# Taikura Rudolf Steiner School

The

# **Spring**



28 August 2025

Mā te whakatū, ka mōhio, Mā te mōhio, ka marama, Mā te mārama, ka mātau, Mā te mātau, ka ora! With discussion comes knowledge,
With knowledge comes light and understanding,
With light and understanding comes wisdom,
with wisdom comes wellness!

21 June this year heralded the winter equinox, the day in the year where the sun's light is least able to reach us. To celebrate mid winter our Lower School tamariki walked the winter spiral, echoing the act of winter which draws us into ourselves and then gives us a sense of the outward gesture that will return us to the warmth and light of spring as the sun becomes more present in the southern hemisphere again.

I know the time that has passed between the winter equinox and the present moment has provided a challenge for many. You may be one of many who have been drawn deeply into an internal experience, consciously or subconsciously, having grappled with the implications of our current reality, world events, family challenges, winter illnesses, oneself. This winter impulse of drawing inwards will often lead to a certain fatigue by the time spring is ready to engage with

us once more. The internalised process can certainly bring intensity, even turmoil, but hopefully with this we have been able to effectively process that which we have taken in deeply over the winter. In this internal process and through striving, within the darkest days of our year, we retain the possibility to transmute such challenges into wisdom, hope and opportunity.

Spring then presents a new challenge but one that is much easier to ignore unless we approach it with consciousness. If winter provided us with new, rich, albeit challenging awarenesses, how do we now take these and apply them consciously to our lives at a time when the gesture of spring is drawing us back out into the world? How do we let our personal winter wānanga blossom upward and outward as the native clematis, Puawānanga, does when spring arrives? ("Pua" meaning blossom and "wanānga", learning.) How does our learning/wisdom manifest and play a practical part in our lives?



Springtime asks for a new discipline from ourselves. Rudolf Steiner told us that the spirit of the spring festival is "know thyself". So at a time when spring begins to draw us out of ourselves once more there is a natural impulse to recognise who we are becoming, to "know thyself". In spring the tendency is to look towards the material world more and forget our inner nature, spiritual nature, the challenge is to apply the spiritual wisdom gained from our winter wānanga and balance that with the materialism which is pulling us back out into the physical world.

In today's world this is more fitting than ever as individually and collectively we strive to balance moral and spiritual wisdom with practicalities of the economy, resource distribution and bureaucracy. This is the task of our time however, now as important as ever, the integration of higher spiritual wisdom with the fundamentally neutral nature of the material world. It is a discipline we must carry into our own lives to consciously live in accordance with the soul truths we discover within ourselves, to put our learned wisdom into practice. Spring is a time ripe with the opportunity to turn conscious thought and feeling into conscious action. Our responsibility to ourselves and each other is to co-create the meaning which we apply to the material world in the light of spiritual wisdom, through taking physical action.

Darryn Breakwell

Kia whakairia te tapu Kia wātea ai te ara Kia turuki whakataha ai Kia turuki whakataha ai Haumi e. Hui e. Tāiki e!

Restrictions are moved aside So the pathways are clear To return to everyday activities



### He Pito Kõrero

E te tī, e te tā, the kōrero below comes from <u>Te Rangaihi Reo Māori | Māori Language Movement</u>. 17 days to go until the 50<sup>th</sup> anniversary of the beginning of Te Wiki O Te Reo Māori, and I am reminded of the couragious stance that people took to protect and ensure the longevity of this taonga – Te Reo Māori, for us all. The link above has kete full of resources, ideas and inspiration to support us all in being part of this week! Kia kaha, kia māia, kia manawanui!



#### Te Wiki o Te Reo Māori 2025

Join us this September to celebrate the 50th anniversary of Te Wiki o te Reo Māori (Māori Language Week). Born of activism, the week grew from a single 'Māori Language Day' set up in 1972. The seeds of a full week dedicated to te reo Māori were planted in 1974. By 1975 Te Wiki had found its footing and was off! Its growth and gains are what we celebrate 50 years on.

Te Wiki takes place from 14 – 20 September 2025.

#### Kīwaha o te wiki ......Kīwaha of the week!

Taputapu kē! (Tar pu tar pu keh) Neat, awesome, cool!

Huia: Kia ora e Tama! I've brought us tickets to go and see the play 'Tangihanga'!

Tama: Taputapu kē e hoa!

He pito kōrero is a space dedicated to celebrating and promoting Te Reo me ōna Tikanga Māori



## Class 12 Projects

Kia ora koutou,

The Class 12 Project Displays will once again be open to the community after the Spring Festival on Friday 12 September from 10.30am. This is a lovely time to connect with the students before their speech, and discuss their chosen topic and learning.

The Class 12 Speeches will be delivered the following day, Saturday 13 and Sunday 14 September, and this is a wonderful occasion in which to support our young people and listen to their journey over the last few months. The speech topics are always diverse and to watch the students stand and speak for 15/20 minutes on a topic offers an insight into our education. We would love to see our community there supporting our students through an important milestone.

I hope to see you there,

Morag Wilson

Class 12 Project teacher

# Class 12 Project Speech Timetable

#### Saturday 13th September 2024

Time	Name	Project Topic
8:30 am	Summer Cleaver	The Importance of Friendship
9:00 am	Ashley Diedericks	Leadership in Extreme Sports
9:30 am	Imogen MacKenzie Mapel	Self Regulation of your Nervous System
10:00 am	Kate Caccioppoli	Exploring Silk
Morning Tea		
11:00 am	Isabelle Caccioppoli	Four Seasons of the Apple Journey
11:30 am	Tabitha Mouat	Influential Art Mediums Across History
12:00 pm	Pippa van Duin	The Process of Making Wine
Lunch		
2:00 pm	Sonne Allison	Night Photography
2:30 pm	Iris Moriarty	Conservation Photography
3.00 pm	Yudi Porter	Airsoft

#### Sunday 14th September 2024

Time	Name	Project Topic
8:30 am	Mika Moenchmeier	Self -Landing Rockets on a Budget
9:00 am	Lucy Allison	The Perfect Cocktail
9:30 am	Nico Theyer - Durham	How Animals Affect Native Vegetation
10:00 am	Liam Rousteau	Making a Short Film

#### Netball

Congratulations to our junior high school netball team who came 1st in their grade!

Awesome effort girls.

Lucia Low (absent from photo).



# Max's First Steps with Evolution

For Max, a 17-year-old in Class 11, releasing music on Spotify isn't about fame or fortune—it's about finishing what he started. His debut album, Evolution, is less a statement of arrival than a record of progress, a way of showing himself how far he's come and where he still hopes to go. The project began about a year ago, after a school lecture on goal-setting nudged him to pick a direction. That same day, he opened Ableton and began composing. At times, the work felt daunting—especially when doubts crept in about whether the songs were good enough. But instead of giving up, he decided to focus on the process. "It's not the destination, it's the journey," he says, a thought that shaped the whole album.

Across eleven tracks, Max reflects his own path in music, anchored by the guitar he first picked up at age eleven. Along the way, he taught himself not just how to write, but how to mix—something he'd never attempted before. "Mixing was a steep learning curve, but it made me hear songs differently," he explains. Even working

with a label, which he admits was intimidating, became part of the experience. What matters is that he took an idea, finished it, and put it out into the world. Now, with the first project behind him, he's already exploring a different style for his next album and preparing a single for release later this year. And while the music tells part of the story, Max is clear about who's been behind him throughout. "Thank you, Mr Pearson, for walking this journey with me. Thank you, Dave Boston, for introducing me to music in the first place. Thank you, Mr Lovatt, for teaching me scales, and reigniting my passion for improvisation. But most of all, thank you, Ruby, and the rest of my excellent friends, for supporting me every step of the way. I couldn't do it without you, and I am forever grateful."

Evolution doesn't mark the end of Max's journey, it marks the beginning.

Listen to the album here on spotify: <a href="https://open.spotify.com/album/1CJG9T">https://open.spotify.com/album/1CJG9T</a> <a href="https://open.spotify.com/album/1CJG9T">NDqk0zx2GZe4w7vV</a>



## Strategic Plan

Taikura's current Strategic Plan concludes at the end of this year, and our governance groups are developing a new three-year plan. As part of this process, we are actively seeking input from our community to help shape the direction and priorities of the school moving forward. Please have your say by completing this short survey: https://www.surveymonkey.com/r/PJFJWMW

## Police Vet Checks

Suzan will be away from Monday 1 September until Wednesday 8 October. If you are wanting to obtain a police vet to be able to go on a camp/school trip, forms must be dropped into the school office by 3pm this Friday (29 August) for these to be submitted before Suzan is away. Forms received after this time, will be submitted from 9 October onwards.

Thank you.

Save the date and your books!



# Book Day Friday 29 August

For Classes 1-7

This year all our favorite events are back!
'The famous Book Character Dress Up Parade'
'The Great Book Swap'

'Guess that Quote'

and

'The World's Best Book Quiz'

It's time to get busy creating costumes, hunting out old books to swap and reading up a storm in time for this huge celebration of our favourite books.

More details to follow in the coming weeks.



# Waiata Mai Every Thursday 12:25 - 12:55pm!

Ngā mihi hīkaka ki a koutou ngā manu tioriori o Taikura!

Every Thursday in our whare, Te Manukura, you can learn some of the many waiata that your tamariki sing at kura! Nau mai, haere mai te katoa...all are welcome!

# Upcoming Events

Book Day - Friday 29 August

High School Elective Evening - Wednesday 3 September, 6:00pm Taikura House

Community Assembly - Thursday 4 September at 11:00am

Class 6 Whānau Hui - Thursday 4 September 6:00pm - 7:00pm

Class 4 Parent Hui - Thursday 11 September, 6:00pm - 7.30pm

Spring Festival (School) - Friday 12 September

Spring Festival (Kererū Kindergarten) - Friday 12 September

Class 12 Project Displays & Speeches - Friday 12 September and weekend of 13 & 14 September

Te Wiki o Te Reo Māori - 15 to 19 September

Spring Festival (Taikura Kindergarten) - Wednesday 17 September

Last day of Term 3 - Friday 19 September

Taikura Fete - Sunday 16 November

# Our Kids Online - Informed and Empowered Programme

As shared previously, in our High School we are currently running 'The Informed and Empowered Programme' developed by Rob and Zareen Cope as part of their Our Kids Online platform.

Some modules are designed to be shared with the whole high school, and we will do this as part of our weekly high school assemblies. Other modules are designed for a specific year group or couple of age groups where we will group classes 8 and 9 together and classes 10-12 together. Students will be guided through these modules by their Sponsor and Main Lesson teachers.

In the last week the following modules have been viewed: Cyberbullying, Gaming and the Developing Brain and Fake News, Misinformation and Algorithms.

Below are some of the discussion points from these modules which you may like to discuss with your Students:

#### Cyberbullying

- What is Cyberbullying?
- Based on what students have seen in the presentation
  - Name four things that are forms of cyberbullying
  - Name four reasons given for why someone might cyberbully another person
- What are some of the things you can do to protect yourself online and to stop someone bullying/cyberbullying you or help if you see it happening to someone else?
- What things can you do to connect with others with similar interests and what questions should you ask before you connect with groups?

#### Gaming and the Developing Brain

- How much time do you think young people spend online gaming every week?
- What do you think are some benefits and harms of gaming?
- What three things from the presentation could you consider when it comes to how much time we spend online gaming?
- What are some of the things you can do to find balance with the time you spend online gaming and time spent in the real world?

#### Fake News, Misinformation and Algorithms

- Have you had any experiences with fake news?
- Can you think of any examples of fake news that were or are harmful?
- How can algorithms affect our views about the world around us?
- Have you ever experienced weird or more extreme videos or content being suggested to you in a platform you are using?
- Why do you think it's good to have discussions with your friends or a trusted mentor about things you see or hear online?

Rob and Zareen recommend that parents implement the following to keep their child(ren) safer:

- Keep all devices out of bedrooms
- Make your home a safe place for children to ask questions and have big discussions
- Install filters/monitoring apps in your home and on devices
- Know where to find reporting information if needed
- Implement offline ways to reconnect as a family.

You are welcome to view the resources on the Our Kids Online website, including resources specifically for parents.

# **Knitted Kindy Slippers**

Taikura Kindergarten is selling hand knitted woollen Kindy Slippers as a year-round fundraiser.

Sizes available 2-3yrs = \$12 3-4yrs and 4-5yrs = \$15 5-6yrs and 6-7yrs = \$18

Custom orders for older children and adults are welcome. Please contact Victoria 022 1037862 for any queries.



#### Pianist Needed

Sadly our long standing pianist for Eurythmy, Denise Buczynski is unwell and will not be returning to Taikura. We are grateful for her contributions and wish her all the very best for her recovery. This means we are looking for a pianist to accompany some Eurythmy Lessons for the Lower school. Please email nives.frigerio@taikura.school.nz if this is something which would be of interest to you. Remuneration by agreement.

# Free Community Talk:

Sturdy Leadership as Parents
With Britt Aberahama
(inspired by psychologist Becky Kennedy)

Date: Monday 1st September

Time: 11:00-11:30

Location: Rudolf Steiner Centre

500 Nelson Street

All Welcome



## Community Notices



# Handyman Frank

I have recently moved to the bay and am currently looking for work. I am a German trained interior decorator (1987) and industrial mechanic (2001). I am experienced in maintenance and repairs as a handyman in NZ since 2009. My service is friendly and reliable and customer satisfaction is my first priority. Please see some of my reviews on google search "handyman Frank nz". For enquiries please call 027 63 66 111 or email handymanfranknz@gmail.com

#### Club Cricket

Club cricket registrations link for Year 3 - 8's for anyone wanting to play Club cricket and in the January HB Cricket camps: <a href="https://www.playhq.com/new-zealand-cricket/register/b5273b">https://www.playhq.com/new-zealand-cricket/register/b5273b</a>

#### **SMASHPLAY - INTRO TO CRICKET**

TERM 4, 2025 (3.20 to 4.15pm)

These sessions will start again in November 2025 at the Havelock North Primary School artificial turf.

The cost is \$50 for 6 sessions with the option to purchase an excellent plastic Kookaburra cricket set for \$40 as well. Our experienced and qualified Club coaches will run the sessions. These have become very popular so we encourage families to register quickly, before spots fill up.

The dates for our Term 4, 2025 programme are as follows.

Monday's - 3 Nov, 10 Nov, 17 Nov, 24 Nov, 1 Dec & 8 Dec

Use this link for Monday's <a href="https://www.playhq.com/new-zealand-cricket/register/a72d5f">https://www.playhq.com/new-zealand-cricket/register/a72d5f</a>

Wednesday's - 5 Nov, 12 Nov, 19 Nov, 26 Nov, 3 Dec & 10 Dec

Use this link for Wednesday's <a href="https://www.playhq.com/new-zealand-cricket/register/3b4a70">https://www.playhq.com/new-zealand-cricket/register/3b4a70</a>

Please see our Junior Cricket Club Facebook page for any updates, weather cancellations as well as the registration links.

For questions, please contact Steve Field: fieldboysfamily@gmail.com / 027 2766 795

Havelock North Cricket Club Juniors.

#### Accommodation Needed

Kia Ora Whanau.

I am due to complete the last seminar of the one year Rudolf Steiner training at Taruna this year. My two girls (age 13 &10) and myself, are looking for a place to stay from Saturday 28 September to Thursday 2 October. If you need a house sitter we can do this or if you have a self contained sleep out that would be wonderful. Or, we are happy to share a room and can contribute towards power and food. My children will be at friends places while I'm at the course.

Please contact Tara 021 260 4992.

Nga mihi nui, Tara

# **Biodynamics Workshop**

Taruna College in Havelock North is excited to be offering a Biodynamics workshop:

#### Enlivening the Earth Biodynamics Workshop on the 5-7 September

This workshop will involve hands on stir and spread of 500, utilizing the rhythms of the biodynamic farming, planetary rhythms and the gardening calendar, also exploring biodynamics within the nutritional medical frame. The workshop is designed for those who want to use biodynamic regenerative practice in their own farm or garden. We are grateful to the Kete Ora Trust for sponsorship of this workshop #keteoratrust

Cost: \$350 for the three day workshop, with onsite accommodation available if needed. For more information follow our link: https://www.taruna.ac.nz/courses-and-workshops/biodynamic-learning-pathways/



# Enlivening the Earth

Introductory Biodynamics Weekend Workshop

nnect, Nourish, Sustain
5-7 September: starting Friday afternoon, finishing Sunday afternoon
Cost: \$350

Are you interested in growing good food, working with mother nature and weaving a spiritual understanding into the very practical work of farming and gardening? Are you curious about holistic farming, gardening, food, and nutrition - and how to incorporate good growing practices at your place in Aotearoa?

Then we welcome you to come and take part in this introductory Biodynamics workshop. We will explore topics that include:

- the foundations of biodynamics
- growing nutrient-dense food
- themes of spirituality, connection, and planetary rhythms
- an exploration of biodynamics within a medical frame.

#### We will also build understanding of:

- biodynamic preparations including stirring and spreading 500
- how to utilise the rhythms of the biodynamic farming and gardening calendar
- how the inner life of the gardener or farmer also needs to be cultivated.

Biodynamics is a holistic approach that views the farm or garden as a living organism, emphasising the interconnectedness of all living things. It incorporates cosmic principles, biodiversity and unique homeopathic preparations to enhance soil health and overall farm or garden vitality.

#### This workshop is designed for everyone:

- wanting biodynamic regenerative practice in their own farm or garden
- interested in wellness for land and people
- wishing to increase their perceptive powers of land, soil and life
- already a biodynamic practitioner wanting to experience the wider context and community of biodynamics.

#### Your workshop facilitators:

<u>Monique Macfarlane</u> - biodynamic practitioner and educator, who makes biodynamics relatable

Rachel Pomeroy - biodynamic teacher and star watcher.

Gratitude to the Kete Ora Trust for generous sponsorship of this workshop.

For further information and registrations please contact <a href="mailto:info@taruna.ac.nz">info@taruna.ac.nz</a> or see our website <a href="www.taruna.ac.nz">www.taruna.ac.nz</a> or call +64 6 8777174

# Tangihanga - National & International Tour Launch in Hastings

Last year's Hastings season sold out - and we're back to launch the Tangihanga National & International Tour

The *Tangihanga* National and International Tour opens right here in our rohe, Te Matau-a-Māui, before travelling to 15 locations across New Zealand and then heading to Australia.

Over 40% of tickets are already sold for our Hastings season – it's shaping up to be another sell-out.

Tangihanga is a powerful one-woman show that follows Jess, a loving daughter whose father Karanipa has passed. As the whānau gathers at the marae, the tangi unfolds with laughter, tension, secrets, and raw honesty. It's heartfelt, funny, and deeply Māori – a story about grief, identity, and the beauty (and chaos) of whānau.

Written and performed by Kristyl Neho, *Tangihanga* brings over 30 characters to life on stage. Behind the scenes is an exceptional team of creatives, technicians, producers, and kaupapa-driven people who help bring this production to life.



This year, our Hastings season is part of **Dying Matters Week**, supporting open conversations around death, tikanga, and farewelling those we love.

#### Location:

Hastings – Taikura School

#### Dates:

Saturday 31 August – Sunday 1 September

#### Tickets:

https://www.iticket.co.nz/events/2025/aug/tangihangahastings

Let's launch this tour with all the aroha and mana our rohe is known for.ihi nui

# 20 25

**5†h** September 6:00pm





# THE BIG ROOM

CONTEMPORARY ARTSPACE

202 Heretaunga st east - Hastings Te-matau-a-maui - Hawkes Bay Presents new work by:

John Lancashire

@mondaypainter

Joseph Rowntree

@jr\_the\_free

Fish Radich

@fish\_radich