



## The Grapevine

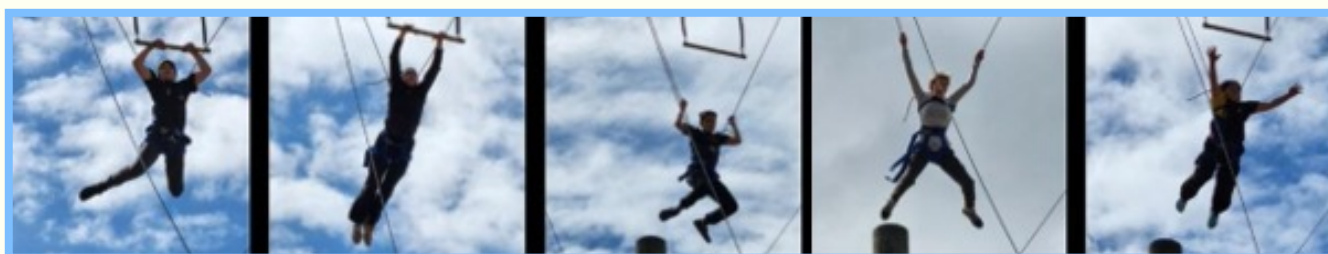
20 October 2023

### Adventuring In The Outdoors

Adventuring in the outdoors means different things to every single one of us. Adventure is an essential element in every student's life. It is one of the most effective ways to learn new skills, develop resilience, build self confidence and promote personal growth. The most significant benefit of adventure is its capacity to offer a unique and exciting experience of discovery. The students may know where we are going, but until they experience the environment with all their senses the adventure does not become real.



School camps, have long been recognised for the ability to provide students with fun filled adventure and help them to reach their potential. For some they need to climb to the highest pole and jump off, for others the challenge is to be responsible for the person jumping off the pole and making sure all the ropes and belay system is all in order for that to happen safely. Everyone has their own way of facing challenges, their own way of jumping off into the unknown.



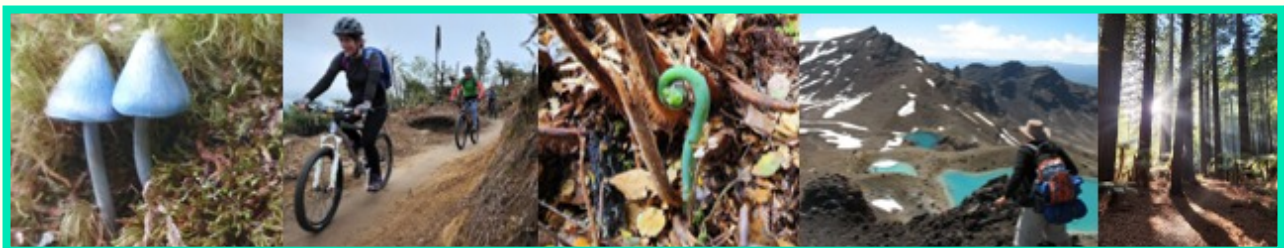
Adventure activities that are provided by education outside the classroom help to develop necessary skills like problem solving, communication, and teamwork, whilst also providing a sense of autonomy and control. Students have the opportunity to challenge themselves while also understanding their limitations and working within them.

Continued over.....

Participating in adventurous activities on school camps has a host of benefits. First it builds resilience, as students are forced out of their comfort zones, they are without the comforts of their home, and they start to learn how to look after and organise themselves. This requires perseverance to overcome obstacles. Secondly it helps students develop a sense of accomplishment as they meet challenges, conquer fears, and gain new skills. It may also reduce fear and anxiety and also promote mental well-being. Moreover adventurous activities enable students to connect with each other in a relaxed and enjoyable environment, offering a unique opportunity to foster friendships and build a sense of community. The 'afterglow' of a camp can be seen back in the classroom as a more cohesive, more empathic, and supportive learning environment.



The enjoyment of adventurous activities on school camps is second to none, regardless of the activity, there is excitement that comes with engaging in something new and challenging. From surf camp, to tramping, low and high rope activities to canoeing, skiing and mountain biking school camps provide a unique opportunity for students to explore and experience things they may not have experienced in their whānau group, or on their own. The joyful atmosphere created by these activities encourages students to take risks and learn from each other, promoting openness and a willingness to try new things.



While the benefits of adventures on camps may not always be immediately apparent, they have far reaching effects that last a lifetime. These opportunities that we as a school provide produce lifelong memories and hopefully an everlasting yearning for being outdoors, exploring and finding the adventure in life.

Gee Reisima  
EOTC coordinator



## *He Pito Kōrero!*

### **Tikanga 101: Pōtae and kākahu – Hats and clothing**

Kia ora e te whānau! Ngā mihi mahana o Hineraumati ki a koutou katoa!

As we head into the warmer months of Hineraumati, I am reminded about tikanga with your pōtae and kākahu and where our tamariki can place these when they take them off, as they warm up after coming in from morning tea or lunch breaks.

Our ūpoko (head) and tinana (body) in te ao Māori, as in several other cultures, are tapu or sacred. Because of this status, anything that you wear on your ūpoko (hats, glasses), or your tinana cannot be placed on a table or space that kai is prepared or eaten at. For our ākonga, that means pōtae and kākahu must be hung up in the cloak bays or on a clothing rack that is suitable for these items. When discussing this with kaiako (teachers), having a space, hat or clothes rack that is the designated place for these items becomes part of the normal daily practice that our ākonga become accustomed to.

Many of our tikanga are based on common sense, hygiene, and a raising of awareness of what we do in our everyday lives. Ākonga appreciate exploring these; the possibilities of their origins, what was happening in the environment for these to form a habit and the practical nature of our tikanga!

Tangata i ako ana i te kāenga,  
te tūranga ki te marae, tau ana!

*A person nurtured in the community  
contributes strongly to society.*

Nā, Matua Troy.

### ***Kīwaha o te wiki – Kīwaha of the week.***

Mei kore ake koe (may co deh ar keh cor eh)  
Thank you/fortunate to have you/if it wasn't for you!

**Tamati:** I was able to teach those actions to that waiata  
because of you showing me yesterday! Mei kore ake koe e Rangi!

**Rangi:** He pai noa iho e hoa...all good!

*He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori*



### **“Bee” Safe Wear Shoes And Slap On A Hat!**



Our main field always attracts the buzz of our friendly little workers of the flowers. To ensure the children are safe from harm please check that they have suitable shoes on at all times. This is up to parents and staff to enforce. If you see one of our children on the field without shoes on, please ask them to go and put some on. And te ra (*the sun*) is out in force so please make sure you wear your hats too.



## Staffing Update

Sadly we received our gardener Debra's resignation during the holiday break. We have really valued her as a team member and she has gone above and beyond for our kura during the 15 months she has been with us. The grounds are so well cared for and look beautiful. We are in the process of appointing a new gardener and will introduce them in next weeks' Grapevine. Many thanks for all your mahi Debra, we wish you all the best.

## Waiata Mai    Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Waiata mai has started. Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!

Nā Troy Gardiner

## Friday Market

**Fridays at 3:00 pm    Remember to bring gold coins and small notes on Friday**

- Stalls will be ready to go at 3:00 pm in the courtyard outside Classes 1 and 2.
- If it's wet weather, you'll find them setup in the foyer.
- Make sure you bring small change with you.



## High School Parent Evening

We would like to invite all High School parents to our High School Parent Evening next Wednesday, 25 October. This evening will be an opportunity for parents to meet in their class groups. We acknowledge that some parents will have children in more than one High School class and you may need to split your time, or prioritise one over another.

Our intention had been to hold this evening at the start of the year, but due to the cyclone it was unable to go ahead. Since then opportunities to meet have been impacted by the ongoing industrial action and our need to prioritise our parent teacher interviews and High School information evenings around transitions into Class 8 and electives planning.

The purpose of the evening is to:

- meet new parents and catch up with those we know
- hear about end of year events relevant to each class - camps, projects, assessments, prize giving, graduation, exams, craft week

There will be time for each class group of parents to also plan for the Fête and any additional fundraising or class planning that you may like to do.

We hope to see you there.

Pippa Caccioppoli  
Tumuaki/Principal





Ma te mahitahi, ma te whakapono, ma te whakamomori, ma te koakoa, ka taea e tatou!

By working and striving together, by believing and trusting, by patience and perseverance, by all being done joyfully, we will succeed!

Our wonderful fête is happening in just over four weeks! It's time to get busy.

Taikura fête is an accomplishment of the creativity, dedication, generosity and skill of the entire body of whānau, children, and staff. By opening our school to the wider Hawkes Bay community we offer something of our school's Special Character that endures beyond the festivities' conclusion. As a state-integrated school, Taikura Rudolf Steiner School receives limited funding for school facilities. Taikura fête is the most important fundraising event at our school. Your participation is essential! Taikura fête depends on **EVERY** whānau helping and participating. There are many ways to contribute according to our individual skill and ability.

#### **Children's activities**

We are currently on the lookout for face painters and hair braiders to help with the children's activities. Please contact Elspeth Ross 02108431387.

#### **Photography**

We are also on the lookout for any photos you might have from the fête from last year that you would be happy for us to use as part of the marketing, please email [taikurafete@gmail.com](mailto:taikurafete@gmail.com)



### **Class Food Stalls**

Now is a good time to be planning for the best delivery of your delicious food item! Our amazing kai stalls is where the bulk of the income from the fête is generated. Your class is responsible for sourcing ingredients including seeking donations, following recipes, preparing food in a safe environment and storing food hygienically in advance of the fête. Liaison parents will have reached out to you by now. Get in quick to secure your preferred time slot. You can contact Jess Scott with any food related questions.

### **Crown Making Workshop**

The fête committee would like to warmly welcome whānau to join us at Taikura kindergarten for a weaving workshop to learn to create tīpare (Flax crowns). This is a workshop for adults only please.

Come and learn a new skill as well as making some tīpare to be used for the fête.

**Saturday 28 October - 9:00 -11:00 am** at Taikura Kindergarten Family Room. Harakeke will be provided.

We look forward to seeing you here, any queries please contact Amber Wale.

### **Fête Signage**

We need high visibility locations / fences to display our fête signs!

If you have a fence in a prominent or high traffic location and are happy to have a fête sign up, please let us know. The large signs/billboards are H:180cm by W:120cm, and the smaller signs H:90cm by W:60cm.

Let us know at taikurafete@gmail.com with your name and address, and a sign will then magically appear in the coming weeks and disappear directly following the fête. Thank you if you have any question please contact Hana Ruth 021 029 66728.

### **Spreading the word!**

We want to make sure that everyone knows the fête is on, and what a wonderful event it is! If you have any contacts in the world of radio, newspaper, social media, or other promotional avenues, please let us know!

If you are a Facebook user, please help us by doing the following. Going onto the Taikura fête page, find the event, say you are going. This will then show the event in your facebook feed to your facebook friends. The link to the event is here: <https://fb.me/e/JDwdvWBeZ>

### **Crafting**

We need your craft items and continued support please. If you have completed items, please bring them in to the school office. Keeping up with crafting energy, either alone or have a little group session.

Remember, please use natural materials. These craft items help to make the children's shop a success!

### **A heads-up regarding waste**

The importance of waste minimisation is a key kaupapa this year!

Letting you know now - and tell your friends - bring your own mug, plate, utensils.

Please consider how you minimise waste coming into the fête, in your food stall and other responsibilities - thank you!



## Social Media

Our official Facebook page 'Taikura Rudolf Steiner School and Kindergartens' is now active, please like and follow for all the latest updates. Please find below a reminder of our policy regarding social media associated with Taikura. Platforms like WhatsApp, which are not public pages as such, are still considered social media, so any groups or chats which contain the name Taikura and discuss school-related subjects, need to be approved.

### Community Social Media Guidelines

This policy applies to anyone using school-related social media.

#### **Expectations:**

Administrators and users of all Taikura social media accounts must use their best judgement when using school social media.

#### **Posts and comments must be:**

- polite and represent the school in a good light
- relevant to the school community
- consistent with relevant school policies (e.g. Privacy, Digital Technology and Online Safety, Harassment, Bullying).

#### **Posts and comments must not contain or link to:**

- abusive content, bad language, personal attacks, spam
- advertising (unless this is thanking a business for their support)
- identifiable images of a student's face (unless with relevant permission).

If users breach the conditions above, the post/comment may be deleted and the user may be blocked.

### Administrators

Administrators of social media accounts must be currently associated with the school. If an administrator's association with the school ends, they must be removed as an administrator. A senior staff member will always be an administrator on the account.

Anyone setting up a social media page that is associated with the school must seek permission from the principal/board.

#### **Administrators are responsible for:**

- monitoring posts/comments regularly
- removing inappropriate posts/comments (and blocking users if necessary)
- documenting harmful content with a screenshot and removing it as soon as possible
- reporting inappropriate content to senior staff.

### Concerns

We encourage parents to contact the school when issues arise. If you have a concern, please let us know before sharing negative personal views online.

#### Upcoming Events

October 20 -23

**School Closed**

Hawkes Bay Anniversary and Labour Day

October 25

6:30 pm - 7:30 pm

Class 3 Parent Evening

October 25

6:30 pm - 8:30 pm

High School Parent Evening - TH Level 3

November 8

6:30 pm - 8:00 pm

Community Gathering - School Hall

November 19

10:00 am - 3:00 pm

Taikura Fête

## Save The Date

Community Gathering - Taikura. Our Choice

Come join us on Wednesday 8 November in the School Hall at 6:30 pm as we explore what nourishes and enhances our children and their journey at Taikura.

In this informal gathering - you will hear from Michelle Vette, General Secretary of the Anthroposophical Society and Nursing Practitioner, you will explore the wonders of Art, Speech and Drama, Eurythmy and Extra Lessons with experienced practitioners. This is a chance for our community to celebrate our choice in choosing this special education for our tamariki.

More information to follow next week

Special Character Governance Sub Committee

## Casual Kindergarten Kaiako and Kindergarten Assistants Needed

We are looking for enthusiastic people to come and support us in our kindergartens. If you are an experienced kaiako or someone interested in Steiner pedagogy in the kindergarten setting this might be an opportunity for you! Casual hours between 8:30 am - 3:00 pm (might be shorter), kindergarten term time only. We are looking for both qualified registered Kaiako as well as Kindergarten Assistant support. Please contact Danica Hensel Ondrusova at [danica.hensel@taikura.school.nz](mailto:danica.hensel@taikura.school.nz).

## Health And Safety

During the holidays a trench was dug in front of Classroom One so contractors could access cables and pipes in order to ready the building for demolition. The trench was filled but now needs to be re-sealed. This work is scheduled to happen from 3:00 pm tomorrow so we can take advantage of the long weekend and allow the tarmac to be fully cured before tamariki return to school on Tuesday. **We therefore ask that all students are collected PROMPTLY at 3:00 pm tomorrow afternoon and that no whānau linger on site.** Heavy machinery and contractors will be accessing our site from various different points, and we would hate for anyone to be placed at risk. A blackboard notice will be placed near the gate as a reminder tomorrow afternoon.

## Looking For A Host Family

My name is Carla Schluep and I go to the Atelierschule in Zurich (Switzerland).

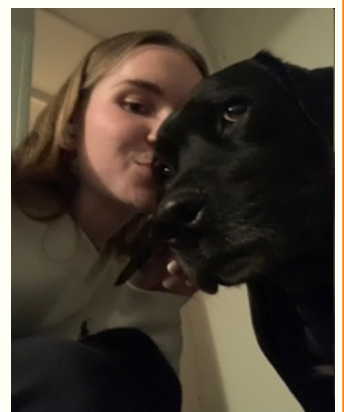
I would like to do a language exchange in Hastings with a peer between the summer and autumn holidays and am still looking for a host family.

I grew up with my three brothers in Solothurn, which is about 30 kilometers from Bern, the capital of Switzerland.

I am 17 years old and like to do things with my peers in my free time.

My address details:

[carla@schluep.org](mailto:carla@schluep.org)







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## Supportive Therapies

11- 13 November 2023



As a nurse, therapist or caregiver we invite you to register for this three-day workshop focussed on practical, effective care and intervention strategies. Come and be a part of widening the circle of those offering supportive therapies in the community. Through our learning process, healing plants and external treatments will become familiar to you, preparing you to assess and safely work with the therapies based on a sound rationale.

In addition we introduce

- biography work
- the inner path of the nurse or therapist, and
- casework to help with individualised care across various situations and settings.

**Cost:** \$550 all materials, refreshments and lunch included

**Tutors:** Deborah Bednarek RN MN ANS and Michelle Vette RN MN ANS

We welcome your registration by visiting our website: [www.taruna.ac.nz](http://www.taruna.ac.nz) or contact us on 06 8777174



**TARUNA  
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## Therapeutic Art

Six Wednesdays from 18 October 2023

*Come and join us for a 6 week introduction to Therapeutic Art.*

Let yourself take a breath from the demands and busyness of life as you explore the technique of wet-on-wet painting. Through its rhythmical approach you will build confidence in your own creativity. Each week will allow you will deepen your sense for colour, composition, form, transitions and subtlety as you learn foundational skills of working with watercolour painting. Wet-on-wet watercolour is gentle and affirming - it overcomes that little inner voice that may be telling you 'I can't paint!', as you unleash and grow your creativity. Suitable for everyone, it lets you take a breath, relax and have fun.

So take some time to nurture yourself and as you do experience the fullness of nature in the beautiful garden surrounding Taruna. You will be working with Sonya Lethbridge, Artistic Therapist.

6 week course, starting Wednesday 18th October, 9am - 10.30am.

**Cost:** \$185.

We welcome your registration - please visit: [www.taruna.ac.nz](http://www.taruna.ac.nz) or contact us on 06 8777174.



## Wellspoken - Robyn Hewetson

I have some after school times available for students this term. Does your student love drama? Want to work with creative speech? Do they have some learning difficulties? The Art of Speech Formation can help students who really want to develop their speaking skills for drama or presentations. It is also hugely helpful in therapeutic situations helping with confidence, hearing, remembering and speaking. If you are interested in having help next term, please get in touch with me: Robyn Hewetson at [robyn@wellspoken.co.nz](mailto:robyn@wellspoken.co.nz) or call me at 06 878 3496 or 021 217 8688. Located at 804 Eaton Road, St Leonards Hastings, just one kilometre from Taikura.

## Bird Netting

Bird Netting by gold coin donation. Ex Vineyard, black or white.

**Uses:** Protecting new Seedlings, Brassica, Fruit trees, for berry houses or chock frames etc.

You will need to sort out your chosen length, discarding any holes, Bring a Stanley knife or similar.

The Fades/bags of netting are by the gardeners shed.

Money raised goes towards our gardens. Questions to KAZ 027 334 9311

## Accommodation Required

Kia ora whanau, I am looking for a room/bed in Hawkes Bay on behalf of a friend for about two weeks: From around 17-20 October to early November.

I am Tamaki Shimaoka, I graduated last year from Taikura. I have been based in Ohakune for the last three months ski instructing on Turoa. I will head to Japan for another winter season before heading down south to Otago to study computer science.

My friend is here from Taiwan on a working holiday, she is super tidy, sweet and respectful, more than happy to help out around the house or pay some rent as needed.

If you can help in any way, it would be greatly appreciated. Please drop me a line:

Email: [tamakishimaoka@gmail.com](mailto:tamakishimaoka@gmail.com) Mobile: 021 084 43835



**Hōhepa** every life fully lived

The Hōhepa shop team are looking for a new part time member. Be the face of Hōhepa at the Sunday Markets, help share their story. If you are interested, please apply at [Hohepa.com](http://Hohepa.com) or contact Francesca Dalli-Niven at 027 265 4697

Ngā mihi

Francesca Dalli-Niven

**Recruitment and HR Manager - Hōhepa Hawkes Bay**

Check out our current vacancies here: [Hōhepa Q Jumpers](http://www.hohepahawkesbay.com)

<http://www.hohepahawkesbay.com>