# **Taikura Rudolf Steiner School**





# Pippa's Pānui

The meaning and purpose of the world Will be fulfilled, if human deeds are done in light of wisdom And with a warm and loving heart.

Rudolf Steiner

The changeability of the seasons is in full force with still days full of glorious sunshine followed swiftly by cold wintery blasts or wild wet and windy squalls which send the autumn leaves scurrying across the playground. This changeability is evident within our school and kindergartens also as we navigate this year. Some days it seems that we can leave the influence of the pandemic behind us and give all our attention to teaching and learning. On other days we are sharply reminded of the impact of the pandemic with the associated cautiousness around planning future activities, anxiety of students, staff, and parents in opening up our connections and interactions with wider groups and a hypersensitivity by many around wellness, which is further challenged with the arrival of seasonal illnesses. As we have experienced over the last few years there are so many aspects related to this pandemic that are unpredictable so our attention is focused on those aspects which we can influence, and which provide nourishment and warmth.

A significant source of nourishment and warmth this term has been the opportunity to reconnect on site with our school and kindergarten parents and whanau. Over the first few weeks of this term we had a stream of whanau attending the Lower School parent teacher interviews and next week our High School parent interviews are due to happen on Wednesday afternoon and evening. These interviews provide an opportunity for parents, teachers, and students (High School students are warmly invited to attend) to share reflections on progress so far this year and to co-construct the next steps. Our kindergartens are looking forward to welcoming parents later this term for their respective parent evenings and festival celebrations and a parent craft group has already returned to the kindergarten whanau room. Over the last couple of years one of the events which has been impacted is our annual introductory evening for the High School. This is an event which Class 6 and 7 parents and students are welcome to attend and during which an overview of the Class 8 year is given along with an introduction to High School staff and teaching spaces. Parents of this year's Class 8, along with new parents to the High School, are very welcome to come along to this evening also, more information will be shared via our Grapevine in the coming weeks.

As it is for our students, reconnecting is also facilitated through sharing and participating in experiences more strongly connected to our Special Character. This week we have had one of two Class 8 play performances and in the final week of this term there will be two evening performances of the Class 12 play. Over the next few weeks we have a number of festivals which we acknowledge and celebrate as part of our annual rhythm, Whitsun, Matariki and Mid Winter. This week parents had the opportunity to explore the theme of Whitsun with preparation suggestions and activities and in the coming weeks there will be invitations in our Grapevine for parents to experience walking the midwinter spiral and a morning Matariki celebration.

As we make our way towards Mid Winter, with the shortening of the days, it is important to continue to find sources of warmth and light and the opportunity to reconnect in person is definitely a strong source for us at Taikura.

Ko ō tātau whakapono nga kaiwehewehe i a tātau. Ko ō tātau moemoeā me ō tātau pākatokato ngā kaiwhakakotahi i a tātau. It is our truths that are the actors of separation. It is our dreams and difficulties that act to unify us.

Te Whrehuia Milroy

# **Rituals And Traditions**

Rituals and traditions are the food which nourishes the soul and sustains us through challenging times. For the adult, revisiting rituals, and traditions personal to their childhood is an anniversary of the heart, a thread which connects siblings and across the generation or a touchstone to a passed loved one.

The following words are taken from Reverse Ritual a wonderful Website which explores the rhythms of the year through the lens of Anthroposophy. Follow the link to the website. <u>Pentecost – Whitsun | Reverse Ritual</u> You will discover podcasts, information and artworks all exploring festival themes. As the festival holder - whether in the classroom, home or community group - by exploring the deeper meaning of the festival this mahi enrichs both your own but also the experience for those around you.

The Festival of Whitsun or Pentecost (50 Days after Easter)

Sunday 5 June Rudolf Steiner calls it: Festival of the Holy Spirit Festival of Flowers Festival of United Soul Endeavor and Spirit Community Festival of the Higher Self and the Universal Human Being Festival of the human unbound from materialism Festival of the purified astral body – the lifting out of one's egotism into universal caring – out of opinion into truth – out of opinion into wisdom

The heart of the human being as it opens to warmth & light is like the flower aligning itself to the Sun. And what pours down from the Sun, giving the flower the potency it needs, is like the tongues of fire descending upon the heads of the disciples. Human hearts, once warmed, can rise up to meet the Sophia, the source of wisdom.

On behalf of the Festival Group

#### Curriculum Corner

Each week we share aspects of our curriculum with you, work from classrooms, activities in the gardens or off site. On Tuesday evening, parents were invited to explore the themes of the Whitsun Festival, its connection to Easter and how this might look in one's home or with children. It was a lovely evening full of discussion, shaping dove bread, crafting for home festival tables and connection - thank you to those who attended.

Next weekend Class Three parents will have the opportunity to attend a workshop on the nine year old change, facilitated by Anthroposophical nurse Michelle Vette and Anthroposophical art therapist Jean McGavock. While both these events do not seem directly curriculum related - they offer opportunities to parents to deepen their understanding of our curriculum and how it works to support their child's unfolding and development.

Our curriculum works best and the children have a rich experience of school, when an alignment in our understanding exists between home and school.

Reminder: Class Three Parents please book in with either your Liaison Parent or Darryn to secure your place for Saturday 10 June: Workshop - The 9 Year Old Change.

Kelly Sutton - Deputy Principal



# He pito kõrero!

#### Sāmoa Language Week 29 May – 4 June

Talofa lava! This link is about words and concepts of Sāmoa, that can deepen our understanding of the culture: <u>https://languagedrops.com/blog/samoan-words-and-phrases</u>

#### Kīwaha o te wiki – kīwaha of the week

Āta koia (art ah coy ah)

Well! You don't say! Really! Indeed! An idiom expressing surprise or amazement.

Hata: Kia ora e mara. Have you seen the new Top Gun: Maverick movie? It's epic! Tāne: Āta koia e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori and this week we are also celebrating Pasifika languages.



# Zero Carbon School Project

Taikura's Zero Carbon School Project (ZCSP) is run by a group of students and teachers. Our goal is to be a carbon neutral school by 2025 and a carbon zero school by 2030. To achieve this, the ZCSP has made an action plan with stategies and steps on how to reduce our carbon emissions. We are also calculating our annual carbon footprint - we are now on our third year of this work.

The ZCSP has also entered a wero for secondary schools set down by the Hawkes Bay Regional Council. The wero is to set up something that will help improve the school's sustainability. We have planned to implement a recycling bin system with clearly labelled and similar bins in each classroom. We want to spread awareness of our undertaking and hope that we can gain new members to help collect bins and help calculate our carbon footprint, and gain support from the wider school community. We will keep you updated on our progress.

Rose Bailey Class 12 student

June 2	7:30 pm - 9:30 pm
June 6	All Day
June 8	7:00 pm - 8:30 pm
June 15	7:00 pm - 8:30 pm
June 22	7:00 pm Start

# **Upcoming Events**

Class 8 Play - "The Scarlet Pimpernel" - School Hall Queen's Birthday H3 Goup - School Library Liaison Parent Evening - Library Parent Community Mid-Winter Spiral - Rudolf Steiner Centre (Corner Nelson Street and Whitehead Road)

# Resilience

Whatever our measure of success is, resilience is a key quality needed for a successful life. This is the second of a series of snippets about resilience: what it is and how it is displayed - or not - within students at school.

Resilience is, at its core, the courage to persevere and to do what needs to be done despite difficulty or delay in success, and despite feeling uncomfortable. It is also about knowing when to stop and accept that we were wrong, and to take that knowing deep into ourselves as wisdom for another day.

Over time, this is something we are seeing fewer and fewer students being able to manage with greater negative impact on mental health as a result. While moral courage, at its core, is about integrity and doing what is right even when others aren't looking - it also encapsulates the ability to accept we have wronged and to gracefully accept the consequences. While we make our choices, or act out of anxiety or trauma as we saw Will Smith recently do, we do not get to choose the consequences that follow. And, properly accepting that we have done something wrong is experienced as physical discomfort as our brains rewire to incorporate this new information. It's humbling and unpleasant, we want it to go away - there's likely a lot of noise, blame and/or aggression. It seems that brushing things off or making excuses is the easy path but really it reduces resilience and makes life harder in the long run. The old: short-term gain for long-term pain, or vice versa. This brings in emotional courage: our ability to accept our feelings are real but temporary.

We might feel embarrassed, ashamed, angry, sad etc at discovering we have done something that has a negative impact or that was objectively wrong - these emotions are real and need to be experienced fully, but they don't last forever. Sitting kindly with our children and firmly 'holding their feet to the fire' takes time and presence to do well. We don't discover flour all over the kitchen and the child and say, "Who did this?" That's an invitation for them to lie. As an alternative we say, "Oh dear, look what you've done. Let's clean it up." They learn that we see they have wronged, we will help them fix the problem and they won't be abandoned for making a mistake. Fundamentally, children do not trust adults they can fool.

And resilience grows from knowing we can all make mistakes, living through the emotional states of mourning as our brains rewire to accept the new reality, and eventually integrating acceptance.

Karyn Wills - Lower School Senco

# Wet Weather

Just a reminder that with this changeable weather also comes changes in temperature. For everyone to stay well and in good health, it is important for us to have layers of clothing which can be taken off or added too. The wet and cold days, with the warm snaps here and there, are fertile ground for winter colds. There are times when children do not have the right or sufficient amounts of gear to cope with these weather changes throughout the day.

The children love playing in the rain and where possible we encourage them to venture out as the rain often creates a new and



interesting play environment, but they are only able to go outside if they have appropriate wet-weather gear. This includes a hooded long length rain coat which goes past their bottom, and gumboots, which are also essential wet-play gear. We encourage gum-boots for outdoors and slippers for indoors. During these winter terms it is really helpful for your child if you can ensure they have all the appropriate clothing for these changeable days

# There is no such thing as BAD WEATHER - Just Bad Gear!

# **High School Parent Teacher Interviews**

We would like to warmly invite High School parents and students to attend Parent Teacher Interviews on Wednesday 8 June 2022 in the School Hall. These interviews provide you with an opportunity to discuss your student's progress and can be a good time to set clear goals for the second half of the year. If issues arise which require further discussion than time allows please follow this up at another time by making an appointment with the appropriate staff member.

An observation made of past interviews, both in the High School and the Lower School is the lack of engagement in the more practical subjects by parents during these events. At Taikura we value the breadth of our curriculum and focus on maintaining that breadth all the way through to Class 12. Outside of the core subjects, the areas of Movement (Gym and Eurythmy), Craft (Handwork and Woodwork), Music and Language (Maori) play a pivotal role in not only the development of physical skills but also in supporting the internal development of our students through the various stages. When we as colleagues have our child and class studies the perceptive observations from these specialist teachers are extremely important and provide valuable insights. How a student moves, both with others and individually, their skills in a practical setting, their reaction and engagement to language, culture and music all provide strong pictures into the child's social, emotional and academic progress and development. The pictures shared of students in these practical subjects support and reflect what is happening in the more academic based subject areas. Often in a formal lesson, where students are sitting at a desk it can be challenging to gain a full picture of a child.

I encourage you all to take the time to meet with as many of the specialist teachers as possible to gain as full a picture of your child's progress and development. Please refer to the sheet below to clarify who the relevant teachers are for your student.

As well as those staff who teach your student you may wish to make an appoint to meet with any of the following staff regarding your student's learning:

- · The Class Sponsor
- · Anne Hilton Academic Dean
- Sanne Coultard Learning Support Coordinator/SENCO
- Paula Rose Careers, Trades Academy, Gateway and STAR
- · Gee Reisima EOTC (Education outside the Classroom) and/or Health & Wellbeing
- Pippa Caccioppoli Principal

Interview times are seven minutes long and will start at 3:30 pm and run until 9:00 pm. Bookings open on Tuesday 31 May at 9:00 am and will close on Tuesday 7 June at 9:00 am.

How to Book:

- 1. Log onto the following website: <u>www.schoolinterviews.co.nz</u>
- 2. Enter the following code into the 'event code': **Syhxb**
- 3. You will then be guided by the website

We look forward to seeing you,

Kind regards,

Pippa Caccioppoli

# Sports Information

Winter sports is into the 3<sup>rd</sup> week of play, it is nice to be back to normal sports fixtures, with family and friends cheering players on.

A big thank you to the following coaches and managers for making it possible for us to field teams.

#### **Hockey**

Anne and Bill Hilton Drew Porter Rory Merwood Clem McGavock Ben Throp Gemma Watson Hazel Hatcher Adam Hay Aimee Hawke Daniel McKnight Rachel Pearson Toby Blakey Joshua Dipper Chris Simpson

## **Badminton**

Sanne Coulthard Tracy Wheeler Zodi Woods Paula Rose Rachel de Lacey-Tong

#### Netball

Donna Te Aho Morag Wilson Janet Osborne Sarah Millington Maia Te Huia Rarere Liam Kouzounian Lynda Warren Jess Scott Michele Bowman Tineka Ferguson

## **Football**

Cormac Fitzgerald

## **Basketball**

Kareem Johnson Clem Rousteau Matt Faalele Troy Gardiner

#### There have been a few changes to some primary hockey grades.

- Class 3 netball and hockey will begin in September this year
- Class 4 hockey will begin in September this year.

# TONIGHT! Class 8' s play

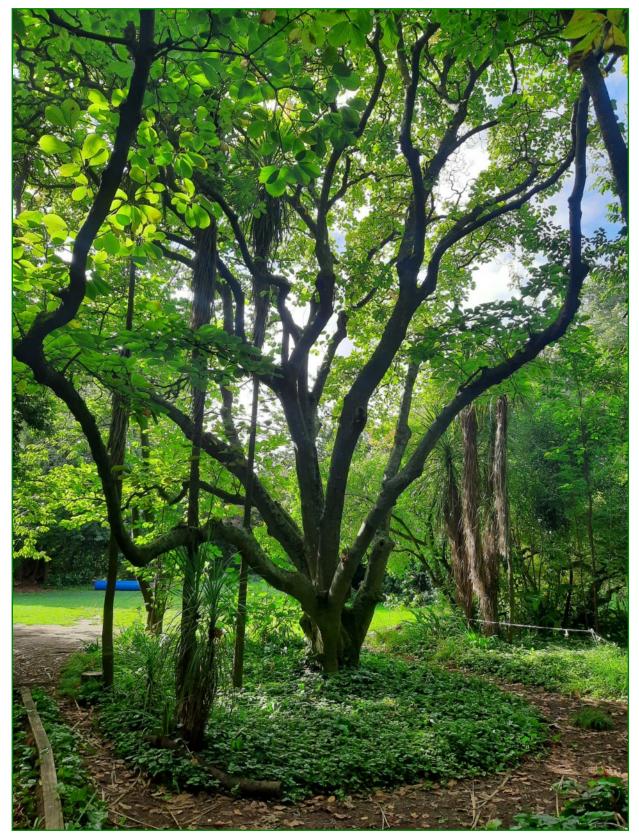
The Scarlet Pimpernel, will be performed at 7:30 pm in the hall. In lieu of tickets, donations to the H3 group are welcomed at the door. 'The Scarlet Pimpernel' by Baroness Orczy, adapted by David Urieli, tells the swashbuckling tale of a group of English aristocrats who disguise themselves and go over to France during the worst time of the French Revolution and snatch condemned French aristocrats sometimes from right under the guillotine when they are about to be beheaded and whisk them away to safety in England.

It is more of a comedy than a thriller but deals with a very grim and difficult time in history just over 200 years ago. In about 1905 it was the most popular play in London. Many film versions of it have been made of which a favorite is the 1982 TV version with Jane Seymour and Ian McKellen. This will be the first play for the school community without restrictions in some time, however, we do still recommend face masks.

David Urieli

# Trees of Note

Over the next few weeks we will be showing some of the schools important trees. Each of these trees has a plaque stating interesting details as mentioned below.



Tree of Note **Resource consent required for any major works. Dead branches can be removed.** Magnolia denudata:- Yulan or Lily tree Diameter at 1.3m 60cm 1969 Spread 10m 1969 Height 8.3m 1969

# **Careers Information**

## Feed Your Future, Tuesday 7 June at 5:30pm at EIT

Interested in a career in the food and fibre sector?

Come along to this information evening about New Zealand's primary industries and find out about rewarding careerpathways.

Please register: <u>https://forms.office.com/Pages/ResponsePage.aspx?id=Rvik0RSFfEG-</u> RU6UGrZB7LCgJvnLwZFAolavfYyBGb9UOTRIVFE1UU43UlpLTldJTkJUTVlBTlYyUC4u&grcode=true

For more information, please contact Paula in the careers office paula.rose@taikura.school.nz

# University of Otago's College of Education Virtual Information Evening Thursday 2 June 5.30pm - 6.30pm

Students and whānau are invited to join the University of Otago's College of Education department for a livestreamed information event in June. An excellent opportunity for those students who are interested in studying early childhood, primary teaching, or primary bicultural education. Registrations essential.

https://www.otago.ac.nz/news/events/otago839925.html

# **Community Notices**

## **Biodynamics Conference 2022**

Come join us online for a wonderful day exploring the fundamentals of biodynamic preparations here in New Zealand, as we breathe life into the practicality and ease of creating, storing and using preparations within the community.

With core values of enhancing life rather than fighting disease, and utilizing the biodynamic preparations in full trust with deep intentions, the time is critical to come together and work in harmony with our universe, to heal ourselves and our communities. Whether you are new on your journey of biodynamics, or a seasoned practitioner, everyone is welcome to learn, discover, investigate and reinvigorate with us.

Members get a discount code so if you're a member - check your latest email from us or send us a message. Speakers and more info <u>https://biodynamic.org.nz/news-events/conference-2022-breathing-life-through-</u> the-preparations?fbclid=IwAR3VXHoKuT5nk\_m9r0GlwXIdDewnv9r-VdU-TzWbZLH2YB6RQCLcam8TH5g

Florian Roger

Hawke's Bay Biodynamic Group Facilitator roger3009@hotmail.fr PH: 020 4185 7512 Saturday and Sunday the 11th and 12th of June

# Reader/Writers Required

Are you, or do you know of someone who might be interested in becoming a Reader/Writer for akonga in the High School? We are looking to create a pool of willing assistants that can be called upon to support students during tests and examinations (an hour or two every so often). This position would suit someone who has flexibility in their daily schedule, including grandparents, with the ability to read, and record student responses. Some remuneration is available. Please contact our High School SENCo, Sanne Coulthard, if you can help. 8787363 ext. 841 or <u>sanne.coulthard@taikura.school.nz</u>

# Queen's Birthday Children's Art Workshop with Amanda Sowersby

Monday 6th June Childrens Art: 1pm-2pm Where: Taruna College 33 Peak Road, Havelock North



Children's art class: we will be doing fun form drawing and clay for the hour in a beautiful warm classroom in the Demeter classroom. All art materials provided.

Arrive 5 minutes early to get settled. Park at the bottom carpark, the classroom is opposite the driveway signed 'Demeter classroom'.

Investment: dren's art class: 1-2pm \$20 per child or \$30 f two/siblings. Ages 6-12 years Limited spaces Bookings a must:

workshops@amandasowersby.co.nz

Hohepa every life fully lived

# Curative Eurythmist

Hōhepa Hawke's Bay is looking for a Curative Eurythmist, we support people with intellectual disabilities and complex needs. Hōhepa is based on the principles of Rudolf Steiner. This is a rewarding role where you will work as a part of a multi-disciplinary team to work together to enable the people we support to fully live their lives. This role will be predominately working at our school with our Tamariki. If this sounds like something you may of interest please see the below link, if you have any question please call our Recruiter on 027 265 4697.

Job Vacancies & Recruitment | Hōhepa Hawke's Bay (qjumpersjobs.co) Francesca Dalli-Niven: Recruitment Coordinator – Hohepa Hawkes Bay

# TARUNA COLLEGE

# The Art of Well-Being

Meet yourself, Know yourself, Be yourself



Many of us are feeling overwhelmed, anxious and tired with all that is happening in our world. So come and renew your well-spring for life, refresh your soul and re-connect to what is important for you right now. We invite you to journey with us on **The Art of Well-Being**, to nourish yourself that you might be at your best - fully available to the people, work and relationships that matter to you. Whether it is personal or professional development, our intention is to offer you learning opportunities that will refresh and deepen your understanding of what matters in your life and work.

The Art of Well-Being invites you to take three weeks from your coming year to find a new connection to your own well-being. Our understanding of 'art' is any practice that helps make the invisible become visible. This programme is gentle yet enquiring, focusing on three themes that renew our well-being:

Art - recognising it as the language of the soul as we progressively work with colour, form, line, movement and language to deepen our ways of connecting and expressing our rich world within. Life-story work - discovering the meaning and potential in our biographies, as we explore our own life stories and the rich tapestries that each of our lives have woven.

Contemporary, holistic thinking which provides windows to help view the world in fresh ways about what it is to be truly human. In particular we draw on contemporary applications of the work and understandings of Anthroposophy inspired by Rudolf Steiner. If you are exploring ways to be all you can be, and also want to help others in your work and life who need your insight and support, join us for this special Art of Well-Being learning journey.

#### The Art of Well-Being dates for 2022:

Seminar One: Wednesday 29 June - Monday 4 July Seminar Two: Wednesday 24 August - Monday 29 August Seminar Three: Wednesday 26 October - Monday 31 October.

#### The Art of Well-Being is designed for:

- busy professionals who want to re-connect with their own inner source of well-ness and creativity, as a basis for professional renewal and nourishment
- professional care-givers in any health field needing fresh tools and approaches to revitalise their work
- those at a life crossroad who want time to explore the path ahead
- those who recognise the dimension of spirit in their own life in whatever shape that takes - and who seek to honour that aspect of themselves.

Earlybird price for all three seminars: \$2700, or \$1000 per seminar.

Art of Well-Being Team: Lauren Hudson, Rosie Simpson, and Deb Bednarek. The Crystal Bridge loan fund makes interest free loans available to Taruna students. For more information See our website www.taruna.ac.nz

or inquire on 06 8777174 or info@taruna.ac.nz

COLLEGE

# Certificate in Rudolf Steiner Education

Connect, Nourish, Sustain

Discover the True Art of Teaching



Discover the true heart and art of teaching while undertaking a rich and exciting journey of personal and professional development. The certificate is an introductory course to Rudolf Steiner Waldorf education. This part-time year-long programme gives a broad overview of the manyfaceted dimensions of Waldorf pedagogy. curriculum and culture. Alongside lectures and workshops that will deepen and extend your understanding of child development and approaches to teaching and learning, you will have the opportunity to engage your creative side with many practical activities including arts, crafts, music and movement. Biography work, observation and reflective journalling recognise the importance of schooling and nourishing the inner life of the teacher.

The Certificate programme is designed for:

- Teachers new to Waldorf education who wish to extend their knowledge or to enliven and reexamine their classroom practice.
- It also provides a helpful foundation for:
- Teacher aides in Steiner Waldorf schools
- Student teachers looking to teach in a Steiner Waldorf school
- Home-schooling parents or parents wishing to accompany their children's development and education in a Steiner Waldorf school.

Enrolments for 2022 seminars are now open (revision maybe needed with any Covid restrictions):

Seminar 1: 17-22 July Seminar 2: 2-7 October Seminar 3: 17-22 January 2023 Cost: \$1200 per seminar (Early bird price for enrolments up to one month prior \$1100) Rosie Simpson, former Principal of Taikura Rudolf Steiner School in Hastings, NZ is Programme Director for the CRSE.

All inquiries please contact info@tarunaac.nz or see our website<u>www.taruna.ac.nz</u> or call +64 6 8777 174