



Whitsun

Sunday May 19 2024

Rudolf Steiner calls it:

Festival of the Holy Spirit Festival of Flowers

Festival of United Soul Endeavor and Spirit Community

Festival of the Higher Self and the Universal Human Being

Festival of the human unbound from materialism Festival of the purified astral body

– the lifting out of one's egotism into universal caring

– out of opinion into truth

– out of opinion into wisdom

The heart of the human being as it opens to warmth & light is like the flower aligning itself to the Sun. And what pours down from the Sun, giving the flower the potency it needs, is like the tongues of fire descending upon the heads of the disciples. Human hearts, once warmed, can rise up to meet the Sophia, the source of wisdom.



This year we celebrate our Whitsun Festival on Friday 17 May. The children from classes two to twelve will again join together in their Saint Groups to celebrate this festival. Saint Groups are made up of students from classes two to twelve. Students during their Class One year remain with their class teacher for festivals.

This festival relies heavily on parents and whānau for set up. Liaison parents will have been in contact with class communities and will be coordinating the baking and room preparation which whānau so generously complete to make this festival special. We are always so grateful for the efforts which go into making this festival a success.

Rituals and traditions are the food which nourishes the soul and sustains us through challenging times. For the adult, revisiting rituals, and traditions personal to their childhood is an anniversary of the heart, a thread which connects siblings, across generations or a touchstone to a passed loved one.

The following words are taken from Cognitive Ritual - *formerly Reverse Ritual* - a wonderful Website which explores the rhythms of the year through the lens of Anthroposophy . Following the link [Pentecost – Whitsun | Reverse Ritual](#) you will discover podcasts, information and artworks all exploring festival themes. As the festival holder, whether in the classroom, home or community group, by exploring the deeper meaning of the festival this mahi enriches both your own but also the experience for those around you.

Kelly Sutton - Deputy Principal

Whitsun Evening

Join us at 6.00pm on Tuesday 14 May in the **Whare - Te Manukura**. *(Please not change of venue from what was shared last week).*

Come and explore the theme of Whitsun, its meaning, and the many ways it could be celebrated.

Creating festivals which reflect the unique kaupapa of your home and whānau is an investment in the history your whānau will share in the future.

Our Festival years may look very different - but each equally nourishes the child and our whānau.

Rituals and traditions are the food which nourishes the soul and sustains us through challenging times. For the adult, revisiting rituals, and traditions personal to their childhood is an anniversary of the heart, a thread which connects siblings and across the generation or a touchstone to a passed loved one.

Part of our evening will involve creating items to take home for your own festival or dining room table.

Registration is necessary for the preparation of materials. Please register with kelly.sutton@taikura.school.nz



Upcoming Events

Lower School parent teacher interviews - Bookings close TOMORROW, 10 May

School Photos catch up day - Tuesday 14 May

Whitsun parent evening - Tuesday 14 May at 6:00pm - see above

High School CLOSED from 12:30pm Wednesday 15 May

High School parent teacher interviews - Wednesday 15 May 3:00 - 9:00pm. Bookings close TOMORROW

Teacher Only Day - Thursday 16 May

Whitsun - Friday 17 May

Liaison Parent meeting - Wednesday 22 May at 6:00pm

Tū mai Taikura hui - Wednesday 22 May at 6:00pm

Class Three parent evening - Wednesday 22 May at 6:30pm



Cat Food Donations Wanted Please

Our beloved school cat Clary is so well cared for by our students, who love to take turns at feeding him. His food is running low, if anyone is willing and able to drop any cat food into the school office it would be much appreciated.





He Pito Kōrero!

Whaowhia te kete matauranga...Fill the basket of knowledge!

Ngā mihi mahana ki a koutou, e te tī, e te tā!

Over the last few years, as part of our Annual Goal mahi, a collective of kaiako have been working with the 'He Reo Ora' Strategy, which grew out of an initiative by members of Tū Mai Taikura. This strategy serves as a long-term vision for the development and cultivation of te reo me ōna tikanga (language and cultural practices) at Taikura. This document identified 5 key focus areas where te ao Māori could be embedded within the everyday life of our kura. A copy of this work can be viewed at our office. These are the 5 focus areas:

- Te reo me ōna tikanga – The language and cultural practices
- Te hāpori – The community
- Kaiwhakahaere – Administrative/communication
- Te taiao – Physical environment
- Hui ahurei-a-kura – School festivals and activities.

Alongside a number of other initiatives of this roopu, I thought it would be good to share a rerenga – sentence, that the teachers are learning alongside our ākonga and implementing this term, and that you could utilise in your kāenga – home!

Nā wai tēnei? – Whose is this?

Nā wai tēnei pukapuka? - Whose is this book?

Nā wai ēnei? – Whose are these?

Nā wai ēnei kamuputu? - Whose are these gumboots?

Nā wai + t/ēnei + object?

Ngā whakautu - responses:

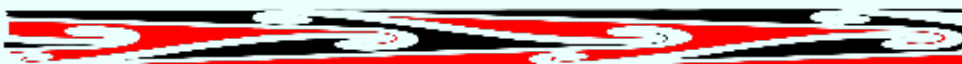
Nāku (mine)

Nā Tama (It is Tama's)

Nāna (his/hers – indicating person who owns the article/s)

Poraka	- jersey
pouaka kai	- lunchbox
Kamuputu	- gumboots
Tōkena	- sock
Hū	- Shoe
pene rākau	- pencil
Pene	- pen
Tēnei	- this (1)
Ēnei	- these (2 or more)
Nā wai?	- Whose?

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Parent Teacher Interviews

A reminder that bookings for the second week of Lower School parent teacher interviews and for High School parent teacher interviews will close tomorrow. Please get in touch with the school office office@taikura.school.nz if you have not received the email communication regarding the interviews, or if you need help booking.

High School parent teacher interviews will take place on Wednesday 15 May from 3:30pm until 9:00pm in the school hall.

School App

If you have not already done so, **we encourage you to download our School App into your smart phone.** You will find school contacts, newsletters, a link to our website, term dates, absentee notifications and our calendar which is filled with upcoming events, meetings, camps and trips. Subscribe to class alert groups and you will receive notifications such as class camp school arrival times and meeting reminders straight to your phone. So much useful information!

1. Go to the **App Store** or **Google Play Store** on your mobile device
2. Search **SchoolAppsNZ**
3. Download the **App**
4. Open the **App**
5. When it asks to send notifications – click allow.
6. When it asks to search your **School** – type your **School Name** in the search bar
7. Lastly, subscribe to the Alert Groups you would like to receive alerts for.

Community Survey

We would like to gather some feedback from our parent body about our school. What do you and your tamariki/rangatahi enjoy most about Taikura? What do you value/connect with most about the various aspects of our Special Character? What areas could we strengthen? The **second set** of our questions is shared below. We encourage you all to participate, either via the links, emailing us directly, or dropping in handwritten notes, whatever works for you! <https://www.surveymonkey.com/r/8FXWLD9> and for those who have not yet got to it, here is the link to the first set of questions: <https://www.surveymonkey.com/r/DCQVX99>. Please don't hesitate to contact us office@taikura.school.nz or by phone 06 8787 363 if you would like a hard copy, or an emailed version of the survey.

HB Big Beach Clean Up - Sunday 19 May

As Kiwis, we're passionate about our little slice of paradise but the impact we have on it is significant. Show your love for the moana by grabbing your whānau, friends and colleagues, and join us at Waitangi Regional Park for the Hirepool Big Clean!

On Sunday 19 May from 9am, we're running a massive public clean-up of the coastline, meeting at Waitangi Regional Park – thanks to our amazing partner Hirepool, as well as a plethora of local organisations for pulling together to help organise this massive day!

This is a great opportunity to spend time with your family while you connect with nature, your community, and to do your part in a hands-on solution to help look after the coastlines and waterways so that we can all enjoy them for many generations to come.

Once the clean-up is done, we'll have the Hirepool Sizzle Shack cranking with some juicy sausages and ice-cold Phoenix Organics drinks to fuel you up after your efforts.

https://urldefense.proofpoint.com/v2/url?u=https-3A__sustainablecoastlines.org_event_hawkes-2Dbay-2Dhirepool-2Dbig-2Dclean-2Dwaitangi-2Dregional-2Dpark_&d=DwMGaQ&c=_Zm2Kb9yJrso4r0-N78Ezl-a6DfgMbII5n5tZXXqWk4&r=GPQdgVzzUe5IH8K2E7MurxdxbTRMg0w-4QkHw5gcXpc&m=kfAlxKh7ocDIhyjQ0zvfLqXJ0aPv8ry4J55IjuSCUPxbNY4O9H91nVOiAh9avoUY&s=GBqR1_KKaetM46YHjW0Pn8Y9_Nn_DD29mCzMgbBORyo&e=

Friday Market

A big thank you to the parents and students who helped make our Term One Friday Market such a success. Your time and delicious treats bring our community together and give our tamariki something they look forward to each week.

If you're looking for stall inspiration, classics like pizza and iced cakes are always the most popular items. Also, including some budget friendly options priced at 50 cents and limiting items to \$2, as well as allergy-specific choices if possible (GF / DF / NF), ensures everyone can enjoy.



Term Two Market Dates

Week 2 - 10 May

Class 1 + 3

Week 3 - 17 May

Class 4 + 5

Week 4 - 24 May

Class 6 + 7

Week 5 - 31 May

Kereru Kindergarten

Week 6 - 7 June

Class 8 + 9

Week 7 - 14 June

Class 10

Week 8 - 21 June

Taikura Kindergarten + Class 11

Week 9 - 28 June

No Market - Matariki Holiday

Week 10 - 5 July

Community Canteen

Community Canteen Update

We need fruit ! If you have contacts for any fruit supplies - but particularly apples please let us know.

Plant Milk - we have been fortunate to receive free supplies of plant milk for the past year - unfortunately this supply line has now stopped - does anyone in the community have contact for plant based milk and or cream - please contact Aimee on 0279389845 or aimeenz@gmail.com

Rosters: There are still gaps in our rosters - Parents, Grandparents, Aunties, Uncles, all welcome and encouraged to sign up - if you have a spare morning it is such a rewarding experience

Soup

On the first day of term we offered Soup and Bread for lunch - It was devoured by the Tamariki ! with 7 trays of bread and litres of Soup! We hope to provide this again soon

Irrigation on the Big Field

Please be advised that we are irrigating our field regularly after school using our automated sprinkler system. We ask young football players to please keep off the field after school.

Classifieds

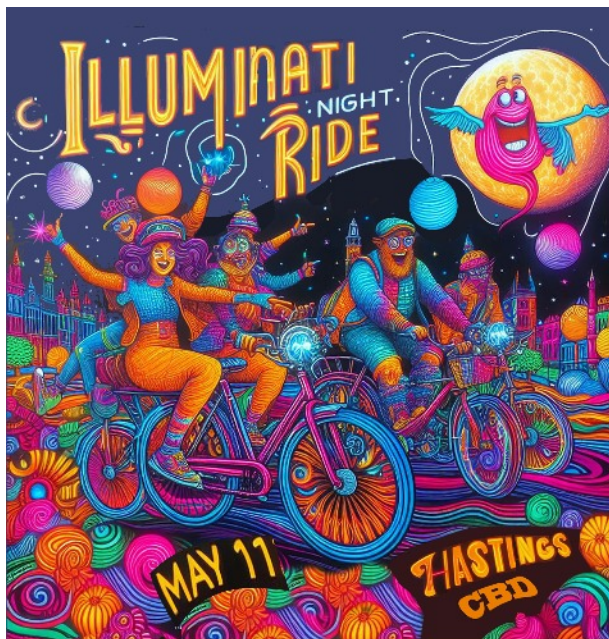
On Saturday May 11, a parade of cyclists and bikes lit up like Christmas trees will brighten up the Hastings City centre. This is an invitation to your school community to take part in this fun whānau-friendly event.

Entry is free and someone will win a \$200 cash prize for the best decorated bike. The Illuminati Night Ride is organised by Bike Hawke's Bay to promote safe cycling and having fun. It is supported by the Hastings District Council.

There will be 20 to 50 bikes and riders lit up like Christmas trees, including at least 4 sculptural entries being made by Hawke's Bay creatives. People are welcome to join in with just your standard bike lights but if you can add a bit of bling with some solar or battery-powered lights that'd be great.

We'll meet in The Atrium by Brave Brewing at 205 Queen Street East from 5pm. We'll ride from 6pm, a short whanau-friendly route around the city centre including the clocktower fountain and Civic Square. We'll finish back at Brave by about 6.30. Register your interest by emailing: nightridehb@gmail.com

We'll let you know via email if there is a wet weather postponement. Here is a link to the Eventfinda listing: <https://www.eventfinda.co.nz/2024/illuminati-night-bike-ride/hastings>



ILLUMINATI NIGHT RIDE

MAY 11

HASTINGS CBD

Meet from 5pm, ride 6pm
at Brave, 205 Queen St East
Saturday May 11



Join a short whanau-friendly ride
Info: nightridehb@gmail.com

\$200 Cash Prize

Decorate your bike ✨ Light up the night

Supported by HASTINGS DISTRICT COUNCIL


Bike Hawke's Bay



Mother & Child Art Workshop
8th June
1.30pm-3.30pm
Keirunga Arts Venue

Guided by Amanda Sowersby a local qualified Artist & Artistic Therapist.

Contact Amanda
✉ amanda@artandalchemy.co.nz
0211449168



Experience the magic of a unique bonding workshop designed for mothers and children to unleash their creativity together. you will be guided through the art activities, exploring the wonders of pastel techniques and clay modelling, deepening your connection together while expressing your artistic visions.

Held amongst the tranquil beauty of Keirunga Gardens within The Homestead.

All art supplies and afternoon tea will be provided.

Join us for a memorable Mother's Day gift or a beautiful bonding activity in this serene setting.

Location: The Homestead Keirunga Arts Venue, Havelock North
\$50 per duo

Zeini's

A Place for Parents



(& tamariki)

Wednesday's 9 – 12

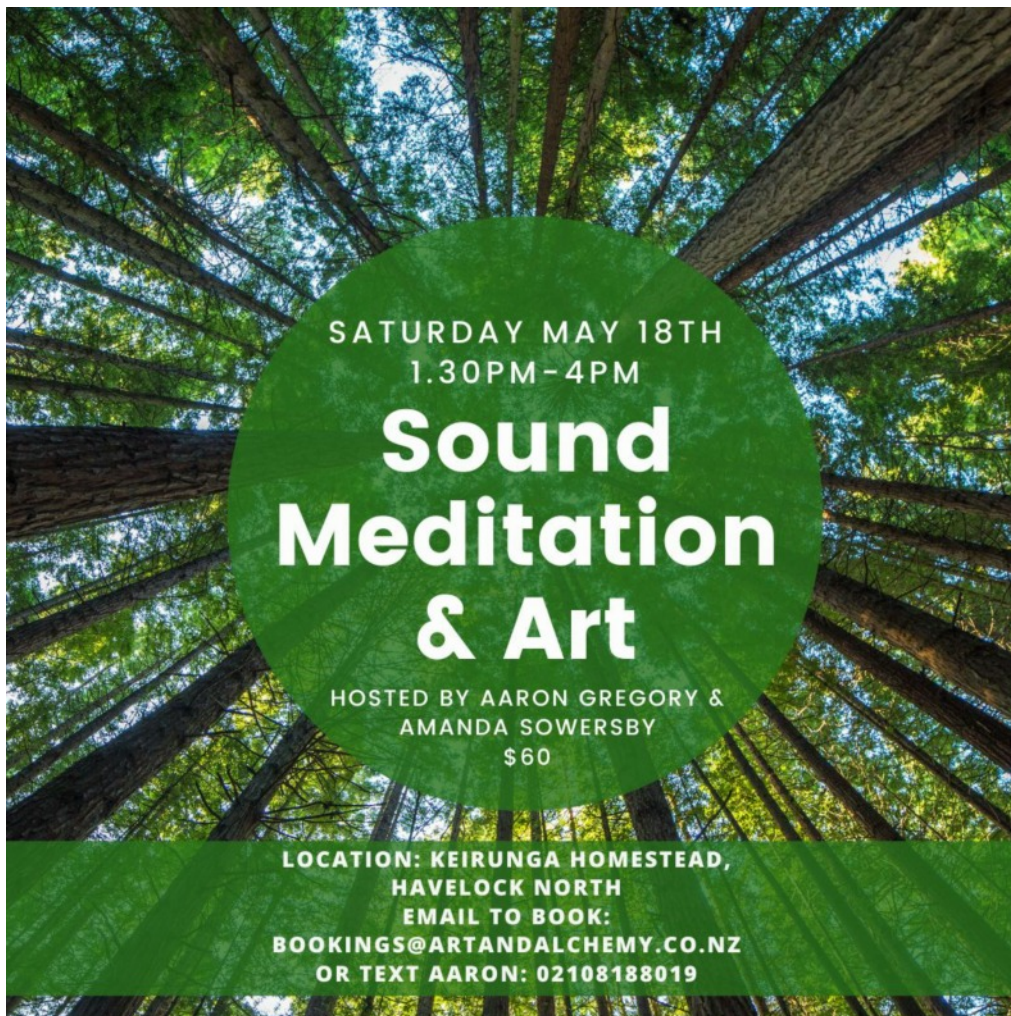
(During School Terms – Starting 1 May)

@ Te Mākaramū
(The Old Tea Kiosk)
Cornwall Park, Hastings

come hangout, play,
craft, have a cuppa
& cook soup

Community, Connection, Creativity
Kindness & Kai

P. 027 333 0995 E. info@rochellehairs.co.nz



SATURDAY MAY 18TH
1.30PM-4PM

Sound Meditation & Art

HOSTED BY AARON GREGORY &
AMANDA SOWERSBY
\$60

LOCATION: KEIRUNGA HOMESTEAD,
HAVELOCK NORTH
EMAIL TO BOOK:
BOOKINGS@ARTANDALCHEMY.CO.NZ
OR TEXT AARON: 02108188019

Herbal medicine student clinic

Kia ora e te whānau whānui

I am studying with the Southern Institute of Medical Herbalism and as part of my diploma I run a student clinic from my home in Hastings. I work with traditional herbal medicine, through a vitalist lens to bring balance and support wellness. This is an holistic approach that looks to lifestyle and constitution, as well as help from nature.

Initial appointments are approx. 60mins, and cost \$50, medicines additional. Please get in touch if you would like to know more or to make a booking.

Amber Rose 027 2620798 | calendularoom@gmail.com



Eurythmy for Adults

If you're looking for movement that's refreshing, rhythmical & harmonising,

Dive into a 7-week course of eurythmy

For those wanting a taster, the first session is free.

Beginning Thursday 9 May 9.30-10.30am

Cnr Nelson St and Whitehead Rd

Cost \$100

Contact sue.simpson0@gmail.com

Taruna warmly invites you to "Beginners Art Classes" in May 2024


Eight Tuesday evenings from 7 May to 18 June. These art classes are led by Sonya Lethbridge an Artistic Therapist. You will explore the useage of pastels, watercolours and coloured pencils and learn the language of colour.

For more information follow our link:

www.taruna.ac.nz/courses-and-workshops/art-for-beginners/

Taruna College is delighted to be offering The Art of Well-Being from 27 - 31 May. If you are in need of renewal and nourishment, come and join us at Taruna for the Art of Well-Being, encompassing three five-day seminars this year. The programme allows us to focus on Art; Life-story work and Contemporary, holistic thinking to deepen and renew our own well-being.

For more information go to Taruna's website <https://www.taruna.ac.nz/courses-and-workshops/pathways-of-transformation/art-of-well-being-i/>



TARUNA COLLEGE
Connect, Nourish, Sustain

Art of Well-Being

Staying Upright, Keeping Heart

Perhaps now more than ever, our sense of 'well-being' is being deeply challenged. We need fresh tools and understandings that develop skills, strategies and capacities for inner certainty and resilience. Here at Taruna we define well-being as a sense of being fully available to life – drawing from the well-spring that lets us best connect and sustain the relationships we have with ourselves, as well as with the people and the work that matter to us. A theme of the **Art of Well-Being** is '**staying upright, keeping heart**' - wakeful approaches that actively bring us back to centre when we are pushed or pulled from being upright. In the programme we open up simple daily practices such as journaling, observation, the use of poetry, verses and meditations, engaging in art, doing eurhythmy, appreciating art, having good conversations, and practising simple home nursing treatments. All develop our heart connection, our artfulness and our discernment.

The Art of Well-Being invites you to three five-day seminars over 2024. The programme is gentle yet enquiring, focusing on three themes that renew our well-being:

Art - recognising art as the language of the soul we progressively work with colour, form, line, movement and language to deepen our ways of connecting and expressing our rich world within.

Life-story work - discovering the meaning and potential in our biographies, as we explore windows into our own life stories and the rich tapestries that each of our lives have woven.

Contemporary, holistic thinking - which explores the world and our humanity in fresh ways. In particular we draw on contemporary applications of the work and understandings of Anthroposophy inspired by Rudolf Steiner.

The Art of Well-Being dates for 2024:
Seminar One: Monday 27 May - Friday 31 May
Seminar Two: Monday 5 August - Friday 9 August
Seminar Three: Monday 4 November - Friday 8 November


The **Art of Well-Being** is designed for:

- busy professionals looking for renewal and nourishment so they can be creative in the workplace
- those connected to Steiner/ Waldorf schools looking to renew and deepen their connection
- those working in education or health needing fresh tools and approaches to revitalise their work
- those at a crossroads who need time to take stock and consider the road ahead
- those who wish to honour the dimension of spirit in their lives.

Cost: \$1100 per seminar. All three seminars are payable on enrolment at least one month prior to Seminar One. **Come with a friend and get a 5% discount.** Minimum numbers are required for the course to begin.

Art of Well-Being Team:
Lauren Hudson, Rosie Simpson, and
Deb Bednarek.

*The Crystal Bridge loan fund makes interest free loans available to Taruna students.
For more information, see our website www.taruna.ac.nz
or inquire in person on 06 8777174 or info@taruna.ac.nz*





TARUNA COLLEGE
Connect, Nourish, Sustain

Beginner's Art

Term 2 2024 - starting May

Come and join us for a term of Beginner's Art.

Let yourself take a breath from the demands and busyness of life as you immerse yourself in the colours of the rainbow. Get to know each colour individually, and learn the language of colour. In these classes we will use a variety of media including chalk pastels, watercolours and coloured pencils.

Suitable for everyone, this approach to art will let you relax and experience the world of colour as something truly enjoyable. All are welcome - no previous experience is necessary.

You will be working with Sonya Lethbridge, Artistic Therapist. Eight weeks starting Wednesday morning 8 May 9am - 10.30am; or Tuesday evening 7 May 6.00 - 7.30pm. Cost: \$245. (Minimum numbers required for course to commence).

We welcome your registration - please visit: www.taruna.ac.nz or contact us on 06 8777174.

