Taikura Rudolf Steiner School





Whare Building Progress







He pito kõrero!

Kīwaha o te wiki - kīwaha of the week

He momo (here mor mor)

True to form, a family trait, inherited quality, hereditary trait – this idiom highlights a person's character and inherited qualities or those of their ancestors. It can be applied to both good and bad traits.

Hina: Kia ora e te whanaunga! I've just made raw fish using our nan's recipe!

Do you wanna taste?

Mata: He momo e Hina...just like nan's!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori.



Waiata Mai Is Back

Thursdays -12:30-1:00 pm, in the Library!

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Waiata mai will start again as of today! So, every Thursday in our Whare pukapuka – The library. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!

Nā Troy Gardiner.

| Upcoming Events | | |
|-----------------|-------------------|-----------------------------------|
| May 18 | 7:00 pm - 8:30 pm | Class 11 Parent Evening |
| May 23 | 5:00 pm - 8:00 pm | School Board Meeting - Board Room |
| May 24 | 7:00 pm - 8:30 pm | Class 9 Parent Evening |
| June 1 | 6:30 pm - 8:30 pm | Class 6 Parent Evening |
| June 6 | All Day | Queen's Birthday |

Curriculum Corner

Class Three have taken on caring for a vegetable garden beside our classroom. We first enjoyed weeding, clearing out what was left over from last seasons crops and digging in some compost.

We have since planted seeds and continued the weeding, we have also needed to clear the autumn leaves from the garden and to water the emerging plants. Our broad beans have come through and now we are waiting for carrots and beetroot to emerge from the soil.











Taikura's Canteen Is Open Again!

Nau Mai - Welcome

We'll try our best to provide the tamariki and staff with a variety of nourishing food, suitable for a day of learning and exploring. Please bear with us and give it a try - even though it might not be the "classic Kiwi canteen food". Everything we'll serve has been approved by our four kids, some dishes have been favorites for years. So we are confident your kid(s) will like it as well. We'll start with basic dishes and will add on treats over time.

Some details:

- We'll be open for Morning Tea and Lunch every Monday, Wednesday and Friday
- There will be every day standards and daily changing dishes.

Our Every Day Standards:

Morning Tea:

- Porridge sproutling style (with cinnamon, ginger, apple and carrots vegan, lactose free)
- Yoghurt with fruit (organic Greek yoghurt with cooked fruit mostly berries)
- Butterbrot (buttered German rye bread)
- **Vutterbrot** (vegan version of the Butterbrot)
- Egg hard boiled (just peel off and enjoy)
- Fruit basket Full of fresh organic fruits

Lunch:

- Fancy Butterbrot / Smørrebrød (Germany rye bread with different toppings, e.g. Italian style with pesto and smoked mozzarella)
- Butterbrot (buttered German rye bread)
- Vutterbrot (vegan version of the Butterbrot)
- Fruit basket full of fresh organic fruits

Our Daily Changing Dishes:

Morning Tea:

Pudding of the Day - like Chia Pudding, Rice Pudding, Semolina Pudding, Millet Pudding - all with fruit

Lunch:

- Warm Dish of the Day anything nourishing and yum, like soups, pasta,... and on Fridays: Nachos
- "Salad" of the day like Quinoa Salad, Pasta Salad, Rice Salad,...

These **changing Dishes** will be published every **Friday** for the following week via our newsletter, on the <u>website</u> and here on Instagram.

Pre-Order / Pre-Pay

To make it most efficient for everyone we have created this option - you can choose the meal options for your
child in advance, pay for it, and the children will get their pre-ordered food delivered to their eating areas when
the bell rings - so there will be no wasting of precious play time while standing in line for food.

We have created an order form to preorder (www.sproutling.nz)

- Preorders can be placed as soon as the menu is published on Friday and need to be in by Monday morning 8am.
 After submitting the form you'll receive two e-mails: a detailed summary of what you ordered for which day and an invoice with different payment options. Payments also need to be in before the day of the order by 8am, otherwise we have to cancel the order to secure a smooth process for everybody.
- And of course there will always be the option to buy food at the beloved canteen window. If you choose to do
 this, please give your child enough money in the morning as we won't be able to give any credit.

Thank you so much to all those that have already ordered this week! It's been great fun to prepare the food for the tamariki and staff!



Class 8GR will be hosting a pink shirt day on Friday 20 May to prevent bullying by promoting inclusiveness and kindness. We will stand together to help restore humanity world wide. If you would like to support anti bullying and equality wear a pink shirt, bring a gold coin donation and this will be collected at the gate, this will go towards the mental health foundation to support students.

Indiana 8GR

Celebrated annually around the globe, Pink Shirt Day began in Canada in 2007 when two students took a stand against homophobic bullying, after a peer was bullied for wearing a pink shirt. In Aotearoa, Pink Shirt Day works to create schools, workplaces, communities and whānau where everyone feels safe, valued and respected.

The Pink Shirt Day kaupapa is underpinned by three key E Tū Whānau values – aroha, kōrero awhi and mana manaaki. Aroha – is about giving unconditionally. Aroha can make your relationships with whānau, friends and communities stronger by letting them know daily, through kōrero or actions, that they are loved and / or appreciated. Expressing the values of aroha and kindness can have a positive effect on you, and everyone around you. Kōrero Awhi – is about being able to communicate to others clearly, positively and with aroha. Kōrero awhi helps friends, rangatahi, kaiako/teachers and whānau relate to and feel connected with each other. Mana Manaaki – Māori understandings of mana manaaki include many things – with Pink Shirt Day, it means building up other people's mana. Uplifting their mana helps them feel good! By applying mana manaaki, you'll be contributing to a positive school environment where everyone can feel valued and respected.

Sparklers has created this handy fact sheet for parents/caregivers to navigate any questions tamariki may have about Pink Shirt Day, information on what to do about bullying.

Pink Shirt Day is led by the Mental Health Foundation with support from InsideOUT, the Peace Foundation, New Zealand Post Primary Teachers' Association (PPTA), Te Kaha O Te Rangatahi Trust, the Human Rights Commission the Cook Islands Development Agency of New Zealand (CIDANZ), and Bullying-Free NZ Week.

Careers Information

Students and Whanau are invited to join the University of Auckland Engineering department and Massey University online for virtual information evenings in May. These evenings will introduce the university experience and will provide information on degree programmes, entry requirements, study support, and scholarships. Registrations essential.

University of Auckland Engineering Virtual Information Evenings May 17-19 at 6:00 -7:00 pm

- May 17 Engineering 101
- May 18 Engineering Student Life
- May 19 Engineering Spcialisations and Careers

Please register at: https://bit.ly/uoa-eie2022

Massey University Virtual Information Evening Thursday 19 May at 6:00 pm

Please register at: https://www.massey.ac.nz/about/events/future-students-undergraduate-information-evening/

For more information please contact Paula in the careers office paula.rose@taikura.school.nz

Mountain Biking

EOTC events are serious business at Taikura. There is serious planning, serious conversations, serious compliance and some serious upskilling which for Miss Mack and Gee meant some serious fun!

In the holidays we went and explored some of the tracks that we would be using for the upcoming Class 9 Mountain Biking camp. We do this for numerous reasons, to get familiar with the ever changing terrain, look at the track closures and to discuss what would be best for this class as no camp is ever the same.

What I discovered:

Logging trucks go extremely fast through this forest, and the warning signs must be obeyed.

The dipper is clearly the favorite ride so far. With (for me) the roadside challenge a close second (although I didn't manage to get Miss Mack on that track!......Yet!)

Autumn is an epic time to be riding the trails.

Riding is better with someone else.

Whenever a camp is coming up it is vital that students train for the event, for the mountain biking camp this training allows the students to be out in the park for longer, riding different trails without having sore leg muscles or a sore pelvic bone which can get really uncomfortable on day three if they are not used to sitting on a bike seat for a long period of time!

This was Miss Macks first time Mountain Biking and she thoroughly enjoyed herself; she felt safe and thoroughly tested her comfort and ability on the tracks.

We are looking forward to going back to Rotorua to do a circumnavigation of the entire park and to do the roadside challenge which is definitely a must. So hopefully we might bump into this year's Class 9 or previous students who are out riding.





Gee EOTC Coordinator

Community Notices

Eurythmy Courses

Thursday 12 May 2022 two courses of eurythmy will begin.
All are welcome, the nature of eurythmy is that the movement is accessible to all, neither age nor mobility hinder engagement. This is an opportunity to explore movement in a way that refreshes and gives vitality.



Thursday 12 May 9:15 - 10:15 am And Thursday 12 May 7:00 - 8:00 pm

Steiner Centre corner Nelson Street and Whitehead Road

Both courses will run for 8 weeks Cost \$115

Please contact Sue Simpson sue.simpson0@gmail.com

Your Own Yoga

Gentle Hatha Yoga and Sound, with Linda

A nourishing practice, gentle on the body, accompanied by the sound of the Tibetan Singing Bowls. A focus of calm as we turn inwards through our Autumn journey. Suitable for everyone, all welcome!

• Fridays 9:30 am-10:45 am at Your Own Yoga studio, 810 Karamu Road North, Hastings 4122 Bookings: paula@yoyoganz.com or Txt 020 4011 3830 \$18.00 casual, Concessions available.

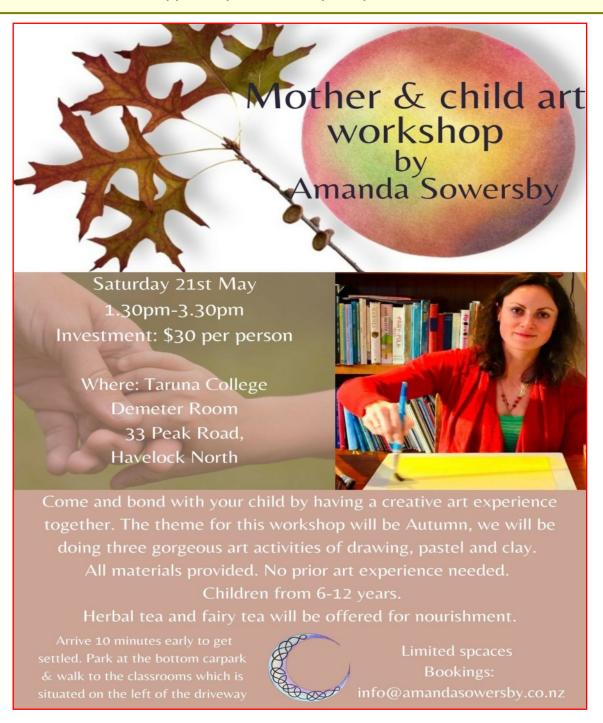
Reader/Writers Required

Are you, or do you know of someone who might be interested in becoming a Reader/Writer for akonga in the High School? We are looking to create a pool of willing assistants that can be called upon to support students during tests and examinations (an hour or two every so often). This position would suit someone who has flexibility in their daily schedule, including grandparents, with the ability to read, and record student responses. Some remuneration is available. Please contact our High School SENCo, Sanne Coulthard, if you can help. 8787363 ext. 841 or sanne.coulthard@taikura.school.nz

Senior Gardener

We are looking for a motivated and adaptable permanent part-time Senior Gardener to work alongside our gardener for 14 to 17 hours per week, depending on the capacity to potentially work with groups of students. Our gardening team is responsible for the general maintenance of the grounds and gardens at Taikura. This position requires previous gardening /landscaping experience, seasonal planting knowledge and an understanding of bio-dynamic practices.

For further information and a copy of the position description, please email suzan.bart@taikura.school.nz



A Space For Art Displays At The Steiner Centre

Do you have a body of artwork which you would like to display and feel connected to the Steiner Centre? There is an exhibition space in our Foyer which can be utilised free of charge. We would love to hear from you. Please contact: Eva Steinmetz-Urieli: evaurieli@gmail.com phone: 0274436737