



Whitsun

Whit Sunday falls on the seventh Sunday after Easter and takes place on May 19 this year. Whit Sunday is also known as Whitsun or Whitsunday, all names that refer to what is the Christian High Holy Day of Pentecost. Whitsun will be celebrated at Taikura this year on Friday afternoon 17 May. Liaison Parents will be in touch over the coming week to coordinate the bakers for the Whitsun afternoon tea and room preparations.



Whitsun - The word Whitsun, which means 'white Sunday', comes from the tradition of wearing white baptismal dresses at the festival of Whitsun, or Pentecost. The word Pentecost comes from the Greek and means the fiftieth day after Easter.

A few thoughts on Whitsun - Darryn Breakwell

Rudolf Steiner described Whitsun as a time when we reap the fruit of what Easter has gifted us. It asks us to remember how the gift of inspiration from the Holy Spirit has become individualised in every one of us. Traditionally celebrated on the first Sunday 50 days after Easter, Whitsun marks the point when the Holy Spirit had descended upon the earth after Christ's ascension. At this time we can consider the disciples who came together and found unity and harmony in their being as they were touched by this power, descending upon them, described as the image of flame.

The disciples experienced the Holy Spirit uniting with themselves and themselves uniting with all of humanity. To this day the unifying connection to Christ consciousness remains, awaiting our acknowledgement and our allowance for it to work upon our lives.

As we celebrate Whitsun at Taikura we work upon our heart as a community. We do this by striving for true contemplation about the experience of Christ's disciples and evoking this mood in our souls. We have been given the gift of greater consciousness through humanity being united by the Holy Spirit, the benefit to understand and discover our destiny, a destiny of freedom and unity with all humankind.

What does it mean for us as individuals to come into resonance with and embody this divine aspect of ourselves? How might we imbue our thoughts, feelings and actions with this consciousness? What unites us, helps us understand each other as being the same? What change will this make in our World?



The Christian holy day of **Pentecost**, which is celebrated on the seventh Sunday after Easter, commemorates the descent of the Holy Spirit upon the Apostles and other followers of Jesus Christ while they were in Jerusalem celebrating the Feast of Weeks, as described in the Acts of the Apostles (Acts 2:1–31). In Christian tradition, this event represents the birth of the early Church.

In Eastern Christianity, Pentecost can also refer to the entire fifty days of Easter through Pentecost inclusive; hence the book containing the liturgical texts is called the "Pentecostarion". Since its date depends on the date of Easter, Pentecost is a moveable feast.

Whitsun Evening

Join us at 6.00pm on Tuesday 14 May in the Taikura School Library.

Come and explore the theme of Whitsun, its meaning, and the many ways it could be celebrated.

Creating festivals which reflect the unique kaupapa of your home and whānau is an investment in the history your whānau will share in the future.

Our Festival years may look very different - but each equally nourishes the child and our whānau.

Rituals and traditions are the food which nourishes the soul and sustains us through challenging times. For the adult, revisiting rituals, and traditions personal to their childhood is an anniversary of the heart, a thread which connects siblings and across the generation or a touchstone to a passed loved one.

Part of our evening will involve creating items to take home for your own festival or dining room table.

Registration is necessary for the preparation of materials. Please register with kelly.sutton@taikura.school.nz



He Pito Kōrero!

Kīwaha o te wiki – kīwaha of the week

Ka mutu te makariri! (caaaar moo too teh mar kar dee dee)
It's so cold!

Hemi: Kia ora e hine! I'm going for an early morning run tomorrow. Do you want to come?
Mata: No way! Ka mutu te makariri e Hemi!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Waiata Mai **Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura**

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!
Nā Troy Gardiner

High School Playground

Our new playground areas for High School students were completed during the school holidays. It is wonderful to see our fete parent fundraising improving our site and providing much needed physical resources for our students. Nga mihi nui!





High School Art Exhibition Opening Night



Parent Teacher Interviews

A reminder that bookings for the first week of Lower School parent teacher interviews will close tomorrow. Please get in touch with the school office office@taikura.school.nz if you have not received the email communication regarding the interviews, or if you need help booking.

High School parent teacher interviews will take place on Wednesday 15 May from 3:30pm until 9:00pm in the school hall. Details will be emailed to all High School whānau tomorrow.

School App

If you have not already done so, **we encourage you to download our School App into your smart phone.** You will find school contacts, newsletters, a link to our website, term dates, absentee notifications and our calendar which is filled with upcoming events, meetings, camps and trips. Subscribe to class alert groups and you will receive notifications such as class camp school arrival times and meeting reminders straight to your phone. So much useful information!

1. Go to the **App Store** or **Google Play Store** on your mobile device
2. Search **SchoolAppsNZ**
3. Download the **App**
4. Open the **App**
5. When it asks to send notifications – click allow.
6. When it asks to search your **School** – type your **School Name** in the search bar
7. Lastly, subscribe to the Alert Groups you would like to receive alerts for.

Community Survey

We would like to gather some feedback from our parent body about our school. What do you and your tamariki/rangatahi enjoy most about Taikura? What do you value/connect with most about the various aspects of our Special Character? What areas could we strengthen? The first of our questions are shared below and will continue during this term. We encourage you all to participate, either via the links, emailing us directly, or dropping in handwritten notes, whatever works for you! <https://www.surveymonkey.com/r/DCQVX99>

Upcoming Events

Class 9 Mountain bike camp - Monday 29 April to Friday 3 May

Taikura School Board meeting - Monday 6 May 5:00pm in Te Manukura

Class 11 work week - Monday 6 May to Friday 10 May

Lower School parent teacher interviews - Weeks 2 & 3 - Monday 6 to Friday 17 May

Class 12 Parent evening - Tuesday 7 May at 6:00pm

Lower School Specialists parent teacher interviews - Wednesday 8 May 3:15 - 4:15pm

School Photos catch up day - TBC

High School parent teacher interviews - Wednesday 15 May 3:00 - 9:00pm

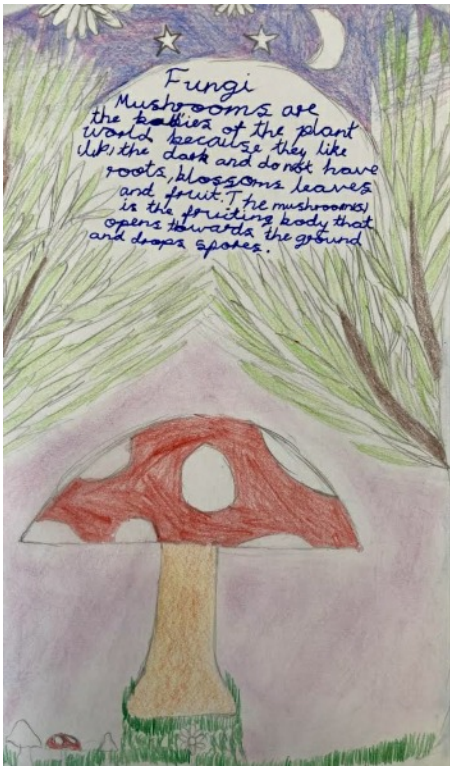
Teacher Only Day - Thursday 16 May

Whitsun - Friday 17 May

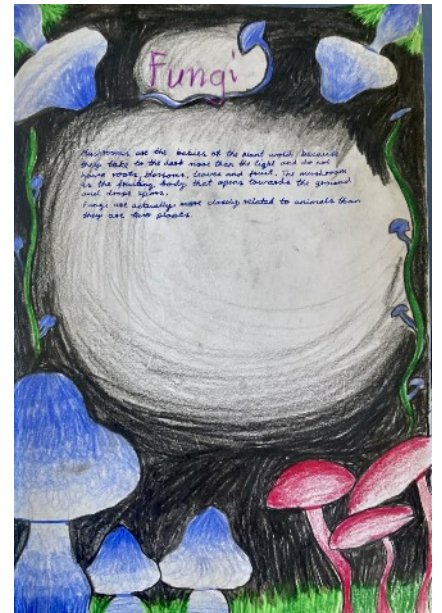
Liaison Parent meeting - Wednesday 22 May at 6:00pm

Tū mai Taikura hui - Wednesday 22 May at 6:00pm

Curriculum Corner - Class 5 Botany Main Lesson



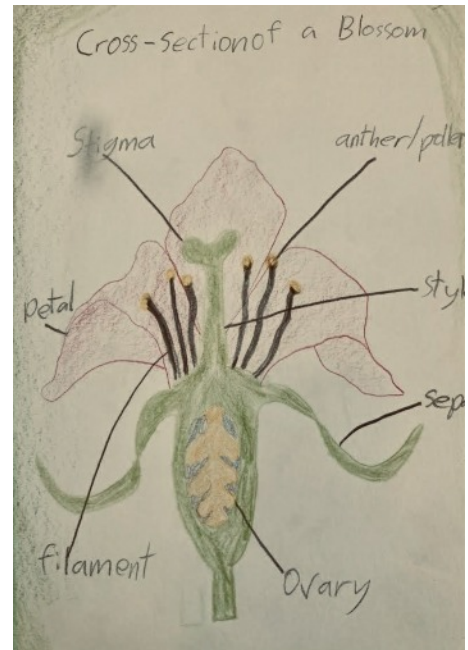
Toby McGavock



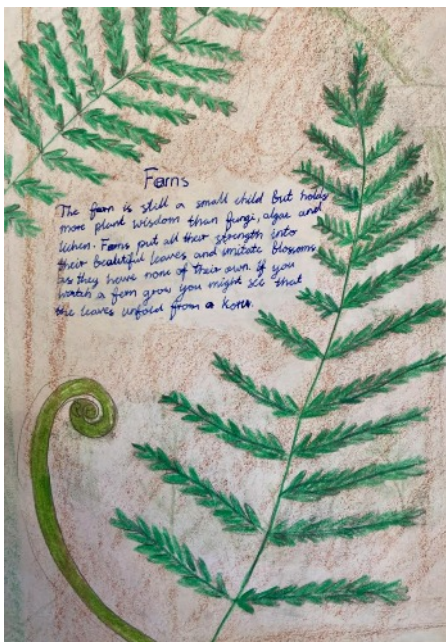
Edith Spicer



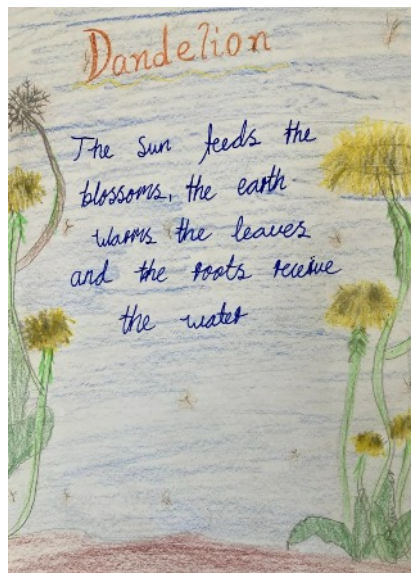
Emily Freeman



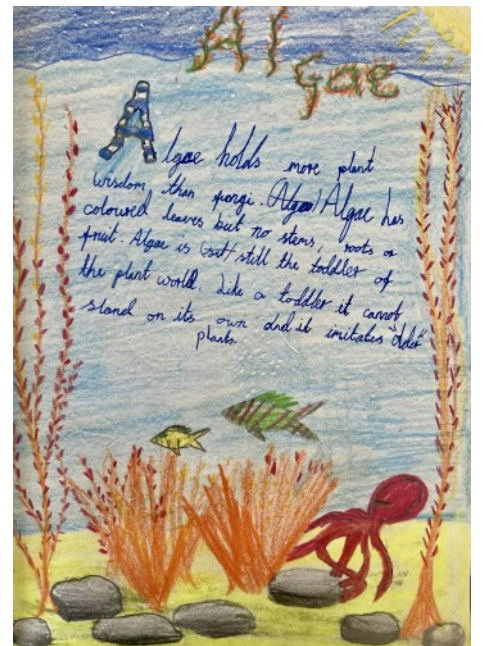
Phillip Ostergren



Isla Napier



Violet Holloway



Tobias Freeman

Parzival Plate Senior Hockey Competition

This is a senior hockey competition between Raphael House and Taikura, which had not been contested for some years. Raphael House won a couple of events last year and so had Taikura, so it was a good competition to start the hockey season off. It meant travelling to Wellington during the last week of term One, and to make travelling that distance worthwhile we also played another game against St Patricks College. This is a team we had made a connection with during our tournament last year.

The first Game was against St Patrick's College Wellington at the National Hockey Stadium. In the first quarter, we were very rusty, and the first quarter was very even, back and forth with lots of direct breakaways and attacks. Several of our players were in new positions this year and it took some time for them to settle into these positions. The first quarter saw one goal scored late by Taikura.

The second quarter was a little better and with some slight adjustments to the positioning saw Mika playing as a half and Lucy pushed back into the forward line. Chris and Kaito linked with overheads and Lucy and Tyler managed to get on to the end of these. Pre-season saw us not being as dynamic as we can be but that is the purpose of blowing the cobwebs away. We scored again twice from Chris in a field goal, and we had many opportunities with penalty corners, but none were successful. St Pats then scored with a runaway but a very nice goal. Half time saw us 3-1 up.

In the third quarter we started to settle and we managed to score some very nice field goals. Tyler scored his first goal for the season and by the fourth quarter we were dominating the game, and the final goal went to St Patrick's with a runaway. The final score was 8-2 in favour of Taikura.

Two ex- Captains of Taikura came to watch from the sideline which was wonderful for the players, and a few players from Raphael House, along with their Manager Mario Gude, also came to support us.

The players all dispersed to various billets for the night, and they would admit that they were nervous but the hosts were lovely people and very welcoming.

Tuesday started early with the players being picked up from St Patrick's school and all the comments about their experiences overnight were wonderful and what a great time they had had.

We had to travel to Fraser Park Turf in Lower Hutt and meet Raphael House Steiner School to play against them for the Parzival Cup. We arrived with 30 minutes to spare because of Wellington traffic so it was a quick change and off on to the turf to warm up.

First quarter was very tight. Raphael House was very strong in the mid field and in defence created a half court press. We were able to counter this by long overheads to stretch the play. The first goal was scored from a long strike from the mid field to Ashley on the wing who was in place by the goal. She simply placed her stick down and touched it in.

Playing a strong opposition is what we needed, and the players all stood up and were accounted for. Special mention should go to Mika who ran his heart out. Ashton because of his fitness was a workhorse throughout the game in a variety of positions. Everyone though played their part. Second quarter saw Taikura awarded a stroke as the Raphael House player threw a stick in the goal because Kaito had glided past him. Chris stepped up and slotted the goal 2-0.

The third quarter saw us score another long distance turn around goal by Tyler, so we moved to 3-0. In the fourth quarter the intensity of the game and maybe the thought that we had this in the bag started to creep in. Our movement on the ball and fitness after two games and travelling started to show. Raphael House scored a beautiful field goal, and this lifted their team.

Continued next page...

The game was a very tight tussle and in the last minute of the game one of their amazing mid fielders came through to the top right of our goal and scored a wonderful goal. Thirty seconds later the game ended. We had won the Parzival Plate for this year.

One of the most amazing performances of this little tournament was Ian Bailey the goalkeeper. Both oppositions commented on his ability to casually stop a ball and clear it with ease. Ian has come a long way in two years as goalkeeper. Well, done Ian!

After showers and a slow walk for a warm down we had shared kai with Raphael House which was very pleasant and gave the players an opportunity to mix and mingle.

Thank you to Claire and Cam Porter for your management skills which help to keep these events running smoothly.

Comments back from Raphael House are that they are keen to meet us again next year. This time they will be travelling to Hawke's Bay.

Well done to all the team. Both Bill and I were very proud of your performance and representation of the school.

Anne & Bill Hilton

Senior Hockey Coaches



Smokefree And Vapefree Policy

Taikura is smokefree and vapefree, as required by the Smokefree Environments and Regulated Products Act 1990 (s.7A). We comply with the Act and have a smokefree and vapefree policy as part of our commitment to providing a physically and emotionally safe place for students, staff, and the school community (Health and Safety at Work Act 2015; Education and Training Act 2020). We aim to promote a smokefree and vapefree lifestyle to all members of the school community to help protect everyone from second-hand smoke and discourage students from taking up smoking and/or vaping.

Smokefree and vapefree requirements

Our school buildings and grounds (including school car parks and pick-up and drop-off areas) are smokefree and vapefree, 24 hours a day, seven days a week (with no exceptions). This applies to anyone on the school grounds, including students, staff, parents/caregivers, contractors, and people hiring or using the school facilities outside school hours. All school activities off school premises (e.g. EOTC) are also smokefree and vapefree (including transport between venues). This policy applies to all smoking and vaping products, including e-cigarettes.

We include the school road crossing (and rostered adults) in our smokefree and vapefree zone.

We take all reasonably practicable steps to ensure people know that the entire grounds are smokefree and vapefree at all times. To ensure our school is smokefree and vapefree, we:

- display the required signage (i.e smokefree and no vaping signs) at every entrance to the school grounds and the outer entrance of every building
- regularly communicate our policy to the school community (including staff, students, volunteers, and parents/caregivers)
- advise visitors, contractors, anyone working at our school, and anyone hiring or using the school facilities that our buildings and grounds are smokefree and vapefree
- educate students through the curriculum about the harmful effects of smoking, vaping, and exposure to second-hand smoke.

Breaches

Adults smoking or vaping in or around school grounds are reminded that the school is smokefree and vapefree by law and asked to stop or leave the premises.

If a student breaches this policy (either by smoking/vaping or supplying tobacco/vapes to other students), the principal (or their delegate) determines the appropriate actions to be followed. We may offer appropriate counselling and education, and contact parents/caregivers. The following policies may also be relevant:

- Behaviour Management
- Searches, Surrender, and Retention of Property
- Stand-down, Suspension, and Exclusion.

Complaints

Complaints about breaches of this policy involving students and members of the school community may be made through the Raising Concerns process.

Complaints involving smoking or vaping in the workplace are referred to the principal, who may pass these to the board for investigation. Investigations follow legislative guidelines (Smokefree Environments and Regulated Products Act 1990, s.15). We refer complaints to a smokefree enforcement officer as appropriate.

Friday Market

A big thank you to the parents and students who helped make our Term One Friday Market such a success. Your time and delicious treats bring our community together and give our tamariki something they look forward to each week.

If you're looking for stall inspiration, classics like pizza and iced cakes are always the most popular items. Also, including some budget friendly options priced at 50 cents and limiting items to \$2, as well as allergy-specific choices if possible (GF / DF / NF), ensures everyone can enjoy.



Term Two Market Dates

Week 1 - 3 May

Class 2 + Play Group

Week 2 - 10 May

Class 1 + 3

Week 3 - 17 May

Class 4 + 5

Week 4 - 24 May

Class 6 + 7

Week 5 - 31 May

Kereru Kindergarten

Week 6 - 7 June

Class 8 + 9

Week 7 - 14 June

Class 10

Week 8 - 21 June

Taikura Kindergarten + Class 11

Week 9 - 28 June

No Market - Matariki Holiday

Week 10 - 5 July

Community Canteen

Community Canteen Update

Each class has it's turn to sign up for the canteen roster. Week 1 = Class 1, Week 2 = Class 2 and so on.

Here's the link to sign up: <https://www.signupgenius.com/go/10C0B4EACAE23AAFDC61-47680303-community#/>

If you're interested in contributing, you can set up an AP to the Taikura Canteen bank account: 38-9025-0307982-00.

Irrigation on the Big Field

Please be advised that from next week we will be irrigating our field regularly after school using our automated sprinkler system. We ask young football players to please keep off the field after school.

Missing

From outside Class 3, a red MPG scooter. Please contact Emil on 021 711 711 if you or your child may have taken this in error.

Invitation to the Anthroposophical Conference Concert

You are warmly invited to attend this concert, which is part of the conference this weekend.

Anthroposophical Conference Cultivating Changing HAWKES BAY MUSIC - EURYTHMY - SPEECH 4th May 6:15pm 2024

Music with an accompanied choral concert directed by Stuart Lithgow
Eurythmy directed by Kimberle Haswell
Speech with Michael Burton

Rudolf Steiner's Christmas Foundation Conference took place in 1923/24 on the site of the Goetheanum in Switzerland. In honour of the centennial, we invite you to a unique opportunity to experience an evening of music, eurythmy, and speech.

Stuart Lithgow will direct '100 Years', an accompanied choral concert, composed by Dale Jones. This is a musical reflection set to excerpts from the Foundation Stone Meditation, a verse given by Rudolf Steiner. The piece is in three parts; 'You Live in the Limbs', 'You Live in the Beat of Heart and Lung' and 'You Live in the Resting Head'.

Kimberle Haswell will direct the Foundation Stone Meditation in Eurythmy. This was performed for the first time on the 20th April 1924 with forms, lighting, costumes, and gesture indications provided by Rudolf Steiner. Five years ago, Kimberle Haswell and others began exploring this in Eurythmy. Since then, Kimberle has led the Hestia Eurythmy group, a collection of committed community members, who will share this work in commemoration of the centennial celebrations.

In addition to the Music and Eurythmy elements, Michael Burton will be narrating the powerful spoken word of the Foundation Stone Meditation. It has been described as urging us to have strength and to seek wisdom and truth in the past, present, and future through three processes of 'spirit recollection,' 'spirit contemplation,' and 'spirit beholding'. Hope you can join us for this experience.

Bringing health to humanity

Date: 4th May 6:15pm with an introduction by Kimberle Haswell.

Location: Taikura Rudolf Steiner School Auditorium.
505 Nelson St North, Hastings, Hawkes Bay.

Adult event - Koha \$10 - 20

For more info:

stuartlithgow4@gmail.com and Kimberle -hepatia@proton.me
michelle@anthroposophy.org.nz

Classifieds

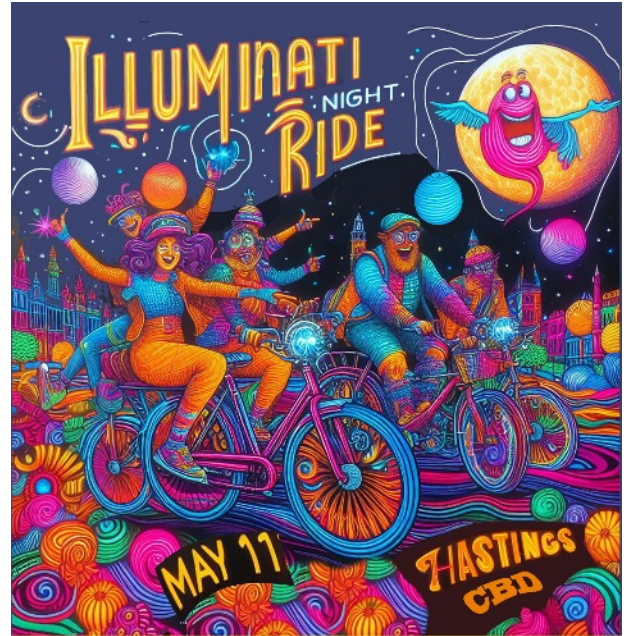
On Saturday May 11, a parade of cyclists and bikes lit up like Christmas trees will brighten up the Hastings City centre. This is an invitation to your school community to take part in this fun whānau-friendly event.

Entry is free and someone will win a \$200 cash prize for the best decorated bike. The Illuminati Night Ride is organised by Bike Hawke's Bay to promote safe cycling and having fun. It is supported by the Hastings District Council.

There will be 20 to 50 bikes and riders lit up like Christmas trees, including at least 4 sculptural entries being made by Hawke's Bay creatives. People are welcome to join in with just your standard bike lights but if you can add a bit of bling with some solar or battery-powered lights that'd be great.

We'll meet in The Atrium by Brave Brewing at 205 Queen Street East from 5pm. We'll ride from 6pm, a short whanau-friendly route around the city centre including the clocktower fountain and Civic Square. We'll finish back at Brave by about 6.30. Register your interest by emailing: nightridehb@gmail.com

We'll let you know via email if there is a wet weather postponement. Here is a link to the Eventfinda listing: <https://www.eventfinda.co.nz/2024/illuminati-night-bike-ride/hastings>



ILLUMINATI NIGHT RIDE

MAY 11

HASTINGS CBD

Meet from 5pm, ride 6pm
at Brave, 205 Queen St East
Saturday May 11


Join a short whanau-friendly ride
Info: nightridehb@gmail.com

Decorate your bike ✨ Light up the night

\$200 Cash Prize

Supported by HERETAUNGA HASTINGS

Bike



Mother & Child Art Workshop
8th June
1.30pm-3.30pm
Keirunga Arts Venue

Guided by Amanda Sowersby a local qualified Artist & Artistic Therapist.



Contact Amanda
amanda@artandalchemy.co.nz
0211449168

Experience the magic of a unique bonding workshop designed for mothers and children to unleash their creativity together. you will be guided through the art activities, exploring the wonders of pastel techniques and clay modelling, deepening your connection together while expressing your artistic visions.

Held amongst the tranquil beauty of Keirunga Gardens within The Homestead.
All art supplies and afternoon tea will be provided.

Join us for a memorable Mother's Day gift or a beautiful bonding activity in this serene setting.

Location: The Homestead Keirunga Arts Venue, Havelock North
\$50 per duo

Zeini's

A Place for Parents
(& tamariki)



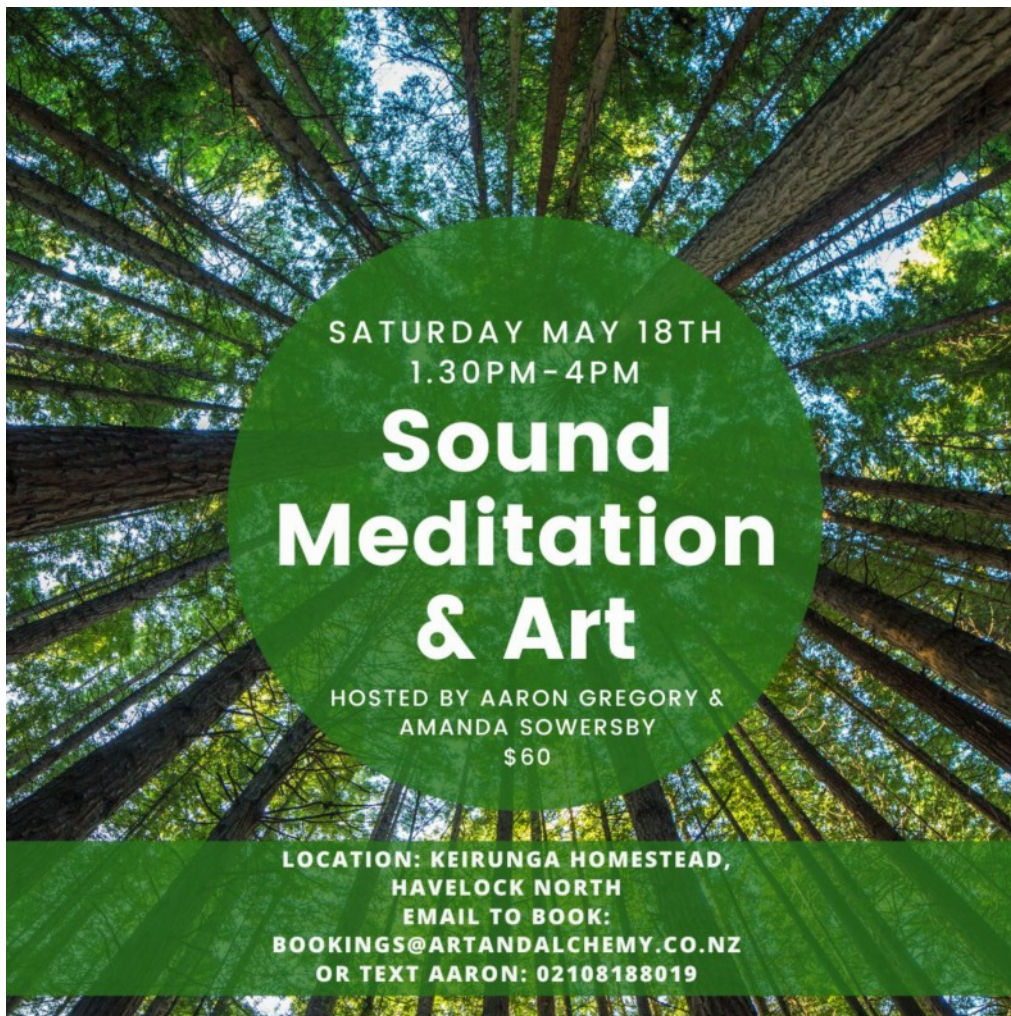
Wednesday's 9 – 12
(During School Terms – Starting 1 May)

@ Te Mākaramū
(The Old Tea Kiosk)
Cornwall Park, Hastings

come hangout, play,
craft, have a cuppa
& cook soup

Community, Connection, Creativity
Kindness & Kai

P. 027 333 0995 E. info@rochellehairs.co.nz



Herbal medicine student clinic

Kia ora e te whānau whānui

I am studying with the Southern Institute of Medical Herbalism and as part of my diploma I run a student clinic from my home in Hastings. I work with traditional herbal medicine, through a vitalist lens to bring balance and support wellness. This is an holistic approach that looks to lifestyle and constitution, as well as help from nature.

Initial appointments are approx. 60mins, and cost \$50, medicines additional. Please get in touch if you would like to know more or to make a booking.

Amber Rose 027 2620798 | calendularoom@gmail.com



Eurythmy for Adults

If you're looking for movement that's refreshing, rhythmical & harmonising,

Dive into a 7-week course of eurythmy

For those wanting a taster, the first session is free.

Beginning Thursday 9 May 9.30-10.30am

Cnr Nelson St and Whitehead Rd

Cost \$100

Contact sue.simpson0@gmail.com

Taruna warmly invites you to "Beginners Art Classes" in May 2024

Eight Tuesday evenings from 7 May to 18 June. These art classes are led by Sonya Lethbridge an Artistic Therapist. You will explore the useage of pastels, watercolours and coloured pencils and learn the language of colour.

For more information follow our link:

www.taruna.ac.nz/courses-and-workshops/art-for-beginners/

Taruna College is delighted to be offering The Art of Well-Being from 27 - 31 May. If you are in need of renewal and nourishment, come and join us at Taruna for the Art of Well-Being, encompassing three five-day seminars this year. The programme allows us to focus on Art; Life-story work and Contemporary, holistic thinking to deepen and renew our own well-being.

For more information go to Taruna's website <https://www.taruna.ac.nz/courses-and-workshops/pathways-of-transformation/art-of-well-being-i/>



TARUNA COLLEGE
Connect, Nourish, Sustain

Art of Well-Being
Staying Upright, Keeping Heart



Perhaps now more than ever, our sense of 'well-being' is being deeply challenged. We need fresh tools and understandings that develop skills, strategies and capacities for inner certainty and resilience. Here at Taruna we define well-being as a sense of being fully available to life – drawing from the well-spring that lets us best connect and sustain the relationships we have with ourselves, as well as with the people and the work that matter to us. A theme of the **Art of Well-Being** is **'staying upright, keeping heart'** - wakeful approaches that actively bring us back to centre when we are pushed or pulled from being upright. In the programme we open up simple daily practices such as journaling, observation, the use of poetry, verses and meditations, engaging in art, doing eurythmy, appreciating art, having good conversations, and practising simple home nursing treatments. All develop our heart connection, our artfulness and our discernment.

The **Art of Well-Being** invites you to three five-day seminars over 2024. The programme is gentle yet enquiring, focusing on three themes that renew our well-being:

- Art** - recognising art as the language of the soul we progressively work with colour, form, line, movement and language to deepen our ways of connecting and expressing our rich world within.
- Life-story work** - discovering the meaning and potential in our biographies, as we explore windows into our own life stories and the rich tapestries that each of our lives have woven.
- Contemporary, holistic thinking** - which explores the world and our humanity in fresh ways. In particular we draw on contemporary applications of the work and understandings of Anthroposophy inspired by Rudolf Steiner.

The **Art of Well-Being** dates for 2024:
Seminar One: Monday 27 May - Friday 31 May
Seminar Two: Monday 5 August - Friday 9 August
Seminar Three: Monday 4 November - Friday 8 November

The **Art of Well-Being** is designed for:

- busy professionals looking for renewal and nourishment so they can be creative in the workplace
- those connected to Steiner/ Waldorf schools looking to renew and deepen their connection
- those working in education or health needing fresh tools and approaches to revitalise their work
- those at a crossroads who need time to take stock and consider the road ahead
- those who wish to honour the dimension of spirit in their lives.

Cost: \$1100 per seminar. All three seminars are payable on enrolment at least one month prior to Seminar One. **Come with a friend and get a 5% discount.** Minimum numbers are required for the course to begin.

The **Crystal Bridge loan fund** makes interest free loans available to Taruna students.
For more information, see our website www.taruna.ac.nz or inquire in person on 06 8777174 or info@taruna.ac.nz

Art of Well-Being Team:
Lauren Hudson, Rosie Simpson, and Deb Bednarek.



TARUNA COLLEGE
Connect, Nourish, Sustain

Beginner's Art
Term 2 2024 - starting May



Come and join us for a term of Beginner's Art.

Let yourself take a breath from the demands and busyness of life as you immerse yourself in the colours of the rainbow. Get to know each colour individually, and learn the language of colour. In these classes we will use a variety of media including chalk pastels, watercolours and coloured pencils.

Suitable for everyone, this approach to art will let you relax and experience the world of colour as something truly enjoyable. All are welcome - no previous experience is necessary.

You will be working with Sonya Lethbridge, Artistic Therapist. Eight weeks starting Wednesday morning 8 May 9am - 10.30am; or Tuesday evening 7 May 6.00 - 7.30pm. Cost: \$245. (Minimum numbers required for course to commence).

We welcome your registration - please visit: www.taruna.ac.nz or contact us on 06 8777174.