

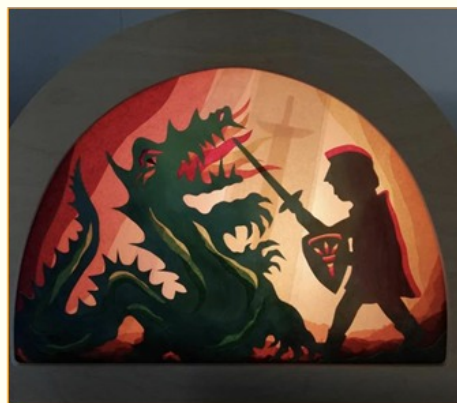


The Grapevine

Saint Michael

The sword-wielder,
the dragon-confronter,
gathering up the true aims,
shielding the purposes of our hearts.
He watches over the conflicts
of the dark time,
sending down iron courage
from shooting stars,
lifting the heart to see ahead
the light that overcomes in darkness.

Evelyn Capel



As autumn begins to settle very gently around us we turn your thoughts towards the Festival which we will be hosting at Taikura on Thursday 21 March.

After a picnic on the field with hopefully lots of you attending, we will watch the younger classes perform the play of Saint Michael and the Dragon.

Rudolf Steiner spoke a great deal about Saint Michael as an Archangel and Time-Spirit of our present World. Steiner also gave a number of pictures regarding this spiritual being and his place in the season of autumn. Like the play, these 'pictures' can be seen and understood on many levels, for the ideas and imaginations they represent are ancient. Steiner often spoke of the meteoric iron of which Michael's sword is a symbol, with the meteorites that flash through the autumnal night skies like sparks from the blade. Steiner highlighted the importance of the meteoric iron and its work outside of us in the World and also inside of us at this time of year. Iron permeates our daily lives. It has changed our modern world dramatically through the ages, and even the iron contained in our food and our bodies was once made in the stars. Modern scientists tell us that stars, in fact quasars, are the stellar factories of iron production as they blaze their way across our Universe. Just as we see in space during these months a flashing of iron meteorites (a condensed form of this cosmic iron) coursing across our night skies; so too, says Steiner, is our blood filled with a "million upon million-fold" of a meteoric counterparts.

Our blood is indeed full of minuscule meteorites and the iron is the very centre of much of the work it does. The average human adult has around five million red blood cells per cubic millilitre of blood. That equates to approximately 25 trillion red blood cells in your body. Within every red blood cell there are roughly 280 million haemoglobin proteins and each one of these is made of four 'heme' molecules. These molecules are the tiny secret to our breath of life. At the heart of each 'heme' molecule is an atom of iron: the core to respiration; and the reason our blood is red. If there are four molecules to every 'heme' and there are 280 million per red blood cells, that means we have on average over a billion iron atoms in every cell which must mean we have at least 5 600 000 000 000 000 of them in our bodies. Over five quintillion iron atoms coursing through our being, and every one of them made in the star-foundry of the Universe.

Beings of the stars we are!

Written by Johnny Ryan

The excited chatter among the children as they start to create props and learn lines for our annual Saint Michael play, the morning chill all herald the changing season and our approaching Autumn Festival.

Autumn Festival

On Thursday 21 March Taikura will be celebrating the season of Autumn. Parents are invited to join their children for an Autumn picnic on the big field to celebrate this occasion. The picnic is followed by the Autumn Festival Play Saint Michael and the Dragon.



Picnic Lunch 1:00 pm - 2:00 pm Saint Michael and the Dragon play performance 2:15 pm

Parents please bring along your picnic basket and blanket and enjoy the afternoon with your child.

The Community Canteen and H3 Group will be selling kai - **Please see menu and prices on page 6**

Wet weather contingency: No picnic, however food sales will go ahead. The play will be held in the gym.

Nā tō rourou, nā taku rorou ka ora ai iwi *With your food basket and my food basket the people will thrive*

The Autumn Festival table will be in the hall foyer from Monday 18 March. We welcome any excess produce and preserves for the table prior to the school festival on Thursday 21 March.

During the time in which the table sits in the hall foyer waiting to be filled - it is a warming sight to watch the piles of produce and preserves grow. We encourage all students to bring something for the table on Festival day.

All produce collected is given to where there is a need. We also understand that at this time resources for many are stretched and we ask for only what your family is easily able to spare.

Warmly, Kelly on behalf of the Festival Group.

Help support the students of Taikura with their annual pumpkin growing competition

This event will take place on the Autumn harvest festival afternoon

How to enter:

Please bring your pumpkins into the hall foyer where a table will be set up for your pumpkin. Pumpkins will need to be collected and taken home after the competition. We highly encourage pumpkins that are entered to be homegrown. However, we do understand that if you do not have the space or time to grow your own you can purchase your own pumpkin for the carved or best dressed category.

A gold coin donation is asked per entry.



Categories

Biggest Homegrown Pumpkin

Best dressed pumpkin

Most creatively carved pumpkin.

Contestants' pumpkins will be grouped and judged based on the age groups below.

Fun prizes will be available!

Groups

Lower school students (Classes 3 and up)

High school (Classes 8 through to 12)

Staff & Community



He Pito Kōrero!

Kua rongo koe...Have you heard?

Have you heard that there is a gathering at the Ātea-a-rangi, at Waitangi Regional Park, in Clive, to acknowledge 'Te whakawhitinga o te rā o ngahuru – The Autumn Equinox? It is on 22 March, next Friday at 6.30 a.m!

Kīwaha o te wiki – Kīwaha of the week
Kātahi rā hoki! (ka tah he dah hor key)

How astounding, how astonishing, good grief, heavens above, goodness gracious - an exclamation to express disapproval or amazement about an unusual idea.

Hemi: Kia ora e hoa. Have you heard that Hōhua is the leader of their kapa haka?
Mana: Kātahi rā hoki!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Waiata Mai Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!
Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!
Nā Troy Gardiner



'Taikura Upstairs'
Taikura Rudolph Steiner High School
April 15 - 28, 2024

Hastings Community Arts Centre
106 Russell Street South, Hastings
Mon - Fri 9:30am - 4pm, Sat - 10am - 2pm

6 878 9447
info@artsinc.co.nz
artsinc.co.nz
artsinc.heretaunga



'Taikura Upstairs'

An exhibition of art and craft work by students from our High School

15 - 28 April

At Arts Inc

106 Russell Street South

Monday - Friday 9:30am - 4:00pm

Saturday 10:00am - 2:00pm

This exhibition showcases the dynamic visual art and craft work of high school students from Taikura Rudolf Steiner School from mid 2023 and the beginning of 2024.

Clayton Gibson

High School Art Teacher

Sports Notices

Winter Sports 2024

In the next few weeks I will be taking names for winter sports teams.

Now is a good time to have a chat with your children about what sports they are able to play this season.

Primary hockey- Saturday mornings- classes 3 and 4

Intermediate hockey- Fridays after school- classes 5 and 6.

Class 7 plays Tuesdays

Primary netball- Thursdays after school- classes 3, 4 and 5

Intermediate netball- Wednesdays after school classes 6 and 7

High school students

Senior high school basketball- Fridays

Boys badminton- Tuesdays

Girls badminton- Thursdays

Squash- Mondays

Waka ama- Mondays

Netball- Saturday mornings

2nd 11 hockey - Mondays

1st 11 hockey - Wednesdays

Janet Osborne

Sports Coordinator

High School Athletics Day



High School Athletics Day cont.....



Class 10 student Ian Foxcroft broke the Taikura high jump record at Athletics Day this week, with a jump of 1.67 metres.

Ka mau te wehi!

Fantastic work Ian!



Simplicity Parenting Study Group

Whānau and parents of Playgroup, Kererū and Taikura Kindergartens and classes One and Two are warmly invited to a weekly study group to read and discuss the book 'Simplicity Parenting'

Being a parent these days can be quite challenging and complex, navigating our daily lives brings questions with many answers available. How do we know which are the right answers for us? Come and join us on this journey guided by the book 'Simplicity Parenting'.

Where: Whānau room, Taikura Kindergarten
When: Thursday evenings 6.30 to 7.30 weekly
For more information or questions - please contact
Danica at danica.hensel@taikura.school.nz or
Bridget at bridget.berlin@taikura.school.nz



Pizza Party @ Autumn Festival

* A fundraiser for our community canteen*

Margarita - tomato & cheese - \$4

Salami - tomato, salami, cheese - \$5

Vegetarian - tomato, veggies, cheese - \$4

Flammkuchen - sour cream, onion, bacon - \$5

Focaccia (DF) - olive oil, garlic, rosemary, salt, fresh tomato - \$3

GF option available - \$5

H3 Ice - Cream & Cake @ Autumn Festival

Rolled ice-cream \$2

Cake \$2

Upcoming Events

Class Three overnight camp Friday 15 March
Class 10 Marae week 18 - 22 March
Autumn Festival Thursday 21 March
Community Assembly Thursday 28 March
Good Friday Friday 29 March
Easter Monday Monday 1 April
Easter Tuesday Tuesday 2 April - School Closed
H3 meeting Monday 8 April 7:30pm
Taikura Kindergarten Harvest Festival Thursday 11 April
Kererū Harvest Festival Friday 12 April
Last day of Term 12 April

Anthroposophical Conference 2024
CULTIVATING CHANGE
BRINGING HEALTH TO HUMANITY



Saturday & Sunday, May 04 - 05
Taikura Rudolf Steiner School,
Nelson St North, Hastings
Hosted by Anthroposophical Society in New Zealand

E ngaki ana a mua e tōtō ana a muri.

First cultivating, then planting.

If those ahead do their work, those following can do theirs
and all can achieve their common goal.

The guest lecturer, Ueli Hurter, is Executive Council member
and Agriculture Section co-leader at the Goetheanum, Switzerland.

For more details and registration go to

www.anthroposophy.org.nz

All welcome

Classifieds

Ceilidh Club comes to Clive Community Hall

Sunday 17 March 7:00 - 10:00 pm

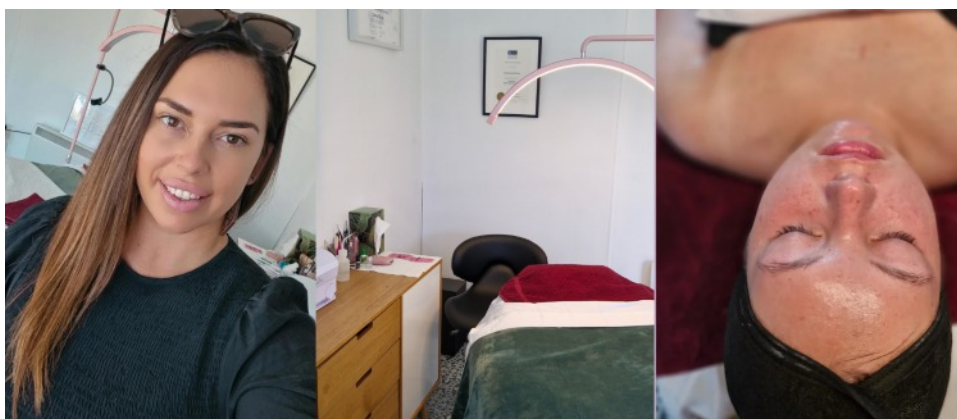
This time with an Irish theme because it is Saint Patrick's Day. But no need to fear there will be no complicated steps to learn! This is ceilidh (social) dancing. To ceilidh you just need a bit of coordination, a sense of fun, and some energy. Anyone can ceilidh dance. It's simple, and great for fitness.

To find out more, search for Ceilidh Club NZ on Facebook or email Helen Stonehouse helenstonehouse62@gmail.com

Please note these events are strictly NO ALCOHOL. Soft drinks are provided. So grab something green to wear and we'll see you there! Cash sales only on the door \$20 (student/unwaged \$10)

Em's Beauty Room

Hey everyone, my name is Emma Kenny. I am an ex Taikura student and now a parent of the school to Coby c6 and Harlen c1. I have a home business called Em's Beauty Room doing all things beauty for women. Text 0279434932 if you have any questions or you would like to book in. Thanks! Emma



Em's Beauty Room

PRICE LIST

DERMAPLANING FACIAL	\$70
1 HOUR WELEDA FACIAL	\$90
1.5 HOUR WELEDA FACIAL	\$140
1 HOUR RELAXATION MASSAGE	\$80
FULL BODY SPRAY TAN	\$45
RUSSIAN LASHES FULL SET	\$90
LASH INFILL	FROM \$50
LASH LIFT (INCLUDING TINT)	\$80
BODY WAXING	FROM \$25
FACIAL WAXING	FROM \$20
LASH & BROW TINTING	FROM \$20

HAVELOCK NORTH, HAWKE'S BAY

0279434932

INSTGRAM: @_EMS_BEAUTYROOM