# Taikura Rudolf Steiner School Mid-Winter







Last Saturday 20 June was Mid Winters' day. How quickly it seems to have come! In the Northern Hemisphere, Mid-Winter falls a few days before Christmas Day and the celebration of the birth of Jesus, who became the bearer of the Christ Spirit. For the North, this is a mighty symbol of the coming of new light into the world, and that the darkness shall be overcome.

What of us here in the Southern Hemisphere? Is there any way of reconciling the Christ Spirit with our own winter time? One possible way of looking at it, is that since Golgotha and Easter, the Christ Being has united himself fully with the very life of the earth, has ensouled the earth and all its people with his own being and that He accompanies the destiny of the earth and each one of us in all time to come. He accompanies the soul life of the earth in all its cycles in time, large and small. Beginning in spring and on into summer, the earth itself breathes

out in burgeoning growth and new life into the far Heavens. We give ourselves up to sun, sea and manifold outer sense experiences.

Come autumn, this out breath turns and the earth starts to breathe in again, reaching the fullest point at Mid-Winter. Now the earth is very much within itself, quietly contained. The outer world of nature is diminished and the seeds of summer lie waiting, repositories of all the sun and warmth of summer.

Here in Hawke's Bay, where the pause seems comparatively brief (with freesias sprouting, etc) Mid-Winter is typified by a day when the sky is a close, thick, pearly blanket, through which the sun weakly and dimly shines. One feels encapsulated in a cold, still, quiet world.

In Europe this would be a day when the snow thickly blankets everything and all is silent. When the surrounding world is like this, perhaps we can feel ourselves in our innermost being, more acutely, more actively than was possible in our 'out and about' days. On these quiet winter days, perhaps inside by the fire, quietly reading, reflecting is it not easier to feel one's own sense of self and perhaps contemplate, take stock and review? We come nearer to our essential being, and our own sense of the Spirit. Through being closer to our own Spirit life. our own inner light, do we not consciously or unconsciously draw nearer to the light of the world, the spirit of future evolving humanity?

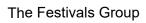
Perhaps too, this holds good for the soul life of the earth itself at this time. That, although quiet on the outside, it is more awake to itself, most earthly and self-contained. Has Christ accompanied this deep in breath of the earth; is his Being active within the very heart of the earth at this time?

Of course, we have to remember, the exact opposite process of out breathing is going on in the Northern Summer. For the children of the Lower and Middle school, the light in their lantern symbolises this Spirit spark within them that can grow and strengthen throughout life and overcome darkness of soul night; hate, fear, hopelessness, prejudice etc. As students of Class 7 physics know in their light studies, the smallest light is enough to dispel otherwise total darkness.

For the High School, by consciously placing tea lights on to parts of a large world map, they are pinpointing a place where people are experiencing dark times and need our thoughts and prayers, or else it might be also acknowledging where light is shining and draw attention to it. Be it literal or figurative, the light that each of us carries within us can be acknowledged and encouraged to shine out.

The Little Lantern song used sometimes in the younger classes procession might, therefore, point to a deep truth.

When days are darkest The Earth enshrines. The seeds of Summer's birth The Spirit of Man is a light that shines Deep in the darkness of Earth.







## Lower School Mid-Winter Festival Thursday 25 June 2020 Mid-Winter Festival Evening

Dear Whanau

Due to a number of factors - primarily the weather forecast and dampness of the earth, it has been decided to hold the Mid-Winter Festival inside this year.

#### Class 1-6 Evening Festival

- 6:00pm Parents drop students off at their classrooms and make their way to the gym . No children to be outside playing all students are to go directly to their classrooms
- 6:15pm Classes make their way to the gym.
- Welcome
- Community Song
- Class 1 3 to walk the spiral one by one (more than one walking around spiral at one time though)
- Class 4, 5 and 6 to play and/or sing music while the spiral is walked
- Once spiral is completed a Community song
- Parents wait and sing while students from both the mezzanine floor and spiral leave the gym.
- Teachers take students back to class in silence
- Parents to collect students from classrooms still with the aim to leave in silence.

Cookies will be handed out to the oldest or only children as families leave the festival.

#### **Safety Reminder:**

A reminder that there can be no flames/lit candles in the gym. If you are bringing a lantern to the festival this will need to be blown out before entering the gym. Alternatively pop in a led-light candle.

#### 2020 - A wee word in advance from Sue Hull

Reflecting on last year's Mid-Winter festival I wish to thank the community again for helping to make it a beautiful experience for the children.

Moving from the intimate Kindergarten Festival, to the Lower School Festival of Classes 1-6 is a threshold experience for Class One. It is wonderful for them to feel they are a part of the big school picture and to have the space held by our school community as they walk the spiral.

We wish this year to have the same feeling of reverence and quiet and to be able to give all of the children a moment of stillness after the busy return to school from the quiet of lockdown.

With thanks Sue Hull Class One Teacher



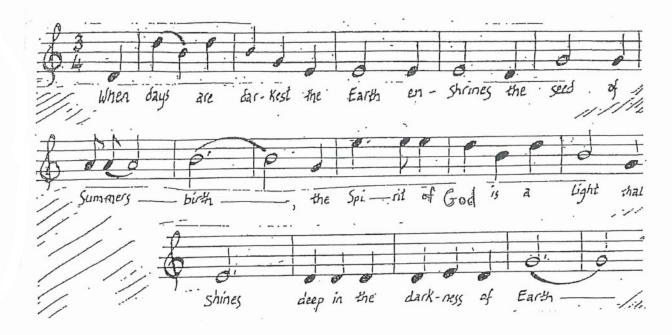
## Mid Winter songs

#### WHEN DAYS ARE DARKEST

When days are darkest the earth enshrines the seed of summer's birth

The spirit of God is a light that shines

Deep in the darkness of earth

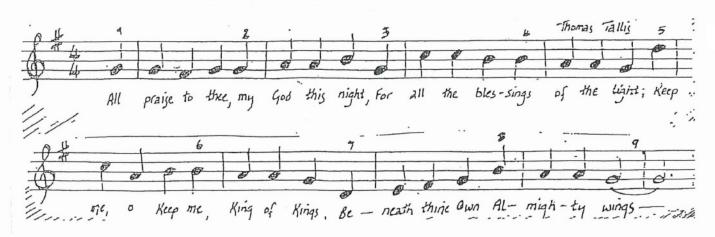


#### ALL PRAISE TO THEE MY GOD

All praise to thee my God this night, for all the blessings of the light

Keep me oh keep me king of kings, beneath thine own almighty

wings





"We need books, time, and silence."

Philip Pullman

## Monday 29 June - Friday 3 July

This time last year the Book Week team were busy planning what became a mammoth celebration of books. With our dress-up parade, story tent, Quidditch tournament, Book Swap, Wardini book fair, silent reading, and the inaugural Stories by Starlight event, the school was lit up with the joy of books and stories.

As we saw last year, books can be a source of curiosity, creativity and community. This year, still inspired by the Icelandic tradition of Jolabokaflod, or Yule Book Flood, we are celebrating another aspect of books – the stillness, wonder and inner peacefulness we experience when we are absorbed in a good book. Book Week 2020 will be a celebration of quiet, warmth, and the slow pleasures of reading.

This quote from an article about slow reading (yes, there is a slow reading movement!) feels particularly fitting at present: "Whatever your slow reading of choice, you'll adore discovering the true pearl: a beautiful piece of writing that deserves every drop of your time. When I find one of these, I realise how subversive slow reading can be: an act of rebellion against the world's constant demand for things of speed." Breathe magazine, Issue 16.

The beautiful Jolabokaflod tradition is about the delight of giving books and chocolate to each other on Christmas Eve and then spending the night curled up reading. We would love to invite you all to join with us in embracing the idea of giving and reading a special book on the eve of the holidays and making this an annual ritual – something to look forward to as we move into the depths of our winter holiday. We imagine our school community in their homes on the eve of the holidays, curling up in PJ's and reading books - how heart-warming!

We look forward to celebrating books with our school community next week, and would like to extend a special thank you to Wardini Books, who have provided some lovely prizes for our Book Week festivities

The Book Week team

PS Can you help us?

Book Week celebrations have inspired us to think about starting a Little Free Library in the school one day soon. Ms Sutton's dream is to have this in an old red telephone box. If by some miracle you can make her telephone box dream come true, please do sing out.

Do you have any big whiteware boxes that you don't want? Kura would love to use these in the library to make some cosy book boats for students for Book Week. Please email kura.rutherford@taikura.school.nz





Te wāhanga tuatoru (Part 3) - continuation of the Matariki story from last week...

Matariki is present for most of the year but disappears from the night sky in early winter. When the stars appear again mid winter, and the new moon has risen, it is the beginning of the Māori New Year. The old stories tell us that when the stars shine brightly, the year will be warm and good for kai. The weather will be kind and there will be plenty of fish and berries to gather, and plants will grow tall and strong.

We can celebrate Matariki in many ways. It is a time for learning about our Atua, our tangible (the land, waterways, natural resources) and intangible tāonga (te reo me ona tikanga, whakapapa, stories and history), and how to protect and practice these in our daily lives. It is a time for hearing stories of the old days and about how people used the stars in the past. It is a time to plant trees and winter crops, to fish and gather kaimoana. It is a time for creating, and a time to make plans for the coming year. It is a time to remember our loved ones passed, and spend time with whānau and friends. It is a time for sharing kai together.

Last week at school as part of our 'College of Teachers' Thursday meeting, I shared with the teachers the importance of acknowledging those who have passed on from the year gone. As told in the story of Matariki in last week's Grapevine, those souls will be collected and will become the myriad of stars. Together we made harakeke stars and after saying a karakia, we shared the name of the person the star was made for, and tied these to the tree outside the library. For the next month this tree will be the 'Tree of Remembrance'. If you want to add your own whetū to the tree in remembrance of someone who has passed on, you are very welcome to do so.

Matariki atua ka eke mai i te rangi e roa, E whāngainga iho ki te mata o te tau e roa e.

Divine Matariki come forth from the far-off heaven, Bestow the first fruits of the year upon us.

Information drawn and/or directly quoted from the following sources:

Dr Rangi Matamua, Lecture at EIT Hawke's Bay July 2016 <a href="https://www.youtube.com/watch?v=c7eLlgfshFs">https://www.youtube.com/watch?v=c7eLlgfshFs</a> The Eyes of the Ariki - a story 'inspired' by Pou Temara, produced & directed by A Tibble

https://www.youtube.com/watch?time\_continue=71&v=DtyPIZQiERI

Scotty Morrison – Matariki 2018 https://www.youtube.com/watch?v=03ncuLpLC50

http://christchurchcitylibraries.com/Education/MataurangaMaori/MatarikiTeacherResourcePack.pdfhttp://eng.mataurangamaori.tki.org.nz/Support-materials/Te-Reo-Maori/Maori-Myths-Legends-and-Contemporary-Stories/Tawhirimatea#tkibar-matariki-0-link 0https://www.twoa.ac.nz/Pages/Te-lwa-o-Matariki

He pito korero is a space dedicated to celebrating and promoting Te Reo me ona tikanga Māori.



#### Mark Your Calendar

June 29 6:30 pm Working With Winter Ills - Taikura Kindergarten Parents Room 7:00 pm July 1 and 2 Class 12 Play - The Madwoman Of Chaillot July 3 3:00 pm End Of Term Two July 20 BOT - Meeting Room - Main Office 5:00 pm July 22 6:30 pm - 7:30 pm Class 1 Parent Evening July 22 7:30 pm - 9:30 pm Class 8 Parent Evening - EA 8 July 27 6:00 pm - 7:00 pm Class 11 Parent Evening - D-TECH Room 6:00 pm - 7:00 pm Class 10 Parent Evening - Art Room July 29 August 13 9:00 am Class Photos - Further information to come

**TERM 3:** Monday 20 July – Friday 25 September

Friday 21 August - Monday 24 August - Mid Term Break

#### **Expressions Of Interest Requested**

Taikura, Hohepa and I have a set of four octaves of bell chimes which reside in my classroom. Over the years I have either bought or adapted some fifty or so pieces of music for the chimes and often play one or other of these with one or other of my classes in the High School, though I have played with classes as young as Class 3. We play from sheet scores of music but most of us, including me, can't read music. The one prerequisite for playing a bell chime is to be able to count to about four. If you can do that you can join in. As a result, whole classes play music some of which can be fairly complicated when usually fewer than four members of that class can read music.

I would like to start a bell chime group/club/tribe or whatever you want to call it, for all comers, running either after school or in the evening. The purpose would be to have fun and enjoy making music together, though we could decide to play for particular occasions if we wanted to.

- I would like to start either at or near the beginning of Term 3 and would need somewhere between about 9 nine (minimum) and twenty five participants.
- If interested, please email me (<a href="mailto:david.urieli@taikura.school.nz">david.urieli@taikura.school.nz</a>) stating when would suit you best. (Warning making music can be addictive but is usually beneficial rather than harmful to your health).
- Available days and times: Mondays, Tuesday or Fridays shortly after school, or Mondays, Wednesdays, Thursdays or Friday evenings. I would anticipate running for an hour, once a week in my classroom.

I look forward to hearing from you. With best wishes - David Urieli

#### Support The Hastings Women's Refuge

Class 11 are collecting items to support the Hastings Women's refuge. We are donating 'Handbags' filled with essential items for women and shopping bags filled with cleaning products to be used at the 'safe' houses. We would love to have the community's support in gathering these items to donate. These items may include: Handbags, Menstruation Pads, Shampoo/ Conditioner, Toothbrush, Moisturiser, Nail Polish and or Cleaning Products. Please bring your donated items to the office.

Thank you, Morag

## Waiata Mai Every Thursday, From 12:30 — 1:00 p.m

Ngā mihi maioha ki a koutou e te whānau whānui o Taikura!

Waiata mai has started again. This will be every Thursday from 12:30 –1:00 pm in the Library. If you want to learn some of the waiata that your children sing at school, nau mai, haere mai te katoa.....all are welcome!

Ngā mihi mahana ki a koutou ngā kōpara e kō! Nā Troy Gardiner.

#### Careers - Future Focus

As the Careers Department response to Covid 19 and our review, Ms Powell and I have created google forms that will be sent to all Class 10-11 students regarding their Future Focus.

These will be arriving in their gmail boxes this week and will need to be submitted no later than Sunday 28 June. We will also be following up on those who do not submit.

This will enable us to gather some here and now information for initiating conversations in the follow up individual interviews and get the students thinking and taking ownership of their future pathways. We aim to stagger these interviews over the last week of Term 2 and the beginning of Term 3. Once we have done these classes we will look to Class 9 and Trades Academy Applications for 2021.

Lesley Cox - Careers

#### Friday Market

Friday Markets are back! Please come and support Class One this Friday 26 June afterschool, outside Class One or if wet just inside the hall foyer by canteen. Lots of deliciousness to be enjoyed.

## Working With The Winter Ills

#### Monday 29 June 2020 6:30pm Taikura Kindergarten Parent Room

Apologies for the late notice dear whānau, it has been a challenge fitting everything in this term due to the lockdown time. We do feel it is still worth hosting this evening during this darkest mid-winter time and hope to see you at

this valuable sharing if at all possible.



Winter time is here with its shortened days and cold weather.

We warmly invite you to come along and learn from Michelle Vette, Anthroposophical Nurse, some nurturing ways to approach and care for these Winter illnesses.

Michelle will share some great ways to support whānau at home through some of these Winter coughs and colds.

She will also demonstrate how to give chest compresses and go over the "how to" of nutritional baths.

Come and join us over a warming herbal drink.

Kelly Sutton and Danica Hensel-Ondrusova

A reminder to families that if you or your child have cold or flu symptoms you should stay home and call your doctor or healthline on 0800 5453 for advice about getting tested. These symptoms include a cough, a high temperature of at least 38°C, shortness of breath, sore throat, sneezing and runny nose, temporary loss of smell. We have noticed some children are absent with the reason given as perhaps a sore throat or a runny nose, then returning to school the next day. Please ensure you have called your GP or healthline for advice before sending your children back to school or kindergarten. If we all work together to stay healthy and well, and minimise infecting others, we will be better placed to deal with any future outbreaks, should they happen.

#### The Golden Rules for everyone at Alert Level 1

- 1. If you're sick, stay home. Don't go to work or school. Don't socialise.
- 2. If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested.
- 3. Wash your hands. Wash your hands. Wash your hands.
- 4. Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
- 5. If you are told by health authorities to self-isolate you must do so immediately.
- 6. If you're concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.
- 7. Keep track of where you've been and who you've seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this.
- 8. Businesses should help people keep track of their movements by displaying the Ministry of Health QR Code for contact tracing.
- 9. Stay vigilant. There is still a global pandemic going on. People and businesses should be prepared to act fast to step up Alert Levels if we have to.
- 10. People will have had different experiences over the last couple of months. Whatever you're feeling it's okay. Be kind to others. Be kind to yourself.

### Class One Playground

A reminder that the Class One playground is not to be used by families at drop off and pick up time.

The 2020 school directory was distributed to all oldest children in families last week. Please get in touch with suzan.bart@taikura.school.nz if you need further copies for your whānau.

#### **COMMUNITY NOTICES**

#### Hello Students Of Steiner

I was wondering if anyone is interested in a mountain biking group for students 11+. If you're interested, give me notice by phone or come and have a chat (I'm in CL 6KS).

The tracks we will do are of intermediate difficulty, in Hawkes Bay and at multiple locations. When we do a group ride, we will send an email for the day we do it. Please let me know if you're interested.

Thanks, Evan Wiltshire. 8758402.

#### Kindergarten Relief Teachers and Kindergarten Assistants Needed

We are looking for casual relief Kindergarten Teachers and Kindergarten Assistants for our two kindergartens. If you are interested please contact Erika Potter on 878 7363, ext. 807 or <a href="mailto:erika.potter@taikura.school.nz">erika.potter@taikura.school.nz</a>.

#### Holiday Program

#### **Needle Felting Class For Children**

Would you like your child to explore the beautiful art of Needle Felting?

I am doing another Needle Felting class in the holidays and I am wondering if there are more children in the community who would like to learn this beautiful craft.

Please phone Sabine on 8751905 or 0274928444 for more details.

#### Support Local!

#### The following businesses are owned and operated by Taikura parents:

- Harness the energy of the astronomical event of Winter Solstice with a 28 day online experience, guided by Shamanic Life Coaches – Vicki & Gee Reisima. Your investment is \$49.97. Learn more and register at <a href="https://www.theconsciousloveproject.com/courses">www.theconsciousloveproject.com/courses</a>
- Tax Owl Limited My Business is 'Accounting, Tax and Advisory Services, <a href="www.taxowl.co.nz">www.taxowl.co.nz</a> contact number 021 085 10771. Address: 200 Market Street, North, Hastings (Next to Kiwi Bank)'
- Mallow's Driving School AA Licensee driving instructor, helping learner and restricted driver licence holders. Also giving defensive driving courses. For all enquiries phone 0121830862

If you would like to include your business in this list please email Suzan <u>suzan.bart@taikura.school.nz</u>

"Tree of Remembrance"

