# Taikura Rudolf Steiner School The<sub>ev</sub>ine Grapevine



What Is Advent?

The idea of Christmas for all intents and purposes in this modern age actually does a great job of leading us away from what Advent should lead us towards.

Often referred to as the "Silly Season" it is probably more accurately described as the "Stressed-out Season" as we try and combat the demands that are pressing upon us from society in general. To align more with what advent asks of us we might want to consider working towards making it the "Simple Season".

Advent asks for a cultivation of inner peace from us, to find quiet moments, go within, internalise outer light and shine it back out into the world. Now we can call it light or something else but there is a sense in which we choose to perceive the good in the world, and reflect that same quality back to life around us.

We could call this "light" Christ Consciousness. The impulse of Christ towards humanity continues to live on after his physicalised deeds on earth, and remains present for us to embody in ourselves. It is from such a place of being, with a willingness to embody such a gesture, that we can truly share the light of Advent with our whanau. If our tamariki are wrapped in our goodwill, our composure, our warmth of thought towards the other then this is the greatest gift we could give them.

So in the hustle and bustle of the season, which is inevitable for most, let us find our quiet space of peace. As we breathe we can commune with and act on that quality within us that is of love, understanding and goodwill. Through this we can all be blessed with a grace of being that allows us to perceive the true value in simplicity through Advent and Christmas.

#### Darryn Breakwell Class 6 Teacher





#### Mark Your Calendar

All Library Books Due Back For Stock Take David Urieli - Anthroposophical look at "Life After Death" Kindergartens and Class 1-3 Parent Evening "Roots and Wings" High School Finishes for Classes 10 - 12 Classes 8 and 9 Finish for the Year Shepherds Play - School Hall Carol Evening - Held in the School Gym Classes 1-7 Finish for the Year

November 29 November 29 December 2 December 2 December 13 December 15 December 17 December 18 8:30 am - 3:00 pm 8:45 am - 9:00 am start 6:30 pm - 9:00 pm 3:00 pm 12:30 pm 7:00 pm 7:00 pm 12:30 pm



# He pito kõrero!

### Growing Kūmara

We are blessed here in Heretaunga with our climate, water and our soils. We have the ability to grow our own nutritiously nourishing homegrown kai throughout the year. Living seasonally with our kai also connects us to the rhythms of nature and the cycles therein. In our present moment in time, this late spring, we can start to grow our own kūmara.

There are a good number of varieties of kūmara that vary in flavour and texture and also in growth habits. We have kūmara varieties that run vigorously like their whanaunga (relations), Bindweed or Convulvulus. The commercially grown variety commonly known as Red Kumara is one of these running types. The second growth habit, and lesser known, are those that grow in a bush form, for example Taputini. The Taputini variety are also slenderer in form than the Red Kumara, and they have white skin and flesh.

For those of us with limited garden space, these bush types lend themselves very well should you wish to grow kūmara in your backyard. Small mounds are made above the ground instead of the now more common commercial practice of long rows in which the tipu (sprouted plant), is placed and grown. You can grow your own tipu or buy them from a grower. Tipu are easily propagated and this is another story to be told at a later date and in the right season. Whether you grow in rows or mounds, the planting of the tipu is very similar.

Ideally the maramataka (moon calendar) is considered, and the right moon phase is chosen to commence the planting of the tipu. The other consideration regarding a good planting time is the waiata (song) of the Pīpīwharauroa (Shining Cuckoo). When the Pīpīwharauroa's waiata has reached a certain climax, it is another tohu (sign) that it is time to plant your tipu.

Healthy tipu also have their roots dipped into a mix of the soil they are to be planted into and water (to make a watery paste) overnight or for a couple of hours before being transplanted. The soil is cultivated into the mounds or the rows that the tipu will be planted into dependent on the variety of kūmara you wish to grow.

One of the keys to successful kūmara growing is to turn the roots up to form a J when you transplant into the soil. The tip of the J should be orientated to the East; this is, according to most cultural practices, very important. This is much easier to explain through demonstration rather than a written description. Therefore, if you are new to growing kūmara then finding a local expert willing to share their valuable matauranga (knowledge) will undoubtedly yield the best results.

You are also connecting to a culture that has carried this taonga across oceans, nurtured the kūmara for a few millennia, and considers the kūmara with utmost importance and reverence. Once planted and depending on who you talk to, a single cup of water is given to the tipu, and in some areas that is all the water the plant will be given, relying then on the tears of Ranginui (Sky Father) to quench its thirst during its long hot summer growing season.

#### "Ko tangi te wharauroa, kua tou te kūmara"

"When the cuckoo cries it is time to plant the sweet potato"

Nā, Nathan Foote

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori.



# SCHOOL NOTICES

#### **Student Election**

Board of Trustees Student Representative.

**Votes** Jens Packheiser- Hall 52 Ewan Williams 49

I hereby announce Jens Packheiser- Hall duly elected.

> Returning Officer Janet Osborne

## Check and Return Of Hired Instruments 2019

Hi all instrument hiring students.

Could all hired instruments be brought in for checking between now and the 6 December. I wish to get this done early so the end of year is freed up.

 As always, if you wish to keep your instrument over the school holidays you may do so, but I need to know this. So please leave a note with your instrument when you drop it off at the office, with your name, contact number and whether you wish to retain or return. I will check them as soon as I can and get them back to you in a timely fashion so your practices are not interrupted. So on that note, the date of your next practice would also be helpful.

#### Instruments For Hire 2020

Just a reminder that the school has a number of instruments for hire at reasonable rates. We have many violins plus violas, cellos, double bass, trumpets, trombones, saxophones, clarinets, flutes and guitars. If you think your child may wish to begin playing an instrument next year, please give me a call and I will set one aside for them.

Warm Regards, Zahira

## **Snippets From The Parent Handbook**

#### Dogs on School Grounds

For Health and Safety reasons our school policy is that **no** dogs should be brought onto the school site except at the invitation of teacher for specific learning occasions. Guide and hearing dogs are an **exception** at all times. Please **do not** leave your dog tied up at the front gate as this causes a hazard.

#### Havelock North Bus Route

Please be advised that the Ministry of Education has undertaken a formal School Bus Route Review, of which the unfortunate outcome is that the Havelock North bus is **operating outside of School Transport policy as there is suitable public transport operating in the Havelock North area.** As a result of this, route 5097 will be withdrawn at the end of the 2019 school year. An email has been sent to affected families with further information. Please get in touch if you missed out on this correspondence, or would like to know more.

Brendan Hamilton-Gibbs Bus Controller

#### "Bee" Safe Wear Shoes!

Our main field always attracts the buzz of our friendly little workers of the flowers. To ensure the children are safe from harm please check that they have suitable shoes on at all times. This is up to parents and staff to enforce. If you see one of our children on the field without shoes on, please ask them to go and put some on.







# COMMUNITY NOTICES

#### The Steiner Centre

The Steiner Centre on the corner of Whitehead Road and Nelson Street North, opposite Taikura Rudolf Steiner School is available to hire for events, classes, music lessons and more. Notices posted on board outside venue. For more information call: Cleone Armon 06 878 3128 or Robyn Hewetson 021 217 8688

#### **Christmas Felting For Children**

I am offering another Needle Felting class for children wither in the holidays prior to Christmas or on a weekend during the school term. In this class we will create beautiful items for Christmas, while giving you a few hours away from your child to relax and prepare for the busy season. If you are interested please contact Sabine on 875 1905 or 027 492 8444.

#### Work Available

We require keen Calendula pickers over the school holiday period two - three mornings a week at our premises at Weleda (NZ) ltd, 302 Te Mata Road Havelock North. Must be available over the Christmas/New year period. Phone Warren 022 307 1129 or David 027 936 6589.

#### Taikura Kindergarten

The Kindergarten are selling Play Bags! These are perfect for storytelling or child led play and contain two gnomes, a little mouse and bird, wooden blocks, a green muslin cloth and beautiful natural treasures. They are \$25 each and are selling fast! If you'd like one contact Talia on 022 078 6178.

#### **Urgent Accommodation Required**

We are urgently seeking a 3 - 4 bedroom home preferably long term in Hastings/Havelock North area as my fixed term tenancy ends December. We are house proud tenants with references. Our eldest child attends EIT and our youngest is in Class 4. If you have a place to rent or know of anyone who might please contact Helena on 021 20 22230

#### Family Home for Sale

Beautiful 140 sqm four bedroom villa on a true 1/4 acre section. This lovingly restored 1917 home is perfectly suited to a family. Featuring a modern kitchen & bathroom, pyroclassic fire, plenty of room for entertaining and a modern inground swimming pool. All the hard work has been done! Two minutes from Taikura in a lovely street. August C.V \$590,00.00 Call or email Ally now to view 021 223 8039 arhay21@gmail.com

## "Calling All Old Mobile Phones"

It would be great if you could have one final rummage before the end of term for any unwanted mobile phones you may have at home.

It is estimated that each year up to three million phones become obsolete in NZ, of those only 2% are recycled.

Phones collected help our School gain valuable rewards and the environment benefits as well keeping our landfills free of mobile phones and their array of hazardous toxic substances.

Please drop any unwanted mobile phones you may collected in the collection box in the reception area at School.



