30's who are seeking accommodation. If you have a spare room, sleep-out or house-sit we would be delighted to contribute to the household and work out a compatible living arrangement that suits. We can contribute rent and/or home help, we are considerate and conscientious and wish to live with like-minded people in a friendly environment. Any options considered. Phill builds musical instruments under the brand 'Tukituki Instruments' and has taught Taikura students to build their own Cajon drum in 2013 and held stalls at the Fete recently. Radha is a meditation and yoga instructor and works at Epicurean. Contact: [briefwechsel@gmail.com](mailto:briefwechsel@gmail.com) or 0272392262 Phill and Radha.

## Well Spoken:

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call Robyn to find out more.

Robyn Hewetson [robyn@wellspoken.co.nz](mailto:robyn@wellspoken.co.nz) 06 878 3496 021 217 8688

## Hawkes Bay Chiropractic now at 206 Eastbourne Street, Hastings.

“Providing an experience that combines going to see a medical professional and meeting up with an old friend who cares about your wellbeing.”



HAWKE'S BAY  
CHIROPRACTIC  
*love the new you*