



Spring 2022



Mā te whakatū, ka mōhio,
Mā te mōhio, ka marama,
Mā te marama, ka mātau,
Mā te mātau, ka ora!

*With discussion comes knowledge,
With knowledge comes light and understanding,
With light and understanding comes wisdom,
with wisdom comes wellness!*

Tuesday 21 June this year heralded our Winter equinox, the time of the year where the sun's light is least able to reach us. As staff we walked the winter spiral, echoing the gesture of the equinox, drawing us into ourselves and then offering a sense of the outward gesture that will return us to the warmth and light of spring. Winter brings a natural process of coming to terms with one's inner self as it encourages us to engage with our soul life. At a soul level we process the experiences of the previous six months, and in fact the experiences that have shaped the breadth of our lives. It is the darkest time in our year and hence it encourages us toward our own individual darkness.

Darkness is not a bad or evil thing, our lives rely upon it, it simply draws us inward, and as we prepare to expand into spring it is this darkness that informs the spring gesture Rudolf Steiner describes as "know thyself". What has the darkness taught us? What intentions do we set as the light comes forth and we are more naturally active in the world again? Who are we to be in the summer? What do we wish to create? How are our lives renewed as the world around us is?

As we enter Whiringa-ā-nuku we witness the blossoming of the native clematis, Puawānanga, (Flower of Learning). Te Ao Maori is implicitly connected with the wisdom of the natural world and here again we can sense this gesture of learning becoming manifest in our lives. The Puawānanga shoots emerge from the forest floor, strive their way above the canopy and the plant blooms in the renewed light that Whiringa-ā-nuku brings.

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So at a time when spring begins to draw us out of ourselves once more there is an opportunity to integrate learning so we may “know thyself”. In spring the natural tendency is to look towards the material world more and forget our inner nature, spiritual nature, through the summer. The challenge is to apply the spiritual wisdom gained from our winter wānanga and balance that with the materialism which is pulling us back out into the physical world.

In today's world this is as important as ever as we individually and collectively strive to balance moral and spiritual wisdom with practicalities of the economy, resource distribution and bureaucracy. This is the task of our time, the integration of higher spiritual wisdom with the fundamentally neutral nature of the physical world. It is a discipline we must carry into our own lives to consciously live in accordance with the fundamental truths we discover within our hearts and actively put this wisdom into practice. Spring is a time ripe with the opportunity to turn conscious thought into conscious action through conscious feeling. Our responsibility to ourselves and each other is to co-create the meaning which we apply to the material world in the light of spiritual wisdom and to take heart aligned action.

He Karakia Whakakapi

Kia whakairia te tapu
Kia wātea ai te ara
Kia turuki whakataha ai
Kia turuki whakataha ai
Haumi e. Hui e. Tāiki e!

*Restrictions are moved aside
So the pathways are clear
To return to everyday activities*



Written by Darryn Breakwell - Spring 2022

Taikura Music Lessons

We have tuition available for **guitar, ukulele, bass, banjo, piano, voice, recorder, violin, viola, and cello.**

Itinerant lessons are available from Class 3 to Class 12 and it is strongly preferred that these lessons occur outside of main lessons and need to be arranged in close consultation with teachers whose lessons are affected. Lessons are available throughout the year, however, spaces are limited.

If you and your child is interested in lessons, please do get in contact with me via my email: thomas.pearson@taikura.school.nz



He pito kōrero!

Kīwaha o te wiki – kīwaha of the week

Taiea ana! (tie eh ar ah nah)
Awesome!

Mata: Kia ora e Rangi. The kōwhai mum planted for our pēpi, has just flowered!

Rangi: Taiea ana e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Te Tāhuhu o Taikura

As part of Te Tāhuhu o Taikura we have identified expected behaviours for each of our values. During the embedding of this programme we are going to focus on a different expected behaviour each week. We will share our weekly focus in the Grapevine so that families can participate and support also.

Te Tāhuhu o Taikura - Focus for Week 9 Term 3

Our teaching focus this week will be **Atawhai/Kindness**, specifically: **Using a friendly tone.**

School App

If you have not already done so, **we encourage you to download our SchoolApp into your smart phone.** You will find school contacts, newsletters, a link to our website, term dates, absentee notifications and our calendar which is filled with upcoming events, meetings, camps and trips. Subscribe to class alert groups and you will receive notifications such as class camp school arrival times and meeting reminders straight to your phone. So much useful information!

1. Go to the **App Store** or **Google Play Store** on your mobile device
2. Search **SchoolAppsNZ**
3. Download the **App**
4. Open the **App**
5. When it asks to send notifications – click allow.
6. When it asks to search your **School** – type your **School Name** in the search bar
7. Lastly, subscribe to the Alert Groups you would like to receive alerts for.



Upcoming Events

September 22	6:30 pm - 7:30 pm	Class 6 Parent Evening
September 23	10:30 am - 3:30 pm	Class 12 Project Displays
September 24 and 25	All Weekend	Class 12 Project Speeches
September 24	Day Light Savings	Spring Forward - Set Your Clocks Forward
September 26	School and Kindergarten Closed	Queen Elizabeth II Memorial Day

VANUATU

Come to Vanuatu and visit our many touristic attractions



HISTORY

The first settlers to arrive in Vanuatu are believed to have arrived by canoe approximately 3,500 years ago from New Guinea and the Solomon Islands. In 1600 the Portuguese explorer, Pedro Fernandez de Quinas, discovered the Island Espiritu Santo, which he thought was a great southern continent.



Vanuatu was first inhabited by Melanesian people. The first Europeans to visit the islands were a Spanish expedition led by a Portuguese navigator.

New Hebrides was the colonial name for the island group in the South Pacific. It then now forms the nation of Vanuatu. The New Hebrides was colonised by both the French and British in the 19th century. Shortly after Captain James Cook visited the islands.

BUILDINGS



The majority dwellings are traditional Melanesian houses with earth or coral floors, no glass windows, and palm, bamboo, or c walls and roofing. The most widely used exterior construction material was bush.

Composed of 80 islands, Vanuatu is famous for its beauty, its life style, and welcoming people. Vanuatu has continuously attracted many tourists to its shores, which subsequently boosted its economy, increased its market.



Juniper Floyd



Culture

The culture and the way society is organised among the Melanesians of Vanuatu varies a lot. The Ni-Vanuatians have their own way of thinking, traditions, and customs, and their own view of the world is completely different to the people of the rest of the world.

Pentecost land diving

On Pentecost Island land diving takes place. The people of the island call it *ngard*. It's not a sport, but a religious ceremony using the old gods for a good year harvest. The men build a 30 metre high tower and tie springs to their ankles. They then jump off the tower. The vines just short enough to not touch the ground. They then jump off but sing and dance at the foot of the tower.

The Torba dance

Torba Island is well known for its three-day celebration of dancing and feasting called *Nekoumar*. The most famous dance is the *Torba* in which the men try to catch the women.

Vanuatu art: sand drawing

On Ambrym and Pentecost Islands, artists draw complicated line patterns in the sand. The patterns tell stories of messages. The artists draw with one finger and cannot lift it until the pattern is finished.

Masks and headdresses

The people of Melanesia are famous for their beautiful masks and headdresses. They are worn by dancers at traditional festivals. Masks are made of clay and decorated with feathers and paint. The masks can take up to 6 months to make and are destroyed as soon as the festival is over.

Laplap

Laplap is Vanuatu's national dish. It consists of yams or taro root and coconut cream. The mixture is carefully wrapped in banana leaves and then mud into a little parcel. These are then cooked in a ground oven. On special occasions, pieces of pork or chicken are mixed with the laplap.



THE LAND WE STAND ON

There are 120,000 people that live on the various atolls and archipelagos of Kiribati. These people have lived on the fishing of the reef. For centuries the islands have been a plentiful paradise.

Now, with global warming and sea-level rise a very real thing, the islands of Kiribati are in danger of being submerged. Because though the country is carbon neutral, Kiribati definitely feels the consequences of global warming more than many of the countries that cause it.

As the entirety of the islands only one or two meters above sea level on average, a tsunami or large tidal wave could wash out huge swaths of the village.

The Gilbertese people have even purchased land in Fiji so that if disaster strikes, the people of Kiribati have somewhere to rebuild their lives. So, unless action is taken, the sun seems to be sinking for this beautiful island nation.

-Isabelle



A beautiful vacation destination,
Alive with art and dance,
Sinking below the sea

...Read to find out
More.....

FLORA + FAUNA



plumeria frangipani



great frigatebird.



Spinner Dolphin

Hawksbill Turtle



flame angelfish



fourspot Butterflyfish



Isabelle Eichenseher



Tapa Cloth Design
by William Hay Class 6

Class 12 Project Speech Timetable: **Saturday 24** and **Sunday 25**

Saturday 24 September		Community Welcome	
Name	Project Topic	Time -	
1. Petra Logan Riley	Surf Culture: Exploring the Intersection of Surfing and Society	8:30 am	
2. Laura Doig	How Dogs Can Live Harmoniously in Our Lives?	9:00 am	
3. Leandro Zapata	The 'X' Factor of Brian Wilson	9:30 am	
4. Kea Templer McConnell	The Ego, What Is It and How Can We Fully Utilise this Knowledge?	10:00 am	
Morning Tea			
5. Cory Wood	How do First Responders Cope with Trauma?	11:00 am	
6. Tamaki Shimaoka	The Potential of Crypto Currency	11:30 am	
7. Lief Rock	Living Within our Means: Can we be Financially Secure While Still Considering Social and Planetary Boundaries?	12:00 pm	
Lunch			
8. Tyler Deed	What is the Most Effective Way to Get Physically Stronger?	2:00 pm	
9. Samantha Wood	What it Takes to Become a Gymnast.	2:30 pm	
10. Clio Floyd	What are the Benefits of Practicing Yoga?	3:00 pm	
Sunday 25 September		Community Welcome	
Name	Project Topic	Time -	
11. Rowan Dodd	Building an Outdoor Bath	9:30 am	
12. Rose Bailey	Vaccine Hesitancy	10:00 am	
13. Orin Miquai	Hinengaro Rangatahi - Mental Health	10:30 am	
14. Allesandro Valdivia-Theyer	Molecular Gastronomy	11:00 am	

Introductory Talks at the Rudolf Steiner Centre

401 Whitehead Road, Hastings

We warmly invite Playgroup parents along with Kindergarten and School parents to our introductory talks, looking at Childhood development. Babies in arms warmly welcome.

Fathers are very welcome too – it would be lovely to see some fathers - if you can sacrifice a couple of hours off work.

We offer these talks free of charge.

However, a contribution in the Koha box towards the running of the Centre is always appreciated.

From 1.45 to 2.30 pm on Wednesdays in the Main Room of the Centre

The last three talks have focussed on the first seven years of a child's life at home and in Kindergarten play before they begin more formal schooling where they 'go to school to learn.'

Further talks relating to school-aged children will be by:

Rosie Simpson on Wednesday 28 September

Rites of passage.

The Steiner School curriculum is wonderfully responsive to the developmental stages of childhood. There are moments in teaching that feel like magic, when a threshold is crossed at just the right time, enabling new faculties and capacities to emerge unhindered, when the child's wings unfold.

How as adults can we recognise and accompany these key moments of readiness, of "waiting till the time is right."

Biodynamic Update

Kia Ora **Biodynamic Family**

With hope that the growing voice of spring has arisen deep within you, nurturing the blissful colors of your inner being, and after all the inner challenges of winter awakening the buddings towards a fruitful blossom.

Please find hereinafter the program & the details / form for the promising Asia Pacific Biodynamic Conference happening in Malaysia - 2022:

<https://www.sektion-landwirtschaft.org/en/ausbildung/online-angebote/sv/asia-pacific-biodynamic-conference-2022>

https://www.sektion-landwirtschaft.org/fileadmin/SLW/Arbeitsfelder/ausbildung/Traine_teacher_conference/2022_APBC_PROGRAM.pdf

May you have a nourishing, nurturing and uplifting rest of your day, and a lovely weekend.

Biodynamically Yours

Florian Roger

Ruth Strong Speech and Drama

Calling new enrolments for Term Four. *Gift your child the gift of confidence.* Please contact me if you have any questions on 0273540844

School Holiday Drama Workshop

Improvise, Devise, Play with **Ruth Strong Speech and Drama**. Tuesday 5 and Wednesday 6 of October.

Please contact me for more information on 0273540844

Slow Cookers

Are you missing a kitchen appliance? These slow cookers were left after the winter warmer. If you own one of these, please come and collect it from the school office before the end of term.



Children's Holiday Art Programme with Amanda Sowersby

Wednesday 5th October

9.30am-12pm

Where: Anthroposophical
Centre, cnr Whitehead Rd,
Hastings

Thursday 13th October

9.30am-12pm

Where: Scandi Studio, Donnelly St,
Havelock North



Children's holiday art programme for 6 - 12 years old.

We will be doing drawing, painting and clay modelling with a morning tea break in between.

Amanda Sowersby is an artist and Anthroposophically trained artistic therapist specialising in Waldorf art styles and traditional art styles and mediums.

Bring morning tea and drink bottle.

Arrive 5 minutes early to get settled.



Investment: \$40 per person per class
(\$75 for two siblings per class)

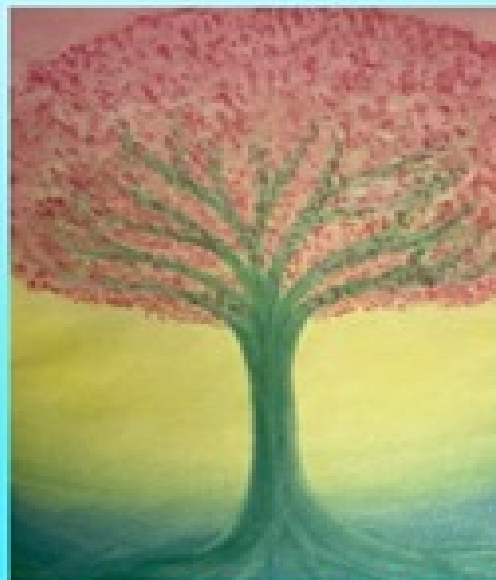
Limited spaces, bookings a must:
art@amandasowersby.co.nz

Spring Painting Course

Thursdays 20th October, 27th October, 3rd November, 10th November.
9.30am-10.30pm & 6pm-7.15pm

Where: Scandi Studio
Donnelly St
Havelock North

WITH AMANDA SOWERSBY
THURSDAY DAYTIME & EVENING SESSIONS
9.30AM-10.30PM HASTINGS STEINER
CENTRE, 6PM-7.15 PM SCANDI STUDIO,
HAVELOCK NORTH



Come and paint with Amanda on a four week painting course inspired by Spring. This course is for adults of all artistic ability from no experience to the experienced. We will be painting together each week a beautifully guided wet on wet watercolour painting in a relaxed and friendly environment.

Morning tea will be offered for the day session.

Herbal tea will be provided at both classes.

Amanda Sowersby is an artist and Anthroposophically trained Artist Therapist, specialising in Waldorf art styles and traditional art styles and mediums.

Investment: \$120 (\$30 per session, includes materials)

Dates: Thursday 20th October, 27th October, 3rd November, 10th November. This will be a small group so book in quick:

art@amandasowersby.co.nz 0211449168