



Breaking the Silence

The New Zealand Herald is running an interesting series called Breaking the Silence, which is based around youth suicide and more recently self-harming. Earlier this year we were approached by the Herald to contribute to this series. We declined this offer as we were unsure of what exactly this series would contain and how they were going to portray any information we may have given them. As you may have read in some of the articles the current Ministry guidelines state that we, as teachers, should not speak about this topic. Students can bring the topic up, and if this comes up in our teaching resources such as books we can then discuss it. As a staff last year many of us trained in a course called Mental Health 101. This covered the subject of youth suicide and how to deal with young people who tell us they want to kill themselves or die. Yes, it happens at our school, and when the students have disclosed this information to us we have been able to use these tools and have found them useful.

In Class 9 Health recently we have been looking at support networks and who the students can go to for help in different scenarios. Sometimes that help can come from friends but due to life experience often it is better to get support from older people. As part of the Mates and Dates program, Class 8, 9, 10 and 11 have been participating in, students have also discussed where they can go to for help.

At school the students select a Mentor who they can go to at any time for extra support; they also have their sponsor teacher they can speak to. Maxine, our Counsellor, and Sandy, our School Nurse are also available. If you have concerns about your child please speak to their sponsor first and they will be able to help.

I encourage parents in the High School to talk to their children about this series and to highlight to their children where they can get help from. They might talk to you, but you could also point out that they can talk to others, such as aunties or uncles, grandparents, and their friend's parents. It might be worthwhile to talk to parents of your child's friends and just check in if you have worries, so you feel you are supported. I would like to think that my child's friend's parents were able to support my child if they came to them for help or to answer a question they might have. It does indeed take a community to raise and support a child.

Where to get help:

DEPRESSION HELPLINE: 0800 111 757

LIFELINE: 0800 543 354

NEED TO TALK? Call or text 1737

SAMARITANS: 0800 726 666

YOUTHLINE: 0800 376 633 or text 234

Gee Reisima

Mark Your Calendar!

August 18	8:45 am 9:00 am start	Catherine Schillenger - Dental Hygienist - Holistic Approach
August 23	3:30 pm 9:00 pm	High School Parent Teacher Interviews
August 23	7:30 pm	Parent Meeting CARE Group - Library
August 25 & 28		Mid Term Break
August 28 - 1 Sept.		Class 11 Ski Week
August 29	6:30 pm	Class 3RA Parent Evening
August 30	7:00 pm	Class 5 Parent Evening
September 4	8:45 am 9:00 am start	David Urieli Steiner's threefold social order
September 15	8:45 am 9:00 am start	Sue Simpson talk TBA
September 20	6:30 pm	Class 7 Parent Evening
November 19	10:00 am 3:00 pm	Taikura School Fête

SCHOOL NOTICES

Careers

Former students of Taikura Rudolf Steiner School graduating from Victoria University of Wellington.

It is with pleasure that we announce a list of former Taikura pupils who have graduated from Victoria University between June 2016 and May 2017. We acknowledge and celebrate the students' wonderful success and are very proud of them.

Taikura Rudolf Steiner School

Name	Qualification
Daygen Byford	BSC - Bachelor of Science
Rata Chapman Olsen	BSC - Bachelor of Science
Samuel Gibson	GDT CPR - GDip Teaching (Primary)
Julian Hitchman	BSC - Bachelor of Science
Ullja Milne	BCOM - Bachelor of Commerce

Victoria University is very proud of the achievements of the students.

Victoria Open Day Friday 1 September 2017 - 8am–3pm

Whether you're leaving high school, considering a return to tertiary study or looking to study for the first time, this day is your best opportunity to see all that Victoria has to offer and get a taste of university life in New Zealand's capital city.

We'll make getting around easy

Don't worry if you're not familiar with Wellington or Victoria. We'll provide maps, directions, buses and guides to make sure you can get around all the things you want to see.

There will be a free hop-on hop-off bus looping around Victoria's campuses and some Halls of Residence.

Explore your study options and the student experience

- Attend information sessions about subjects you want to study.
- Catch a **sample lecture**.
- Visit the **expos** showcasing Victoria's faculties, schools and student services.
- Check out the Clubs Zone for information on the 140+ clubs you might want to join when you become a student.
- **Ask questions**. If you don't know who to ask, start with the students in 'Ask me' t-shirts, who are ready to help you with anything you need.

Here is a link to the page with the Open day booklet available as a download.

<http://www.victoria.ac.nz/study/events-visits/study-at-victoria-day>

Whakapiki Ake Hawkes Bay Hui-A-Rohe

Whakapiki Ake is hosting a Hawkes Bay Hui A Rohe on Tuesday 29 August at Taradale High School. The aim of these hui are to have an interactive kōrero with rangatahi, parents and whānau about the secondary and tertiary educational decisions which may impact on a career and introduce the Whakapiki Ake pipeline approach to health workforce development.

This hui is for not only rangatahi maori in secondary schools, but teachers and other interested people of the community.

Workshops will aim to raise aspirations/expectations for rangatahi Māori; introduce the importance of school subject choices; understanding University Entrance and the National Certificate of Educational Achievement (NCEA); highlighting the importance of creating good learning behaviours.

This is aimed for all students in Year 9 -13, their whanau and school staff members to attend.

This will be held on:

Date: Tuesday 29 August.

Time: 6.00 – 8.30pm

Venue: Taradale High School
50 Murphy Rd, Taradale
Napier

RSVP: <https://www.surveymonkey.com/r/HBAYHAR>

SCHOOL NOTICES

Sports News

All 15 of our Taikura sports teams are heading into their last couple of weeks of winter sport, with many of these teams involved in finals matches I wish the teams well for these final games. We must all remember as parents, players and school staff to thank our coaches for the volunteer time they put into the teams.

Term 3 "One Off" sports events

This term we have many students participating in other interschool sports events;

- Class 7 girls competed in a Town and Country netball tournament the team included some girls who had never played before, the team had some very successful games and the chance to try out some new positions.
- Class 6 and 7 students took part in the Town and Country schools football tournament held at Woodford House, we had 4 teams entered, everyone had a fantastic, fun and competitive day of football. Our Boys A grade team won the boys section of the tournament.
- This week we have Class 8 students competing in the Get to Go adventure race, this involves a day of working as a team in kayaking, rock climbing, orienteering and problem solving with each event clocking up points.
- Our 1st XI hockey team is travelling to Gisborne this month to play in an interschool sports exchange with Lytton High, Champion College and Wairoa College. Ann Hilton and myself have organised this exchange with the hope we can develop this further to include other sporting codes over the years ahead.
- Class 4 and 5 netball girls are competing in the Hawkes Bay netball champs this month they are a formidable up and coming team!
- Class 6 and 7 students will be competing in the upcoming TACs hockey tournament held at Hastings Sports Park.
- Lower school Cross Country at Cornwall Park for classes 4,5 6 and 7 is coming up at the end of August. Last week we had Emma Akeripa from HB Athletics run a workshop with our lower school teachers and myself on skill development ideas to build more interest / participation in cross country running. A fun session and great to see some classes already putting the skills learnt into practice.
- High school students competing in Badminton Doubles and Singles Tournaments.

For those students interested in summer sports the school will be offering (where we can get the student numbers)

Lower school:

Mini Pitch/ Softball

Volleyball

Cricket

High School:

Junior Volleyball

Orienteering

Cycling

Indoor netball

Surfing Club for students will commence Term 4. More information to follow.

Jenny Speedy and myself are starting up a Saturday morning tennis club here at school in Term 4, this club will be for any High School students, (and their parents if they keen) to play some informal, casual and fun tennis, some basic coaching will be offered. Every 2nd Saturday 9:30 am - 12:00 pm. We have the nets and racquets. People will need to bring their own tennis balls.

More information to follow next term.

Janet Osborne



SCHOOL NOTICES

Update On Strategic Plan Process

Thank you to everyone who commented on the draft Strategic Plan 2018-2022. This week the working group is looking at all these suggestions and incorporating, amending and adjusting the plan where appropriate. The final plan will be delivered to the joint BOT/BOP meeting on 21 August. The working group is confident and proud of this plan as a reflection of the voices, wants and needs of our community. In delivering it to Monday's meeting we believe we are presenting a straightforward, plain speaking, accessible plan we all worked together to create.

Once the final plan is ratified by the Board our senior management team will begin preparing annual plans and budgets to reflect the actions identified in the strategic plan. Towards the end of 2017 we will begin the process of reviewing our existing plan: the Strategic Plan 2013-2017. This review process will be completed in 2018 and a report will then be available to the community.

Best regards on behalf of the BOT Strategic Plan Working Group, Jess Soutar Barron.

Music News

The Lower School Orchestra

We are excited to be looking at possible music for the end of the year and it is hoped some of the children who have been learning a year or more will be able to play with the orchestra. I am always keen to add a tailor-made part for each child, and with the support of our wonderful tutors it will be a very exciting and positive experience for the children.

Music Tutors at Taikura

We now have five children learning the cello with Hilary and there are more in the wings. I would love to see all our cellos being played.

The two guitar teachers Dan and Campbell teach Monday and Tuesday and have some vacancies. Vicki is here all day Thursday teaching the piano and Marian who began teaching here in 1969, teaches the violin and viola all day Monday. Our other tutors are Susan with flute on a Wednesday, Margot teaching voice on a Monday, and Callum teaching drums on a Friday. You would have heard Callum and Susan's fabulous playing in the school musical. They are both keen to have more students and are very passionate about playing and teaching. I have a list of all the teachers and their contact details, if you are interested.

Orchestra and Chamber Concerts

The last two chamber concerts for the year are next Thursday the 24 August and Thursday the 28 of September, where a group of Wind Instruments bring together European, African, Latin and American styles. Although these concerts are pre booked by 25 people, sometimes there is a spare seat and an extra student ticket only costs \$5:00 if we run out of spares.

The last NZSO concert is on the 14 September at the Napier Municipal Theatre starting at 7pm. It features a wonderful pianist Freddy Kempf. He will play a movement from 6 different concertos. To ensure we get to sit at the front, I have just booked 40 tickets for students at \$10 and some adults at \$20. Please get permission forms from Frances and return ASAP and definitely by the 1 September.

Frances Te Weehi

Te Raukura - The Feathers Of The Albatross

Class 8 DU is performing the Play Te Raukura - The Feathers of the Albatross by Harry Dansey. This play tells the story of the peaceful settlement of Parihaka in Taranaki during the 1870's and 1880's. The play will be performed for the School Community on Friday 1 September at 7:30 pm in the School Hall.

Entry by Koha

School Website

If you would prefer to read the Grapevine on-line via the school website please go to www.taikura.school.nz Under the heading: Key Dates, News & Events select Newsletters from the drop down box, the latest copies of the Grapevine will be on the left side of the page.

SCHOOL NOTICES

Dear School Community

Thank you for giving our production of Joseph so much support both in the making and the attendance and appreciation. I just wanted to add a note on ticket prices as there were a number of people asking why the tickets were so expensive.

Every play that is still in copyright requires a license. Copyright usually lasts 70 years after the death of the Author, so any 20th or 21st Century play requires a license. Older plays can also require a license if they are newly translated or edited. Play licenses usually cost between \$200 and \$400 per performance and many of the plays we perform at Taikura require a licence.

Musicals are in another class of cost. The performing license usually costs \$2,000, to \$3,000 for three performances. Added to that are the cost of an orchestra, sound system, costumes, set etc When we produced "Oliver!" our last whole school musical about 9 years ago the actually cost of production was \$6,000 which was almost exactly what we took at the door. The cafe turned this into a profit.

For Joseph we knew we needed an average ticket price of about \$10:00 or \$11:00 if we more or less filled each audience, and we wanted to keep the numbers simple so that is how we came to \$15:00 for adults and \$5:00 for students.

I had no intention of making a profit on the production but of being as sure as I could be that I wasn't going to make a loss because we would have had to find the money from somewhere. This is an attempt to explain why we charge tickets at all and why we decide on a particular ticket price.

Thanks again for your wonderful support.

David Urieli

Mid Term Break

This year we are having a Mid Term Break. So there will be no School or Kindergarten on Friday 25 and Monday 28 August. Hope you can take this opportunity to spend some time with family.

Friday Market Egg Fundraiser

This Friday market I will be selling a limited number of free range eggs as a fundraiser for Class 6.

All money raised will go to the class account. They will be sold as a dozen for \$7 or 1/2 dozen for \$3.50.

If you wish to pre order and pick up on Friday please contact me on either ddsaint@iconz.co.nz or txt on 027 901 7592. Look forward to seeing you there.



Many thanks Joanne Doig

Peace Week

Come and take a look at our "One thousand Cranes" for Peace Week that are hanging in the hall foyer.



Class 9 Fundraiser

School Class 9 Fundraiser
Prize: "Spring Garden Clean Up" at your place
\$2:00 per ticket
To be drawn: 25 August
Winner to be notified by phone

SCHOOL NOTICES

Taikura Parents Group - All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment - and if you have young ones don't worry as all meetings are baby/toddler friendly. Gatherings are held at the Hastings Taikura Kindergarten community space a couple of Friday mornings a month. Guest speakers begin at 9:00 am with tea and coffee available from 8:45 am.

Our next meetings:

August 18 - Catherine Schillenger - Dental Hygienist Holistic Approach to Oral Health.

September 4 - David Urieli will give us a further picture into the Steiner threefold social order.

September 15 - Sue Simpson - Secretary of Anthropology Society of NZ : Talk TBA.

Any question please contact Filipa Hope 027 451 3445 filipahope@gmail.com

Ki O Rahi !

Ki O Rahi is on again for Term 3. All welcome, parents too. This is a fun, inclusive game and a great way to finish the week. It starts about 3.15 on the Big Field every Friday, running around the mini crop circle. Johnny is happy to explain how to play.

Parent News

Building Community

Our intention is to surround the child with strong community.

A parent initiative, guided by Pippa and Kelly, has been established to build and enrich our wider school community. Anyone interested in sharing their ideas about how this can be done please call Ruth on 027 3540844.

From Liaison Parents Tracy and Ruth

Te Kakano Playgroup News

And the news is good news! The Taikura Kindergarten parent room has been the home for an active playgroup over the last three years. The playgroup is a place where parents and children come together and support one another through the challenging time of early childhood. The playgroup started at the Mangarau Kindergarten. When Mangarau Kindergarten closed the playgroup families were asked to find a new place. Initially it was Taruna Adult Education Centre, then our kindergartens took them under our wings. The Taikura Kindergarten parent room has been their temporary home since.

Yvonne Collins, the present leader of the playgroup, noted the growing number of families looking for a social place to be with their young children. So, a new and bigger home was sought and found -The Anthroposophical Centre / Rudolf Steiner House. Yvonne has been behind the scenes making this happen with the support of the kindergarten teachers and the Charitable Trust.

The playgroup at the Anthroposophical Centre / Rudolf Steiner House has opened its doors as from the 10 August. I had the pleasure of washing the windows and the doors and felt a sense of nurturing the "grand old Lady" (house), with my soapy water giving it a blessing. A father has been busy putting the necessary locks on the gates to protect the children. A mother arrived with a wholesome cake decorated with flower blossom. By the time I finished my small contribution I noticed the place was humming.

Thank you Yvonne and your helpers; may this grow and nurture our young children and families. The playgroup is a work in progress so watch this spot. Sandpit digging and placing a shed for tool storage is next on the agenda. Whenever you visit the playgroup, take time to read the notice board, posted with all the happenings at the Rudolf Steiner Centre on other days.

Corrie Levick

COMMUNITY NOTICES

Communication for Connection NVC Workshop

Hastings - 9 and 10 September

Discover how Nonviolent Communication skill & awareness Empowers!

Strengthen your relationships, your confidence, your creativity, and your ability to connect with yourself and others.

NVC offers communication skills for; getting heard & understood, inspiring motivation & cooperation, transforming conflict into connection, holding boundaries firmly, and staying compassionate connected with our self

NVC is a practical 'how to' that works!

(Many parents at the school have done this workshop. If you would like to talk one of them please let me know). Cost: \$220 w/\$50 by Sept 2nd

Filipa Hope 027.451.3445 filipahope@gmail.com

More info about NVC and Filipa's background: www.nvc.org.nz

COMING UP...

- Parenting with NVC Sept 23 & 24 in Gisborne
- Parenting with NVC Oct 14 & 15 in Dunedin.

Well Spoken

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call or email Robyn Hewetson robyn@wellspoken.co.nz 06 878 3496 021 217 8688

Accommodation Needed Please

Thank you to all who have offered accommodation. We still require more places for the ECE Conference which is from 1 - 5 October.

Taikura kindergartens are hosting our NZ Early Childhood Conference in the next holidays and we are looking for accommodation for our attendees.

Do you have a room you could offer to accommodate a visitor? \$25:00 per night Billet.

Please contact Barb on 8787363 or email taikura.kg@taikura.school.nz

Art Class For Adults

Fridays 1 - 3:00 pm - 6:00 pm sessions starting Friday 18 August. Exploring painting and drawing techniques; observation drawing; good company; listening to stories (the life of Buddha), choose your own art project. Beginners and the more experienced welcome. Steiner Centre, 500 Nelson St Hastings.cost \$120.00, art materials and one small canvas included. Contact Eva Urieli on 8786028 or via e-mail evaurieli@gmail.com.

Art Class For Teenagers 13-18 Years

Explore & research your own images, try out different art techniques, listen to a story (the Girl with the Pearl Earring), gallery visits. Tuesdays 3:30 - 4:45 pm. Cost \$160.00 for 10 lessons, art materials and one small canvas included. Commitment for one term. Steiner Centre 500 Nelson St. Hastings. Interested? contact Eva Urieli evaurieli@gmail.com 878 6028 or text 02102771201.

COMMUNITY NOTICES



Iona College and Lindisfarne College Present

Les Misérables

School Edition
Performed entirely by students

A musical by ALAIN BOUBLIL and CLAUDE-MICHEL SCHÖNBERG
School Edition specially adapted and licensed by
MUSIC THEATRE INTERNATIONAL and CAMERON MACKINTOSH (OVERSEAS) LTD

August 16 - 20, 2017

[BOOK ONLINE HERE](#)

Accommodation Wanted

I am looking for a bedsit, sleepout or self-contained space for employed, easy going female. Tidy, clean, responsible. Napier, Hastings or Clive. Please call Marija on 022 1655849.

Family Urgently Seeking

We have just been given 42 days notice by our landlord and now urgently need a 3 bedroom home to rent. Hastings, Havelock North, Te Awanga, Haumoana or rural. Excellent tenants 2 working adults (49 & 55) and 8.5 year old granddaughter who is in Class 3 Taikura Rudolf Steiner and 2 Yorkshire Terriers. Need fenced yard and garage. Long term preferred - have been in current property for 2 years.....Thanks :) Julie Wakefield 022 011 5955 or Maurice Dewar 022 301 4700

Housed Sitter Wanted

We require someone for two separate periods, this could be the same person.

1. 7 September - 5 October
2. 12 October - 28 December

We have an old house which is suitable for one person. Near Taikura School and shops. A small swimming pool (great in summer), and two cats to be fed. The garden will need some weeding.

804 Nelson Street North , Mahora, Hastings. Please phone Ailysen Caris on 873 5549 or 027 324 9855

Travel

If you're thinking of doing a student exchange, your big OE or just a holiday away, then contact me to discuss options or to keep an eye out for any future specials.

Travel deals change from week to week and costs are very much dependant on availability at the time of booking. Phone Eric Cox on 8358574 or email eric@coxworldtravel.co.nz for a free quote.

COX WORLD TRAVEL

With you all the way...

COMMUNITY NOTICES

ANTHROPOSOPHY IN THE CONTEMPORARY WORLD

You are invited to take part in an informal group discussion with visiting writer and thinker Bodo Von Plato.

7pm Wednesday 23 August 2017

Duart House, 51 Duart Road, Havelock North

Bodo is on the executive of both the General Anthroposophical Society and the School of Spiritual Science at the Goetheanum, the world centre of the Anthroposophical movement, in Dornach, Switzerland. Bodo brings a rich and current knowledge of the many aspects of anthroposophy.

This is a public event that will be framed as a conversation rather than a formal presentation.

All welcome, either as participants or audience.

Theme for the evening:

“What does Anthroposophy have to offer the contemporary world? What is the world asking?”

RSVP by 12 August to Sue Simpson,
Anthroposophy in New Zealand,
info@anthroposophy.org.nz



Parent to Parent
connect • inform • support

RENEW, CONNECT & REFLECT

Join us for our Renew, Connect & Reflect workshop where YOU are the focus.

This workshop will help you on your parenting journey, providing renewed energy, new connections, and new ideas.

Workshop topics include:

- Growing your support networks
- Building a resilient family
- Coping with stress
- Understanding the effect of grief

It is a great opportunity to reflect on how far you have come and connect with other parents in your area.

Where and when?

Sunday 20 August • 9am – 4pm

Taruna College, 33 Te Mata Peak Road, Havelock North

If you are travelling a fair distance, contact us to discuss accommodation options.

This workshop and lunch is provided at no cost thanks to funding from Hawkes Bay Foundation and Eastern Central Community Trust

If you have any queries about anything in this email please contact Ruth Taylor on 0508 236 236 or email rutht@parent2parent.org.nz



The New Zealand Biodynamic Association

in conjunction with the

Biodynamic Agricultural College (UK)

presents:

Nourish to flourish: Introduction to Biodynamics

Wondering what biodynamics is all about?

**Wanting to grow nutritious food for yourself and your family, or
looking to take organic production to the next level on your farm?**

Keen to give it a try but don't know where to start?

Connect with other students across the world in a 20-hour online introduction to biodynamics and learn how to apply the teachings in a practical way here at home. All tutors are biodynamic practitioners with real-world experience.

COURSE CONTENT

Principles of biodynamics • Global overview and context • Compost making
Using the biodynamic preparations • Liquid manures • Tree paste
The biodynamic planting calendar • Local biodynamic farm visits
Online seminars • Video resources

WHEN AND WHERE

14-15 Oct: Workshop
Taikura Rudolf Steiner School, Hastings
16 Oct–11 Nov: 20-hour online course
via BDAC, UK
18-19 Nov: Workshop
Taikura Rudolf Steiner School, Hastings

COST

\$360 plus £50/NZ\$90 paid separately
to BDAC, UK
Registration includes 1 year membership to
the NZ Biodynamic Association for further
contacts and support

For more info and to register
biodynamic.org.nz

Mālō e lelei

A roof for Kanukupolu School, Tonga

The need:

Kanukupolu is a Government Primary School in Tonga. The roof on the classroom block is in dire need of replacement. In a community with limited resources this is an enormous undertaking in terms of finances, skills and materials.



The project:

Flights for the building crew and accommodation in Tonga have already been kindly donated.

Now our aim is to raise enough funds to purchase the building materials needed to carry out this work.

Contact:
Esther Watson
estawatson8@gmail.com



The connection:

In 2017, a group of 35 students (with five adults) travelled to Tonga on a cultural and sporting exchange. During the week's visit they were warmly received and hosted by the local school: Kanukupolu. Although the visit was full of riches: friendships were made, laughter shared, cultures honoured our students could see how little the children had. Rather than set out to remedy this in little ways we have decided to try and do something big, lasting and of benefit to all the children, the teachers and the whole community that centres on Kanukupolu School.

Donations:

Tonga Roof—BNZ Bank

02-0655-0022016-006

Or via:

[givealittle.co.nz/cause/
rooffortonga](https://givealittle.co.nz/cause/rooffortonga)

A roof for Kanukupolu School, Tonga



The target:

Our estimate is \$15,000 for the roof materials. We aim to raise this with our Give A Little page and a “Roof Shout” concert on Saturday 28 October. We would really appreciate your support: “Many hands make light work”.



Contact:
Esther Watson
estawatson8@gmail.com

The team:

A team of workers will travel to Tonga in December to strip off the old roof at the school and replace it with a new one. This will take a week. The team is made up of builders, roofers, handymen and an apprentice all volunteering their time.



“ROOF SHOUT”

Ben Throp and band

In concert

Sat 28 October

Bill Shaw’s Wooldshed

Te Awanga

More information at:

www.facebook.com/t3presents