## Taikura Rudolf Steiner School

Grapevine



## Thank You!

8 June 2023

On Tuesday, Whitsun was celebrated - a warm and heartfelt thank you to all those who participated in preparing and setting up this festival. The hall and classrooms looked beautiful.





#### Mid-Winter



On Thursday 22 June is the Mid-Winter Solstice. Mid Winters' day. This year the move from autumn to winter has seemed slow. Last week had moments of warmth and strong sun.

In the Northern Hemisphere, Mid-Winter falls a few days before Christmas Day and the celebration of the birth of Jesus, who became the bearer of the Christ Spirit.

For the North, this is a mighty symbol of the coming of new light into the world, and that the darkness shall be overcome.

What of us here in the Southern Hemisphere? Is there any way of reconciling the Christ Spirit with our own winter time? One possible way of looking at it, is that since Golgotha and Easter, the Christ Being has united himself fully with the very life of the earth, has ensouled the earth and all its people with his own being and that He accompanies the destiny of the earth and each one of us in all time to come. He accompanies the soul life of the earth in all its cycles in time, large and small.

Beginning in spring and on into summer, the earth itself breathes out in burgeoning growth and new life into the far Heavens. We give ourselves up to sun, sea and manifold outer sense experiences. Come autumn, this out breath turns and the earth starts to breathe in again, reaching the fullest point at Mid-Winter. Now the earth is very much within itself, quietly contained. The outer world of nature is diminished and the seeds of summer lie waiting, repositories of all the sun and warmth of summer.

Here in Hawke's Bay, where the pause seems comparatively brief (with freesias sprouting, etc) Mid-Winter is typified by a day when the sky is a close thick, pearly blanket, through which the sun weakly and dimly shines. One feels encapsulated in a cold, still, quiet world.

In Europe this would be a day when the snow thickly blankets everything and all is silent. When the surrounding world is like this, perhaps we can feel ourselves in our innermost being, more acutely, more actively than was possible in our 'out and about' days. On these quiet winter days, perhaps inside by the fire, quietly reading, reflecting, is it not easier to feel one's own sense of self and perhaps contemplate, take stock and review? We come nearer to our essential being, and our own sense of the Spirit. Through being closer to our own Spirit life, our own inner light, do we not consciously or unconsciously draw nearer to the light of the world, the spirit of future evolving humanity?

Perhaps too, this holds good for the soul life of the earth itself at this time. That, although quiet on the outside, it is more awake to itself, most earthly and self-contained. *Has Christ accompanied this deep in breath of the earth; is his Being active within the very heart of the earth at this time?* Of course, we have to remember, the exact opposite process of out breathing is going on in the Northern Summer.

There are many ways to celebrate the Spirit spark, or inner light. Our way is with the beauty and magic of the mid-winter spiral. For the children of the Lower and Middle school, a candle lighted, placed in the Spiral which they walk, symbolises this Spirit spark or inner light.

The room is dark, silence pervades the space, one single candle burns at the spiral's centre. When all have gathered, one person walks the spiral, lights their candle and places it near to the central candle, and as one person after another, lights and places their candle the form of the spiral appears as a gentle light fills the room. It may take courage for a child to walk alone and as the light grows wonder can be seen glistening in the eyes of the children. There is an old saying, wisdom begins with wonder.

For the High School, by consciously placing tea lights on to parts of a large world map, they are pinpointing a place where people are experiencing dark times and need our thoughts and prayers, or else it might be also acknowledging where light is shining and draw attention to it. Be it literal or figurative, the light that each of us carries within us can be acknowledged and encouraged to shine out.

The Little Lantern song sometimes sung as the younger classes make their way to the Mid-Winter Spiral Walk may in fact point to a deep truth.



When days are darkest
The Earth enshrines,
The seeds of Summer's birth
The Spirit of Man is a light that shines
Deep in the darkness of Earth.

As students of Class 7 physics know in their light studies, the smallest light is enough to dispel otherwise total darkness.

On behalf of the Festival Group

## Mid-winter Spiral –The Koru

During the school week of Monday 19 to Friday 23 June, Taikura will celebrate midwinter. In anticipation of the festival for the children we warmly invite parents to come and walk the spiral, so you too can share in your child's experience. None of us are too old to wonder and perhaps leave with a sense of gratitude for the opportunity to be touched by the simple beauty of the spiral.

Taikura community and the community and friends of the Rudolf Steiner Centre Hastings are warmly welcomed.



Wednesday 21 June 7:00 pm at the Steiner Rooms on the corner of Whitehead Road and Nelson Street, across the road from Taikura Rudolf Steiner School.

#### **Adults only**

### **Upcoming Events**

June 12 June 21 June 28 and 29 5:00 pm - 7:00 pm 7:00 pm - 8:00 pm 7:00 pm - 9:00 pm School Board Meeting - Staff Room Parent Mid-Winter Spiral - Steiner Centre Class 12 Play - "Antigone" by Sophocles - Koha Entry



## He pito kõrero!

Kīwaha o te wiki – Kīwaha of the week.

Tuhia ki tō rae! (too he ah key tor die – soft 'd' sound)

Don't forget it/them!

Tamati: Kia ora e mara! Can you show me the guitar chords again to that

new waiata e hoa?

Rangi: Āe! You need to practice e hoa. Tuhia ki tō rae e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



#### Te Tāhuhu o Taikura

As part of Te Tāhuhu o Taikura we have identified expected behaviours for each of our values. As part of the embedding of this programme we are going to focus on a different expected behaviour each week. We will share our weekly focus in our Grapevine for the coming week so that families can participate and support also.

#### Te Tāhuhu o Taikura - Focus for Weeks 7 and 8 Term 2

Our teaching focus this week will be Perseverance/Manawanui

## **Attend Regularly**

#### Waiata Mai Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Waiata mai has started. Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō! Nā Troy Gardiner

## Friday Market

Fridays at 3:00pm Remember to bring gold coins and small notes on Friday

- Stalls will be ready to go at 3:00pm in the courtyard outside Classes 1 and 2.
- If it's wet weather, you'll find them setup in the foyer.
- Make sure you bring small change with you.



#### Facebook

Many of you follow and contribute to our Taikura Facebook group and it has been a great tool for interacting with our community current and past, near and far. We are now moving to an official Facebook page rather than a group, and once the majority of followers have moved to the page, we will delete the group. You can find us on Facebook as 'Taikura Rudolf Steiner School and Kindergartens'. Please find below a reminder of our policy regarding social media associated with Taikura.

#### **Community Social Media Guidelines**

This policy applies to anyone using school-related social media.

#### **Expectations:**

Administrators and users of all Taikura social media accounts must use their best judgement when using school social media.

#### Posts and comments must be:

- polite and represent the school in a good light
- relevant to the school community
- consistent with relevant school policies (e.g. Privacy, Digital Technology and Online Safety, Harassment, Bullying).

Posts and comments must not contain or link to:

- abusive content, bad language, personal attacks, spam
- advertising (unless this is thanking a business for their support)
- identifiable images of a student's face (unless with relevant permission).

If users breach the conditions above, the post/comment may be deleted and the user may be blocked.

#### **Administrators**

Administrators of social media accounts must be currently associated with the school. If an administrator's association with the school ends, they must be removed as an administrator. A senior staff member will always be an administrator on the account.

Anyone setting up a social media page that is associated with the school must seek permission from the principal/board.

#### Administrators are responsible for:

- monitoring posts/comments regularly
- removing inappropriate posts/comments (and blocking users if necessary)
- documenting harmful content with a screenshot and removing it as soon as possible
- reporting inappropriate content to senior staff.

#### Concerns

We encourage parents to contact the school when issues arise. If you have a concern, please let us know before sharing negative personal views online.

# GET INSPIRED ART COURSE

7 Week Art Course for beginners or anyone looking to get inspired by creating art again.

**Guided by Amanda Sowersby** 

Thursday's 10am-12pm Light refreshments provided & all art materials included. We'll be doing drawing, pastel, clay, painting and more...

Dates: Thursday 20th July - 31st August 2023 **Havelock North** 

Amanda is an artist and artistic therapist. Her intention for her classes is to create a safe, loving environment where people can shine through their artistic abilities. Pre booking is a must, this will be a small group, in a warm, fun environment.

Investment: \$231 (payment options available) Email: bookings@artandalchemy.co.nz

0211449168

Amanda Sowersby Art & Artistic Therapy O @amanda sowersby



How to relax the mind, body & spirit session.

Hosted by Amanda & Aaron. Aaron will be sharing mind relaxation tools. Then we will get into restorative yoga poses with a soothing sound journey then a guided meditation (Yoga Nidra) to lower our nervous systems. Ending with nourishing herbal tea. All is welcome, mature children

included.

email: bookings@artandalchemy.co.nz

## 'The Human Constitution' a talk by Dr Richard Drexel

7.00pm, June 16 at the Anthroposophical Centre

Door charge \$20



## Community Canteen @ Taikura- UPDATE

It has been heartening to see so many in our community come together, and slowly but surely, we have started building our Community Canteen. We are still in the beginning, but with some generous time and produce donations, we are now offering morning tea to all students in our school, free of charge

The morning tea served daily will be:

Warm porridge with spices and fruit compote (DF)

Warm sweet millet / sweet polenta /sweet rice (alternating) w. fruit compote (GF)

Fresh veggies and fruit, as much as provided by the school community

All this is fueled by the contributions coming from the community. Anything is helpful, and you don't need to be on-site to contribute. Knowledge is of high value, too.

To see what is urgently needed and how to contribute have a lookat our Canteen notice board (at the canteen window) on www.sproutling.nz and on Instagram: sprouting.taikura

We now need the whole community to come together, step up and take responsibility. No matter how small, each contribution is gratefully accepted and impacts our canteens' success.

We have come so far in just four weeks...free morning tea for any student who would like it!

Let's keep the momentum up and going!

Let's do this Taikura!



It was wonderful to see so many coming together to process the many donated organic apples in the canteen. These photos provide a glimpse of the many families and individuals who volunteered to pick, wash, chop, and bag the apples.