

Taikura Rudolf Steiner School



10 August 2017



Kia ora koutou - Anthroposophic Nursing at Taikura

We are delighted to have the opportunity to offer Anthroposophic nursing to Taikura's school children, parents, teachers and community. Our kaupapa in setting up this service, at Taikura's invitation, to support the school children and young people and especially the work and recommendations of Dr Michael Sargent. We also welcome anyone through self-referral.

We are two registered nurses and Anthroposophic Nurse Specialists with many years' experience in holistic healthcare. We provide Anthroposophic nursing therapies, family health support and advice, and adult education. Our work supports

healthy child development and assists well being along with working with specific symptoms utilising the principles of warmth, rhythm and strengthening resilience. The overall effect is an increased sense of wellbeing. Our room provides a restful place where we can work with the healing organic plant substances in compresses, rhythmic body oiling and footbath's to support your child.

You will find us on the second floor of Taikura House in our dedicated nursing therapies room. Please feel free to contact us to book an appointment, and discuss your child's individual needs or recommendations and develop a treatment plan. Consultations for therapies \$40, courses of treatment discounted and shorter education sessions set per person. We are available Monday's and Tuesday's. You can also see us on FB Healthsmarthb for our group teaching sessions.

Please join us for a look around our room over a cup of tea, Tuesday 22 August 9 – 10 am.

Michelle Vette, RN, ANS 0273088714

Kristina Friedlander, RN, ANS 02102364237

Looking forward taking up the opportunity to work with you and your children in the near future.

Nga mihi

Kristina and Michelle

Mark Your Calendar!

August 10	6:30 pm	Class 1 Parent Evening
August 11	8:45 am 9:00 am start	Rosie Simpson - A common History of Taikura and Taruna
August 16	7:30 pm 8:30 pm	Class 8 DU Parent Evening
August 16	7:00 pm	Class 12 Parent Evening
August 18	8:45 am 9:00 am start	Catherine Schillenger - Dental Hygienist - Holistic Approach
August 23	3:30 pm 9:00 pm	High School Parent Teacher Interviews
August 23	7:30 pm	Parent Meeting CARE Group - Library
August 25 & 28		Mid Term Break
August 28 - 1 Sept.		Class 11 Ski Week
August 30	7:00 pm	Class 5 Parent Evening
November 19	10:00 am 3:00 pm	Taikura School Fête

SCHOOL NOTICES

Liaison Parents Evening

Last term Kelly and I held a meeting with our class liaison parents where we acknowledged that too much time had passed since a meeting of this nature had been held. During that meeting we discussed the role, expectations and responsibilities of a liaison parent and we handed out a Liaison Parent Handbook which attempts to address these areas. We also raised issues on which we were interested to have input and reflections from parents, including parent evenings, parent information, communication and fundraising. These are just some of a number of issues which the school would like to gather parental feedback on in order to meet the needs of our community. While only initial discussions were had on these topics, it has been wonderful to have a couple of the liaison parent's step forward who are willing to carry some of these initiatives further.

On **Wednesday 13 September at 7 pm** we will hold our Term Three Liaison Parent Evening in the school Library where we can continue our discussions from Term Two and our refining and defining of this role.

In Term Four the suggestion has been made to have a Liaison Parent Evening at which both this years and next years volunteers attend so that there can be a sharing of the role with those who are going to carry it on in 2018. Therefore if classes can give some thought to who will be taking on this role for next year then we can make sure that all current and new liaison parents are invited to our Term 4 meeting. If you are interested in taking on this role for your class but are unsure of what it involves then please make some time to speak to either a parent who has held the position before or to your class teacher or sponsor. The Term Four meeting will be held on **Wednesday 15 November at 7 pm in the Library.**

Pippa Caccioppoli
Acting Principal

High School Parent Teacher Interviews

We would like to warmly invite High School parents and students to attend **Parent Teacher Interviews on Wednesday 23 August.** Interviews will start at 3:00 pm and run until 9:00 pm. Bookings open on Monday 14 August at 9:00 am and will close on Monday 21 August at 9:00 am. These interviews provide you with an opportunity to discuss your student's progress and can be a good time to set clear goals for the second half of the year. If issues arise which require further discussion than time allows please follow this up at another time by making an appointment with the appropriate staff member. An email will be sent out to all parents at the end of this week with further information and instructions on how to book your interviews. We look forward to seeing you.

High School Information Evening – Classes 9, 10 and 11

On **Wednesday 6 September at 7:30 pm** we will hold our annual Information Evening for parents and students of Classes 9, 10 and 11. The Class 9 focus will be on the New Zealand Certificate of Steiner Education as well as an overview of the Trades Academy Programme. Class 10 and 11 students and parents will hear presentations on the elective subjects which will be offered in these classes for the following year. More information regarding this evening will follow in future Grapevines and via email.

Pippa Caccioppoli
High School Associate Principal

Amendment To Name

This item on the Wearable Arts Awards appeared in the Grapevine on 3 August and should have read Tess Lethbridge, **Melissa Hope** (modelling) and Olivia Achten. The entry entitled "Athena" was constructed from plastic bags, tins and a Mentos crown.



SCHOOL NOTICES

Victoria Open Day Friday 1 September 2017 - 8am–3pm

Whether you're leaving high school, considering a return to tertiary study or looking to study for the first time, this day is your best opportunity to see all that Victoria has to offer and get a taste of university life in New Zealand's capital city.

We'll make getting around easy

Don't worry if you're not familiar with Wellington or Victoria. We'll provide maps, directions, buses and guides to make sure you can get around all the things you want to see.

There will be a free hop-on hop-off bus looping around Victoria's campuses and some Halls of Residence.

Explore your study options and the student experience

- Attend information sessions about subjects you want to study.
- Catch a **sample lecture**.
- Visit the **expos** showcasing Victoria's faculties, schools and student services.
- Check out the Clubs Zone for information on the 140+ clubs you might want to join when you become a student.
- **Ask questions**. If you don't know who to ask, start with the students in 'Ask me' t-shirts, who are ready to help you with anything you need.

Here is a link to the page with the Open day booklet available as a download.

<http://www.victoria.ac.nz/study/events-visits/study-at-victoria-day>

Class One Firewood

Selling well, get ready now for next winter.

Thanks to all who have purchased firewood so far. We still have some available so please contact me now to make your order. \$100 per cubic metre (\$360 per cord).

Please text Matt Durham on 027 485 8241 or email m.durham@competenz.org.nz

Taikura Parents Group - All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment - and if you have young ones don't worry as all meetings are baby/toddler friendly. Gatherings are held at the Hastings Taikura Kindergarten community space a couple of Friday mornings a month. Guest speakers begin at 9:00 am with tea and coffee available from 8:45 am.

Our next meetings:

August 11 - Rosie Simpson A common History of Taikura and Taruna - Taruna College

August 18 - Catherine Schillenger - Dental Hygienist Holistic Approach to Oral Health

September 4 - Talk TBA - David Urieli

September 15 - Talk TBA - Sue Simpson - Secretary of Anthropology Society of NZ

Any questions please contact Filipa Hope 027 451 3445 filipahope@gmail.com

Dear Community

Rachel Hughes (on behalf of the CARE group), and Kelly Sutton wish to invite parents, and interested people to join a new initiative. The aim of this group is to create a fund to support families who may not be in a position to fully fund therapies recommended by either the teachers / therapists at the school / kindergartens, or by the school doctor, for their child.

There are many therapeutic supports available to support a child's learning and social journey during their time at kindergarten and school, and the wish of this group is to enable all children to receive the support that is recommended for them.

Our first meeting will be in the Teacher's Library – main library, Wednesday the 23 August 7.30 pm. Warm wishes and looking forward to seeing you there. Warmth, cake and cheer a guarantee.

Rachel Hughes and Kelly Sutton

COMMUNITY NOTICES

Communication For Connection NVC Workshop

Hastings - 9 and 10 September

Discover how Nonviolent Communication skill & awareness Empowers!

Strengthen your relationships, your confidence, your creativity, and your ability to connect with yourself and others.

NVC offers communication skills for; getting heard & understood, inspiring motivation & cooperation, transforming conflict into connection, holding boundaries firmly, and staying compassionate connected with our self

NVC is a practical 'how to' that works!

(Many parents at the school have done this workshop. If you would like to talk one of them please let me know). Cost: \$220 w/\$50 by 2 September.

Filipa Hope 027.451.3445 filipahope@gmail.com

More info about NVC and Filipa's background: www.nvc.org.nz

COMING UP...

- Parenting with NVC Sept 23 & 24 in Gisborne
- Parenting with NVC Oct 14 & 15 in Dunedin.

Well Spoken

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call or email Robyn Hewetson robyn@wellspoken.co.nz 06 878 3496 021 217 8688

Accommodation Needed Please

Taikura kindergartens are hosting our NZ Early Childhood Conference in the next holidays and we are looking for accommodation for our attendees.

The Conference is from 1 to 5 October.

- Would you like your house sat and pets fed while you are away?
- Do you have a room you could offer to accommodate a visitor?
- Thank you for sharing our Hawkes Bay hospitality.

Please contact Barb on 8787363

Art Class For Adults

Fridays 1:00 - 3:00 pm. Six sessions starting Friday 18 August. Exploring painting and drawing techniques; observation drawing; good company; listening to stories (the life of Buddha), choose your own art project. Beginners and the more experienced welcome. Steiner Centre, 500 Nelson St Hastings. cost \$120.00, art materials and one small canvas included. Contact Eva Urieli on 8786028 or via e-mail evaurieli@gmail.com.

Art Class For Teenagers 13-18 Years

Explore & research your own images, try out different art techniques, listen to a story (the Girl with the Pearl Earring), gallery visits. Tuesdays 3:30 - 4:45 pm. Cost \$160.00 for 10 lessons, art materials and one small canvas included. Commitment for one term. Steiner Centre 500 Nelson St. Hastings. Interested? contact Eva Urieli evaurieli@gmail.com 878 6028 or text 02102771201.

COMMUNITY NOTICES

ANTHROPOSOPHY IN THE CONTEMPORARY WORLD

You are invited to take part in an informal group discussion with visiting writer and thinker Bodo Von Plato.

7pm Wednesday 23 August 2017

Duart House, 51 Duart Road, Havelock North

Bodo is on the executive of both the General Anthroposophical Society and the School of Spiritual Science at the Goetheanum, the world centre of the Anthroposophical movement, in Dornach, Switzerland. Bodo brings a rich and current knowledge of the many aspects of anthroposophy.

This is a public event that will be framed as a conversation rather than a formal presentation.

All welcome, either as participants or audience.

Theme for the evening:

“What does Anthroposophy have to offer the contemporary world? What is the world asking?”

RSVP by 12 August to Sue Simpson,
Anthroposophy in New Zealand,
info@anthroposophy.org.nz



Accommodation wanted

I am looking for a bedsit, sleepout or self-contained space for employed, easy going female. Tidy, clean, responsible. Napier, Hastings or Clive. Please call Marija on 022 1655849.

Vaccination Movie

The documentary Vaxxed: From Cover Up to Catastrophe is screening in Hawkes Bay on 15 August at 6:30 pm. Tickets are \$10:00 and available through Eventbrite.

House Sitting

We have grandparents coming to the Hawkes Bay this summer and are wondering if there are any families who would like a mature and responsible couple to house-sit from mid January for any length of time.

If you're interested please contact Christine on 02102589367 or vegan28@hotmail.com

Travel

If you're thinking of doing a student exchange, your big OE or just a holiday away, then contact me to discuss options or to keep an eye out for any future specials.

Travel deals change from week to week and costs are very much dependant on availability at the time of booking. Phone Eric Cox on 8358574 or email eric@coxworldtravel.co.nz for a free quote.

COX WORLD TRAVEL

With you all the way...



The MacDiarmid Institute
for Advanced Materials and Nanotechnology

in association with The Hawke's Bay Branch
of the Royal Society of NZ presents:

Women in Nanoscience

Little materials, **big stories**

Come hear nanoscientists discuss their lives and work

These are personal stories, told by women scientists from the MacDiarmid Institute. Each talk will take you on a tour of the realities of life as a scientist and the exciting research in the MacDiarmid Institute - from Chemistry to Physics to Engineering to Biology and beyond. *These talks are suitable for all levels and ages.*

**Hawke's Bay: Tuesday 29 August | The National Aquarium of NZ
Marine Parade, Napier | 6pm**



**Dr CATHERINE
WHITBY**

Dr Catherine Whitby is an Associate Investigator with the MacDiarmid Institute and Senior Lecturer in Chemistry

at Massey University. She uses nanomaterials to modify the chemistry of drop and bubble surfaces. Her findings have been applied in food and pharmaceutical products and in drilling fluids.



**Prof MARGARET
BRIMBLE**

Distinguished Professor Margaret Brimble is an Associate Investigator in the MacDiarmid

Institute and Professor of Organic and Medicinal Chemistry at the University of Auckland. Margaret's research interests are in the area of new materials for vaccines and therapeutic agents.



**Dr GEMMA
COTTON**

Dr Gemma Cotton is a post-doctoral researcher with the MacDiarmid Institute at the

University of Otago. Her research interests include nanomaterials, biomimetic materials and the design of new dental materials.

SPEAKERS FOR OTHER CENTRES:



**Dr JENNY
MALMSTORM**



**Dr LAURA
DOMIGAN**



**Dr DAGMARA
JASKÓLSKA**



**Dr NATALIE
PLANK**



**Dr RENEE
GOREHAM**



**Prof
ALISON
DOWNARD**



**Dr ANNA
GARDEN**



**ASHLEY
WAY**



**Dr CARLA
MELEDANDRI**



**Prof CATHER
SIMPSON**



**Dr MICHELLE
DICKINSON**



**Prof PENNY
BROTHERS**

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