

Class 12 Eurythmy

It is a privilege for me to teach Class 12 and every year the educational journey with the students is always rewarding.

At this age the students look deeper into themselves and their place in the world, they refine their strengths and find ways of dealing with their weaknesses. They often experience a sense of inner freedom and inner purpose.

In eurythmy we support this process by offering the students the possibility of working creatively in a group for two terms with the task of producing a final eurythmy performance. The students choose their groupings and the poem they wish to work with. And then the creative process begins for them by bringing their knowledge and skills to fruition, overcoming the individual and the group's struggles in the process.

Here are some of the students' reflections:

"There were many challenges. The most challenging was working within a group and making collaborative decisions."

"There were many things I enjoyed. Above all was the ability to have fun and be creative."

"Most of it made me appreciate eurythmy as an art form, because having the freedom to experiment with patterns and sounds made me realize that eurythmy is beautiful."

"The main thing I learnt was teamwork. Everybody has a unique creativity, their own styles and abilities, but I learnt that there is always a way to sew them together and create an ideal picture."

"Without feeling or emotion, movement to me is pointless. As the poem expressed feelings, my body seems to jump or connect to the poem, which made the movements come with ease. We never forced any movements we expressed them instead."

"We all supported each other and we develop individually and as a group."

"I think we all improved our creative thinking and leadership skills."

"I wanted my movements to flow with the words of the poem. I learned to emphasise the sounds, not just with my arms but with my whole body."

"Eurythmy is a beautiful art form that incorporates the whole body as well as the mind. I felt I understood eurythmy better, I felt more connected to the art than I had in previous years."

Nives Frigerio
Eurythmy Teacher



SCHOOL NOTICES



He pito kōrero!

“Kua rongō kōrero koe...? Did you hear...?”

Have you heard e te whānau, that on 14 August, at Toitōi Hawkes bay Arts and Events Centre, that there is the Ngāti Kahungunu Haka Ngahau...a celebration of Kapa haka, performed by 12 groups from a number of the Kura Kaupapa Māori, the four qualifying teams for ‘Te Matatini’, the National Te Matatini Kapa Haka Festival in Tāmaki Makaurau, Auckland, 2022, and Taikura, the Kahungunu kaumatua group.

This is a fundraiser, so entry is by koha – monetary donation of your choice to support this kaupapa. This starts at 12 pm - 7.45 pm. Nau mai, haere mai te katoa...all are welcome!

Kīwaha o te wiki – phrase of the week

Whakamīharo ana! (far ca me har dor ar nah)
Superb, awesome!

Hine: Have you seen the designs for the new whare at Taikura?

Ruia: Āe rā, whakamīharo ana!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori.

Waiata Mai Every Thursday, From 12:30 – 1:00 p.m

Ngā mihi maioha ki a koutou e te whānau whānui o Taikura!

Waiata mai has started again. This will be every Thursday from 12:30 –1:00 pm in the Library. If you want to learn some of the waiata that your children sing at school, nau mai, haere mai te katoa.....all are welcome!

Ngā mihi mahana ki a koutou ngā kōpara e kō!
Nā Troy Gardiner

Matthew Bristow

Our dear canteen operator Matthew passed away peacefully surrounded by his family on Monday night. Our loving thoughts are with his whānau at this sad and difficult time.

*Spirits ever watchful, Guardians of your souls,
May your pinions carry
Our souls' petitioning love
To the human beings in the Spheres committed to your care;
That, united with your power,
Our prayer may radiate with help
To the souls whom our love is seeking*



SCHOOL NOTICES



Imbolc

Last Sunday, August the 1st it was the festival day of Imbolc which marks the midway point between the winter solstice and spring equinox.

This time of year has been celebrated for centuries in many ways in many places. In the Northern hemisphere it is often merged with the Christian festival of Candlemas, marking forty days after the birth of Christ. It is a holiday of purification, with the candles representing the purifying nature of light, both spiritually and physically. It is also the ritual end to the Christmas season, and often Christmas greenery are burned on this day, and holiday decorations are put away.

But even before the creation of the Christian liturgical year, in agrarian societies, people were greatly attuned to the turning of the seasons, and celebrated the summer and winter solstices: the longest and shortest days of the year; the equinoxes, the days halfway between the solstices which mark the beginning of the spring and fall seasons. They also celebrated the cross-quarter days between the equinox and the solstice. Candlemas and Imbolc are such days.

Imbolc is a time of year when the lengthening of daylight hours becomes noticeable. The day is celebrated because it means that winter will soon be over, and spring will come. The time of darkness and fallow earth will soon end, and new light and life-sustaining growth will come.

During a time when one's diet and income relied on what could be grown locally, the end of winter was more than a time of cabin fever and seasonal depression—it could also be a time of hunger and poverty.

When the early church created its liturgical calendars and feast days, they mapped them onto existing Roman pagan holidays, which corresponded with the solar calendar. February 2nd was celebrated as the feast day of Juno Februata, the virgin mother of the god Mars. In the Christian liturgical year, this feast day became Candlemas, and celebrated the Purification of the virgin mother of the Christian God, Jesus, and the presentation of Christ in the temple.

Meanwhile, in Celtic lands, the winter cross-quarter day was celebrated as Imbolc, a feast honoring Brigid who, in Celtic tradition, is a goddess of the Dawn, of healing, of fertility. The feast day in her honor marks the beginning of the lambing season, a sign of the earth coming back to life after the fallow time of winter. As Celtic Christianity developed, Imbolc became Candlemas, and Brigid became a saint, and the celebrations merged. It is known as a celebration of hearth and home, of the coming warmth, of fertility and purification and new life.

People lit candles or bonfires as a sign of the warmth of the sun to come. They made "Brigid's crosses" from rushes, and dolls of Brigid were carried from house to house to bring her blessings. People also made pilgrimages to holy wells and brought back water to bless the home.

Kelly Sutton
Deputy Principal



SCHOOL NOTICES

Taikura

Winter - Warmer

Dear Whānau

Come and warm the cockles of your hearts....



On Wednesday 11 August families are invited to return to school at 6:00 pm. Here you will be greeted by music, fire, fairy and lantern light.

Lower school children will bring their lanterns home on Wednesday afternoon - we encourage the younger students to return with lit lanterns to enjoy the grounds under the night sky. Listen to live music, wander through Scannell's with your child's lantern lighting the way.

Share a meal with friends. Come and purchase a hot stuffed potato, sausage sizzle, a delicious toasty or soup. Finish off with a hot chocolate or a sweet treat. Kai will be a range of prices to ensure affordability for all.

The evening concludes with a show in the gymnasium

The Valiant Little Tailor!

An important reminder: No lit lanterns or shoes in the gymnasium. Bring a cushion for your comfort.

This is a family evening and children must be accompanied by their parents. Teachers will not be supervising or responsible for any tamariki. No buildings will be open - other than the gym bathrooms and for the evening performance.

We encourage you to bring your family along and enjoy an evening of community, whānau. And firelight.



Kai Menu

- Sausage Sizzle - \$2.00
- OMG super fantastic toasties \$10.00
- Soup Various flavours of deliciousness - including a vegan
- BYO Mug - \$2.00
- Baked Potatoes from the Potato Truck \$10.00
- Hot Chocolate
- Slices ranging from \$1.00 - upwards

SCHOOL NOTICES

Anxiety - Part One

Sensations of anxiety can come from any one or more of a multitude of experiences: a bad night's sleep, the wrong food, a dramatic event, multiple events that were uncomfortable, experiences in the womb and even epigenetic (ancestor) anxiety can be passed to us from possibly up to seven generations prior to our birth - that's 128 people's lives! The good news is that anxiety can be moderated. For babies and small children with their developing brains, another person is needed to support the process.

Hint One for Supporting a Person with Anxiety: Boring Cuddles

These are when we simply hold someone in an embrace, or sit with them just touching, and say and do nothing other than calm ourselves. Our calm state is transferred to the other person and they then feel safe enough to go on with their day. They moderate and begin to learn to self-regulate simply by being in our calming presence. We wait until they pull away from us. With anxiety we are not dealing with the mind or words, so at the time of the anxious experience, language is unhelpful. Silence is golden.

Nga mihi naa,

Karyn Wills
Literacy Support & Lower School SENCO

Hastings And Taradale Playgroup

All interested families welcome

We have spaces available in our Playgroups in Taradale (Mondays) and Hastings (Wednesday).

Playgroup runs from 9:00 am - 12:00 noon and you are free to come and go around the needs of your children.

Come and join us for the morning; meet other parents and let your little ones (up to three years) enjoy some quality free play. During this time, we will sing some songs, have a story and share morning tea together. We value an environment where there is a gentle rhythm; nurturing not only the children but also the family and whānau. Together, we support the morning and experience a gentle introduction to Rudolf Steiner Education.

For more information, please contact Erika Potter on 878 7363, extn 807 or erika.potter@taikura.school.nz.



School App

If you have not already done so, please download our SchoolApp into your smart phone. You will find school contacts, newsletters, a link to our website, term dates, absentee notifications and our calendar which is filled with upcoming events, meetings, camps and trips. Subscribe to class alert groups and you will receive notifications such as class camp school arrival times and meeting reminders straight to your phone. So much useful information!

1. Go to the **App Store** or **Google Play Store** on your mobile device
2. Search **SchoolAppsNZ**
3. Download the **App**
4. Open the **App**
5. When it asks to send notifications – click allow.
6. When it asks to search your **School** – type your **School Name** in the search bar
7. Lastly, subscribe to the Alert Groups you would like to receive alerts for.

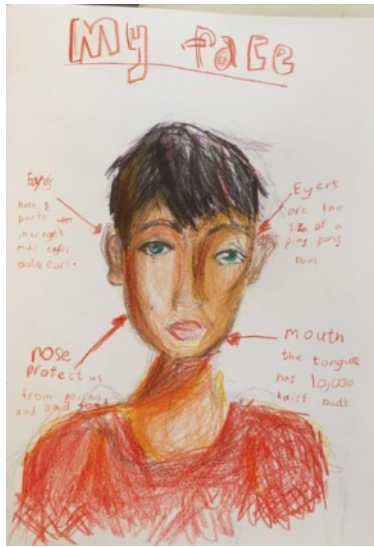


SCHOOL NOTICES

Curriculum Corner

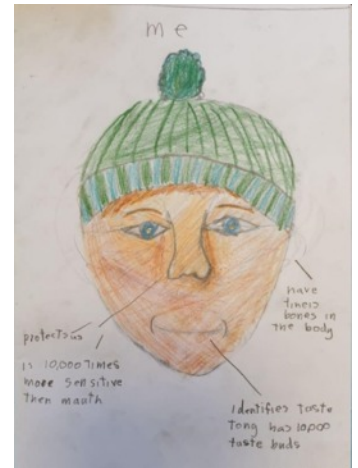
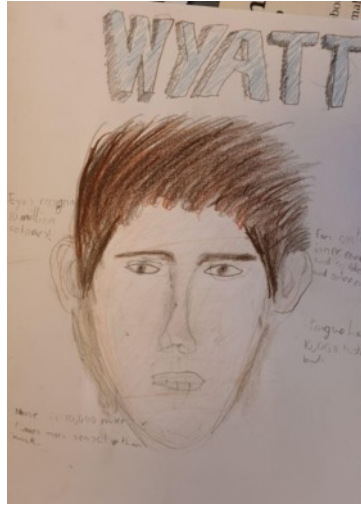
Class 4 has started the term with the Human and Animal Main Lesson. We have been looking at what makes us special as humans and studying what happens within our bodies that we take so much for granted. We have been drawing self portraits and writing poems this week which has encouraged the class to look at and think deeply about their own bodies.

Emilie Rutherford-Busck



Tupai Bryant-Toi

Wyatt Hay



Jackson Mitchell

Cook Islands Language Week

To coincide with Cook Islands Language Week -Te epetoma o te reo Māori Kūki 'Āirani, we are celebrating the arrival of lots of new books for our Pasifika Collection in the whare pukapuka.



School Policy Review

This term SchoolDocs is reviewing the policies 'Behaviour Management' and 'Concerns and Complaints'. In order to participate in these reviews we encourage you to visit our SchoolDocs site (User name: *taikurasteiner* Password: *heartwood*). Along the top of the page you will see a tab labelled 'Current Review' where you will find a table with links to the policies currently under review.

- Follow the link
- Read the policy
- Click the red Policy Review button icon at the right-hand top corner of the page. A new screen will appear.
- Select your role (board member, staff member, or parent/caregiver from the drop-down list).
- Enter your name (optional).
- Submit your ratings and comments.

If you don't have internet access our school office staff can provide you with printed copies of the policy and the review form.

Administration/Finance Star Wanted

I'm looking for someone to work alongside me this year for the handover of Taikura Fete's administration and finance. The commitment is for one month per year in November, and it is essential to be available for the whole day on the day of the Fete. Tasks include organising the floats and eftpos, keeping track of food stall and children's activity funds coming in on the day, providing change to stallholders, paying invoices, and banking and distributing the funds raised. Confidentiality, accuracy and reliability are a must in this role. There is minimal involvement with the organising committee as this is more of a 'behind the scenes' position. Ideally I am looking for someone who is able to carry this for the next four or five years, so this may suit someone with children in the Lower School. Please contact me directly if you are interested or would like to know more.

Suzan Bart

suzan.bart@taikura.school.nz or 021 206 5909

SCHOOL NOTICES



Fancy yourself as a future Prime Minister of New Zealand?
The first election Jacinda Ardern won was as the Student Representative on her school board.

Now's your chance to follow in her footsteps! We're holding Student Representative elections in September.

For more information, go to www.trustee-election.co.nz.

Giving Students An Equal Voice - 2021 Student Representative Elections

Prime Minister Jacinda Ardern's foray into politics began with a belief that girls should be able to wear pants. "I ran for the school Board of Trustees because I thought girls should be able to wear pants as their school uniform".

And now, students across New Zealand have the opportunity to follow in her footsteps by standing for election and voting in the September Student Representative elections.

Standing for election or voting for their student representative is often the first real experience young people have of participating in a democratic process.

Student representatives have equal standing, voice, accountabilities and voting rights on the board. There is real value in being able to share their knowledge around the board table and they bring different points of view and experiences, which influences better outcomes for the whole school community.

The idea of being a young person on a school board might seem daunting, but student representatives get plenty of help and support to learn about and fulfil their role. The New Zealand School Trustees Association (NZSTA) provides training and learning opportunities, guidance and resources.

As well as having a voice on how their school is governed, being a student representative provides valuable, real-world knowledge and experience for students.

Taikura's Student Election will take place on 22 September, nomination forms will be distributed to all students in the High School.

Suzan Bart
Returning Officer

Lost Property

Wardrobes looking empty? Clothes magically vanished? It could be that they are 'hanging out' in our lost property. Please come and visit the gym foyer to locate them ASAP. Unclaimed items will be given to charity in three weeks time as we are unable to continue storing this volume of clothing. There are also a number of watches that have not been claimed in the office.

The lost property team



SCHOOL NOTICES

Success and Excellence Survey Update

In May we sent out a survey monkey questionnaire to the community and faculty. Below is a word cloud of the key points from the feedback we received, from this feedback we intend to craft a statement on Success and Excellence, we thank all who took the time to contribute to the mahi.

Implementing Taikura's Strategic Plan is one of the areas of work for the Board of Trustees, Proprietors Trust and Management. The current Strategic Plan was drafted through extensive engagement with the school community and guides the school and its community on priority areas of work over a five year period. It can be found here <https://taikura.school.nz/about-us/> or at the school office.

One of the targets under the Strategic Plan is: *A 'success and excellence' statement is articulated for Taikura, belonging to School, Kindergarten and Community.* One of the actions under this target is: *Provide opportunities for staff and community to co-construct a shared picture of what success and excellence mean within the context of a Steiner/Waldorf pedagogy.*

Community:

sense individual healthy willing kind happy
confident well rounded able knowledge

Faculty:

work able best happy self skills confident learning
confidence ability Well rounded

Warm regards
Aimee Hawke
Proprietors Trust

Mark Your Calendar

August 4	6:00 pm - 7:30 pm
August 4	8:30 pm - 3:00 pm
August 5	6:30 pm - 7:30 pm
August 11	6:00 pm - 8:00 pm
August 12	ALL DAY
August 13	7:00 pm - 9:00 pm
August 16	6:30 pm - 8:30 pm
August 18	6:30 pm - 8:30 pm
August 27-30	ALL DAY

Class 10 Parent Evening TH 3.2 Art Room
Class 8 Biosphere Bike Trip
Class 11 Parent Evening TH 2.4 Digital Tech Room
Winter Warmer - Community Mid Winter Celebration
Teacher Only Day - School Only
Class 7TM Paly - Hall
BOT Meeting - School Hall
Kindergarten Parent Evening: Taikura Whānau Rm <i>Children Attending School 2022</i>
Mid Term Break

COMMUNITY NOTICES

Biodynamics Update

The Hawkes Bay Biodynamic group will be gathering from 1:00 - 4:00 pm on Sunday 15 August at Andrew Seager's Biodynamic Farm: 1776 State Highway 2, Te Hauke 4178. Coming from Hastings, it is right in between Burma Road and Wharemoana Road on your right with tall trees. Andrew has been Demeter certified (Biodynamic Certification) for over 21 years, growing fruits and veggies, supplying local shops as well as Commonsense Organics in Wellington and Ceres Organic in Auckland. At the gathering Andrew will give a talk on his experience of Demeter Certification, we will do a bit of pruning and make/apply a Biodynamic tree paste (508 preparation) as well as have a look at Biodynamic composts / liquid fertilizer. To finish we will have a shared afternoon tea around warm discussions, do not hesitate to ask questions or to bring instruments, arts and all sorts. If possible, please bring paint brushes to apply the tree paste, food for afternoon tea, chairs and mugs.



Anyone, no matter their experience, is and will always be welcome. Adults, children, or the whole family can embrace and partake in the gathering. If you have any queries or if you want our group to come up to your property/land for any project involving Biodynamics, please contact me directly.

Florian Roger
Hawke's Bay Biodynamic Group Facilitator
roger3009@hotmail.fr

02041857512

Communication For Connection

Hastings: Saturday 4 and Sunday 5 September

Empowering support for Parents & Couples

Providing empowering life skills with communicating and relating in the ways we want to! This workshop is valuable support for all your relationships: as parents, partners, community members... and especially the most important relationship - the one we have with ourselves. *There is no greater investment than investing in what nourishes and empowers your life.* You will receive new awareness, and skill to communicate more confidently and effectively, deepen connections and foster cooperation. Discover new ways to keep your cup filled, reduce reactivity and live with more harmony.

Filipa has been providing this workshop for parents and educators for more than a decade. *Value for your investment is backed up with a money back guarantee!* If you would like to hear feedback from someone at Taikura who has completed this course, let me know. Based on the world renowned principles of Nonviolent Communication. Facilitated by Filipa Hope (past Taikura parent). Numbers limited to 13. Time: 9:00 am - 4:30 pm both days. Investment: \$250.00 (includes morning and afternoon tea)

Registrations to Filipa: filipahope@gmail.com phone 0274.513.445

Sleep Out For Rent In Hastings

A one person studio in Mahora, by Cornwall Park, furnished and independent, with cooking facilities, bathroom and deck with garden space. Newly restored. \$250 plus expenses. Contact Aurelia 0226749450

Fete Committee Activity

The Fete Committee are looking for a children's activity to replace the Gyroscope at this year's Fete. We are wondering if there is a member of the community that has something fun that could replace this (either equipment or an idea). Past examples have been pony and train rides for instance. If you do, we'd love to hear it! Please contact either Trudi Collins (trudiyoga@gmail.com) or Lynda Warren (lynda32@yahoo.com).

COMMUNITY NOTICES

Sika

A highly regarded performer nationally who has been hosted by many a Waldorf School internationally. It is exciting to have Sika and his unrepeatable 'Shamanic Sound Journey' here on Tuesday 17 August.

Sika's last NZ Tour in June 2021 SOLD OUT!

Let us come together and welcome him into the TRSS community and Hawkes Bay for the first time. This powerful evening event is ideal for all the family, it comes highly recommended and children are FREE. Tickets are already selling from Eventfinda. Any questions to Rachel Pearson please.

Sika

SHAMANIC SOUND JOURNEY

DIDGERIDOO • FLUTE • DRUM • TAONGA PUORO



Taikura Rudolf Steiner School
Nelson Street North
Hastings
Hawkes Bay

Tuesday 17 Aug
7.00pm - 9.00pm

"Mesmerising. Earthy yet otherworldly"

A life changing experience for the whole family. Sika is a New Zealand based sound artist dedicated to creating music that enhances our spiritual and human relationship with nature.

Giving voice to wood, skin, bone, stone & shell Sika records live loops & works with the elemental sounds of water, fire, trees, animals and wind to create powerful soundscapes. Most people lie down so bring a yoga mat, cushion, blankets etc.

Samples & Tickets online now:
sikamusic.com



FB: [spiritsika](https://www.facebook.com/spiritsika)
sikamusicinfo@gmail.com

Children FREE (bring comfy stuff to lie on)
\$40 online tickets in advance
\$70 family discount
\$45 cash on the door - if there is still space