



### Celebrating Autumn In The Home

Here in the Southern Hemisphere it can be a challenge to find the tools to mark the turning of the year. So many of our received holidays – Christmas, Easter – came across with colonisers and are ill fit to their opposing seasons. But a dearth of time honoured traditions can also present to us an opportunity to create our own seasonal rituals and practices that we can imbue with our lived experiences to have significance and meaning for our friends and whanau.

In order to bring the spirit of the season into our homes, we must first venture out and immerse ourselves in the natural world. A regular whanau walk allows us to observe the changes in nature week by week, to forage for nuts, berries or mushrooms, and to gather treasures – leaves, shells, seed pods – as an inspiration for crafting, and to decorate the autumnal seasonal table. An arrangement of cloths in russets and golds, and a branch with red or golden leaves can form a base to which found objects, tiny pumpkins, gnomes, and wooden or felted mushrooms can be added for effect.

Harvest time, too, brings about the opportunity for preserving – bottling, pickling, drying the abundance of the present for the nourishment of our future selves. It is a process – gathering, scrubbing, chopping, stirring – that can involve the whole whanau down to the youngest child. Part of the joy of preserving is in gifting and trading so that your store cupboard is laden, not only with the fruits of your own labours, but with a kaleidoscope of produce that reflects the diversity of our community.

If the rhythm of the year is like breathing, then autumn is the pause, after the deep inhalation of the sweetness of summer, before the long, slow out breath into darkness of winter. In contrast to the busyness of summer days and winters long and sleepy nights, with the equinox, light and dark are brought into balance. It is a time of reckoning – all summer long nature has provided her bounty and now we must reap what we have sown and gathered, take stock, and shore up our resources to sustain us through the winter months when the earth is at rest.

This is the spiritual challenge of the season, embodied in the Michaelmas festival, and enacted by our tamariki in the Dragon Play. Just as St Michael empowered the ordinary people to muster the force of their will, using the gifts of heaven and earth, to slay or tame the dragon; so too must we all examine what has grown from what we have sown – with our thoughts, our words, our actions, our intentions – imbibe that which serves us, and shed that which does not. For as the world turns inward, away from the sun, we shift to a model of conservation and introspection that will reap its own rewards come spring.

Rosheen FitzGerald (School Parent)

#### Autumn's Bounty

What a treat to find this harvest gift in my letter box, industriously made by two students from school.

Please watch for information on the Harvest Festival Table. This year it is our intention to collect preserves and goods etc, prior to the festival day. The longer collection time giving us a greater opportunity to gift our surplus crops etc. The younger children in particular, anticipate and watch with excitement the growing of the Harvest Table.



*Please know all goods gifted are distributed to grateful-homes and families both in our immediate and greater community.*

### Mark Your Calendar

March 15	All Day	High School Athletics Day
March 21	All Day	Class 8 Biosphere Bike Trip
March 21	6:30 pm - 8:00 pm	Parents Evening Kereru Kindergarten
March 22	1:00 pm 2:15 pm Play	Autumn Festival. Picnic and St Michael Play
March 23	8:45 am - 9:00 am start	David Urieli-Looking in Goethes MP Faulst part 1
March 26-29		Class 10 Marae Week
March 28	6:30 pm	Class 7 Parent Evening
April 6	8:45 am - 9:00 am start	Filipa Hope-How HVC Supports Parents

# SCHOOL NOTICES

## Taikura Parents Group

### All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment. All meetings are baby/toddler friendly and you are welcome to bring them along and come and go as you need. Gatherings are held at the Hastings Taikura Kindergarten community space. Guest speakers begin at 9:00am with tea and coffee available from 8:45am.

### Our next meetings:

**Friday 23 March:** David Urieli is a highschool Maths and Drama teacher as well as class 8 sponsor. Last year David brought to the Parents Group insights into Goethe's masterpiece, Faust, part 1 and by request is willing to continue taking us on this journey. If you missed last year not to worry, as each talk on Faust is not dependent on any prior knowledge and equally enlightening.

**Friday 6 April:** Filipa Hope is a past parent of the school and the Parents Group coordinator. She has been teaching Nonviolent Communication (NVC) for parents and educators for 8 years. She will give a two hour introduction into "How NVC supports parents to build the resilience of internal motivation in our children".

Any offerings, suggestions or questions please contact Filipa Hope 027 451 3445 [filipahope@gmail.com](mailto:filipahope@gmail.com)

## Preparation 500

Preparation 500 deeply supports and brings vitality to not only our beloved school grounds but also to our beloved Papatuanuku. We will be stirring and spreading our Autumn Preparation 500 application with our Class 3 children.

- Wednesday 21 March
- 1:30 pm
- Meet at the cob ovens

Please come and join us, bring a bucket to take some home to spread on your own garden. Remember to sign in at the School Office.

Gardeners, Jen and Jo

## Brave Head Shave

All 46cm of my hair will be shaved off next Thursday after High School assembly. I have never cut my hair shorter than my shoulders so I am really quite scared. I know that it will take years to grow back. Please sponsor me to help the six Kiwis a day diagnosed with blood cancer or a related condition. Visit the website "shaveforacure.co.nz" search "Jamie Wheeler" and donate.

Jamie Wheeler 9SM

## New Zealand Certificate Of Steiner Education

### Registration and Fee Payment

All students have been issued with a registration form for 2018. For your convenience a registration form has been included in this edition of the Grapevine. Please ensure registration and payment of \$145.00 is made to the School Office by 31 March.

Shirley Brooker - Academic Dean

## Calling All Crafters

If you're interested in getting together with a group of Taikura parents to do some crafting, please come along to the parents' room at Taikura kindy on a Tuesday morning after drop off. Bring along any craft project you make be working on or just come along and join in on other ongoing projects. No skills necessary! So come for a cuppa and a chat, it's a lovely way to connect with other parents you may not have yet met. We're usually there until 10:30 or so, so you can still fit lots of other things into your day. See you Tuesday!

Christine O'Brien - Liaison Parent

# SCHOOL NOTICES

## Learning an Instrument at Taikura Rudolf Steiner School 2018

We have experienced tutors coming into our school to provide tuition for a range of instruments. They charge between \$25 and \$30 for half hour lessons and mostly fit lessons into the school day. Lessons are usually for individuals or pairs.

Some instruments are available for hire through school giving an opportunity to see if your child and an instrument are well suited before you purchase your own.

Please contact Zahira Rickard to arrange hire and distribution through the School Office.

Instruments available for hire are Violin, Viola, Trumpet, Trombone, Cello, Flute, Saxophone and Clarinet and range from \$140 to \$180 per year plus bond.

Below is a list of teachers and the instruments they teach, and their phone numbers. Please contact them directly to arrange lessons or with any enquiries.

Bob Cross - Music Department.

### Tutors

<b>Violin &amp; Viola</b>	Hannah Hales	<b>Tues:</b> PM	022 1049867 06 2809813
<b>Guitar</b> Bass Guitar Ukulele and Lute	Campbell Lovatt	<b>Tues:</b> All Day <b>Friday</b> 12:30	027 3484827
<b>Voice/Singing</b>	Margot Wuts	<b>Wed</b> :AM	06 875 0660
<b>Flute</b>	Susan Barham	<b>Wed:</b> PM	021 2505290
<b>Piano</b>	Denise Buczynski	<b>Tues</b> :11:40 AM <b>Weds:</b> 1:20 PM <b>Thurs:</b> 2:10 PM	022 0751593 06 650 0780
<b>Piano</b>	Frances Te Weehi	<b>Thurs:</b> All Day	021 02923313
<b>Cello</b>	Hilary Baker	<b>Friday</b> 11:00-1:00PM	027 4421212

## 'Taikura' The Heartwood Of Tress With Red Wood

Last Friday the school staff and Trust members braved the weather for a blessing and unveiling of a new sculpture on the corner of King Street and Fitzroy Ave. The sculpture is a three dimensional representation of our school logo:

'Taikura' the heartwood of tress with red wood;

'Tai' – currents (of influence, of emotion, of sensibility), streams (of consciousness, of philosophy), ocean tides, tides of life

'Kura' – red glow, treasured possession, sanctum of learning

We would like to thank Liam Wyley and Urarii Ruatoe, as well as Tim Neville from Shape Edge Engineering for the initiative and creation of this sculpture.



## No Drop Off No Pickup!

The car park by Taikura House is not a Drop of or Pick up Area for students. Please use the front of the school for dropping off and collecting your children.



**TAIKURA RUDOLF STEINER SCHOOL  
NEWZEALAND CERTIFICATE OF STEINER EDUCATION  
REGISTRATION FORM**

**Students Name.....Class.....**

**Seeks registration for the New Zealand Certificate of Steiner Education (NZCSE) qualification for 2018.**

**S/He has already achieved Level .....or gained discretionary entry through the NZCSE Coordinator.**

**I/We agree to abide by all the regulations set down in the NZCSE Student Handbook.**

**Signed.....(Parent).....(Student)**

**Please sign and return this form to the office.**

**Registration and Payment is due by 31 March 2018**

.....  
**FEE PAYMENT 2018**

**FEE per year of entry into the NZCSE \$145.00 (GST incl.)**

**This charge will appear on your child/s account**

**Last date for payment of fees is April 8 2018**

**Please contact the office with regards to any issues around the payment of this fee.**

**Registration and payment should be made through the School Office**

# WIN A THERMOMIX

## 2<sup>ND</sup> PRIZE.

1 CORD OF WATTLE  
FIREWOOD WORTH \$360.

## 3<sup>RD</sup> PRIZE.

½ A CORD OF WATTLE  
FIREWOOD WORTH \$180.

Worth over \$2370.

Taikura Rudolf Steiner School.

\$20 per Ticket.

Only 250 Tickets available.



## DO YOU?

Like to eat foods that you know all the ingredients?

Want make your own butter, mayo, nut butters, sauce, jam, stocks etc?

Love steaming food but it scares you a bit?

Wish you didn't burn things when you get distracted?

Want to be able to make your own flour, icing sugar or other milled foods?

Want to prepare and cook a whole meal (Chicken, Rice and Veges) in one appliance?

This is just a small list of things the Thermomix can do. The Worlds' smallest kitchen could be yours!

Please contact Gemma or one of the Class two 2018 Parents for tickets or details.

[gburfordcrewe@gmail.com](mailto:gburfordcrewe@gmail.com) 0275362885

<https://www.thermomix.co.nz> to see what else the

THERMOMIX can do!

# COMMUNITY NOTICES

## The Lotus Centre Open Day

Sunday 18 March 9:00 am - 4:00 pm. The Lotus Centre is under new management come and check us out!

Yoga classes all day for koha - come down and experience any or all of the following styles of yoga: laughter, pregnancy, hatha, yin, nidra, dru and shadow.

Massage for koha - 5 minute chair massages or foot massage for koha. All proceeds from the day will go to the the Hawke's Bay Breast Cancer Trust.

Go to the website [www.thelotuscentre.nz](http://www.thelotuscentre.nz) for more details or check us out on facebook.

## Reiki Master Treatments & Training

Reiki Master Treatments & Training, Heart Centred Clairvoyant Guidance sessions, Property Clearings, Intuitive Development, Reiki Share Gatherings and Wish Game evenings, Retreats. [www.lovingvoice.com](http://www.lovingvoice.com) 027 4747342

## Rental Wanted

Tidy and trustworthy professional in her mid-30s is looking for a rental or flatting situation where she can bring her little dog and little cat. Please contact Eva 021 02238553

## Hawke's Bay Kirtan Collective

Invites you to Yoga of Sound - Akhanda Kirtan with Atmabhava, Swami Kailash, Priyadhara & friends. What to expect: Join us for Hawkes Bay's first Akhanda Kirtan Chanting Celebration, a journey into the power of sound and mantra. Experience peace and uplifting joy through this ancient practice of Bhakti yoga.

- Calm the mind
- Release stress and worries
- 6hrs of continuous group mantra chanting
- Discover the positive influence of Kirtan on the whole personality

**Where:** Taruna College - Havelock North **When:** March 24 Time: 1:00-7:00 pm (from 12.30 onwards)  
Suggested Donation: \$20:00

More info/to book contact Erica [erica@healingtherapies.co.nz](mailto:erica@healingtherapies.co.nz) or see our facebook page [page@hawkesbaykirtan](https://www.facebook.com/hawkesbaykirtan)

## House For Sale

For sale in Parkvale a 4 bedroom house. This 1930's bungalow sits in a large, mature organic garden with natives and a variety of fruit trees, chicken run and veggie garden. It has been fully insulated, re-wired, re-roofed, re-piled and has modern bathrooms (2) and kitchen. Double carport, workshop/ hobby room. If you are interested, call Sabine & Peter on 8735292 or 0276-873529 to arrange viewing.

## BePure

Ben Warren and the BePure team are excited to bring our upcoming seminar '**Tired, Stressed and All the Rest**' to Havelock North on the Tuesday 27 March.

Ben's latest seminar is here to support you in understanding your unique body, why what works for you when it comes to diet and lifestyle is personal, and how to unlock your energy to live the life you really want.

We think that this would be really valuable for anyone who is dealing with fatigue or high stress levels, and wants to **boost energy and find their calm**.

We'd love to offer you a special discount code for \$10 off tickets. Please use the code BEPURE at the checkout for General Admission tickets.

You can purchase tickets at <https://www.bepure.co.nz/blogs/events/tired-stressed-and-all-the-rest>

Taikura Rudolf Steiner School Class 5 presents

FROM THE DIRECTOR OF 'LION' AND THE PRODUCERS OF 'THE KING'S SPEECH'

ROONEY MARA JOAQUIN PHOENIX

FRIDAY 23 MARCH  
EVENT CINEMA, HAVELOCK NORTH

\$20 to include popcorn & nibbles

HER STORY WILL BE TOLD

# MARY MAGDALENE

alcoholic & non-alcoholic beverages available for purchase

Spot Prizes Guess the Mystery Seat & Win! Raffles

doors 7.45pm cash only- no EFTPOS

Bookings: [steinerkidsfundraising@gmail.com](mailto:steinerkidsfundraising@gmail.com)

txt 021 262 4092 or  Steiner Kids Fundraising Events

Come experience the dramatic story of Mary Magdalene on the big screen at Havelock North's luxury cinema.

WIN WIN WIN!! A night at Ormlie Lodge for two and a light breakfast, worth around \$300. With our game on the night called "Mystery Chair". Ormlie offers boutique accommodation, combining a little of Hawke's Bay's old world charm with contemporary design and modern day comfort. Just a 5 min drive from Taradale, turn off just past the Waiohiki Golf Club.

### All proceeds go to Class 5

Tickets \$20 to include nibbles and popcorn.

Alcoholic and non-alcoholic beverages available for purchase.

Spot Prizes - Guess the Mystery Seat & Win! - Raffles

This is a **CASH ONLY** event, no EFTPOS available.

Bookings - Email [steinerkidsfundraising@gmail.com](mailto:steinerkidsfundraising@gmail.com) Text 0212624092

Message us using this Facebook Event.

Come on.... you know you want to



ORMLIE

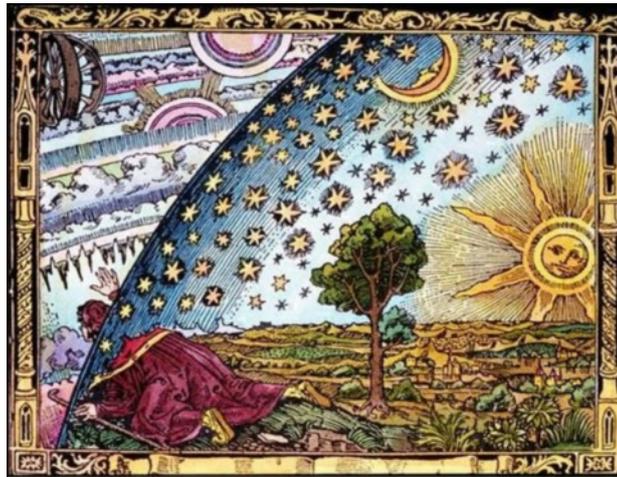
# **SPIRITUAL SCIENCE**

## **Knowledge of Higher Worlds – Decoded**

A weekend seminar with Ian Trousdell

24<sup>th</sup> – 25<sup>th</sup> March 2018

A detailed introduction to Rudolf Steiner's path of self-development enabling perception of non-physical dimensions for the purpose of knowing reality better



Detailed hand-outs clarify the whole book including all the exercises, combined with 'living thinking' practices, clarifying Rudolf Steiner's 'Path of Reverence' which forms the basis of Spiritual Science, a method for researching deeper aspects of reality than the physical.

*Seminar:* 9am - 5pm Sat. 24<sup>th</sup> / 9 – 4, Sun. 25<sup>th</sup> March 2018

*Lecture:* Saturday 25<sup>th</sup> March. 'Birth of the Higher Self.'

7.30 pm to 9 pm including question time

Anthroposophical Centre, Hastings

Corner of Nelson St. and Whitehead Rd.

\$150 fee. Registration or for more information

contact Ian: [ian.trousdell@gmail.com](mailto:ian.trousdell@gmail.com)

# The Art of Well-Being 2018

Meet yourself, know yourself, be yourself



**March 11-16**

**June 10 -15**

**Sept 9 -14**

Grow your understanding of anthroposophical Special Character by becoming part of Taruna's 'Art of Well-Being' in 2018. Three week-long seminars explore themes of:

**Well-Being Art Biography**

Come to new meanings for yourself and use them as a source of power and grace in your own daily life at home and work. Feel nourished, enlivened and challenged through the daily learning opportunities that connect with your world of ideas, feelings and experience.



**TARUNA  
COLLEGE**

For more information  
See our website  
[www.taruna.qc.nt](http://www.taruna.qc.nt)  
or call 06 8777174



# TARUNA COLLEGE

Connect, Nourish, Sustain

## CERTIFICATE IN RUDOLF STEINER EDUCATION

DISCOVER THE TRUE ART OF TEACHING

Discover the true heart and art of teaching while undertaking a rich and exciting journey of personal or professional development

The Certificate is an introductory course to Rudolf Steiner Waldorf Education. This part-time year-long programme will give a broad overview of the many faceted dimensions of Waldorf pedagogy, curriculum and culture. Alongside lectures and workshops that will deepen and extend your understanding of child development and approaches to teaching and learning you will have the opportunity to engage your creative side with many practical activities including arts, crafts, music and movement.

The course is designed to meet the needs of:

- Teachers new to Waldorf education. This includes teachers who have a new position teaching in Steiner Waldorf schools as well as teachers in mainstream schools, seeking professional development, who wish to enliven and reexamine their classroom practice.
- Homeschooling parent-teachers who wish to follow or incorporate a Waldorf Curriculum.
- Teacher aides in Steiner-Waldorf classrooms.
- Parents who wish to accompany their children's development and education with greater consciousness or who simply wish that they had enjoyed the kind education their children are now receiving.
- Student teachers who think that Waldorf Education might be a direction they would like to pursue.

Contributors: Rosie Simpson and Peter Lee together with a range of experienced Waldorf practitioners.

### 2018 Dates:

Seminar 1: 15-20 April 2018

Seminar 2: 15-20 July 2018

Seminar 3: 1-5 October 2018

Cost per Seminar \$1,000

[www.taruna.ac.nz](http://www.taruna.ac.nz)