



Rudolf Steiner On Gratitude

Kindness, perseverance and respect are values which we aspire to make alive within our school and kindergarten. As part of Te Tāhuhu o Taikura (Taikura's positive behaviour for learning programme) we acknowledge, with gratitude, the expressions from our ākonga which align with these values.

We observe gratitude as the quality of beingness that links our special character to a fresh direction which aims to create positive behaviour for learning in our school. We observe an open and living appreciation for all that we value in school life as an opportunity to engage with Steiner's messages.

Steiner was very clear on the importance of gratitude and so we take this opportunity to weave these ideas through our interactions by acknowledging the expression of our school values with a "thank you".



Below are two quotes by Rudolf Steiner on Gratitude.

"An honest, entirely open, feeling of gratitude must be developed so that children experience it for everything received. Whatever it may be, whatever has been received from another person calls forth a feeling of gratitude. An immense enrichment of the soul is achieved through the experience of feeling this gratitude. One should see to it that, even in a very young child, a feeling of thankfulness is developed. If one does this, a feeling of gratitude will be transformed into love when the child is older. In every situation in life, love will be colored through, permeated with gratitude. Even a superficial observation of social life demonstrates that a valuable impulse for the social question can be fostered when we educate people towards a greater feeling of gratitude for what their fellow human beings are doing. For this feeling of gratitude is a bridge from one human soul and heart to another, without gratitude, this bridge could never be built".

Moral and Physical Education: The Hague, November 19, 1923

"One should realise that, just as one has to dig the roots of a plant into the soil in order to receive its blossom later on, one also has to plant gratitude into the soul of the child, because it is the root of the love of God. The love of God will develop out of universal gratitude, as the blossom develops from the root".

The Child's Changing Consciousness and Waldorf Education: Dornach, 20 April 1923.

Darryn Breakwell

*Mānawa maiea te putanga o Matariki
Mānawa maiea te Ariki o te rangi,
Mānawa maiea te mātahi o te tau!*

*Hail the rise of Matariki
Hail the Lord of the sky
hail the New Year!*



Often festivals are a celebration of, or relate to, the seasons. These seasonal festivals connect us to the world around us, our heritage and our beliefs. They fall in an annual rhythm that strengthens the emotional and soul life of both individuals and whānau.

Our seasonal celebrations mark the changing of light, the relation of the earth to the sun, and the connection to what is universal in the cycle of the year. Festivals can be the bearers of the spirit within

the earthly seasons. They are points where earth–spirit and world/cosmic–spirit meet.

Festivals such as Matariki and Mid-winter celebrate the coming together of earthly and cosmic forces. Other festivals, such as music festivals, food festivals or our annual Book Week Festival are celebrating aspects of life we value and enjoy. Whatever the occasion or impulse behind a festival these touch stones during our year are wonderful opportunities to come together, connect and create or expand community.

Matariki and Mid-winter are fast approaching. With them come many festival events for us to participate in, both in our immediate and wider communities.

This year is the first year in Aotearoa that we will officially commemorate Matariki with a public holiday. This public holiday – day of celebration will be on Friday 24 June 2022. The Matariki public holiday will always fall on a Friday and will shift slightly each year to align with the maramataka (Māori stellar-lunar calendar). The Government has committed to ensuring mātauranga Māori is at the heart of celebrations of the Matariki public holiday, and it will be a time for: Remembrance – Honouring those we have lost since the last rising of Matariki. Over the coming weeks we will be sharing in the Grapevine information about festival events happening here at school and also Pūrākau of the season.

Please pay special attention to ‘He pito korero’ where we will share again the Matariki story previously shared by Erena Tomoana. This year it has been broken into three parts, to run over this and the next two Grapevines. Annually when the same story is shared at a particular time in the wheel of the year – this provides children and adults alike with an orientation in time and space – it is a health giving experience in our busy and sometimes chaotic lives. A story may be all you do in your home to celebrate a festival, and each year the story told provides for you, your children and whānau an anniversary of the heart. The activity of receiving a story – connecting the listener to past years and past listeners and to those who will hear the same story in the future.

Mid-winter Spiral – The Koru



During the solstice week, Monday 20 - Friday 24 June we will celebrate both Mid-winter and Matariki.

In anticipation of the Mid-winter spiral which the Lower School students participate in, we warmly invite parents to come and walk the spiral, giving you an opportunity to share in your child's experience.

None of us are too old to experience wonder and perhaps leave with a sense of gratitude for the opportunity to be touched by the simple beauty of the spiral.

Save the date

Wednesday 22nd June 2022

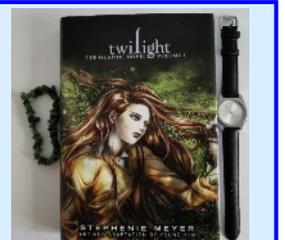
7:00 pm at the Steiner Rooms, corner Whitehead Rd and Nelson St – across the road from Taikura Rudolf Steiner School.

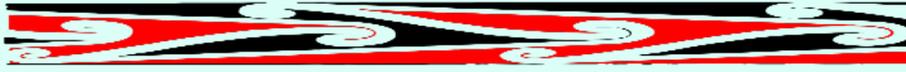
Adults only

On behalf of the Festival Committee

Found Items

- "Twilight" book found outside school gate last week.
- Silver tone watch with black strap found by crossing.
- Jade bracelet.
- Several other trinkets that have been found around the school
- Please see Adrienne in the office to claim





He pito kōrero!

Ngā mihi o te tau hou Māori ki a koutou katoa, te hāpori o Taikura. As we begin to see Matariki start to rise after the long journey of the past year, we thought it would be good to share whakatauki (proverbs), ways of celebrating and acknowledging Matariki and the story that has been previously shared by Erena Tomoana, which is from a collection of kōrero from Scotty Morrison, Professor Rangi Matamua and one of our local kaumatua, Bevan Taylor.

I te timatanga, in the beginning, there was only darkness, nothing but night. And in the darkness, two beings, Ariki, lay together. They were **Ranginui** the father, and **Papatūānuku** the mother. They had many children, and for a time all was peaceful. But the children started to grow. They became restless and fidgety. Two of the youngest brothers, **Mokohuruhuru** and **Uepoto** went exploring one day to the edges of the space between their parents. It was there that they saw a distant light, piercing the darkness through a gap in the embrace of Ranginui and Papatūānuku. Mokohuruhuru and Uepoto hurried back to share what they had seen, and wānanga between the brothers began.

Some of the brothers suggested separating their parents. Others disagreed and as they argued their space became more cramped and the children became more restless and frustrated. Attempts were made to create more space. Despite protest from some of the tamariki who were happy to remain between their parents, others felt trapped and took turns pushing and struggling. Rangi and Papa could feel this and became aware of what was happening – someone was pushing them apart! Finally, it was **Tāne** who separated his parents with support from his brothers. Ranginui was sent upward to become Sky Father, and Papatūānuku downward to become Earth Mother. There was light – Te Ao Mārama.

The children were free at last. Ranginui was so sad his tears fell as rain upon Papa, but someone else was sad too...To be continued!

Whakatauki - Proverb

Matariki tāpuapua

Matariki, the season when water lies in pools.

Kua takoto hārotoroto mai te wai i te whenua.

The saying is used to describe the heavy rains of winter.

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Upcoming Events

June 15	7:00 pm - 8:30 pm	Liaison Parent Evening - Library
June 16	7:00 pm - 9:00 pm	Introduction to HS Parent meeting - Taikura House Level 3
June 21	6:30 pm - 7:30 pm	Class One Parent Evening
June 22	7:00 pm Start	Parent Community Mid-Winter Spiral - Rudolf Steiner Centre (Corner Nelson Street and Whitehead Road)
June 24	All Day	Matariki

Trees of Note



Tree of Note

Resource consent required for any major works. Dead branches can be removed.

Magnolia obovate:- Silver Magnolia

Diameter at ground level 53cm 1969 Spread 8.7m 1969 Height 6.7m 1969

Snippets From The Parent Handbook

Lateness And Absence Procedures

Please remember to inform the **office** if your child is going to be late or absent from school, even if you have sent a text or emailed the teacher. We encourage caregivers to use the **School App**. Please see the instructions below, it's super easy to use.

School App

If you have not already done so, we encourage you to download our SchoolApp into your smart phone. You will find school contacts, newsletters, a link to our website, term dates, absentee notifications and our calendar which is filled with upcoming events, meetings, camps and trips. Subscribe to class alert groups and you will receive notifications such as class camp school arrival times and meeting reminders straight to your phone. So much useful information!

1. Go to the **App Store** or **Google Play Store** on your mobile device
2. Search **SchoolAppsNZ**
2. Download the **App**
3. Open the **App**
4. When it asks to send notifications – click allow.
5. When it asks to search your **School** – type your **School Name** in the search bar
7. Lastly, subscribe to the Alert Groups you would like to receive alerts for.



Community Notices

Dear Parents

Last year I began directing a NZ play called "Wednesday To Come" written by Renee. It was due to be performed in the local Fringe Festival in early October. Due to Covid the play could not go ahead and circumstances have changed for some actors. I have some roles to fill. If you are interested then give me a call. No experience necessary but commitment to rehearsals is important. Tara - 0212604992.

Dear Whānau

I am looking for a casual babysitter. This could be a family who wants to earn a little over holidays and playmates for their children. Or a fourteen or over teenager, who enjoys spending time with children and who would like to make some money over the next school holidays dates between Saturday 9 to Sunday 24 July. No exact dates specified yet. I have two delightful children Mostar aged ten and Hazel aged seven. Call Tara – 0212604992

Dear Whānau

I am a qualified early childhood teacher of over ten years' experience in mainstream and Stiner kindergartens. I am thinking of working from home for family reasons. I am wondering if there are any parents who maybe looking for childcare in a homely environment close to Taikura school. Call me if you wish to discuss your needs. I look forward to hearing from you. Kind Regards Tara - 0212604992

Reader/Writers Required

Are you, or do you know of someone who might be interested in becoming a Reader/Writer for akonga in the High School? We are looking to create a pool of willing assistants that can be called upon to support students during tests and examinations (an hour or two every so often). This position would suit someone who has flexibility in their daily schedule, including grandparents, with the ability to read, and record student responses. Some remuneration is available. Please contact our High School SENCo, Sanne Coulthard, if you can help. 8787363 ext. 841 or sanne.coulthard@taikura.school.nz

Community Notices

We're back for more bliss! Yoga Nidra & Sound Healing with Amanda and Elizabeth

Thursday 17th June
6pm-7pm

Where: Taruna College 'Hall'
33 Peak Road, Havelock North



Come to relax, unwind, let go and to be gently guided through a beautiful yoga nidra meditation and the blissful sounds of Tibetan singing bowls.

Bring a yoga mat, drink bottle & blankets. Arrive 10 minutes early to get settled. Park at the bottom carpark & walk up to the main building.

Investment: \$30
or \$35 on the door
Limited spaces

Bookings a must:
oasis.serenity11@protonmail.com.



Biodynamics Gathering

On Sunday 19 June we will be gathering at JJ's Organics (232 Riverbend Road, Meeanee) from 3:30pm. This gathering will start with an introduction from Chris Hull to the Cow Pat Pit, followed by the making of a Biodynamic Cow Pat Pit. This will be followed by a nurturing story linking BD and Santa Claus from Rachel Pomeroy. Finally, a shared pot luck meal by the bonfire. You will need to bring along some kai for sharing, drinking water, plates, cutlery, cups and musical instruments.

Anyone, both adults and children, are welcome at any time during the afternoon.

If you have any queries, wish to join the group or have property/land for any project involving biodynamics, please contact Florian Roger at roger3009@hotmail.fr or phone: 020 4185 7512



TARUNA COLLEGE

Connect, Nourish, Sustain

The Art of Well-Being

Meet yourself, Know yourself, Be yourself



Many of us are feeling overwhelmed, anxious and tired with all that is happening in our world. So come and renew your well-spring for life, refresh your soul and re-connect to what is important for you right now. We invite you to journey with us on **The Art of Well-Being**, to nourish yourself that you might be at your best - fully available to the people, work and relationships that matter to you. Whether it is personal or professional development, our intention is to offer you learning opportunities that will refresh and deepen your understanding of what matters in your life and work.

The Art of Well-Being invites you to take three weeks from your coming year to find a new connection to your own well-being. Our understanding of 'art' is any practice that helps make the invisible become visible. This programme is gentle yet enquiring, focusing on three themes that renew our well-being:

Art - recognising it as the language of the soul as we progressively work with colour, form, line, movement and language to deepen our ways of connecting and expressing our rich world within.

Life-story work - discovering the meaning and potential in our biographies, as we explore our own life stories and the rich tapestries that each of our lives have woven.

Contemporary, holistic thinking which provides windows to help view the world in fresh ways about what it is to be truly human. In particular we draw on contemporary applications of the work and understandings of Anthroposophy inspired by Rudolf Steiner. If you are exploring ways to be all you can be, and also want to help others in your work and life who need your insight and support, join us for this special **Art of Well-Being** learning journey.

The Art of Well-Being dates for 2022:

Seminar One: Wednesday 29 June - Monday 4 July

Seminar Two: Wednesday 24 August - Monday 29 August

Seminar Three: Wednesday 26 October - Monday 31 October.

The **Art of Well-Being** is designed for:

- busy professionals who want to re-connect with their own inner source of well-ness and creativity, as a basis for professional renewal and nourishment
- professional care-givers in any health field needing fresh tools and approaches to revitalise their work
- those at a life crossroad who want time to explore the path ahead
- those who recognise the dimension of spirit in their own life - in whatever shape that takes - and who seek to honour that aspect of themselves.

Earlybird price for all three seminars: \$2700, or \$1000 per seminar.

The Crystal Bridge loan fund makes interest free loans available to Taruna students.

For more information

See our website

www.taruna.ac.nz

or inquire on 06 8777174 or info@taruna.ac.nz

Art of Well-Being Team:

Lauren Hudson, Rosie Simpson, and
Deb Bednarek.



**TARUNA
COLLEGE**

Connect, Nourish, Sustain

Certificate in Rudolf Steiner Education

Discover the True Art of Teaching



Discover the true heart and art of teaching while undertaking a rich and exciting journey of personal and professional development.

The certificate is an introductory course to Rudolf Steiner Waldorf education. This part-time year-long programme gives a broad overview of the many-faceted dimensions of Waldorf pedagogy, curriculum and culture. Alongside lectures and workshops that will deepen and extend your understanding of child development and approaches to teaching and learning, you will have the opportunity to engage your creative side with many practical activities including arts, crafts, music and movement. Biography work, observation and reflective journaling recognise the importance of schooling and nourishing the inner life of the teacher.

The Certificate programme is designed for:

- Teachers new to Waldorf education who wish to extend their knowledge or to enliven and re-examine their classroom practice.

It also provides a helpful foundation for:

- Teacher aides in Steiner Waldorf schools
- Student teachers looking to teach in a Steiner Waldorf school
- Home-schooling parents or parents wishing to accompany their children's development and education in a Steiner Waldorf school.

Enrolments for 2022 seminars are now open (revision maybe needed with any Covid restrictions):

Seminar 1: 17-22 July

Seminar 2: 2-7 October

Seminar 3: 17-22 January 2023

Cost: \$1 200 per seminar (Early bird price for enrolments up to one month prior \$1 100)

Rosie Simpson, former Principal of Taikura Rudolf Steiner School in Hastings, NZ is Programme Director for the CRSE.

All inquiries please contact

info@taruna.ac.nz or see our website www.taruna.ac.nz

or call +64 6 8777 174