



Introducing our School Doctor to New Families of Taikura School and Kindergartens

Michael Sargent took up the role of 'School Doctor' at the beginning of last year. It was a role he had held for a couple of years 7 or 8 years ago, so it was wonderful to be able to welcome him back again. He hails from Christchurch and was an Anthroposophical Doctor in a General Practise for more than 30 years, as well as taking on the role of School Doctor at Christchurch Steiner School for many years. He retired in 2014, but continued to have a very big voluntary involvement in mentoring and supporting therapists during the recovery from the Christchurch earthquakes, and having a particular emphasis on supporting the children of Christchurch Steiner School. This has been ongoing.

Michael's first visit to us will be in week 6, from Tuesday 6 – Friday 9 March.

As part of the CARE group at Taikura, I am grateful that we have Mike so willingly giving of his services to us, both in his observations of the children and in the discussions and advice he gives to us as teachers. His wish would be not to be seen as a 'doctor' – but more as a 'helper' or adviser, who has both medical understanding alongside deep knowledge and insight of child development. He has been impressed with the wealth of therapeutic support that we have been able to put into place at Taikura – through Extra Lesson, Eurythmy Therapy, Nursing therapies, the Leg Up Trust, the Listening Programme, the Child Study – as well as other therapies we can access when needed – Speech therapy, Art therapy, Developmental Optometry to name a few.

It is our task as educators to always be asking the question - 'who is this child that stands before me? What gifts do they bring, and also, what am I needing to understand more about this child to support them to reach their potential?'. Sometimes this can't be met purely by the class teacher in the busy classroom setting. And it is here where Michael's input can be so valuable – giving his insights to teachers, enabling us to understand why a certain therapy might be supportive for a child, supporting us with the Child Study, and being able and willing to provide parent talks on child development and health – always with the aim to provide as wholistic a picture of the child as possible- from a physical, soul and spiritual perspective.

For some children all they need is that little bit of extra support and they are 'on their way'. For others, a therapeutic journey might walk alongside their educational one for a longer period of time, often giving the student quality 1:1 time, and the space to breathe at their own pace, receive and learn in a quieter environment, and overcome or modify what it is that has been challenging them.

We would like to see Michael Sargent's visits to our school become woven into the tapestry of our special character – and that to have a request for your child to be observed is simply part of the tools in our kete to deepen our understanding and strive to serve each child in the best possible way we can.

"Receive the child in reverence,
Educate the child in Love,
Let each go forth in freedom."

Rachel Hughes

**Michael Sargent will be giving a parent talk on Thursday 8 March at 7pm.
Please come along, bring your questions, and share in a discussion with the theme of
"issues in contemporary child rearing and education" .**

Mark Your Calendar

February 22	6:30 pm - 7:30 pm	Class 1 Parent Evening
February 23	8:45 am for 9:00 am start	Coffee Morning, Taikura Kindergarten
February 26 - 2 March		Class 8 Waimarama Camp
February 27	6:30 pm - 7:30 pm	Class 2 Parent Evening
February 27	6:30 pm - 7:30 pm	Class 10 Parent Evening
February 28	7:00 pm	Class 6 Parent Evening
February 28	7:00 pm	Class 12 Parent Evening TH L 3
March 8	12:30 pm - 1:20 pm	Biodiversity Sausage Sizzle Fundraiser

SCHOOL NOTICES

The Biodiversity Project...the story so far

Over the past six months you may have noticed a wonderful Taonga being created in Scannell's garden by the students who are our current Class 10 cohort. This Class took part in the Backyard Biodiversity programme that was organised and facilitated by Robyn McCool and Megan McBride from DOC during Term 4 2016, whilst the class were in Class 8. It was part of their Environmental Studies Main Lesson at the time. The students learnt about conservation issues facing Aotearoa and about the Biodiversity in their own backyard - the school. The Class were treated to two visits from the wonderful Cape to City Ambassador, Ruud Kleinpaste, (aka The Bug Man) and were fortunate enough to visit the beautiful and inspiring Cape Sanctuary. Back at school the class set about creating a goal to increase the Biodiversity of the school grounds. After a lot of brilliant ideas the Class decided that a water feature would add to the school's Biodiversity and they then created a vision statement around this idea.

Our vision statement is: 'by the end of 2017, we will have created a water feature that doubles as a habitat for organisms that live independently and expand on their own so that we will see an increase in biodiversity in our own school.'

And so the journey began. The Class presented their idea to the Principal and the Property Manager. Then a site was chosen for this project. It happened that there was a tree in Scannell's garden that was in danger of falling down and so had to be removed. The Class agreed with the Property Manager, Liam Wyley that the tree could be cut off and a pile of dirt would be put over it to create a mound. Around this time three of the students quietly and efficiently built a solar panel unaided. They found a pump which was donated. This would allow the water to be cycled around and the water feature and the project would also be energy efficient. The students dug a VERY big trench to allow the project to have a tap nearby it. The next major job was the "First Stage of Planting". We were very excited to be given some Hawke's Bay Kaka beak plants from DOC for the project. The students will collect and return the seeds to DOC once they begin to seed. The wonderful Gardeners; Jenny and Jo also gave us many plants to use for the project. The students used the compost that they made with the School Gardeners, as part of their Environmental Studies Main Lesson in Class 8 to give the plants a wonderful start.

The next major step was to install the water feature. This is where the Hawke's Bay Regional Council stepped in and very generously donated the Geotextile fabric and pond liner to the cause. Nathan Burkepile from Fish and Game gave valuable advice during the planning phase and his full support on the day of the project when we built the water feature. He not only helped us to build the ponds but also brought his equipment for the students to use and learn about. Plant Hawke's Bay gave wonderful advice on the types of grasses we could use around the water feature and kindly donated some of these plants.



This year the students will build a more permanent fence around the area and install some seating, as part of their Community week projects. There are also some smaller landscaping jobs that will be finished over the next few months. The aim is for both students and staff to be able to enjoy and learn from this new area for years to come.

Continued.....

We plan to hold a blessing of the site later in the year, once complete. This will enable us to celebrate the amazing efforts of the students in creating such a special Taonga for the school. Everyone who has so kindly supported us during this journey will be invited. This event will be announced in the Grapevine.

To create the fence and pay the final bills the students are holding a bake sale and sausage sizzle on Thursday 8th March at school.

We are also seeking donations of Kanuka and Manuka wood to create the rustic fence during community week in June. If anyone is able to donate wood we would be incredibly grateful and I am happy to arrange pickup if required.

Acknowledgements: We would like to take this opportunity to acknowledge and thank the following people and businesses for their help, support, and generous donations of equipment and/ or time.

- Robyn McCool and Megan McBride from DOC
- Liam Wyley- Taikura Property Manager
- Jenny Speedy and Jo Doig- Taikura Gardener's.
- Paul van Kampen (Class 9 Sponsor).
- Nathan Burkepile from Fish and Game
- The Hawke's Bay Regional Council
- Active Electrical Hastings
- Plant Hawke's Bay
- Chris Riley
- AW Holder Plumbing Supplies Hastings

By Judith Grellman
High School Science Teacher



**The Biodiversity Project
Bake Sale and Sausage Sizzle Fundraiser
Lunchtime- Thursday 8 March**

SCHOOL NOTICES



Madame Butterfly
AN OPERA BY PUCCHINI

On Monday, Sandra Jordan and I had the privilege of accompanying 28 of our students to the afternoon performance of *Madame Butterfly*. At the performance there were a huge number of students from other Secondary Schools in the Hawkes Bay. For a many of our students it was the first time that they had attended an Opera. The cast from *Madame Butterfly* consisted of a number of students from Prima Volta; an initiative for youth from High Schools in the Hawkes Bay to develop impressive language and musical

skills. Chyna-Rose Solomon from Class 11 is one of the members of Prima Volta.

On behalf of all that were able to attend, we would like to thank Festival Opera and Malcolm Cox, who funded the tickets, and made it possible for us to see this amazing performance! Ngā mihi whakawhētai hoki ki a koe Malcolm.

Troy Gardiner.

Eurythmy Performance For All Parents And The Wider Community

The Aotearoa Eurythmy Ensemble with members from Norway, Ireland, America, Holland, Italy, Germany, Australia and New Zealand have spent the last year investigating these ideas of loss, and discovery, destruction and creation.

In March the group will be touring the North Island with "Kua Timata"- "it is begun" a programme exploring the themes of journeys, finding a new place to be, a new place to call home through the music of Alexander Scriabine, the poetry of young New Zealanders and a Maori legend "Te Ikaroa" - "the story of the stars".

We will be performing at Taikura Steiner School on Tuesday 6 March at 7:30 pm in the school hall.

Come and enjoy this performance and see the artistic possibilities offered by Eurythmy.

Vision and Hearing Technician School Visit

Lynley Keehan, the Hastings Vision and Hearing Technician will be visiting the school on Thursday 29 March. She will be carrying out standard tests for distance vision with some of the Class 5 & 6 students - this happens every year for all students in New Zealand, and is helpful for picking up on simple vision issues which may not have been previously identified. She sometimes checks other students too: If there is no record of your child/children have not had a Before School Screen or need to be re-screened; for these exceptions, I will send home a letter inform you that Lynley would like to see them. If you have concerns about your child/children's vision or hearing, and they are not being seen by an outside professional, please collect a yellow form from the office and have it filled in and returned before Thursday 29 March, and she will include them.

Karyn Wills

Literacy Support & Lower School SENCO

Welcome Coffee Morning

Friday 23 February 9:00 am, Taikura Kindergarten

A warm welcome to new and existing parents in both the school and kindergarten. Please join us for our first Coffee morning on Friday 23 February 8:45 am for a 9:00 am start at Taikura Kindergarten, morning tea is provided.

Please do not be shy to come along and meet with parents and Pippa Caccioppoli, an ex-student and current parent and Principal at Taikura. Our informal talks are child friendly for babies and toddlers. All community members are welcome including those on the waiting list.

Any queries about the parents group please call Filipa on 0274513445.

Lost Wallet

A black wallet with a chain attached and a silver fern picture on it. It has a bus card and library card in it. Please hand to Adrienne in the office if you should find it.

COMMUNITY NOTICES

Heartspace Yoga

Hastings offers regular Hatha & Yin yoga sessions at the following days & times:

Monday: 9:30-10:45 am Hatha & Yin combined.

Tuesday: 12:30-13:15 pm / 45 minute Hatha lunchtime session.

5:30 - 6:30 pm Hatha Yoga. 7:00 - 8:15 pm Yin Yoga.

Wednesday: 1:30 - 2:30 pm Yin yoga

Thursday: 9:30 -10:45 am Hatha & Yin combined. 5:30 - 6:30 pm Hatha Yoga. 7:00 - 8:15 pm Yin Yoga

Price: \$15 casual drop in price / \$130 for 10-session card, valid for 6 months / \$11 for students and pensioners

Location: at Aspyre Fitness, 208 Heretaunga Street East, Hastings

Upcoming workshops & special session at / by Heartspace Yoga:

- Essential Oil Fridays at The Space / Oh My Goodness breads, 106 Queen Street East, Hastings. Every Friday, starting 9 February 9:15 – 10:15 am. Come and ask questions, try the essential oils, check out my books. No charge, no booking required. Just come and enjoy.
- Transformational Breath Playshop with Helle Thompson, Friday 16 Feb, 5:30 – 8:00 pm, \$30 pp or \$25 for unwaged, students or seniors.
- Emotions Potions essential oil class. February 19 / 5:30 – 7:30 pm / \$20 (\$10 of the ticket will be donated to Leg up Trust). Learn how to create nourishing rituals with essential oils for cleansing energy, releasing trapped emotions, create healthy boundaries, oils for clarity, manifesting, self forgiveness. Experience the oils, take notes and learn something new.
- Communication for Connection with Filipa Hope. Every Wednesday for 6 consecutive weeks, starting Feb 28 - April 4 / 9:30 – 12:00 pm / \$250 (or \$220 with half payment by 22 and full payment by 28). Based on Non Violent Communication.
- Gong Concert at Taruna – Friday 16 March / 7:00-9:00 pm / Taruna College, 33 Te Mata Peak Road. Prepayment \$30 pp / \$50 per couple / at door sales \$35 pp. Sound healing journey with gongs, didgeridoo, Tibetan Singing bowls, drums and other acoustic instruments.

More information on heartspace.nz or call Silke Whittaker on 021-104 56 66

Learn to Massage at The Lotus Centre

Held over three weekends, this course will teach Swedish massage techniques and enable participants to complete a full-body relaxation massage on friends and family.

Topics covered include:

Use of oils/waxes, contraindications, introduction to skeletal muscles, definitions of massage techniques/strokes and body mechanics.

Dates: 10 and 11 March 7 and 8 April 5 and 6 May Course costs \$180 per weekend

Facilitator is Jenny Allan who has over 15 years' experience teaching massage.

Contact Jenny on 876 8818 or email jenny@thelotuscentre.nz

Goddesses of Aotearoa

Hear the stories, discover your personal connection to them, paint /draw your response. This is an art and self-development course. No previous experience in art expected as art instruction given.

Fridays 1-3 pm: 23 March and 6,13,20,27 April - 4 May. Steiner Centre Hastings. \$170.00 with art materials included. Please contact Eva Urieli for further information evaurieli@gmail.com 8786028 text 21 0277 1201

Eva's After School Art Class For Children

Thursdays 3 - 4:10 pm. Explore new art techniques, look at interesting images, listen to a story. Suitable for children 8 -13 years. \$16.00 per session, commitment for a term. At the Steiner Centre 500 Nelson St. Hastings
Contact Eva Urieli evaurieli@gmail.com 878 6028 or text 021 0277 1201

KUA TIMATA TE IKAROA

**A Story of the Stars
Music, poems & humour**

**Performed by
Aotearoa Eurythmy Ensemble**



Photo Bob Zuur

**Public Performance
Taikura Rudolf Steiner School
Nelson Street, Hastings
7.30PM 6th March 2018**

**Door charges \$20 adults
\$15 children**

**We will be performing at Taikura Steiner School on
Tuesday 6 March at 7:30 pm in the school hall.**

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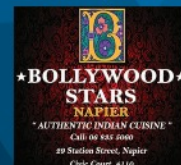
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SPIRITUAL SCIENCE

Knowledge of Higher Worlds – Decoded

A weekend seminar with Ian Trousdell

24th – 25th March 2018

A detailed introduction to Rudolf Steiner's path of self-development enabling perception of non-physical dimensions for the purpose of knowing reality better



Detailed hand-outs clarify the whole book including all the exercises, combined with 'living thinking' practices, clarifying Rudolf Steiner's 'Path of Reverence' which forms the basis of Spiritual Science, a method for researching deeper aspects of reality than the physical.

Seminar: 9am - 5pm Sat. 24th / 9 – 4, Sun. 25th March 2018

Lecture: Saturday 25th March. 'Birth of the Higher Self.'

7.30 pm to 9 pm including question time

Anthroposophical Centre, Hastings

Corner of Nelson St. and Whitehead Rd.

\$150 fee. Registration or for more information

contact Ian: ian.trousdell@gmail.com