#### Taikura Rudolf Steiner School

# The Grapevine



#### The Michael Age

We must eradicate from the Soul All fear and terror of what comes towards us From out of the future, And we must acquire serenity In all feelings and sensations about the future. We must look forward With complete equanimity to everything that may come, And we must think only that whatever comes Is given to us by a world directive full of wisdom. It is part of what we must learn in this age: Namely to live out of pure trust Without any security in existence, Trust in the ever-present help of the Spiritual World. Truly, nothing else will do If our courage is not to fail us. And we must seek this awakening within ourselves Every morning and every evening.

**Rudolf Steiner** 



Our Autumn Festival - March 2025





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#### He Pito Kõrero

#### Kīwaha o te wiki ......Kīwaha of the week!

E rua, e rua (eh dua, eh dua) Same as me! (referring to people or situation)

Rangi: E hoa, pēhea te kiriata...How was the movie?

Hemi: I didn't like it! Rangi: E rua, e rua e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



#### Waiata Mai Every Thursday 12:25 - 12:55pm!

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Every Thursday in our whare, Te Manukura, you can learn some of the many waiata that your tamariki sing at kura! Nau mai, haere mai te katoa...all are welcome!

Ngā mihi ki a koutou ngā kōpara e kō! Nā Troy Gardiner

#### **Upcoming Events**

Raphael House Parzival Plate sports visit - Monday 31 March & Tuesday 1 April

Community Assembly - Thursday 3 April at 11:00am

Taikura Kindergarten working bee - Saturday 5 April at 8:30am

Teacher Only Day - all school & kindergartens - Friday 11 April

First day of Term 2 - Monday 28 April

**Taikura Fete** - Sunday 16 November

#### Fabric Wanted for the High School Handwork Room

The students in the Handwork room always need fabric to make fitting trials of their garments and fabric to up-cycle into garments. If anyone has any old sheets, curtains, tablecloths or denim items that are no longer useful, please drop them off at the office. Thank you, Elspeth Ross

#### School & Kindergarten Directory

Our school & kindergarten directory will be published and distributed to oldest children by the end of this term. If you would prefer your details not be included, please email <a href="mailto:suzan.bart@taikura.school.nz">suzan.bart@taikura.school.nz</a>

#### Curriculum Corner - Autumn Festival Drawings



#### **High School Athletics**

Following on from a fantastic Taikura High School Athletics Day, three senior boys qualified for and represented the school on Wednesday 19 March 2025 at the East Coast North Island Athletic Championship.

Yudi represented the school in the 3000m track run to get a creditable 4th overall and in the 1500m to get a well-earned 4th again. He was up against runners who train regularly and in the 3000m in hot conditions out-sprinted a young man in the last 20 metres to earn his 4th place.

Unfortunately, both Ian and Louis were carrying injuries into the competition and were unable to perform to the standard that they had previously shown but these young men did compete and were a credit to the school. They gained valuable experience and are keen to compete in the ECNI Athletics competition again next year.

Looking forward to 2026 we hope to have a larger team competing at this meet and even a 4x100 relay team. The future in athletics looks bright for Taikura.

Anne Hilton Sports Facilitator





#### Community Notices

#### Do you need building design work done?

Nils Rock is a German Master builder who also does great design work. Nils is trying to do more design work, rather than building so he can stay close to home to look after his family who need him at the moment. Nils and his family have been part of the school community for many years. You can contact Nils on 027 592 7997.

#### Accommodation Wanted

I am starting the one year Rudolf Steiner training at Taruna this year. Myself and my two children are looking for a place to stay from the 21st to the 25<sup>th</sup> of April. If you need a house sitter we can do. Or if you have a self contained sleep out that would be wonderful or we happy to share a room and can contribute towards power and food. My children will be at friends places while I'm at the course.

Please contact me if you can help or wish to discuss -021 2604992

Tara Lamb

#### House available for short-term rent

Te Awanga. \$300 p/w furnished. 3 bedrooms.

Available from the beginning of April until August. Phone 027 3540 844



#### Free Community Talk:

Fevers and Illness

With Anthroposophical Nurse Deb Bednarek

Date: Monday 31st March

Time: 11:00-11:30

Location: Rudolf Steiner Centre

500 Nelson Street



#### Community Workshop:

Loving Boundaries
With Britt Aberahama

## Simple Tools for Confident and Connected Parenting

**Date:** Friday 4th April **Time:** 7:00-8:30pm

Location: Rudolf Steiner Centre

500 Nelson Street

Koha
Contact to reserve your spot:
britaberahama@gmail.com



# The Great World of Angels In-person and online 9 week course April 28 - June 24, 2025

From Iris Paxino's Speaking with Angels and Adam Bittleston's Our Spiritual Companions we seek to find — The Great World of the Angels.

They have always been our invisible helpers.
In our long past we felt and knew them,
now we seek to know them again.

How do angels, look, feel and think?
How do they communicate with one another and with us?
Which of them help and why do some oppose?
These are just some of the questions we will look to answer on our interactive course.

Talk: Tuesday 09.00am - 10.00am Talk only \$170

Guided Art Experience: 10.35am - 11.45am Talk and Art \$230

Recordings and notes available through the online course

Get in touch with Cleone Armon for more details: candsarmon@gmail.com 0224 895 674

# Children's Holiday Art & Yoga Workshops with Amanda Sowersby

AGE 6-13YEARS.

WEDNESDAY 16TH APRIL YOGA & ART 9.30AM-2PM
TUESDAY 22ND APRIL - ART 9.30AM-12PM
\$50 HALF DAY \$75 LONGER DAY
HELD AT KEIRUNGA ARTS VENUE, HAVELOCK NORTH









Children's Holiday Yoga & Art Workshops
Full-day: Yoga & Art
Half-day: Art only
Fun & gentle yoga with games
Creative art activities (painting, pastels, drawing)
Nature walk & picnic break
Clay modeling to finish the day

Facilitated by Amanda Sowersby – a qualified Artist, Artistic
Therapist, Holistic Healer & Yoga Teacher, specializing in healing
art and traditional art styles.
Limited spots – Book now!

email: bookings@artandalchemy.co.nz

Amanda Sowersby Art & Artistic Therapy

@amandasowersby

0211449168



**TWEENS & TEENS** 

# YOGA



YOGA, MINDFULNESS AND ART MEDITATION

### TUESDAY 22ND APRIL

3PM-4.30PM Keirunga Homestead Havelock North

Book: amanda@artandalchemy.co.nz



### HAVE A GO MEET

BROUGHT TO YOU BY HBPB SWIMMING
WITH SUPPORT FROM SWIMMING NZ
HB REGIONAL AQUATIC CENTRE

SATURDAY 12TH APRIL 2025 12.30-2.30 PM (RACING STARTS 12.45PM)



# FOR ANYONE THAT WANTS TO TRY OUT SWIMMING RACING AND HAVE FUN

JUST BRING YOUR TOGS, WATERBOTTLE AND A SMILE We will bring ribbons, prizes and club information

#### **EVENT INCLUDES**

- ✓ 25M RACES
- ✓ 50M RACES
- KICK RACES
- RELAYS

Register Now vi QR Code



SPOT PRIZES

**Contact Information** 

O hbpbswimming.org.nz



SUE-027 7280734

PRIZE DRAW FOR THOSE REGISTERED BEFORE THE DAY
SOME LUCKY SWIMMERS WILL GET TO SWIM WITH AN OLYMPIAN