



## Thank You

*Nā tō rourou, nā taku rorou ka ora ai iwi*

*With your food basket and my food basket the people will thrive*

Last week the school grounds were once again lit with fire and fairy light. Taikura is so grateful to all those whānau who donated kai for our fundraising efforts. Thank you. A special thank you to the H3 group's Jess Scott, Rachel Hughes and Nicole Scheidegger, as well as April Woodhead and Britt Aberadi for their behind the scenes organisation.

This evening would not be possible without our good willed and extremely supportive Property Manager Liam Wyley. Each year he gives a mighty effort both leading up to, during, and then the final pack down. Thank you Liam! Thank you to Jess Bart and Suzan



Bart for the

preparation and thought put into the new tokens, these are reusable and also time efficient.

This year we again had some food items organised and produced without H3 support, but in support of H3 funds. Thank you to Nicole Scheidegger and Sylvia Lane for the warm spiced mulled juice, and to Class Four for the apple crumble. Many thanks to Bostock for their kind donation of apples.

Warm acknowledgement and gratitude to Derryn Menzies, Tania Diedericks, Angus McDonald and Rachel Hughes for playing beautiful music. The evening wouldn't be what it is without you. Thank you!

Our thanks wouldn't be complete without acknowledging the gifts from students and teachers. The grottos and star walkers from Classes 6 and

7 were of  
s u p e r b

quality this year. We so appreciate the good will of teachers for the Shadow Play, and their classes in the help of the grounds set up. Last but by no means least, our heartfelt thanks to the warm support from our community who came along, participated and purchased.

*Kelly Sutton*

*On behalf of Taikura Management*



## Music at Taikura

We have tuition available on-site for guitar, ukulele, bass, banjo, piano, flute, violin and cello.

Lessons are available from class 3 to class 12. They are a wonderful opportunity to impart resilience, perseverance, and creativity. It is strongly preferred that these lessons occur outside of Main Lessons and need to be arranged in close consultation with teachers whose lessons are affected. Lessons are available throughout the year, however, spaces are limited.

If you and your child are interested in lessons, please do get in contact with me via my email: [thomas.pearson@taikura.school.nz](mailto:thomas.pearson@taikura.school.nz)

Taikura Lower School Orchestra and High School Orchestra

The music department is keen to have students in class 4-7 and 8-12 join our Lower School and High School orchestras. The Lower School orchestra meet on Wednesdays during the day and High School orchestra on Monday mornings. We are looking forward to our Carol Evening in December and have spaces for new members.

If your child is interested in joining, please do get in contact with me via my email: [thomas.pearson@taikura.school.nz](mailto:thomas.pearson@taikura.school.nz)

## First XI Hockey Team Fundraiser

Taikura Rudolf Steiner School First XI Hockey Team are selling delicious Kai Pai Pies and Savouries to help fundraise to attend the Lower North Island Secondary Boys' Cup tournament in Gisborne. Funds raised will go toward supporting our players and their families with associated winter tournament costs and expenses. By supporting our fundraiser you are investing in our team! Thank you for supporting Taikura Rudolf Steiner School First XI Hockey Team.

There is a great range of flavours to choose from, fill your freezer with these yummy award-winning pies and savouries just in time for the colder months.

By running our product sales campaign online, it makes it super easy for everyone, share the link with family and friends and they can arrange to collect their products from you at the end of the fundraiser. Simply follow this link: <https://taikurarudolfsteinerschoolpies.raiseit.co.nz/taikuraofficehockeyfundraiser> Pick-up day will be at school on Thursday 5 September 2024. Thank you for supporting us with this fundraiser.

*Anne Hilton & the Taikura First XI Hockey Team*

## Upcoming Events

**Class 10 play performance** - TONIGHT at 7:00pm

**Lower School Cross Country** - Monday 19 August from 1:30pm

**Class Three play performance** - Wednesday 21 August at 6:00pm in the Eurythmy hall

**High School Elective Evening** - Wednesday 21 August at 6:30pm

**Class One parent evening** - Wednesday 21 August at 6:30pm

**Mid-Term Break** - Friday 23 and Monday 26 August SCHOOL CLOSED

**Kindergarten parent evenings** - Wednesday 28 August at 6:00pm

**Community Assembly** - Thursday 5 September at 11:00am in the school hall



## Lantern Making in Classes Two & Five for the Winter Warmer





## Sports Notices

We are heading into the last few weeks of winter sport. Thank you to all our wonderful coaches, umpires and managers who have put in many hours supporting the teams. **Students:** Cadence Diedericks, Nico Theyer- Durham, Mika Moenchmeier, Ian Bailey, Rowan Cleary, Isla Napier. **Teachers, parents and community members:** Kaydy Jones, Jasmine Beagle, Toby Blakey, Clem Rousteau, Morag Wilson, Donna Te Aho, Emil Rock, Angela Binns, Michael Williams, Fionna Gott, Silke Moenchmeier, Nico O'Brien, Amy Hopkinson- Styles, Daniel Brennan, Leon Crellin, Leilani Dreissen, Chloe Napier, Paul Allison, Blake Mc Gavock, James Taylor, Ali Tanner, Anne and Bill Hilton.

Just a reminder that teams will have games on Friday 23 August, Saturday 24 August, and Monday 26 August. This is the mid-term break for Taikura, but not for other schools. Please check in with your team manager/coach if your child is unable to play that weekend. There are games for netball, basketball and hockey. A lot of these games are finals!

**Lower school Cross Country:** Monday 19 August at 1:30pm, at school.

**Good luck** to our First XI hockey team heading away on 2 September to the Lower North Islands tournament week being held in Gisborne.

**Term 4 sports:** Junior High volleyball, waka ama, surf and dive, Class 3 netball, Primary cricket, Intermediate volleyball, Primary and Intermediate triathlon. I will be asking students this week about their interest in these teams.

I will be on leave from Friday 30 August to Monday 14 October, for any urgent sport queries please email [anne.hilton@taikura.school.nz](mailto:anne.hilton@taikura.school.nz)

*Janet Osborne - Sports Coordinator*

## Congratulations

To Phillip Ostergren and Ronan FitzGerald who were both awarded MVP awards at the Youth Futsal Tournament during the last school holidays. The tournament was held at Pettigrew Green Arena and hosted teams from all over New Zealand, including Palmerston North, Wellington, Queenstown, Rotorua, Waikato and Tauranga.

To Taina Nogueira, our new Brazilian International student who won the Women's Long Course Duathlon in July. Well done Taina!



## Class 3 Hockey & Class 5 Netball



The Class 5 netball team, Taikura Sisters, played an awesome game last week, in the rain. The opposition had just 3 players, but with our nine, two teams were formed. We were proud of the teams flexibility and camaraderie, and how they took every opportunity to pass to and encourage the players from the other Kura.



## Get to Go Adventure Race

Our school was represented by two teams. Both teams were new to the event, which is sometimes a big help as they don't know what they are getting themselves in for. Before the event no one is privy to what the challenges will be, this year it was mountain biking, orienteering and kayaking/paddle boarding.



The Class 8 team was composed of Tara, Zoe, Edgar, Zakir, Johnno and Willow. Thank you to Justus and IJsbrand for stepping in at the last minute to complete the 8 person team. They definitely looked like they were part of the class and did remarkably well. Meanwhile, the Class 9 team consisted of Sarah, Phoebe, Sahara, Grace, Georgie, Lewis, Kadin, and Demetri.

The day began with the mountain biking section. This event is like a sprint, you have to go as fast as you can to complete a lap and then hand the bike over to your team mate, you then get a rest until it's your turn again. To see everyone putting in the hard mahi, puffing, sweating and having the legs go wobbly with effort was a fantastic display of teamwork and endurance.



Next up was orienteering, held at the beautiful Haumoana Reserve. This challenge required navigating through various checkpoints, and our top team managed to score 360 points. The effort in this event by our students was commendable considering only one person per team had done orienteering before.

The highlight of the day, however, was undoubtedly the 2 person paddle board and 3-Person kayaking relay. This event took place at the Clive River, where low tide

conditions made for a muddy yet thrilling experience. The students embraced the challenge with enthusiasm, navigating the murky waters and showing exceptional teamwork, even though it took some of them a while to figure out how to go straight. Watching them power through the course was truly a delight, as their laughter and a few 'choice' words were heard as they tried to stay on course.

All up there were 16 Hawke's Bay High school teams competing in this event. Class 9 finished 7th overall and class 8 10th, I was very proud of their efforts against some big local high school teams

A massive thank you to Corey, Mathias, and Sander for transporting our students throughout the day. Special thanks also to Janet for her time spent organizing the event and getting everyone sorted.

This day has become one that I look forward to each year, this is the second time experiencing this race and I love being able to spend time watching our students come together and working as a team.

*Gee Reisima*

*EOTC Coordinator*





## COMMUNITY NOTICES



### Mother & Child Art Workshop 7th September 1.15pm-3.30pm Keirunga Arts Venue

Guided by Amanda Sowersby a local qualified Artist & Artistic Therapist.

Contact Amanda  
amanda@artandalchemy.co.nz  
0211449168



Experience the magic of a unique bonding workshop designed for mothers and children to unleash their creativity together. You will be guided through the art activities, exploring the wonders of pastel techniques and clay modelling, deepening your connection together while expressing your artistic visions. Held amongst the tranquil beauty of Keirunga Gardens within The Homestead,.

All art supplies and afternoon tea will be provided.

Join us for a memorable activity in this serene setting. \$50 per duo  
Location: The Homestead Keirunga Arts Venue, Havelock North

### Spring painting Workshop

Flower painting on canvas workshop  
Saturday 31st August 10am-12.30pm

A fun and creative workshop painting flowers with acrylic paint for all creative abilities.

Held at Historic Homestead, Keirunga Arts & Crafts Venue, Havelock North

creative nz  
ART & CRAFTS VENUE, KEIRUNGA GARDENS, HAVELOCK NORTH

### ECSTATIC DANCE DJ ORA

WITH SPECIAL GUESTS KELLY WHITEWOOD OFFERING A CACAO CEREMONY & AARON GREGORY- SOUND BATH

STARTS AT	FRIDAY	TICKET PRICE
<b>6.30PM</b>	<b>30TH</b>	<b>\$40</b>
UNTIL 8.30PM	AUGUST	PER PERSON
	2024	

LOCATION: 'THE HOMESTEAD' KEIRUNGA ARTS VENUE, HAVELOCK NORTH  
[HTTPS://EVENTS.HUMANITIX.COM/ECSTATIC-DANCE-NRE9EH5L/TICKETS](https://events.humanitix.com/ecstatic-dance-nre9eh5l/tickets)  
ENQUIRIES: BOOKINGS@ARTANDALCHEMY.CO.NZ



### 'Get inspired' 3 week Adult Art course. Held at Keirunga Arts Venue

Guided by Amanda Sowersby a local qualified Artist & Artistic Therapist.

Contact Amanda  
email: bookings@artandalchemy.co.nz  
0211449168



This is a three week art course. Each week we will do a different art exercise to get your creative juices flowing, and gain new art skills in drawing, pastel, charcoal, painting and clay modelling.

Dates: Thursday 10-12pm 29th August, 5th September, 12th September.

This course is for beginners or for anyone, even the experienced artist wanting to get inspired!  
Tea, coffee & art materials provided is provided. Cost \$120



## Sam the Trap Man

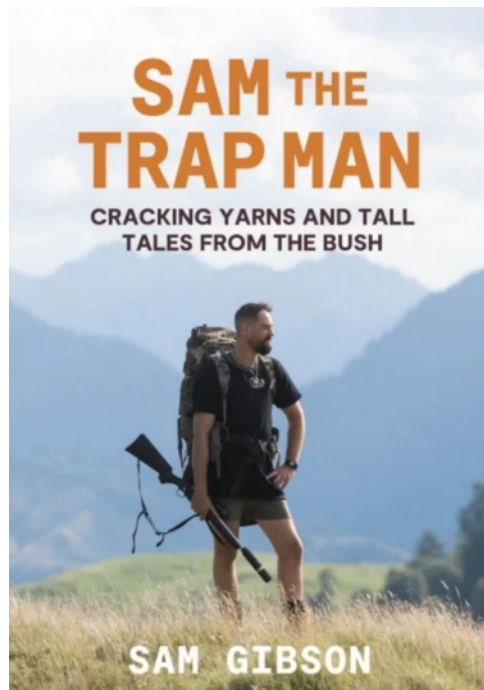
Sam Gibson is an Alumni of Taikura Rudolf Steiner School, graduating in 2007. After completing his Class 12 Project focusing on predator control practices, he went on to graduate from Waikato University with a degree in applied science and has spent his time since graduating in a variety of conservation projects.

Tomorrow, 16 August, there will be a book launch held in Gisborne of his first book, 'Sam the Tap Man; Cracking yarns and tall tales from the bush'.

With hilarious anecdotes and antics to rival Kiwi author Barry Crump, Sam Gibson is a modern outdoors man with an incredible life story to tell. Sam Gibson, aka Sam the Trap Man, is a bushman through and through: hunting, fishing, trapping and adventuring — he does it all.

As an unruly teenager starting to get into mischief, Sam's parents and teachers struck an unusual deal: to let him take time out of school and go outdoors instead. This decision kept him out of trouble and went on to define his life. In a series of funny, thrilling, astonishing and touching yarns about his life and times in the bush Sam tells the story of his life so far. From shooting his first deer, to labouring through freezing cold South Island winters as a young trapper, to the time he woke up somehow covered in blood, each chapter weaves together the story of an incredible life full of adventure, hard work and a deep love for the bush and the native creatures who live in it. Protecting these animals and ecosystems is a life's calling for Sam — every decision he makes in the bush helps it to thrive.

Available from all good book shops.



## Rites of Passage

The Rites of Passage Foundation programmes focus on fostering connection and positive growth, enhancing well-being, supporting young people to actualise their goals and strengthening family relationships, through intergenerational, community-led, nature-based rites of passage. Our programmes weave nature connection, story telling, physical challenges, games, ceremony, and creative arts to create an immersive, transformational rites of passage experience. For more information visit <https://www.ropf.org.nz>

**TIDES**

**rites of passage**

5-day residential programme in Golden Bay for girls age 14-17 years and their mothers, marking the transition from childhood into young adulthood through intergenerational and community-led rites of passage

**1 - 5 OCTOBER 2024 & 14 - 18 JANUARY 2025**

Contact Siti for more information:  
contact@tides.net.nz  
or 027 860 1517

**Tracks**  
Inspiring young men

**rites of passage**

5-day residential programme in Golden Bay for boys age 14+ years and their fathers, marking the transition from childhood into young adulthood through intergenerational and community-led rites of passage

**8 - 12 OCTOBER 2024 & 21 - 25 JANUARY 2025**

Contact Adge for more information:  
info@tracks.net.nz  
or 027 309 8871

# An Introduction to the Art of Curative Eurythmy

We invite you to explore over 3 weekends with us, the importance of this movement therapy and to impart some of the insights behind this as a modern means of healing and the self management of imbalances in our well being.

Rudolf Steiner gave a series of 8 Lectures on Curative Eurythmy in 1921/1922 which will form the foundation of our course.

Drs. Helen Proctor, Richard Drexel, Matthias Seidel and Rene' de Monchy will be giving lectures based on the Anthroposophical Medical model. The eurythmy will be introduced by Richard Drexel, Helen Proctor & Jonathan White.

Some prior knowledge of Eurythmy is highly recommended & would be an advantage but is not a prerequisite.

Dates and Locations:

- **6th-8th Sept 2024.** Fri 6pm start, Sat full day, Sun 12pm finish. Taruna. 33 Te Mata Peak Rd, Havelock North.
- **15th - 17th Nov 2024.** Fri 6pm start, Sat full day, Sun 12pm finish. Rudolf Steiner House. 104 Michaels Ave, Ellerslie, Auckland.
- **28th Feb and 1st-2nd March 2025.** Taruna. 33 Te Mata Peak Rd, Havelock North. (times to be confirmed)

Course Fees:

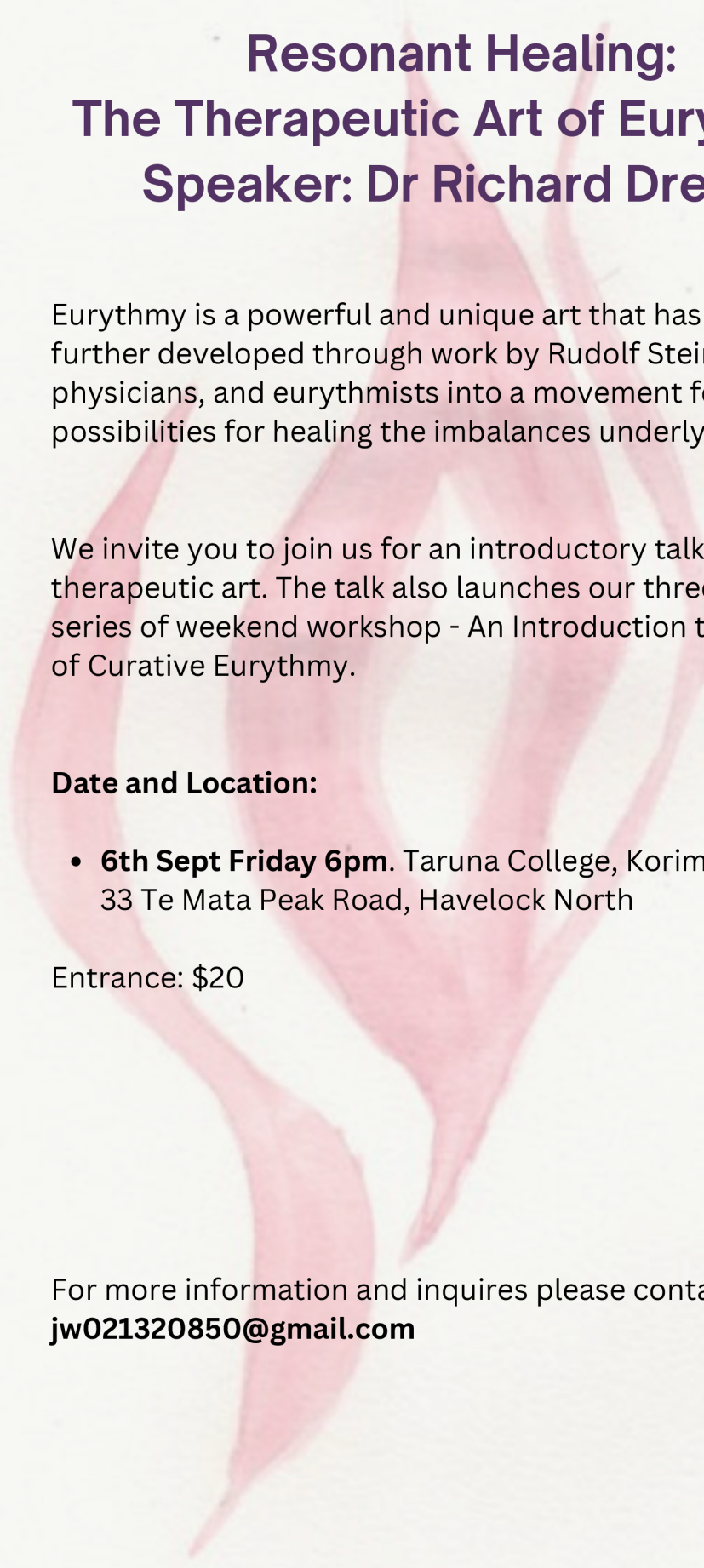
Individual Weekend Course: \$285

Attendance for all 3 weekends: \$599

For registration and inquiries, please contact  
[jw021320850@gmail.com](mailto:jw021320850@gmail.com)

We look forward to your participation with interest.  
Helen, Richard & Jonathan





# **Resonant Healing: The Therapeutic Art of Eurythmy**

## **Speaker: Dr Richard Drexel**

Eurythmy is a powerful and unique art that has been further developed through work by Rudolf Steiner, physicians, and eurythmists into a movement form with possibilities for healing the imbalances underlying illness.

We invite you to join us for an introductory talk on this therapeutic art. The talk also launches our three part series of weekend workshop - An Introduction to the Art of Curative Eurythmy.

### **Date and Location:**

- **6th Sept Friday 6pm.** Taruna College, Korimako Hall, 33 Te Mata Peak Road, Havelock North

Entrance: \$20

For more information and inquiries please contact  
**[jw021320850@gmail.com](mailto:jw021320850@gmail.com)**