

# Taikura Rudolf Steiner School

The  
Grapevine



## High School Athletics Day

20 March 2025

Last Tuesday we held our High School Athletics Day at the Hastings Sports Park. Students competed in their house colours in track, discus, javelin, high jump and long jump.

It is always a great day of sporting revelations, records broken, challenges and fun!

This year Louis Skipper broke the school discus record and Ian Foxcroft the high jump record, both these students, along with Yudi Porter, are competing in the East Coast Track and Field Championship this week.







## **He Pito Kōrero**

### ***Kīwaha o te wiki .....Kīwaha of the week!***

E tama! (Eh tar mar)  
Oh boy/Oh gosh!

Hemi: E tama, have you just woken up?

Rangi: Sure did, and it only takes 5 minutes to walk to school!

*He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori*



## **Waiata Māi**    **Every Thursday 12:25 - 12:55pm!**

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Every Thursday in our whare, Te Manukura, you can learn some of the many waiata that your tamariki sing at kura! Nau mai, haere mai te katoa...all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō!

Nā Troy Gardiner

## **Upcoming Events**

**Taikura Kindergarten Harvest Festival** - Friday 21 March at 11:00am

**School Board meeting** - Monday 24 March at 5:00pm in Te Manukura (whare)

**Class 10 Marae week** - 24 to 28 March

**Waka Ama under 19 sprint nationals** - 24 to 28 March

**Class 6 camp** - 24 to 28 March

**Class 7 play performance 'Androcles and the Lion'** - Wednesday 26 March at 6:30pm

**Raphael House Parzival Plate sports visit** - Monday 31 March & Tuesday 1 April

**Community Assembly** - Thursday 3 April at 11:00am

**Taikura Kindergarten working bee** - Saturday 5 April at 8:30am

**Teacher Only Day - all school & kindergartens** - Friday 11 April

**First day of Term 2** - Monday 28 April

**Taikura Fete** - Sunday 16 November

## **Fabric Wanted for the High School Handwork Room**

The students in the Handwork room always need fabric to make fitting trials of their garments and fabric to up-cycle into garments. If anyone has any old sheets, curtains, tablecloths or denim items that are no longer useful, please drop them off at the office. Thank you, Elspeth Ross

## Waka Ama

On Saturday 8 March Our Under 19 girls Waka Ama team competed in the Regional Secondary Schools Waka Ama champs at Pandora Pond in Napier.

This was the first time this team had competed in an event, so there was a bit of nervous chatter and a little bit of anxiety in the air as they walked to the loading bay, to climb into their designated waka. On the way one student said to me, “Hey Matua, some of the teams who have paddled don’t look as good as us.”

These proved to be prophetic words as the team, despite their nervousness executed their first turn of the 500m course really well and by the time they were into the second turn, their opponents had been left behind. There were some pretty delighted faces when they came off the water. The team’s first ever race and their first win.

Unfortunately the student’s freshly gained confidence was soon shattered, as it lead to a lack of focus in their first 250 sprint race, and many protocols and procedures went out the widow, resulting in a loss. However the day was a real success with two wins and two losses and good practice for those paddlers who will be travelling to Lake Tikitapu near Rotorua to compete in the Secondary School Nationals next week, and was a good hit out for the Class 10 Team who competed for the Heretaunga Ararau Club in a 7.5km race last Saturday.

It was a beautiful day in Taupo. The Class 10 team comprising of Sahara Rarere, Zakir Zaini, Grace Train, Sarah Stork, Kadin Neill and Phoebe Hairs. Again this was their first long distance race and their first opportunity to compete in a large field of about 20 waka, mostly comprised of adult teams. Our team goal was to complete the race while holding good form and sticking to the protocols that we had been working on. This they did with aplomb and were greeted enthusiastically by parents and a large contingent of fellow club members.

*Clayton Gibson*



## Sports Update

**Congratulations** to Oak Collins, Phillip Ostergren and Bautista Himschoot who have all made the Central Development League under 13 football teams.

Eleven of our High School Girls have been participating in a 4 week **water sports programme** run by myself and Kaydy Moana Jones. Each week they experienced a different water sport, surfing, diving, waka ama and paddleboarding.



**Hockey, netball, basketball and badminton** registrations are underway, please have a chat with your child about what winter sports they can play and your family can commit to.

**Class 4 and 5 netballers** during a development training with Hawkes Bay netball:



**Good luck** to our under 19 waka ama paddlers heading to the secondary schools national championship next week!



I am away on marae week next week, so I may be a bit slow replying to emails, I will be back in the office Tuesday 1 April.

*Janet Osborne*

[sports.coordinator@taikura.school.nz](mailto:sports.coordinator@taikura.school.nz)

## Community Notices

### Anthroposophy in Hawke's Bay

Would you like to receive a weekly newsletter with details of Anthroposophical news and related activities happening locally? If so, please send you name and email address to [info@anthrohb.nz](mailto:info@anthrohb.nz) and you will receive a weekly link to it.

### Finland Update

Kia ora! Terve! Konnichiwa

He Rangatahi Pounamu Ambassadors Kalel Wairau and D'Artagnan King have returned and we will have a presentation at the Steiner Centre beginning at 11:00am this Saturday 22 March, followed by questions and a cup of tea and biscuits.

The programme was great and we managed to have fun whilst representing and presenting at a number of schools. Come listen and hear the adventures and experiences. This might be a journey that interests you.

Nau mai haere mai.

Te Whiti Seeds



### The Great World of Angels In-person and online 9 week course April 28 - June 24, 2025

From Iris Paxino's *Speaking with Angels* and Adam Bittleston's *Our Spiritual Companions* we seek to find — The Great World of the Angels.

They have always been our invisible helpers.  
In our long past we felt and knew them,  
now we seek to know them again.

How do angels, look, feel and think?  
How do they communicate with one another and with us?  
Which of them help and why do some oppose?  
These are just some of the questions we will  
look to answer on our interactive course.

Talk: Tuesday 09.00am - 10.00am  
Talk only \$170

Guided Art Experience: 10.35am - 11.45am  
Talk and Art \$230

Recordings and notes available through the online course

Get in touch with Cleone Armon for more details:  
[candsarmon@gmail.com](mailto:candsarmon@gmail.com) 0224 895 674

# Tailored Massage Treatments

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## haven ARTS THERAPY

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To book an appointment or get in touch, contact me on:

022 561 0344 | [tenille@havenartstherapy.co.nz](mailto:tenille@havenartstherapy.co.nz) | [www.havenartstherapy.co.nz](http://www.havenartstherapy.co.nz)

creates opportunities to engage & reconnect with your wairua | spirit, tinana | body, hinengaro | mind & self-expression

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psychotherapeutic principles & practice work alongside the arts; providing a place to reconnect with one's creativity, imagination & sense of play

**who is it for? arts therapy is for anyone, of any age or background**

individual and group arts therapy sessions available by appointment

practice located in Hastings central

Creative arts therapists are clinically trained mental health professionals who are registered by a professional body (ANZACATA) and guided by ethical standards and practice guidelines.



## House available for short-term rent

Te Awanga. \$300 p/w furnished. 3 bedrooms.

Available from the beginning of April until August. Phone 027 3540 844

# Celebrating Balance

workshop

23 March 25



The Equinox is the balance  
of night and day, of dark and light,  
of work and rest - the natural midline.

In this workshop we will focus on everything  
that nourishes our sacred masculine and feminine  
to help us return to our natural balance.

Join in and celebrate the nature of balance  
in all its beauty with ancient knowledge,  
yoga, breathing, meditation and  
sound and in the company  
of beautiful souls.



3pm - 5pm

The Yoga Space Hastings

\$30pp

\$20 students/unwaged

\$40 living in abundance

more info: [www.theyogaspacelhastings.com](http://www.theyogaspacelhastings.com)

RSVP

[silke@getinbalance.me](mailto:silke@getinbalance.me)

*Silke*  
get in balance

Join me for an evening of deep vibrational sound - relaxing  
and nourishing. Fill your cup for the new moon cycle to come  
and sow some seeds at the start of the astrological new year.

Introduction to the lunar cycle and its energies - journaling  
prompts - all materials taken care of - come, relaxe, let go,  
listen and feel!

## Sunday, 23.03.25

### 6.00-8.00pm

### The Yoga Space

### Hastings

[www.theyogaspacelhastings.com](http://www.theyogaspacelhastings.com)

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## moon wisdom workshop +SOUNDBATH