



17 August 2023

The Nine Most Important Minutes Of Your Child's Day!

According to Dr. Panksepp, known world wide as the father of affective neuroscience - **the nine most important minutes of our children's days are:**

- *the three minutes after they wake up*
- *the three minutes after they get home from school or kindergarten*
- *the three minutes before they go to bed*

When thinking of these nine minutes you see the importance of connection after separation. Connecting together after the separation of sleep, separation while at school and then a re-connection, and finally in the evening, before we return to the spiritual world for our nights of sleep, we connect again with our children. A bedtime ritual - the lighting of a candle or bedtime song all adding richness and warmth to this final connection of the day.

During the school day - these nine minutes when translated to the school day - look like the following moments of connection and reconnection.

In those first three minutes arriving at school - reconnecting with kaiako - our students are greeted at the school gate. Their day starts with an individual hand shake and welcome. For many as they enter their classroom this ritual happens again with their Sponsor or Class Teacher.

Depending on the age of the class, formal instruction opens with a karakia, or in the younger years the coming together in a circle and then the karakia. The circle time creates space to reconnect with our friends and recreate our relationship to learning and our day's mahi.

The three minutes after their lunch hour - reconnection - in the younger years particularly, time is taken to connect with the class after lunch and unpack and sort any social upsets which have occurred during their lunch hour. This korero offers individuals opportunities for rich learning about their own and their peers' feelings.

The three minutes before they leave in the afternoon - connection before separation - at the end of the school day classes come together to create their end of day circle. Before leaving they speak together a closing karakia, or in the older years only the karakia without the circle.

A final hand shake as they leave for the day.

Kelly Sutton
Deputy Principal



He Pito Kōrero!

He maimai aroha ki a Whaea Andrea.

Aue te mamae o te ngākau,
te hotuhotu a te whatumanawa
mō te wehenga o tēnei taonga
tō tātou tuahine, tō tatou whaea ki te pō!

**Moe mai ra e te mareikura
i roto i tō moenga roa.**

**Haere ki Hawaiiiki nui, Hawaiiiki roa, ki Hawaiiiki pamamao
te huinga o ngā wairua o te pō,
moe mai ra!**

It was with shock that Te Kāhui Whetū – the teachers of Te Reo Māori – and those that carry this kaupapa in Waldorf kura in Aotearoa, were told of the sudden passing of Whaea Andrea, who taught te reo me ōna tikanga for a few years at Michael Park School, in Tāmaki Makaurau (Auckland), before moving on last year to take up the position of Te Kurawhakaue for Radio New Zealand.

Whaea Andrea was passionate about the teaching of te reo me ōna tikanga. She had taught Te Reo at several kura in Tāmaki before taking on the position of the Te Reo Māori teacher at Waiatarua – Michael Park School. There were a number of initiatives that she was an integral part of that are a continuing legacy for Waldorf kura; the naming of our roopu, Te Kāhui Whetū, as well as the development of the booklet Te Pōwhiri, to support kura with pōwhiri and mihi whakatau, and the collection of rauemi –different types of resources that were created and shared to support the teaching of Te Reo, and she was also part of the whakawhiti kōrero that would clarify kaupapa (projects) to proceed with.

Our aroha goes out to her whānau and the school community of Waiatarua.
Mā te Atua i tiaki, manaaki mai i a koutou i raro i tēnei kapua pōuri.
Haere rā e te tuahine!

Nā, Matua Troy.

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Waiata Māi **Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura**

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Waiata mai has started. Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!

Nā Troy Gardiner

Fête 2023

This year's fête will be held **Sunday 19 November!** Preparations are underway with the new invigorated fête committee. This year there will be some small changes based on feedback from within the community. We will be communicating more in the coming weeks.



Pen the date in your diaries now. Our tamariki will be counting down the days until the fête, before we know it. The fête gives us the opportunity to come together and share our Kura and kaupapa with the wider community. Ngā mihi nui, the Fête committee taikurafete@gmail.com

Community Canteen ~ Garden Working Bee

Nāu te rourou, nāku te rourou ka ora ai te iwi!

- Many hands make light work e te whānau, please support this if you are able!
- Wednesday 30 August from drop off till 10:30 am.



Join our school gardener Debs across the road in our māra kai to prepare the earth for spring planting. Also, donations of fresh seasonal fruit would be gratefully received for daily use at the canteen window. Please drop off what you can spare at the canteen.

Ngā mihi - Amber Rose on behalf of the community canteen garden rōpū.

Friday Market

Fridays at 3:00 pm Remember to bring gold coins and small notes on Friday

- Stalls will be ready to go at 3:00 pm in the courtyard outside Classes 1 and 2.
- If it's wet weather, you'll find them setup in the foyer.
- Make sure you bring small change with you.



Found In The Gym

A set of gold earrings have been found in the gym. Please see Adrienne in the office to claim. You will need to describe them before they are handed over.

Upcoming Events

August 18-21	School Closed	Mid Term Break
August 23	6:30 pm - 7:30 pm	Kindergarten Parent Evening - School Library
August 29	6:00 pm - 7:30 pm	Class 4 Parent Evening
August 30	6:30 pm - 7:30 pm	Class 6 Health Talk With Gee Reisima
September 4	5:00 pm - 7:00 pm	School Board Meeting - Staff Room
September 6 *Note New Date*	6:30 pm - 8:30 pm	High School Information Evening - TH Level 3

Sports Notices

Well done Mercede!

FEMALES ON THE MOVE II Mercede Eunson from the Napier Boxing Club winning silver a couple of weeks back in the 56kg cadet category! Mercede competed at the 2023 National Champs!

Well done - such an amazing achievement and you should be very proud. [#femalesonthemove](#)



Netball Visitor

This week we were lucky to have Bianca van Dyk (Irene van Dyk's daughter) come in for a skills session with our netball players. It was great to see the girls trying out some new drills!



Get To Go Adventure Race Challenge 2023

Our team this year consisted of Paige, Louis, Ian, Harvey, Manu, Elliot, Violet and Luca. We had such a wonderful time and the weather definitely played its part. The groups first challenge was orienteering, they were given a map and they had to as a team collect as many station points as they could, the team managed to get fifty four points from this activity. This was the first time I had gone along to this activity and when the teams had four minutes left and there was no sight of them I honestly thought they were going to lose all their points for being over time. However Paige ran around the corner and managed to rally everyone else and they all made it back in time.

Next up was canoeing and paddle boarding. The waka ama skills shone out like a beacon and everyone else was able to improve their technique as the challenge went along. It was really nice seeing the teamwork skills of Violet, Elliot, Ian and Harvey excel in this activity. There was a lot of frivolity but they all managed to stay in the boat and on the paddle board.

Lastly we had the mountain biking challenge and that saw a mighty big effort from Manu, Louis and Luca, everyone had to do two laps each and these boys kept going, and going.

It was a fun filled day and I absolutely loved being out there and observing our team working together and having fun. Thank you to Jonathan for being a support person!

Gee Reisima - EOTC



Library News

The tamariki and rangatahi of Taikura are very fortunate to have access to a beautiful whare pukapuka with its thoughtfully selected collection. School libraries celebrate the importance of stories in all cultures, and they have a positive impact on student literacy and learning outcomes. Last week in the whare pukapuka we celebrated NZ School Library Week with the lower school. It was a wonderful event with beautiful bookmarks to colour, and fun word finds and crosswords to complete for small prizes. The library hummed with activity, and it was a very enjoyable week.

Paula - Librarian



Taikura Strategic Plan

It's there now! Taikura Proprietors Trust invite you to view the Taikura Strategic Plan, now on our school website: <https://taikura.school.nz/wp-content/uploads/Strategic-Plan-Taikura-2023-2025.pdf>. Our strategic plan focuses on the three strategic goals of:

- A. Our responsive and inclusive special character curriculum that meets the needs of all ākongā through increasing kaiako knowledge, capacity and capability.
- B. Developing communication which is consistent, and adds value to our special character, learning relationships and individual understanding.
- C. Weaving into the everyday life of Taikura Rudolf Steiner School, the five key focus areas of the He Reo Ora Language Strategy.

Have a look to find out more about how this is planned to happen and our three year approach.

Michelle Vette
On behalf of the Proprietors Trust

Wet Weather

Just a reminder that with this changeable weather also comes changes in temperature. For everyone to stay well and in good health, it is important for us to have layers of clothing which can be taken off or added too. The wet and cold days, with the warm snaps here and there, are fertile ground for winter colds. There are times when children do not have the right or sufficient amounts of gear to cope with these weather changes throughout the day.



The children love playing in the rain and where possible we encourage them to venture out as the rain often creates a new and interesting play environment, but they are only able to go outside if they have appropriate wet-weather gear. This includes a hooded long length rain coat which goes past their bottom, and gumboots, which are also essential wet-play gear. We encourage gum-boots for outdoors and slippers for indoors. During these winter terms it is really helpful for your child if you can ensure they have all the appropriate clothing for these changeable days.

There is no such thing as BAD WEATHER - Just Bad Gear

Art Class 'Explore Your Artistic Way'

Ex-School parent Akiko is offering semi-private Art classes in Havelock North to awaken your inner-Artist and reactivate your creativity. Ten sessions for two hours. For \$35.00 per session with materials included. Akiko was trained in Veil Painting (Liane Collot d'Herbois Method) and drawing. Contact Akiko, 06-8440344, akikonzland@yahoo.co.jp

"My work was dramatically changed/developed after six sessions with her! (Shu)"

Visit: <https://www.facebook.com/crystalchild.reikihb> to check how different before-after.

Shu Shimaoka