



24 October 2024

Cybersafety Evening

We want our school and our community to be a safe place for all children. Our tamariki are growing up in rapidly changing times, and the risk, frequency and severity of online harm are increasing. We need to tackle this as a community. As such, we have organised filmmaker, author and speaker Rob Cope, producer of the documentary "Our Kids Online" to come and give what promises to be a humorous and eye-opening evening talk to our parent community.

His talk will cover:

- Cyberbullying - How bullies can reach our children 24/7
- Social media - How social media is affecting the mental health in 3 out of 5 children. FOMO, depression, anxiety
- Gaming and the developing brain – An oversupply of dopamine leading to dopamine deficiency, synaptic pruning, and the underdevelopment of social skills and empathy
- Naked Selfies - The pressure to send nudes from intermediate up through high school
- Online predators - The methods they use, how to spot them
- Online porn vs healthy sexuality - How consuming online pornography as a child or teen can create a sexual template where violence, aggression, and dominance are seen as normal and consent can become very blurry.

Solutions

- Filters - Which filters are best and how to install them
- Smartphones - How to lock down a smartphone to make it a safe phone
- Boundaries - How to put good boundaries in place around device use
- 3 golden rules - The 3 golden rules that will keep your children safe
- Talking to your children - How to have difficult conversations with your children
- Challenging our own phone and device usage - Reconnecting as a family.

The talk will be held at the Taikura School Hall on Tuesday 5 November at 6:30pm. Please note this talk is for adults only and is not suitable for children or teens to attend.

We request that at least one representative from each family attend, and hope you are able to prioritise this within your busy lives. This topic is too big for us not to pay attention.

"We have now reached the point where it is irresponsible of us as parents, teachers, health professionals, and policymakers to continue to put these devices, which are designed to elicit addictive-like qualities, in our kids' hands and then expect them to be accountable for their own wellbeing." Dr Samantha Marsh - University of Auckland Faculty of Medical and Health Sciences, July 2023

Included in your ticket is a one-year complimentary subscription to "Parenting in an Online World 101" from Rob and team at Our Kids Online. This is a cybersafety parenting course, designed specifically for NZ families. It usually costs \$99 per family. So show up and get it for free! Course details can be found here [Parenting in an Online World 101](#)

Please sign up here to RSVP: <https://www.eventfinda.co.nz/2024/parents-cybersafety-evening/hastings>

Please sign up so we can plan for numbers. Whānau not represented on the list will be contacted directly. Many thanks for your support for all our tamariki.



He Pito Kōrero!

Kia ora tātou!

As a second language learner of te reo, I was taught a lot of ‘kupu mino’ or loan words, that are transliterations for the English words that are commonly used, which sound very much like that word. As an example: kau - cow, hamarara – umbrella, pēke – bag, motokā – motor car.

Like many languages, te reo continues to evolve, as we create more appropriate puna kupu (vocabulary) that sit within a te ao Māori lens. From another perspective utilising more appropriate kupu is about deepening an understanding of why these kupu are better suited for the English word, and continuing to reclaim our reo. When I learn new kupu that were kupu mino, I share these with our kaiako and ākonga, as our language journey continues to grow together.

After returning from Rarotonga, the two kupu I shared this week are: maika = banana (instead of panana) and niu = coconut (instead of kokonati). These are the kupu that our whānau in Rarotonga have for this kai, and that Paraone Gloyne (Te Reo Māori Advisor and Ambassador) also suggested are more appropriate kupu.

Toitū Te Reo! Nā, Matua Troy.

Kīwaha o te wiki – kīwaha of the week

Kia tīna! (Key arr tee nah)
Keep going! An expression of encouragement.

Hemi: Titiro e Mata! There’s Paora’s waka ama team in the lead of their race!

Mata: Kia tīna Paora, kia tīna!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



Waiata Māi **Thursdays – 12:30 – 1:00 pm - in the Whare Te Manukura**

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Every Thursday in our Whare Te Manukura. If you want to learn some of the waiata that your tamariki sing at school, nau mai, haere mai te katoa....all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!

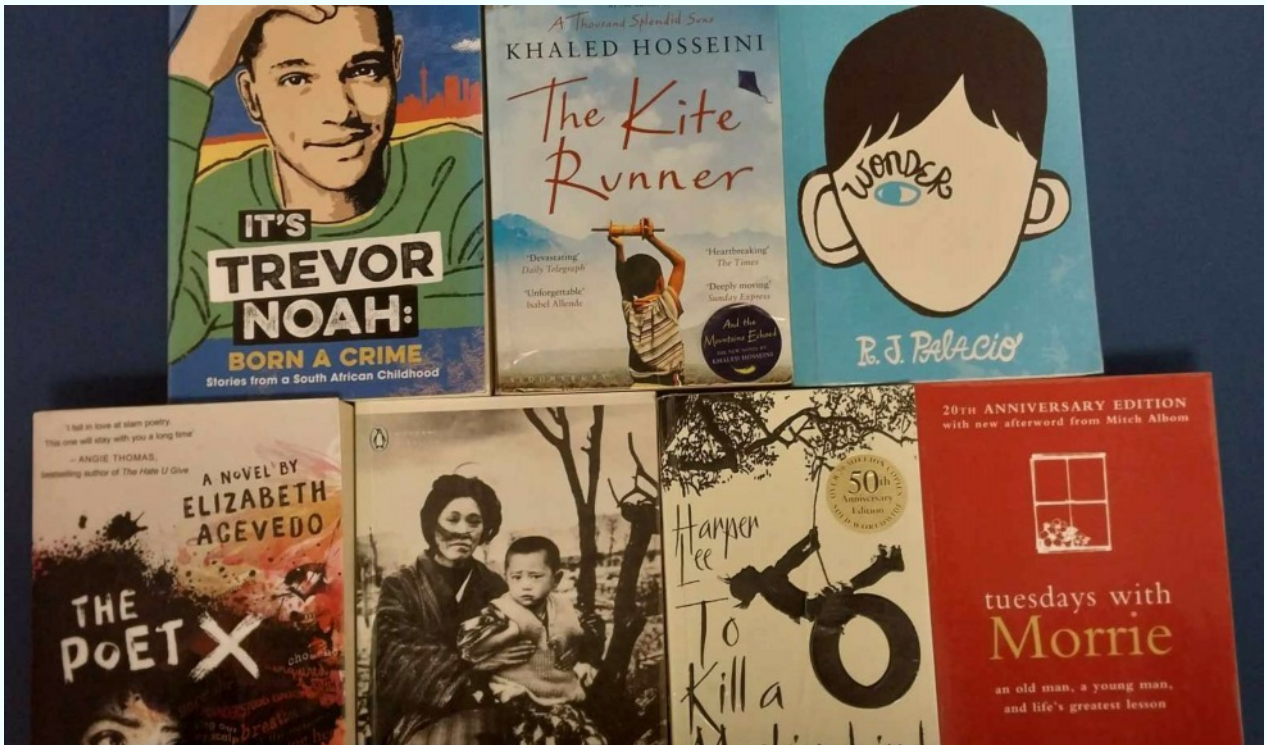
Nā Troy Gardiner

Contacting Your Child

We have noticed a marked increase in the number of High School students contacting their parents directly via cellphone during school hours. We ask for your support in upholding our cellphone policy. Please remind your students to go to the office, or speak to their class teacher or sponsor if there is a need to make contact with parents or guardians. We also ask parents not to contact their children via cellphone during the day. Please phone or email the office, who will ensure any messages for students are passed on in a timely manner.

High School English Texts Amnesty

We are on the hunt for the below pictured books. If you are having a spring clean, or pre-Christmas tidy up and come across these, please return them to the front office, no questions asked.



Hats for Term Four

A reminder that it is compulsory for Lower School students to wear brimmed hats during Terms One and Four.

Halloween Costumes

Please note it is not suitable for halloween themed clothes to be worn to school.

Upcoming Events

Class 9 parent evening - Thursday 24 October at 6:30pm

Hawke's Bay Anniversary - Friday 25 October - SCHOOL & KINDERGARTEN CLOSED

Labour Day - Monday 28 October - SCHOOL & KINDERGARTEN CLOSED

Class 3 Lemonade Stall - 29 October at morning tea and lunch time

Community Hui - Wednesday 30 October at 9:00am

Class 12 Parent Evening - Wednesday 30 October at 6:00pm

Cyber Safety evening - Tuesday 5 November at 6:00pm

School Teacher Only Day - Friday 15 November

Taikura Fete - Sunday 17 November



With just under four weeks to go until the Fête, members of the Fête committee gathered over the weekend to have a spring clean of all of the equipment stored, everything is now ready to go in a few weeks.

We have a number of updates to share:

- **Rosters have been sent!**

Thank you for those that have been quick off the mark and started to fill in the slots on the roster. Your first point of contact for any questions for these is your class parent liaisons, each class has responsibility for one children's activity and one food stall. The email also explained a list of each class's responsibilities and a few more details on some changes this year. Please sign up to please fill those roster slots by **31 October**.

- **Crafting and Fête Craft Night**

Please keep the wonderful crafting up! Some absolutely magical creations are coming though. Please drop completed crafts to the school office. Here is a little inspiration for you to keep crafting...



Fête Craft Night – Tuesday 29 October, starting at 6.30pm in the High School Handwork room. Please RSVP to Elspeth at elspethrossdesign@gmail.com. A great opportunity to bring your crafts and finish off anything you are working on for the Children's Shop.

- **Fête Signs** are going up around town, thanks to those that have been able to put one up.



Taikura Fête 2024 Poster

The 2024 Taikura fête poster is included here in the Grapevine. Please share this digitally, or print A3 or A4 (in colour if possible) and share it at your:

- workplace
- staff room,
- local area Facebook page or other interested groups
- sports club
- local foursquare notice board
- car window
- yoga studio, etc.

Share, share, share - let's spread the word and welcome the community to our wonderful fête!

Sports Notices

Congratulations

Tyler Bullivant was recently recognised at the Hawke's Bay Secondary Sports Awards for his 'tremendous sporting achievements in Taekwondo' by being a finalist in the 'Disabled Athlete of the Year' category. To be recognised amongst the top sporting talent in Hawke's Bay at this prestigious award ceremony is a huge honour and Tyler says that it has certainly inspired and motivated him to keep pushing himself in his sport. A highlight of the evening for Tyler was meeting NZ Kayaking Olympian Aimee Fisher and Tyler now has the goal of competing at the LA 2028 Olympics in mind. Congratulations Tyler on this fantastic achievement! We look forward to watching you progress on this journey.

Sanne Coulthard, HS SENCo



Orienteering Term 4, 2024



Primary School Orienteering Hastings*

Thursday 31 October - Mahora Primary School
Thursday 7 November - Frimley Primary School
Thursday 14 November – Hastings Central Primary School
Thursday 21 November - Taikura Rudolf Steiner School
Thursday 28 November - Raureka Primary School
Thursday 5 December – St Mary's Primary School

**Entry fee:
\$3 per run**

*No pre-registration
required, just turn
up any day.*

*These events are open
to all Hawke's Bay
primary school
students.*

See www.hborienteeing.com or <https://www.facebook.com/hborienteeing> in October for more details.

The start-line will be open between 4.15 – 5.30 pm, come anytime. Pre-registration is not required.

The courses will close at 6.00 pm. Courses are designed to be 20 minute runs (average).

Coaching is available at the event centre each day.

Any number of children may represent their school on any day at **O for Kids**.

The location of the Event Centres will be found on the host website www.hborienteeing.com.

All events may continue in wet weather. Cancellations will be notified on host website and facebook page by 2pm.

Toilets may not be available at events.

Also for all students:

In Term 1, 2025.....Events at schools in Hastings East area. Starts Week 3, Term 1*

O for Kids Co-ordinator: Jane Herries

Contact Email: kiwio@hborienteeing.com

** The HB Orienteering Club has the discretion to alter event venues. Check the website weekly for changes.*

Class 9 Three Mountains Camp 2024



Community Hui

We are on! speakers at the ready, voices are finely primed,
nerves a-rock-steady sort of!

What IS it that makes a Steiner School a Steiner school?

An ideal intro for prospective parents & whanau interested
in finding out more and for those just plain wondering -
what exactly IS it the tamariki do in there?

Hoping to see you next Weds in the Whare (30 October) at 9am

Brunch from our community canteen will wrap the session at 10h30.

Homestay Families Required

As our International student programme is growing we are requiring more families to host students during their time at Taikura. We will be looking for short and longer term places from 2025. Most families find the experience very rewarding and begin relationships that last a lifetime. Host families provide:

- Three meals a day
- A furnished bedroom
- WiFi internet access
- A safe and welcoming environment

Bring in some additional income, and have an experience of a lifetime. I will have information packs available shortly with all the details. If this is something that sparks your interest, please email Janet

international.admin@taikura.school.nz

Class Four Sausage Sizzle Fundraiser

No need to pack lunch for Friday 1 November! Class 4 whānau will be holding a sausage sizzle fundraiser selling quality sausages from Beard Brothers, vanilla or chocolate cake (with GF options), and delicious homemade lemonade. Food will be sold from stations located in the High School and Lower School for quick service so students can get out and enjoy their lunchtime.

Prices:

\$3 - sausage in bread (\$3.50 for GF bread)

\$2 – cake

\$1 – lemonade

Thank you in advance for supporting Class 4 and a shout out to Woolworths and New World for their support.



Taīkura Fête

Rudolf Steiner School

Sunday
17 November

10am - 3pm



Follow us on facebook for updates

Community Notices

Kia Ora whānau,

Calling ALL artists. We need your ART... we are having an art sale featuring up and coming and established artists to raise funds for He Rangatahi Pounamu, our youth Ambassador Program to Finland, 2024.

ALL ART work to be originals, any media will be accepted - within reason e.g. harakeke, ceramics, pots, photos, painting, jewellery, music. ALL proceeds are going to He Rangatahi Pounamu to help youth from Aotearoa being Ambassadors in Suomi, Finland. Please drop art in by Friday 1 November.

Date: 17 November

Where: Rudolf Steiner Centre (across the road from school)

Time: 10:00 am - 3:00 pm

Payment in cash or bank transfer (sorry no eftpos)

Tracy Mclean
20x36
Acrylic on
Canvas



Invitation

A talk by Rev Patrick Kennedy at Rangimarie

When: Saturday 26 October

Time: 6.30 pm

Where: 617 Heretaunga street

Talk: "Hearts at Peace, Will strengthened, People United; Signs of Christ at work in our community "



House Sitter Wanted

Dog and house sitter wanted for 3-bed family home in Havelock North over Christmas (dates 21 Dec to 1 Jan). Peaceful environment, with west facing views to the ranges and Ruapehu, bordering on a reserve and down a private shared driveway. Friendly and helpful neighbours. Require sitter to look after the house, our fun-loving miniature Fox Terrier, and do some watering of the garden. Contact Nick on 021 118 7724.

HANGI FUNDRAISER

!!SUPPORT OUR NZ YOUTH AMBASSADOR
PROGRAMME GET TO FINLAND MARCH 2025!!

\$20 3 MEATS
VEGEZ
STUFFING
STEAMPUDD&CUSTARD
JOLLY DRINK

SUNDAY NOVEMBER 24
PICK UP 11.30AM-1PM

PICK UP HASTINGS TAMATEA CLUBROOMS

PRE-SALE TICKETS
ONLINE
(PLEASE PAY BEFORE NOV15)

ONLINE BANKING: HE RANGATAHI POUNAMU
ACC # 03-0698-0198353-000

REF: HANGI
CODE: NAME
PARTICULAR: HOW MANY HANGI?

YOU ARE INVITED TO

ECSTATIC DANCE

FRIDAY 8TH NOVEMBER

7PM-9PM

Plant medicine, Sound frequencies & Movement.
DJ Ora with special guests Kelly Whitewood offering a
beautiful Cacao Ceremony & Aaron Gregory- sound Bath
Location: 'The Homestead' Keirunga Arts Venue,
Havelock North

<https://events.humanitix.com/ecstatic-dance-gdsd8fa9/tickets>



**Children's & Teens
Term 4 Art Classes.
One on one Artistic
Therapy sessions
available. Held at
Keirunga Arts Venue,
Havelock North**

Guided by Amanda Sowersby a
local qualified Artist &
Artistic Therapist.



Contact Amanda
✉ amanda@artandalchemy.co.nz
0211449168

**Term 4: 21st October-16th December
8 weeks \$192**

Monday: 3.30pm - 4.30pm/ 4.40pm-5.40pm.

Wednesday: 3.30pm-4.30pm. (ends 11th Dec)



**Guardian & Child Art
Workshop
Saturday 16th November
9.45am-11.30am
Keirunga Arts Venue**

Guided by Amanda Sowersby a
local qualified Artist &
Artistic Therapist.



Contact Amanda
✉ amanda@artandalchemy.co.nz
0211449168

Experience the magic of a unique bonding workshop designed for Guardian's and children to unleash their creativity together. You will be guided through the art activities, exploring the wonders of pastel techniques and clay modelling, deepening your connection together while expressing your artistic visions. Held amongst the tranquil beauty of Keirunga Gardens within The Homestead. All art supplies and afternoon tea will be provided. Join us for a memorable activity in this serene setting.
Location: The Homestead Keirunga Arts Venue, Havelock North \$52 per duo

*Hawkes Bay
Arts Trail*

*Sunday 10th November,
2pm-4pm*



Vibrations of Creativity

*A Sound Bath, Art
Journey & Detox
for Mind, Body & Soul
Workshop
by Amanda & Aaron.*

*Location
Keirunga Homestead
Keirunga Arts Venue*

<https://events.humanitix.com/vibrations-of-creativity/tickets>

20TH OCTOBER 10AM-2PM

SOUND, BREATHWORK & CLAY ART WORKSHOP



AWAKEN YOUR
INNER CREATIVITY

Join us for a day of creativity, starting with a sound journey and breathwork to awaken your inner creativity, followed by a hands-on clay art session.

Light refreshments provided!

Guides: Amanda Sowersby & Kelly Whitewood

<https://events.humanitix.com/creative-clay-day-unleash-your-inner-creativity/tickets>.

Hawkes Bay Arts Trail 2024

Explore the Beauty of Watercolours & Pastel

Sunday 3rd November
2pm-3.30pm



Hosted by local Art Alchemist Amanda Sowersby
Location: Quilters Cottage- Keirunga Arts Venue
Limited numbers, \$25 each

Sign up for the workshop today:
<https://events.humanitix.com/explore-the-beauty-of-watercolors-and-pastel/tickets>;
email: bookings@artandalchemy.co.nz

KEIRUNGA

Open Day

SUNDAY 3RD
NOVEMBER
10AM-4PM

6 PUFFLET RD, HAVELOCK NORTH



JOIN US FOR A FUN-FILLED DAY AT KEIRUNGA AS PART OF THE HB ARTS TRAIL! EXPLORE OUR ART CENTRE, FEATURING AMAZING ART & CRAFTS, MINIATURES, QUILTING, CREATIVE FIBRE ART, AND LIVE PAINTING WORKSHOPS. ENJOY LIVE MUSIC, THEATRE, SINGERS, POETRY, FACE PAINTING, TASTY FOOD AND DRINKS, & SCULPTURES IN OUR BEAUTIFUL GARDENS. WHETHER YOU'RE INTO ART OR JUST LOOKING FOR A GREAT DAY OUT, THERE'S SOMETHING FOR EVERYONE. ALL ARE WELCOME! DON'T FORGET TO BRING CASH!