Taikura Rudolf Steiner School



Capev Cower School Cross Country

On the last Thursday before the holidays, the sun decided to show its face and a window of opportunity emerged for the Lower School Cross Country to take place. There was lots of excitement and enthusiasm as many children were eager to show off their fast feet. Many did just that and it was lovely to see the younger children really giving it a go and giving it their best. The cheering crowds from Classes 1 to 3 came out to add their support, high fiving and encouraging the other children on.

It was great that we were able to hold this event as it has always been part of the Term 3 calendar. The cross country can benefit our tamariki in a lot of different ways. For some their motivation is about winning and coming in with a good placing, for others it's about just doing their best, and it's about perseverance and not giving up. I love the event for exactly that, seeing our children, in all their different shapes and sizes, giving it a go and having fun; especially for those for whom it's a culmination of training of some sort. Whether it was runs around the school in the morning or exercise out of school, the cross country marks a bringing together of all that work in a fun celebration of our mahi, our tinana and our whanaungatanga.



SCHOOL NOTICES



Ngā taonga o Taikura



This beautiful taonga was hanging in our school foyer, however it now resides in the bottom floor of Taikura House. For many who visit and work in Taikura House, it is a taonga that lives into this space, greeting them every day.

This taonga is called 'Māui-tikitiki-a-Taranga' and was created by a past student from the Māori visual arts course – Toihoukura, in Tūranganui-a-Kiwa (Gisborne). Unfortunately, the ringatoi (artist) is unknown at this point, however it was one of the first pieces of toi Māori (Māori art) that the school chose to acquire to begin to enliven the school environment with te ao Māori!

Kīwaha o te wiki – phrase of the week

E aha ana te aha! (Ee ar ha ar nah teh ar har) What's going on, what's what, what was what.

Huia: E aha ana te aha e Tama?

Tama: Kei te pērā tonu – same old, e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori.



Bringing Light To Our School Grounds

On a beautiful and clear morning during the holidays, a small group of us came together by the cob ovens at school to stir our Spring application of the Biodynamic Horn Silica Preparation-501. We stirred this together for an hour under the morning stars surrounded with rising early morning bird song as the birds awakened. As we finished our stir at sunrise we separated and each went off to mist spray the 501 out over our entire school grounds, the Kindergartens, and the Anthroposophical Centre too.

I like to think of this Spring 501 application as a gesture towards the reconnecting of Papatūānuku with Ranginui, and as an encouraging gesture for our beneficial Elemental Beings.

In the Agriculture Course which Rudolf Steiner gave to the farmers, he shared that silica reflects the workings of the outer planets - Saturn, Jupiter and Mars which support the Sun.

The action of Preparation 501 is a light process and works through the plant leaves increasing photosynthesis benefitting plant growth, flower development and fruit & seed formation. Prep 501 strengthens the plant, and our Earth - Papatūānuku, and our Heavens/Cosmos - Ranginui are united by the plants.

Jen Speedy - Gardener

Donation Forms

Reminder that donation forms are due back in week four. Donation forms were posted out last term and an email was sent out during the holidays. Should you need another donation form, please call into the office to collect one.

COMMUNITY NOTICES

Organic Free Range Eggs

"Marley's farm is proud to introduce our range of organic, free range eggs.

Our girls have complete freedom to wander through our organic lime orchard and are fed a mixture of certified organic feed and organic greens from our market garden.

\$9 per dozen - some so large we struggle to close the box! Free delivery around Hastings/Napier once a week.

To order please contact: Aleya 020 41915374 or Eli 020 4079 9242

Awesome Taruna House Cleaner Wanted

Hours per week: 8

- Taruna College is the home of holistic adult education, in Havelock North
- We are looking for a meticulous house cleaner, who pays attention to details.
- This position is during school hours approximately 4 to 8 hours per week.
- Please email or phone your interest, to Charmaine info@taruna.ac.nz 877 7174

Taikura And Kereru Kindergartens Are Looking For Casual Relief Staff

Registered Kaiako And Kindergarten Assistants

We are looking for enthusiastic people to come and support us in our kindergartens. If you are an experienced kaiako or someone interested in Steiner pedagogy in the kindergarten setting this might be an opportunity for you! Casual hours between 8:30 am - 2:45 pm (might be shorter), term time only.

We are looking for both qualified registered Kaiako as well as Kindergarten Assistant support.

f you are interested, please contact Danica Hensel Ondrusova at <u>danica.henselondrusova@taikura.school.nz</u>.

Individual Art Therapy For Adults, Teenagers And Children

And family sessions supporting the grieving process.

Accessing your creativity, art therapy is an effective way to address and overcome grief, depression, anxiety, life crises and trauma and to discover a new relationship to one's biography. No previous experience in or aptitude for art necessary. For more information contact: Eva Steinmetz-Urieli <<u>evaurieli@gmail.com</u>> 06 878 6028 or 021 0277 1201

After School Art Classes For Children

Thursdays 3:00 - 4:10 pm. Explore new art techniques , look at interesting images, listen to a story. \$19.00 per session, commitment for a term. At the Steiner Centre 500 Nelson Street. Hastings. Contact Eva Steinemtz-Urieli < evaurieli@gmail.com> 878 6028 or text 021 0277 1201

Inner And Outer Landscapes Of Your Life - A Life Story Painting Class

This workshop is based on the seven year life phases as outlined in Anthroposophy. By means of simple wet on wet paintings, done each session, we will be travelling through your biography in six big steps. Beginners in art welcome. Tuesdays 7:00 pm - 9:00 pm starting Tuesday 2 November and ending Tuesday 7 December. At the Steiner Center Hastings 500 Nelson Street North. \$140.00 all art materials included.

Contact Eva Stinmetz-Urieli to enroll on 021 0277 1201 or email <u>evaurieli@gmail.com</u>

Mark Your Calendar

October 22 and 25 All Day Hawkes Bay Anniversary and Labour Day November 23 All Day Teacher Only Day - School Only