



Seeds Of Change

Our long hot summer days are slowly coming to an end. Getting up in the morning we experience the temperature becoming cooler, the smell of the earth promising of the season to come. Autumn has always been my favourite season, the colours of the leaf foliage make my heart sing. If you are up early enough, just at sunrise the earth smells its strongest and silence prevails, I experience the breath taken in this moment, will nourish me entirely, throughout the course of my busy day.

When my own children were much younger the crafter in me would engage in making the various root babies and pumpkin children all arranged among flaming leaves of liquid amber, Mother Earth proudly sitting in its centre on the family festival table. Recently I was challenged to consider the deep need for us adults and our growing children to experience the festivals and its symbols in a manner which is truly reflective of the land we live in and in alignment with the breathing of the earth, That the symbols we choose to use to express the festival are the symbols and pictures which the children experience in their environment and daily life. We know that a deep connection to ones land and environment creates identity and strengthens a persons sense of self and belonging. Our festivals give us moments in the year where we stop and come together, each festival providing us with amazing opportunities to connect with our family, the spiritual, our land and each other.

I look around and feel inspired by those working with their families and community to build rhythm and create points of thankfulness and reverence throughout the cycle of their year. The following piece of writing from school parent Nathan Foote shares beautifully about experiencing the seasons and Harvest time with whanau in our land.

Kelly Sutton

Autumn Festival Thursday 22 March 2018

Lunchtime Picnic – 1pm Parents are warmly invited to join us for a picnic lunch on the field and a game of Taikura Crummock between parents, staff and students.

Saint Michael and the Dragon Play – 2.15pm on the School Field

Wet weather option

- No lunchtime picnic
- Play in the Gym at 2.15pm

Harvest Table – please send items into school to create and enrich our harvest table, the contents of which will be donated to worthy families in our community following the festival. Items are welcome from Monday 12 March up until and including Thursday 22 March.

Mark Your Calendar

March 9	8:45 am - 9:00 am start	Corrie Levick-"Embracing Early Childhood, Less is More"
March 14	6:30 pm	Parents Evening Taikura Kindergarten
March 14	7:00 pm	Liaison Parent Evening - School Library
March 15	All Day	High School Athletics Day
March 21	All Day	Class 8 Biosphere Bike Trip
March 21	6:30 pm - 8:00 pm	Parents Evening Kereru Kindergarten
March 22	1:00 pm 2:15 pm Play	Autumn Festival. Picnic and St Michael Play
March 23	8:45 am - 9:00 am start	David Urieli-Looking in Goethes MP Faulst part 1
March 26-29		Class 10 Marae Week

Seeds Of Change

Harvest time for a great many of us means a trip to the supermarket. Harvest time for many of us has no connection to the whenua, the soil, the climate, the weather. For a great many of us our connection to our kai is very little in comparison to cultures that are reliant solely on what they can produce from the whenua they occupy. I think of how the ocean and the kai we grow in our gardens are interconnected. I remember that at one-time great double hulled waka crossed the Pacific Ocean to bring Polynesians here evolving into the various Iwi throughout Aotearoa. Bringing with them seeds of change. Māori were not only master navigators & waka builders, they were also master horticulturalists. The Kumara, sweet potatoe, Ipomaea batatas demonstrates this ability very well.

Kūmara with its rich and vibrant oral traditions connect us back in time to a whole range of exciting flavours and textures. Some were grown kai for babies, others for impressing Manuhiri (visitors), and all of them had a mana that required strict adherence to ritual, karakia, and a belief that we are connected to a realm more than just physical. The hue, another example of their horticultural prowess.

My European heritage also voyaged across the Pacific and brought with them seeds of change. The arrival of the European settlers bought the arrival of new seeds and sources of kai for Māori.

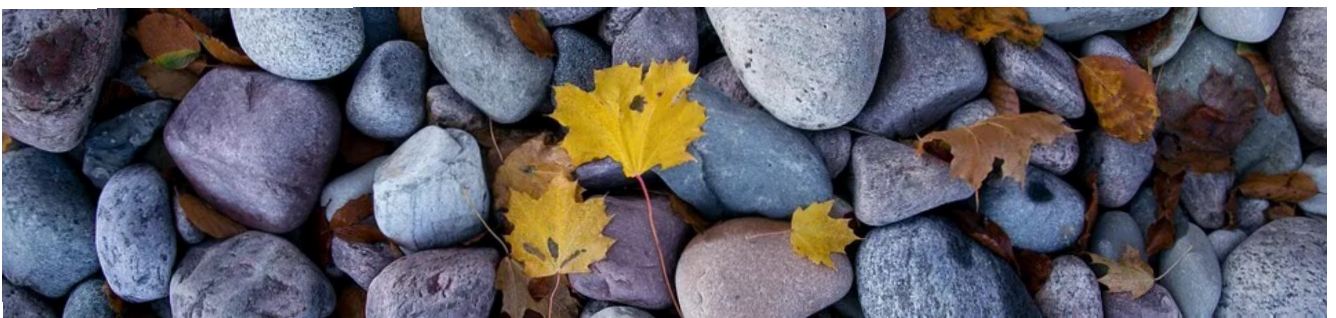
Today we have Kānga - Corn varieties that have been maintained by Māori growers over the centuries, giving us some amazing corn varieties grown for reasons other than just sweetness. A favourite memory of mine is the wafting smell of Kānga pirau, (fermented corn) as it was cooking. Certain times of the year this smell permeated the town as different whānau partook in this classic delicacy. Kānga ma, a pearly white corn with stunning opaque kernels that could easily create a stunning necklace should one desire (Some cultures used seed such as Kānga ma as a currency). A flour corn it was also a favourite variety for Kānga pirau.

Rīwai – Māori potatoes that provide a wide range of colours and both waxy and varying textures. My favourite roasting potatoe coming from this Māori kete of abundance called Kōwiniwini; in some tribal areas, purple skin with pale yellow areas around the eyes.

As a gardener, a seed saver, a budding ethnologist, harvest time reminds me that our kai is more than just a trip to the supermarket. Harvest time is a connection to our ancestors and to the world we live in. It is also a reminder that we should be thankful for the abundance provided by Papatūānuku me Ranginui. When two worlds meet the resulting offspring can be positively stunning, and harvest time in Aotearoa should be a reminder that our kai reflects the unique aspects and offspring of this wonderful whenua.

Tihei Mauri ora!

Nathan Foote (School parent)



SCHOOL NOTICES

Instrument Hire

Hi and welcome back from the Christmas Holidays everyone. Thanks to those who have returned the hired instruments with clear notes with each of them. It makes a real difference for me in terms of the time it takes to process them all.

If you wish to **continue hiring** an instrument this year could you please leave me a message and I will get the necessary paperwork to the office for signing and payment. We are making a small increase to the hire this year as maintenance costs rise. It will be at \$5.00 per instrument per term (\$20.00 per year).

For those of you who are new to the school, we have a variety of **instruments for hire** if you think your child would like to have a go, and many **private music teachers** coming in to give lessons. A contact list for these is available from the office. At present we have violin, cello, flute, piano, saxophone, clarinet, trumpet, trombone, guitar, bass, voice and drum teachers making their time available to us. If you would like more information on this please give Bob or myself a call.

Music Department Zahira

Taikura Parents Group

All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment. All meetings are baby/toddler friendly and you are welcome to bring them along and come and go as you need. Gatherings are held at the Hastings Taikura Kindergarten community space. Guest speakers begin at 9:00am with tea and coffee available from 8:45am.

Our next meetings:

Friday 9 March: Corrie Levick - Manager of Kindergartens "Embracing Early Childhood, Less is More"

Friday 23 March: David Urieli is a highschool Maths and Drama teacher as well as class 8 sponsor. Last year David brought to the Parents Group insights into Goethe's masterpiece, Faust, part 1 and by request is willing to continue taking us on this journey. If you missed last year not to worry, as each talk on Faust is not dependent on any prior knowledge and equally enlightening.

Friday 6 April: Filipa Hope is a past parent of the school and the Parents Group coordinator. She has been teaching Nonviolent Communication (NVC) for parents and educators for 8 years. She will give a two hour introduction into "How NVC supports parents to build the resilience of internal motivation in our children".

Any offerings, suggestions or questions please contact Filipa Hope 027 451 3445 filipahope@gmail.com

Auckland University Visit

Tuesday 13 March 3:15 pm

Simon Crook, The Auckland University liaison Officer, will be at school 3:15 pm Tuesday 13 March to introduce you to Auckland University.

This is an opportunity for Class 11-12 students to learn more about Auckland's programmes and courses, as well as the student experience. He will talk about admission requirements, school leaver scholarships and accommodation, and give you an opportunity to ask any questions you may have. Come along to find out about Auckland University. This session is also open to students, parents and teachers.

Friday Markets Are Back!

Each Friday the lower school classes will be holding a market with yummy delectable's, sweet and savoury, to end your week on the right note. Come along and treat yourself and your tamariki while also supporting our in house fundraising. Outside Classes 1-3 when the sun is shining, or, when raining, inside the hall foyer. See you there!

New Zealand Certificate Of Steiner Education

Registration and Fee Payment

All students have been issued with a registration form for 2018. For your convenience a registration form has been included in this edition of the Grapevine. Please ensure registration and payment of \$145.00 is made to the School Office by 31 March.

Shirley Brooker - Academic Dean

**TAIKURA RUDOLF STEINER SCHOOL
NEWZEALAND CERTIFICATE OF STEINER EDUCATION
REGISTRATION FORM**

Students Name.....Class.....

Seeks registration for the New Zealand Certificate of Steiner Education (NZCSE) qualification for 2018.

S/He has already achieved Levelor gained discretionary entry through the NZCSE Coordinator.

I/We agree to abide by all the regulations set down in the NZCSE Student Handbook.

Signed.....(Parent).....(Student)

Please sign and return this form to the office.

Registration and Payment is due by 31 March 2018

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FEE PAYMENT 2018

FEE per year of entry into the NZCSE \$145.00 (GST incl.)

This charge will appear on your child/s account

Last date for payment of fees is April 8 2018

Please contact the office with regards to any issues around the payment of this fee.

Registration and payment should be made through the School Office

WIN A THERMOMIX

2ND PRIZE.

1 CORD OF WATTLE
FIREWOOD WORTH \$360.

3RD PRIZE.

½ A CORD OF WATTLE
FIREWOOD WORTH \$180.

Worth over \$2370.

Taikura Rudolf Steiner School.

\$20 per Ticket.

Only 250 Tickets available.



DO YOU?

Like to eat foods that you know all the ingredients?

Want make your own butter, mayo, nut butters, sauce, jam, stocks etc?

Love steaming food but it scares you a bit?

Wish you didn't burn things when you get distracted?

Want to be able to make your own flour, icing sugar or other milled foods?

Want to prepare and cook a whole meal (Chicken, Rice and Veges) in one appliance?

This is just a small list of things the Thermomix can do. The Worlds' smallest kitchen could be yours!

Please contact Gemma or one of the Class two 2018 Parents for tickets or details.

gburfordcrewe@gmail.com 0275362885

<https://www.thermomix.co.nz> to see what else the

THERMOMIX can do!

COMMUNITY NOTICES

The Lotus Centre Open Day

Sunday 18 March 9:00 am - 4:00 pm. The Lotus Centre is under new management come and check us out!

Yoga classes all day for koha - come down and experience any or all of the following styles of yoga: laughter, pregnancy, hatha, yin, nidra, dru and shadow.

Massage for koha - 5 minute chair massages or foot massage for koha. All proceeds from the day will go to the the Hawke's Bay Breast Cancer Trust.

Go to the website www.thelotuscentre.nz for more details or check us out on facebook.

House For Rent

From former Taikura School parents, from the 29 June to the 18 August. A three bedroom house, all fenced, with a garden, wood fire and off street parking. Fully furnished, wifi included, power and firewood excluded in the price. A five minute walk from the school through a lovely park. \$325 pw. Please contact Aurelia at 0226749450 or email aurelialorenzovazquez@gmail.com

Cleaning Job Vacancy

We have a vacancy for an evening cleaner at our Kindergartens in Frederick Street, Mahora.

Four hours per evening five days per week, the job could be shared between two people and there is some flexibility on timing. At the moment it is 4:00 pm – 8:00 pm.

You will need to undergo a Police Vetting, have a willingness to learn, be honest and hardworking and be excited about making the kindergarten sparkle for the children.

Previous experience is handy but not essential, a can-do attitude is much appreciated.

If interested please call Aimee on 0279389845

Reiki Master Treatments & Training

Reiki Master Treatments & Training, Heart Centred Clairvoyant Guidance sessions, Property Clearings, Intuitive Development, Reiki Share Gatherings and Wish Game evenings, Retreats. www.lovingvoice.com
027 4747342

Rental Wanted

Tidy and trustworthy professional in her mid-30s is looking for a rental or flatting situation where she can bring her little dog and little cat. Please contact Eva 021 02238553

Hawke's Bay Kirtan Collective

Invites you to Yoga of Sound - Akhanda Kirtan with Atmabhava, Swami Kailash, Priyadhara & friends.

What to expect: Join us for Hawkes Bay's first Akhanda Kirtan Chanting Celebration, a journey into the power of sound and mantra. Experience peace and uplifting joy through this ancient practice of Bhakti yoga.

- Calm the mind
- Release stress and worries
- 6hrs of continuous group mantra chanting
- Discover the positive influence of Kirtan on the whole personality

Where: Taruna College - Havelock North **When:** March 24 Time: 1:00-7:00 pm (from 12.30 onwards)

Suggested Donation: \$20:00

More info/to book contact Erica erica@healingtherapies.co.nz or see our facebook page page@hawkesbaykirtan

Gentle Hatha Yoga For Wellness

Tuesdays 9.30 – 11 am, The Lotus Centre, 1028 St Aubyn Street West, Hastings.

Gentle Hatha Yoga for Wellness: Thursdays 9.30 - 11:00 am, Tamatea Community church hall, 1 York Avenue, Tamatea. \$12 per class or \$15 "drop-in" rate, for Hatha classes.

Laughter Yoga: Saturdays 10:00 -11:00 am (fortnightly), Focus Health Physiotherapy, Havelock North.

Price: \$10 per class

For enquiries call Michele 8771877 or 027 250 2678 or email michelenysse@xtra.co.nz

Taikura Rudolf Steiner School Class 5 presents

FROM THE DIRECTOR OF 'LION' AND THE PRODUCERS OF 'THE KING'S SPEECH'

ROONEY MARA JOAQUIN PHOENIX

FRIDAY 23 MARCH

EVENT CINEMA, HAVELOCK NORTH

\$20 to include popcorn & nibbles

HER STORY WILL BE TOLD

MARY MAGDALENE

alcoholic & non-alcoholic beverages available for purchase

Spot Prizes Guess the Mystery Seat & Win! Raffles

doors 7.45pm cash only- no EFTPOS

Bookings: steinerkidsfundraising@gmail.com

txt 021 262 4092 or  Steiner Kids Fundraising Events

SPIRITUAL SCIENCE

Knowledge of Higher Worlds – Decoded

A weekend seminar with Ian Trousdell

24th – 25th March 2018

A detailed introduction to Rudolf Steiner's path of self-development enabling perception of non-physical dimensions for the purpose of knowing reality better



Detailed hand-outs clarify the whole book including all the exercises, combined with 'living thinking' practices, clarifying Rudolf Steiner's 'Path of Reverence' which forms the basis of Spiritual Science, a method for researching deeper aspects of reality than the physical.

Seminar: 9am - 5pm Sat. 24th / 9 – 4, Sun. 25th March 2018

Lecture: Saturday 25th March. 'Birth of the Higher Self.'

7.30 pm to 9 pm including question time

Anthroposophical Centre, Hastings

Corner of Nelson St. and Whitehead Rd.

\$150 fee. Registration or for more information

contact Ian: ian.trousdell@gmail.com