Taikura Rudolf Steiner School





Welcome back to the Winter Term. I hope a smooth transition back into the rhythm of school life has been had by all. Here at school it has been a busy start to the term. During Week One Class Five went on camp to Sunrise Hut.

Already this term, we have hosted community talks, parent evenings and a wonderful play. The Class Ten play explored the theme of war and was written collaboratively by the students. Thank you Class Ten, and thank you to those who came along to support their work. It was with grateful heart that we watched the community fill the hall on a cold night last week.

In recent years there have been occasions where audiences at some play performances have been very small. Attendance at community talks and parent evenings across the school can fluctuate. Our teachers and administration team are always thinking about ways to make our parent evenings and community talks more accessible, and to ensure that the content is topical, meeting the questions which are sitting within our community.

Recently, while participating in Special Character Interviews with new families joining our school, I was fortunate to hear the many questions asked about our philosophy and the kinds of learning that they wished to participate in. With these questions placed before us, it was decided to create an opportunity for parents and whanau to share with us. We are interested in what themes people would like addressed in community talks and parent education. We would also like your views on what formats and times work best for families so you are able to attend meetings, parents interviews etc. We appreciate that busy working and family lives are our reality. In coming weeks we will be running a survey. We will provide details as soon as possible. Please look out for the opportunity to participate.

It is a busy time of year. We have parents and students volunteering to coach winter sports teams, parents and grandparents supporting in-class programmes, business owners from our parent body providing inspiring talks to our High School students, and a small group of willing volunteers who have stepped forward to support Rachel Hughes with the Listening Programme work. At the beginning of this week, our regular Board of Trustees meeting was held, with our elected parent representatives in attendance. The board works to support the governance of our school and ultimately the wellbeing of our children. Everywhere we look people are engaged and working alongside these initiatives. I feel grateful, deeply grateful, for the many hours of labour and expertise which individuals gift our school.

We rejoice and give thanks to the earthworms, bees, ladybirds and broody hens; for the humans tending their gardens, talking to animals, cleaning their homes and signing to themselves: for the rising of the sap, the fragrance of growth, the invention of the wheelbarrow and the existence of the teapot we give thanks. We celebrate and give thanks. Leunig

We give thanks for community.

| Mark Your Calendar! | | | 'k Your Calendar! |
|---------------------|--|---|--|
| | May 22 - 26 May 23 May 24 May 26 June 2 June 2 June 16 | 4:30 pm - 6:00 pm 7:00 pm 8:00 am - 9:00 am start 8:45 am - 9:00 am start 8:45 am - 9:00 am start | Lower School Interviews Week Careers Expo at Pettigrew Green Arena Napier Class Twelve Parent Evening TH Room 3.3 Filipa Hope - What is NVC - support with parenting Catherine Schillinger - Dental Hygienist Teacher Only Day Hannah Hales and Susan Barham - Suzuki method |
| | Julie 10 | 0.40 am - 5.00 am start | Hannan Hales and Susan Damain - Suzuki method |



Hockey Training

We were fortunate to have Black Sticks high performance coach, Greg Nicol training out First XI Hockey team on Tuesday 2 May.

Kumara

Kāore te kūmara e kōrero mō tōna ake reka!

The sweet potato does not talk of its sweetness!



Last week the kūmara were harvested. This root vegetable is of great significance to ngā iwi Māori. In days of old, great care was taken with the growth, harvest and storage of kūmara, to ensure the abundance of a good crop, as this was a main source of kai during the lean times of winter.

These kūmara will be part of the Mid-winter hāngi for the High School this year! The whakatauki (proverb) above talks about being humble. Below is the whakapapa of kūmara given by Nathan Foote, one of our school parents.

Pani Tinaku - The Mother of the Kūmara.

The kūmara was birthed into this realm by the female atua (deity/god), Pani-tinaku (Hine-tinaku in some oral traditions). One whakapapa says that Pani-tinaku was married to Rongo-maui and their union created the Kūmara.

Of interest is that Pani-tinaku gave birth to the kūmara in water. It was her overwhelming generosity that gifted the kūmara to the world of light. Pani-tinaku is also known as a fertilising influence & germinating force.

Rongo-maui is a brother to Whanui, who is the star Vega. Whanui is connected to cultivated crops and to harvesting and storage of the kūmara. Rongo, Rongo-maraeroa, Rongo-mā-Tāne, are some names of the male atua who is connected to cultivated crops. Mauri ora!

Nā, Troy Gardiner me Nathan Foote

School Dress Code

Please refer to page 17 of the Parent Handbook with regard to the following;

- While closed in shoes are to be worn at all times this does not include the wearing of steel capped footwear.
- With regard to leggings please refer to High School Dress Code point five.

Chamber Music Concerts

The second of six concerts over the year is happening this week on Thursday at the Century Theatre in the MTG building, Napier. We have a group of 23 including Students, Parents and Teachers. This week an overseas pianist is playing French music of the Impressionist Period like Debussy. Please let Frances know if you would like to attend as students pay only \$5 per concert and sometimes a spare ticket is available if someone cannot attend. The third concert features Julliard students from NY city and is on Thursday 1 of June just before Queens Birthday weekend. They are called Maasaki Suzuki if you want to check them out. A boy from NBHS was in a school play when a Talent Scout from the Julliard School spotted him and he was invited to spend two months in New York attending this school along with other young people around the world. You never know who is watching!

The Lower School Orchestra is working on new pieces (after the Autumn Festival) including the Habanera from Carmen and Mister Trumpet Man, a jazz piece featuring Tamaki Shimaoka on the saxophone. We meet on a Monday in last period. Please talk to me if you think your child would like to be part of this group.

Instrumental Lessons continue to give children a wonderful opportunity to combine the physical, cognitive and creative. We are very grateful to all the tutors many of whom come over from Napier each week to fit in a lesson during the school day. Many of the tutors would be happy to take more children especially Callum Dunlop, who is growing his drumming programme. so let Callum, 021635766, know if you would like to be part of this group on Friday mornings. A new Cello teacher is keen to begin lessons at Taikura but we do need at least one and possibly two students to take up the cello. She will be travelling from Whirinaki. Let me know if your child or yourself are interested. I have a list of all the tutors teaching here and am happy to give you or your child a copy with contact details on it.

Violin Lessons for Class Three have just finished for the first group. Marion Stronach is delighted that one of the children has decided to take weekly lessons. Children can begin violin at a younger age because the Suzuki method is well suited with its aural emphasis and parent input where possible.

Please feel free to come and discuss any musical possibilities for your child with Frances Te Weehi

Crafting Workshops

Here is a wonderful way to meet fellow parents, make new friends and reconnect with old ones, share a skill or learn a new one, by working side by side at our regular CRAFT WORKSHOPS. Everything you'll need to make beautiful things will be provided. There is a place and a use for all levels of skill and experience, so come along and get involved. We have handwork and woodwork projects on the go so come and lend a hand.

Tuesday Mornings 9:00 -11:00 am Taikura Kindergarten Parent Room

Weekly workshops will be running to create small crafts for little hands, in the Parent Room of Taikura Kindergarten, directly across from the Staff Car Park. Contact Rosheen on 027 7770759 or at taikurafete@gmail.com.

Taikura Parents Group - All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment - and if you have young ones don't worry as all meetings are baby/toddler friendly. Gatherings are held at the Hastings Taikura Kindergarten community space a couple of Friday mornings a month. Guest speakers begin at 9:00 am with tea and coffee available from 8.45 am.

Our next meeting:

May 26 Filipa Hope - What is NVC and how does it support with parenting June 2 Catherine Schillinger - dental hygienist - demystifying dentistry with a compassionate view point. June 16 Hannah Hales and Susan Barham. Music and the developing child. An overview of the Suzuki method and how it supports development. Filipa Hope 8799281/0274513445

Lost Hoodie

Macpac Merino thin zip front hoodie. Soft blue colour. Named inside "BARRON". Please call Jess on 0211080875.

Hawkes Bay Careers Expo

Taikura Teachers will be taking all Class 11 and 12 students to the school session on **Tuesday 23 May** from 10:30-12:30

There is also time allocated for parents and the public and the list of exhibitors will be advertised in the local paper closer to the date.

You can download an Expo planner by following this link <u>www.careers.govt.nz/plan-your-career/helping-young-people-make-decisions/get-involved-in-career-</u> <u>events-and-the-school/</u>

The end of high school can be a difficult time for students who are trying to navigate their way into a career. As parents, your advice is important but it can be hard to know when to step back and let your adolescent work things out for themselves.

Top tips for helping your teenager make a career decision...

1. Be supportive

Being supportive is the best way to help your teenager. Give them time to explore their options. You could set up a time for them to talk to someone you know who works in the industry they're interested in, or you could offer to take them to a university open day. There's a lot of pressure on young people about to finish school, so having the backing of their family is important.

2. Don't impose your opinions

You may have an idea of what you think would be best for your teenager, young people won't respond well to being told what to do. Discuss their hobbies and whether the skills they learn while doing them could be applied to training or a career.

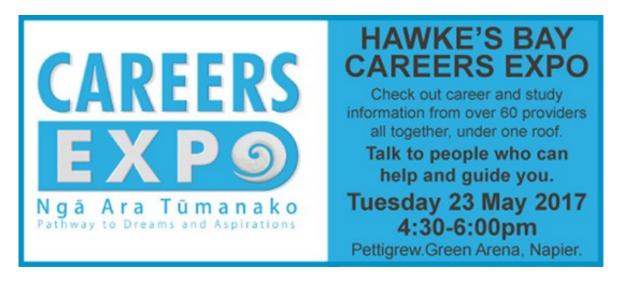
3. Understand that things are changing

Where and how we work has changed dramatically over the years, with different technologies and skill demands. Your teenager may be considering a career in a field that didn't exist five years ago, making it harder for you to offer advice.

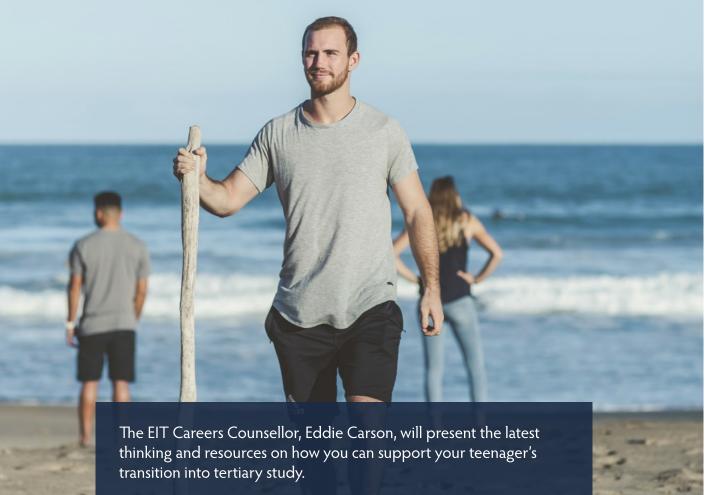
4. Encourage them to get a part-time job

Taking on some part-time or voluntary work will help your teenager to understand how to fit into a workplace. They will also learn new skills that will help them get ahead, and make it easier to continue learning when they start a new job or course.

5. Direct them to some practical guidance or attend an Expo with them.



Support your teenager into tertiary study



Presentation: 5:30pm – 6:00pm in the Lady Pettigrew Theatre

VISIT THE EIT STAND AT THE HAWKE'S BAY CAREERS EXPO TUESDAY, 23 MAY 4:30 - 6:30PM, PETTIGREW.GREEN ARENA

THE EXPERIENCE YOU NEED & THE SUPPORT TO SUCCEED



eit.ac.nz | 0800 22 55 348 | 👩 🌲 🎯

Te Aho a Māui

CLASS 3RA FUNDRAISER



Kairos Centre 2017 Year courses

The Heart of Art: Strengthening the Heart Charkra through inner contemplation. A Practical Course.

Year One: 7 weeks per term THURSDAYS - 8:50 am - 12:15 pm

This course offers an opportunity for the beginner to become acquainted with some basic artistic techniques e.g. Wet on wet painting, observational drawing, Form Drawing, etc. The Language of Fairy Tales. Costs \$250 per term.

Year Two: TUESDAYS - 8:50 am - 12:15 pm. This course is designed for people with prior artistic experience and is a continuation of year one. Veiling, Geothe's colour theory, The Story of Parcival.

History of Art: 7 weeks per term through the year Tuesday - 1:00 pm - 3:00 pm A study of Art History reveals to us the evolution of human consciousness. There will be a small introduction an artistic exercises included in this session. Costs \$180 per term

Curriculum Art for Teachers: Three seminars through the year. This course will provide a basis of techniques , wet on wet stroke/form/ charcoals, observational drawing etc to help the teacher become more confidant and creative within the classroom.

Dates: July - 13,14,15 October - 5, 6, 7 Costs \$300. Per three days

ENQUIRE NOW Text / Ph Margaret- Mary Farr 027 2484193 Email manawastudio@gmail.com Facebook. Margaret Mary Farr artist Kairos Artistic Endeavours

Wilderness lifestyle craft classes.

Daniel Hales teaches the skills needed to live comfortably in the bush or field. Learn about shelter building, making stone tools and hunting tools, tracking and trapping, wild foods, friction fire, coal burning bowls and spoons, outdoor cooking methods and more. Suitable for all ages.

- <u>10:30 am 12:30pm</u> Saturdays 27 May, 10 June, 24 June.
- <u>3:30-5pm</u> most Tuesdays until 4 July
- Cost \$15:00 per class

Knife making workshop for adults. Register by 16 June 617 Heretaunga St East Hastings Craft your own quality utilitarian knife from a variety of styles and create a leather sheath for it.

- 9:00 am 5:00 pm Sunday 2 July
- Cost \$150

For more info and to register ph Hannah or Daniel on 0221049867 or email empowerlife@gmail.com

House For Rent

Three bedroom house in good area of Hastings, just a five minute walk through Cornwall Park to the Taikura Steiner School. In a quiet area with a wood fire, garden and fenced. From 30 until July to 15 August. \$300 per week plus power & fire wood. Phone and wifi included. Contact Ross or Aurelia Hurford at 06 6511138 or 0226749450.



With you all the way...

Art Class For Adults

Fridays 1.30 - 3.30 pm starting Friday 23 June - 6 sessions :

23 & 30 June,7 & 28 July, 4 & 11 August. Exploring painting and drawing techniques, observation drawing, good company and listening to stories.

(mythology stories from India & the life of Buddha). Choose your own art project. Beginners and the more experienced welcome. Steiner Centre, 500 Nelson St Hastings. Cost \$115:00 materials and one small canvas included. Contact Eva Urieli on 8786028 or via e-mail <u>evaurieli@gmail.com</u>.

Art Class For Teenagers 13-18 Years

Explore & research your own images, try out different art techniques, look at artists work and hear about their lives, gallery visits. Tuesdays 3.30 - 4.45 pm. Cost \$160 for 10 lessons, art materials and one small canvas included. Commitment for one term. Steiner Centre 500 Nelson St. Hastings. Interested? Contact Eva Urieli < <u>evaurieli@gmail.com</u>> 878 6028 or text 02102771201

Eva's After School Children's Art Class

Children are encouraged to chose their own images, try out art techniques & listen to a story. Thursdays 3:00 - 4.10 pm. Steiner Centre 500 Nelson St Hastings. Cost \$160 for 10 lessons, art materials and one small canvas included. Commitment for one term. Contact Eva Urieli < <u>evaurieli@gmail.com</u>> 878 6028

Parenting With NVC Beginning May 30

Add to your toolbox ways to meet the challenges of parenting that include; living your values, holding your boundaries, improving connection & cooperation, empowering your children, strengthening their intrinsic motivation, and more. NVC supports us to express ourselves and empathise in ways that reduce tension and turn conflict into creative new strategies. We all benefit from improved communication, reduced stress and struggle, and enhanced cooperation and creativity.

- NVC is a 'how to' process that works!
- 6 Tuesday evenings in Hastings
- May 30 through to July 4 7pm-9.15pm

Cost: \$220 with \$50 deposit by May 23 (if cost is a barrier please talk to me) Filipa Hope 027 451 3445

- I am also offering a foundation NVC workshop in Hastings 1 and 2 July 9:00 am to 5:00 pm
- Byron Katie "The Work" introduction June 16 at 7:00 pm 9:30 pm with a koha. Workshops are on June 17 and 18.

filipahope@gmail.com More info: www.nvc.org.nz

Seeking Accommodation

Echoes From The Future;

The parents from Titirangi Rudolf Steiner School are looking for accommodation and billeting options for the Antroposophical conference 5 - 8 October.

In the name of friendship, growing connections between our school and sharing the work of Steiner we are hoping to bring down a group of parents and teachers. As we are an independent school every cent saved helps in the propagation of this work and the education of our community.

A person on the ground in Hastings would be awesome to work with us. Please get in touch if you can offer support, accommodation, transport or good ideas. Please contact Anneliese <u>askuegler@gmail.com</u> Ph 0210667765 (09) 8177344

With Regards Anneliese Kuegler (BDes, DipPht, DipYT)

Well Spoken

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call Robyn to find out more.

Robyn Hewetson robyn@wellspoken.co.nz 06 878 3496 021 217 8688

Spiritual Group

Do you want to know who you are and where you are going in life? Do you have a calling or need to find your spiritual side?

Then come join our free group, we start at the very beginning. Students and adults welcome. Fridays 7-9pm. Any questions about the group and to get the address please call/text Alethea on 0273263206. Blessings

Violin lessons

I teach violin to children and adults in Hastings. I teach with the Suzuki method or traditional. Hannah Hales Ph 0221049867 or email: <u>empowerlife@gmail.com</u>

Calling all Reiki Folks!

Are you Reiki attuned? Maybe using it or not using it so much? Experience Reiki meditations, Group Reiki and Reiki swaps.

Time to prioritise self-care? Come and share Reiki with us. I'd love to meet you. All levels and Reiki disciplines welcome.

I'm finally taking action to create space for this starting Thursday May 25 7:00 -9:00 pm in Hastings (\$8). (Looking at fortnightly to begin with)

If you'd like to join please do get in touch with me, Jehanne 027 47 47 342 or <u>readings@lovingvoice.com</u> (I'm Usui trained Master/Teacher, Reiki NZ member.)

The Wish Experience

May 27 6:00 pm till late (ish)

Join us for a soul-filled, journey game to create deep alignment with your hearts true desires. Words don't describe the magic, fun and depth of this evening... if you'd like to join us or find out more, please contact Jehanne 0274747342 or <u>readings@lovingvoice.com</u>

Autumn Community Offer

Do mention this ad to get 20% off. Please contact me directly to take up this offer. Services include, Reiki Treatments, Clairvoyant Guidance sessions, Access BARS sessions, Soul Alignment Clearings, and Property Clearings. I'd love to connect with you! Jehanne 027 47 47 342 <u>readings@lovingvoice.com</u>

Hawkes Bay Chiropractic now at 306 Eastbourne Street, Hastings.

"Providing an experience that combines going to see a medical professional and meeting up with an old friend who cares about your wellbeing."

HAWKE'S BAY CHIROPRACTIC Iove the new you

About This War is Not Inevitable; A play for two actors To be performed in the School Hall On Friday 2 June at 7.30pm

ANNIVERSARY EVENT

THIS WAR IS NOT INEVITABLE is a play written to mark the centenary of the birth of an idea that could yet change the world – Rudolf Steiner's *Threefold Social Organism*. On Friday 2 June this play will take place in the school's hall. This is an event of some significance.

The *Threefold Social Organism* was first of all an idea that could have taken two years off the length of the First World War and made the Second World War impossible. It addressed people's vulnerability to political and economic events – something that is every bit as relevant today as it was in 1917.

By showing us what Steiner was attempting to do in 1917 and how the German ruling classes and general population received the idea, the play gives audiences an excellent summary of what this idea is and invites us to consider how it could exert an influence in the chaos of our time. In this production there is also much humour and warmth and you see Steiner in a way that he has never been portrayed before.

THIS WAR IS NOT INEVITABLE, written by Aucklander Michael Burton, is a play for two actors and will be performed by himself and English actor Ryan Kouroukis. Rod Green is the play's director.

It is not suitable for children under fourteen but will appeal very much to all who care for the fate of the world and have hopes for world peace – not as a utopian dream but as something absolutely achievable.

THIS WAR IS NOT INEVITABLE asks for a suggested koha of \$18 waged and \$14 unwaged.



Rudolf Steiner's Threefold Social Organism *was an attempt to make war impossible. 100 years later, could its time be now?*

Please make a note of the date: Friday 2 June at 7.30pm.

No reservations necessary. (Further information: phone 029 123 0717).

TARUNA COLLEGE

Taruna College is in an exciting process of change designed to refresh the organisation as a contemporary Adult Learning Centre. A new team is leading these developments towards a bright future: Rosie Simpson (past Principal of Taikura Rudolf Steiner School), Lauren Hudson (Organisational Development Consultant and past Chairperson of Taikura) along with Deb Bednarek (Anthroposophical nurse therapist and past Chairperson of Taruna College Trust).

As the Leadership Council, this team has taken on the task of bringing fresh eyes and enthusiasm to navigating the next phase for Taruna. All of the learning programmes are being reviewed, renewed and revitalised so that they are relevant for today's world and easily accessible to the wider community.

Taruna is renowned for supporting and leading the development of Bio-Dynamic and Organics in New Zealand and soon will announce a very new opportunity for learning in this field (watch our website for future developments: www.taruna.ac.nz).





For more information See our website <u>www.taruna.ac.nz</u> or call 06 8777174

Connect, Nourish, Sustain

Located on the hills of Te Mata Peak in Havelock North, Taruna College is a sanctuary for contemporary, relevant adult learning. At this adult education centre students are offered a range of opportunities:

The Art of Well-Being – a programme where participants take time from their busy lives to:

- · explore what it is to create well-being
- understand their own life story

• use art as one medium for learning. The programme works so participants are nourished, refreshed and replenished.

The Certificate in Rudolf Steiner Education – is opportunity for teachers and those interested in teaching as a vocation, to build their knowledge as they learn what it is to be a Steiner school teacher. The programme allows an exploration of anthroposophy and discovery about this holistic education that truly understands the human being.

Bio-Dynamics / Organics, Health and other courses that work with holistic and approaches that work in harmony with nature are also part of Taruna's regular course offering.

Taruna welcomes people from all walks of life who are looking to

Connect, Nourish and Sustain.

This year we have also started the newly renamed programme 'The Art of Well-Being'. This course is open to anyone wanting to find ways of nourishing and sustaining their own well-being in the midst of demands from a busy life. The programme provides ways to 'meet yourself, know yourself and be yourself'. As a boutique course it is designed to have small classes so that there is time and opportunity for real exploration and connection.

A new development for Taruna is the local community connection using Taruna facilities and as they do discovering how this place is a real sanctuary. Taruna has welcomed groups needing a space for handcrafts, for teaching courses and for those needing a modern hall space to run workshops such as yoga and dance. As well, corporate workshops are regularly taking place enabling staff to be nourished by the space that Taruna provides whilst embarking on professional development. Everyone who comes to Taruna remarks on what a special and blessed place it is. The feedback from past students is consistent about how affirming and life changing a Taruna course can be.

As the new Leadership Council now charged with the responsibility for making Taruna responsive and contemporary while honouring its founding impulse, we invite your connection too. Please feel free to visit us weekdays between 9:00 am and 4:00 pm should you wish to learn more about Taruna and what we can offer you.