Taikura Rudolf Steiner School

The Grapevine



11 April 2024

Pippa's Panui

Me mahi tahi tātou mo te oranga o te katoa.

We must work together for the good of all

As this first term draws to a close, we have an opportunity to look back and reflect. It has been a full term, full of learning, of working together and actively striving to progress positively which all builds community.

For our students that sense of community has been visible with the welcoming of new and visiting students, as senior students encouraged younger ones at our autumn festival, the cheering and support of peers at our athletics day and on the sports field, the care taken of classmates on camp, encouraging each other to give their all or looking after others when injured, past and older students returning to support Class 10's performance at the marae.

A strengthening of community has also been consistently visible with our staff this term. Nearly all of our Lower School teachers this year are with new classes, in the High School we have a number of teachers picking up new subject areas, our kindergarten staff are strengthening connections between the two centres and our admin team have been actively finding new ways to work with less staff and all of this has resulted in a stronger sense of collegiality and collaboration. Weekly, we have staff stepping in to cover when others are away, sharing ideas and suggestions for the classroom and staff studying and learning together. Connecting and collaborating has also been happening nationally with our fellow Steiner Waldorf schools, with hui happening between kindergarten and school subject and class groups as well as at a principal level.

Teachers have also been strengthening connections amongst students across ages in sports teams such as waka ama and hockey as well as in school activities such as orchestra, drama club and kapa haka. A wonderful initiative this term has been our kindergarten teachers weekly study session for parents as well as teachers sharing regular items in our weekly Grapevine which builds connection and community.

Our Steiner Waldorf education works in partnership with the parents and guardians and the community this creates around our students. This term parents and guardians have strengthened our community by making themselves available to attend camps, run weekly sports practices and accompany students on field trips. We have been so very fortunate to have the community canteen continue this term. There is a core team that have made this initiative possible, and it has been lovely to see them supported by new faces at the canteen window, working together to feed our students.

This term we have also had parents generously volunteering their specialist expertise and time to improve aspects of our school as well as parents volunteering on our governance boards. These parent governors do not just attend Board and Trust meetings but also numerous subcommittee meetings where a great deal of the discussion and mahi happens which supports our kindergarten and school students and staff. Building community happens in the sharing of a picnic at our autumn festival, being a member of the audience at our community assembly, organising and contributing to the bustling Friday market, coming in, meeting and working together with teachers to support our students in their learning and their journey at Taikura and reading and contributing to our Grapevine.

As we farewell this first term it is a time to pause and reflect. To acknowledge this first term which has been full of activity and learning experiences as well as beautiful warm summer days. Looking ahead the days will become shorter, darker and colder as winter draws. Our harvest this term has been rich and full, with connection and collaboration between our students, staff and parents. We have a strong foundation of community on which to build the rest of our year and for that we are very grateful. Wishing all of our community a wonderful safe holiday.

> The healthy social life is found, when in the mirror of the human soul, the whole community finds its reflection and when, in the community, the virtue of each one is living.

Ka tu rangatira ai te wairua manaaki Ina kite te iwi i tona ake ataarangi I roto rawa i tona tino whatumanawa Inahoki, e puaawai pai ana Te ngakau aroha I roto i tena, i tena O te iwi whānui

Pippa Caccioppoli Tumuaki/Principal

Community Survey

We would like to gather some feedback from our parent body about our school. What do you and your tamariki/rangatahi enjoy most about Taikura? What do you value/connect with most about the various aspects of our Special Character? What areas could we strengthen? The first of our questions are shared below and will continue into next term. We encourage you all to participate, either via the links, emailing us directly, or dropping in handwritten notes, whatever works for you!

https://www.surveymonkey.com/r/DCQVX99

High School Art Exhibition

A reminder the opening for this event will take place on Monday 15 April at 5:00pm, we would love to see you there in support of our talented High School students.



Taikura Upstairs' Taikura Rudolf Steiner High School April 15 - 28, 2024

106 Russell Street South, Hastings S 6 878 9447 Mon - Fri 9.30am - 4pm, Sat - 10am - 2pm info@artsinc.co.nz









He Pito Kõrero!

Ngā mihi mahana o ngahuru ki a koutou te hapori o Taikura...Autumn greetings to you all.

As we come to the end of te wāhanga tuatahi, I was reflecting on where we were all at after Cyclone Gabrielle. A time that now feels like it was a different life ago, and as I was reminded by a student, that some are still experiencing those ongoing effects. However, a year later, as we move into the changing climate of ngahuru, I feel grateful for the simple things that I sometimes take for granted; the warmth of the summer days we have had, the harvest and bounty of what has grown this year and ebb and flow of life at Taikura! I wish you all a restful time with your whānau and friends. I also want to send a shout out to the High School Waka Ama team, who are taking part in the Te Wheke Novice race in Taupō this Saturday, alongside 26 other waka in the same race...Tū mai te hoe!

Kia ora mai anō. Nā, Matua Troy.

Ngā kīwaha o te wāhanga tuatahi - Idioms of Term 1

Kei tawhiti koe! You are just out there, outstanding, unmatched! Inā rawa! That's amazing, how amazing - an idiom expressing

amazement at something the speaker has just learnt.

Me kore ake koe! If it weren't for you!

He mea peita ō taringa? Are your ears painted on/Aren't you listening?

Kei konā au I'm with you on that!

Kātahi rā hoki! How astounding, how astonishing, good grief,

heavens above, goodness gracious!

Manea! Cool!

Pai mutunga Great, wonderful, marvellous

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



The light in your child

Kia Ora whānau,

Do you see the light in your child? And would you like this light to grow? Matua T will be offering a programme for Class 8 up and whānau, more information in Term Two.

Nau mai haere mai, Te Whiti Seeds

Upcoming Events

Kererū Kindergarten Harvest Festival - Friday 12 April 12noon

Last day of Term One for school - Friday 12 April 3:00pm

Kindergartens open for instruction - 15 to 19 April

High School Art Exhibition - 15 to 26 April at Arts Inc in Hastings

Anthroposophical Conference Cultivating Changing

HAWKES BAY

MUSIC - EURYTHMY - SPEECH 4th May 6:15pm 2024

Music with an accompanied choral concert directed by Stuart Lithgow

Eurythmy directed by Kimberle Haswell

Speech with Michael Burton

Rudolf Steiner's Christmas Foundation Conference took place in 1923/24 on the site of the Goetheanum in Switzerland. In honour of the centennial, we invite you to a unique opportunity to experience an evening of music, eurythmy, and speech.

Stuart Lithgow will direct '100 Years', an accompanied choral concert, composed by Dale Jones. This is a musical reflection set to excerpts from the Foundation Stone Meditation, a verse given by Rudolf Steiner. The piece is in three parts; 'You Live in the Limbs', 'You Live in the Beat of Heart and Lung' and 'You Live in the Resting Head'.

Kimberle Haswell will direct the Foundation Stone Meditation in Eurythmy. This was performed for the first time on the 20th April 1924 with forms, lighting, costumes, and gesture indications provided by Rudolf Steiner. Five years ago, Kimberle Haswell and others began exploring this in Eurythmy. Since then, Kimberle has led the Hestia Eurythmy group, a collection of committed community members, who will share this work in commemoration of the centennial celebrations.

In addition to the Music and Eurythmy elements, Michael Burton will be narrating the powerful spoken word of the Foundation Stone Meditation. It has been described as urging us to have strength and to seek wisdom and truth in the past, present, and future through three processes of 'spirit recollection,' 'spirit contemplation,' and 'spirit beholding'. Hope you can join us for this experience.

Bringing health to humanity

Date: 4th May 6:15pm with an introduction by Kimberle Haswell.

Location: Taikura Rudolf Steiner School Auditorium.

505 Nelson St North, Hastings, Hawkes Bay.

Adult event - Koha \$10 - 20

For more info:

stuartlithgow4@gmail.com and Kimberle -hepatia@proton.me michelle@anthroposophy.org.nz



Positive Parenting

Parenting Teenagers

This programme provides parenting strategies for raising children. The course covers topics including communication, child development, discipline and age appropriate behaviours. There is time for discussion and the sharing of challenges and successes faced by parents and caregivers in the group. Run once a week over six weeks, both day and evening programmes are offered.

Find ways to improve communication and build your relationship with your ten. Parents enjoy this group as they quickly realise they are not alone. Our trained, experienced facilitators cover the tricky parts of teen parenting; safety, risk taking behaviours, how to develop a great relationship with your teenager and realistic expectations while your child goes through these momentous years. Run once a week over 5 weeks.

Emerge

Just For Kids

For 10-12 year old tamariki / children. This course is activity-based and helps children develop social skills and confidence. They explore issues such as how to deal with bullying, healthy living, working together, and managing challenging emotions and situations. The groups are limited to 10 participants and is run after school, one day a week for six weeks.

For 7-10 year old tamariki / children. The course is activity-based and helps children explore issues such as how to cope with strong feelings, building confidence and social skills through interaction, team building and fun. Groups are limited to 10 children and the programme is run after school, one day a week for six weeks.

Strengthening Your Step Family

Women's Wellbeing

There's a new dynamic in many families as divorce, separation, re-partnering, re-marrying, new babies and step-siblings can create a new-look family. Step parenting has its own set of challenges and this course will help you develop strategies for finding ways to cope with the challenges, while sharing the joys of step families. You'll have the opportunity to develop your family vision and values. This course is run once a week over six weeks.

This five session course offers women a safe, group environment to explore ways to develop confidence within the themes of goal-setting, self-esteem, assertiveness, personal boundaries, nutrition, women's health, and interview skills. Our trained, experienced facilitators have run this popular course for many years. Women who attend give positive feedback about the benefits of learning strategies for self-care in a supportive environment, surrounded by people who understand where they're at.

The Incredible Years

Incredible Years Autism & Language Delay

The Incredible Years programme is designed to help parents build positive relationships with their children and develop strategies to manage problem behaviour. It is for parents of children aged between 3 and 8 years old. Sessions use group activities and videos as tools to explore, discuss and practice parenting strategies. A course book and other handouts and materials are provided free of charge. This programme is run once a week over 14 weeks and both day and evening courses are offered.

The Incredible Years Autism programme is specifically designed for parents of children aged 2-5 on the autism spectrum or with language delay. Using group discussions, real-life situational videos and group problem-solving, the programme helps you build your parenting skills and confidence. It's highly interactive and collaborative, and is driven by your child's developmental abilities and goals. Over the course of 14 weekly sessions, you'll learn to engage and play with your child in ways that support their language development and emotional self-regulation. You'll also learn how to support your child's social skills and empathy, and help them to form positive relationships.

We are delighted to be able to offer these courses FREE, but registration is essential.

View dates and register your interest at napierfamilycentre.org.nz/our-courses

Napier Family Centre

Napier Family Centre is delighted to offer a range of FREE programmes for parents and tamariki. Our courses support families to build healthy whānau relationships and happier lives. Each course is usually run one session per week and they vary in duration from 3 to 14 weeks.

We've got an exciting range of programmes available in Term Two. Here's what's coming up:

Strengthening Your Stepfamily

- •This course will help you develop strategies for finding ways to cope with the challenges and share the joys of stepfamilies.
- •Starts 29 May 2024
- ●Wednesdays 7-9:30pm
- •6 weeks duration

Emerge

- Course for tamariki children aged 10-12 years, activity-based and helps children develop social skills and confidence.
- Starts 16 May 2024
- Thursdays 3:30pm-5:00pm
- 8 weeks duration
- Places are very limited but we will run this programme again in Term 4.

Check out our flyer below for more information about these programmes and the other programmes we offer throughout the year. Registrations are essential as places are limited. Head to our website for more information about course dates, and a link to register your interest: https://www.napierfamilycentre.org.nz/our-services/family-services/our-courses/

Lift Off is Toitoi's new annual children's Festival for 3 to 13-year-olds, dedicated to igniting young imaginations and celebrating children's creativity!

Lift Off puts children at the centre, with heaps of high-quality events and activities to explore - performances; interactive,



participatory, and immersive experiences; workshops; design projects; exhibitions; parades and much more.

Here is a link to the main page: https://www.toitoivenues.co.nz/whats-on/lift-off/

And here is a link to the 100's and 1000's club: https://www.toitoivenues.co.nz/whats-on/lift-off/event/837065/lift-off-100s-1000s-club

Youth Photography Course

FACILITATOR www.fotoiwi.nz | 021 813 877

Elements is a one week workshop for Hawke's Bay youth aged 12-19. Through photography you will learn new techniques and skills weaving these into a daily photo challenge using different elements of nature you find around you. With a focus on individual wellbeing, self expression and connection you will be encouraged to express yourself through a series of topics using photography to share your story. Following the workshop an exhibition will be held for friends and family to attend and to celebrate the achievements made and the images created. Register using the link below to be included and to receive your information pack.

Cost is \$25 for the week. https://www.fotoiwi.nz/elements-workshop/

Note: The workshop is delivered online between 3:00-4:00 pm starting Monday 22 April finishing Friday 26 April. This workshop has a specific focus on youth impacted by the Cyclone, who may be experiencing feelings of isolation, limited options for self expression and connection.

Karl Jenkins Requiem & The Peacemakers

On Sunday 19 May at 2:00pm, in the Taikura Rudolf Steiner School Hall, the Hastings Choral Society will be presenting a concert which features two modern works by Karl Jenkins that have not been performed before in Hawke's Bay. Joining Hastings Choral Society for this concert under the direction of Musical Director Joe Christensen will be Cantare as their guest choir, and the accompanist will be Anna Hansen.

Pony wanted

Does anyone have a suitable pony that would appreciate some extra love and care? Rowan is 11 years old and has had riding lessons last year. He would love to be able to ride again, even if it's just once a month.

I would be with him and have many years of riding experience. Please contact Amber Rose 0272620798

House/Pet Sitter Wanted

We are family from the school (classes 10 and 5) who are going on holiday from 7 August until the 10 September. We live in a lovely and large property in Otane village (next to the school bus stop). We are looking for a family or couple that is willing to house/dog sit during this period. Our two dogs are large but friendly. They don't need walking as they run around the large property, but they like company. We have two houses within the property to choose from depending on your needs, please contact Carolina on 027 5323244 if interested.