. a R The evine Grapevine Taikura Rudolf Steiner School



29 July 2016

Building a Community of Hope

Term Three brings some important changes for governance at Taikura. Our new Board of Trustees had their first meeting at the beginning of July, and this meeting was a time for the previous Board to hand over the reins. As the outgoing chairperson I want to take a moment to farewell the school as I complete my involvement as a school trustee and as I reflect on my journey in this work.



For me Waldorf or Steiner schools are guite remarkable places. In the midst of a national education system that is focusing ever more strongly on outcomes and measurable achievement, we find schools like ours that carry a guite different orientation. We are interested in honouring the development journey of every student and equipping our young people to freely contribute to society as responsible adults in meaningful and varied ways as they go on in their lives after school. Even with this broader vision and much longer view of education, Taikura delivers strongly against externally assessed measures. So what helps makes us strong in this work?

For me the central challenge and opportunity for Taikura is always about building community, forging a partnership between teachers, parents, administrative staff and friends of the school for the sake of the children and their development. For all of us in whatever capacity or connection we have with the school it is a constant invitation to build community together as a seed for a new humancentered society of caring, of belonging and of mutual development. It means we all have a part to play, we all have both rights and responsibilities. Healthy communities need every member to be interested and engaged. It is this overarching theme that has provided inspiration for my work in governance. So I wish the new Board of Trustees with John Bartley as Chairperson, my very best wishes in their endeavours to continue to foster this Partnership of Hope between all of you as members of the Taikura Community. Thank you for the privilege of carrying this work.

I include a quote that as a Board we have worked with as a verse to begin our meetings:

Hope

"Either we have hope in us or we don't, it is a dimension of the soul, and it's not essentially dependent on some particular observation of the world or estimate of the situation. Hope is not prognostication. It is an orientation of the Spirit, an orientation of the heart...

Hope, in this deep and powerful sense, is not the same as joy that things are going well, or willingness to invest in enterprises that are obviously headed for early success, but rather an ability to work for something because it's good, not just because it stands a chance to succeed.

Hope is definitely not the same thing as optimism. It is not the conviction that something will turn out well, but the certainty that something makes sense, regardless of how it turns

out...It is also hope, above all, which gives us the strength to live and continually try new things, even in conditions that seem hopeless...."

-Vaclav Havel (1986)

Warmly Lauren Hudson

What are our children hearing and seeing from us?

With a community as close knit and connected as that of Taikura, we run the risk of our genuine conversations of concern and care for each other bubbling over into gossip. Of late, we have noticed that our children are commenting on a number of things in such a way as to cause us concern. The nature of the conversations we hear frequently (I think that the children may think that we don't overhear what is said around and about school) causes us to surmise that there are very adult conversations taking place in front of, or in ear shot of, our children.

I am reminded of a few quotes and stories around this, as it is human nature to want to know, to have an opinion (whether well-formed or not) and to share all sorts of things with others. That is completely normal, however, we need to be conscious of what, when and how we are saying things.

Dame Whina Cooper was an iconic figure in our New Zealand/Aotearoa context. While involved in many significant issues for Maori, she was always focused on positive and constructive relationships. I particularly like her commentary about our growing children.

"Take care of our children. Take care of what they hear, take care of what they see, take care of what they feel. For how the children grow, so will be the shape of Aotearoa."

In our management meeting this week, we discussed how much our children are carrying in terms of what they are seeing and hearing from the adults around them. They absorb far more than we realise as they are at a point in their lives where they soak everything up. If we wish to shape our Taikura community in the most respectful and positive way, we need to take care of our children.

We actually began that same management meeting with a verse from Johann Wolfgang von Goethe which was rather appropriate.

"If we treat people according to how they are we make them worse; but if we treat them as if they are what they ought to be, we help them to become what they are capable of." Goethe

Our challenge is to consider what it is we are saying and why. We have been raising this with some of our classes in recent times, as a way of teaching our children and young people to consider whether what they are reading or hearing is actually accurate, and to determine if it is appropriate to share. This is a powerful tool in these days of information overload.

I leave you with this little story about the Triple Filter. It is something we should all reflect on daily as a community which aspires to the highest levels of empowering and positive human interactions.

The Triple Filter Test

In ancient Greece, Socrates was reputed to hold knowledge in high esteem.

One day, an acquaintance met the great philosopher and said, "Do you know what I just heard about your friend?" "Hold on a minute," Socrates replied. "Before telling me anything I'd like you to pass a little test. It's called the Triple Filter Test."

"Triple filter?" "That's right," Socrates continued. "Before you talk to me about my friend, it might be a good idea to take a moment and filter what you're going to say. That's why I call it the triple filter test. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

Cont/...

"No," the man said, "actually I just heard about it and..."

"All right," said Socrates. "So you don't really know if it's true or not. Now let's try the second filter, the filter of Goodness. Is what you are about to tell me about my friend something good?"

"No, on the contrary...."

"So," Socrates continued, "you want to tell me something bad about him, but you're not certain it's true. You may still pass the test though, because there's one filter left: the filter of Usefulness. Is what you want to tell me about my friend going to be useful to me?"

"No, not really."

"Well," concluded Socrates, "if what you want to tell me is neither true nor good nor even useful, why tell it to me at all?"

So the next time someone tells you something, or you see something happen or hear about it, put it through the triple Filter test before you go much further.

Carmel Spencer Principal

High School Parent Teacher Interviews

We would like to warmly invite High School parents to attend Parent Teacher Interviews on Wednesday 10 August 2016. Interview times are ten minutes long and will start at 3:30pm and run until 9pm. Bookings open on Monday 1 August at 9am and will close on Monday 8 August at 9am.

These interviews provide you with an opportunity to discuss your student's progress and can be a good time to set clear goals for the second half of the year. If issues arise which require further discussion than time allows please follow this up at another time by making an appointment with the appropriate staff member.

An email will be sent out to all parents at the end of this week with instructions on how to book your interviews. We look forward to seeing you.

Pippa Caccioppoli High School Associate Principal

Class 9 Camp:

Class 9 battled rain and cold during their mounting biking this morning. As we put this Grapevine together the Duke of Ed students are still out with Gee battling in the cold – but "going really well"







SCHOOL NOTICES

Taikura Parents Group - All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment - and if you have young ones don't worry as all meetings are baby/toddler friendly.

Gatherings are held at the Hastings Taikura Kindergarten community space a couple of Friday mornings a month. Guest speakers begin at 9am with tea and coffee available from 8.45am.

Our next meetings scheduled are:

August 5 - Kaye Keats is a past parent and past Steiner Kindergartner who now practices as a Medical Herbalist & Nutritionist at Cornucopia with a special interest in fertility and children's health. Kaye will talk about "Childhood IIIs and Chills".

August 19 - Sue Simpson is General Secretary of the NZ Anthroposophical Society she is also a Eurythmy teacher and a past Taikura Principal. Topic to be announced.

Sep 9 - Ben Warren is a school parent and a practising nutritionist through his business BePure. Ben will talk on Nutrition and Wellbeing.

Questions and suggestions to Filipa Hope 0274513445 or filipahope@gmail.com

School Fete — Sunday 20th November

Our wonderful group of parents who have organised the fete for the last few years have decided to step aside from this roll and therefore this is a request for a new group to pick up the reins to ensure that this very successful school event continues into the future. If this something you could enthusiastically embrace, please can you contact James Taylor 021 667 987 so that plans can be made for handover and the start of planning for this year.

Many thanks – James Taylor

Class 8 Play coming up soon ... COME ONE, COME ALL!

What: Anonymous, by Anonymous When: Thursday 18th August at 7.30pm Where: In the school hall Cost: \$5

The play is called Anonymous, and the playwright is Anonymous. It is a contemporary play that explores themes of teenage anonymity, identity and friendship. The students are also devising pieces of movement which explore identity and growing up, and we will integrate these into the play.

Anonymous follows the story of a young student starting at a new high school. At first she tries not to reveal her struggles to her new classmates and friends. As the play unfolds, she comes to realise that actually all teenagers go through similar challenges with finding their identity, and she finds warmth, hope and strength in the friendship that surrounds her.

The class is using the play as an opportunity to fund raise for upcoming camps, and would appreciate your support.

Sarah Millington

Mark your Calendar!
Class 7CG 7:00 pm
Kaye Keats - Medical Herbalist & Nutritionist on 'Childhood Ills and Chills'
High School Wednesday 3:30 pm - 9 pm
Anonymous by Anonymous 7:30 pm In the School Hall
Sue Simpson - Eurythmy teacher & past school principal-topic to be announced
Ben Warren - Nutritionist of BePure on Nutrition and Wellbeing
Sunday School Fete

SCHOOL NOTICES

Exhibition Invitation `Taikura All Sorts' Hastings Community Arts Centre, 31 October — 12 November 2016

Dear Friends,

We are having our annual exhibition of artwork with parents, teachers, past and present pupils of Taikura Rudolf Steiner School at the Community Arts Centre in Hastings. You are invited to present your works and the show will be from 31 October – 12 November with both floors of the centre used for exhibits. Upstairs will be reserved for current Taikura students, and downstairs for everyone else. So mark your diaries now.

You will be guaranteed at least one space/area to adequately display your work to its best advantage.

To display your work there will be a cost of \$20.00 per work as this will be used to cover the centre hire, advertising, catalogue and administration. This is payable to the office at Taikura by Friday 7th October. Cheques made out to Taikura Rudolf Steiner School. The commission of the gallery is 17% GST inclusive.

Please confirm acceptance of this invitation by email to me by 29 July (the earlier the better)

I will need your:

- Contact details, cellphone number and email
- Biography
- Title of works, medium and how much you wish to sell your work for
- A digital photo for catalogue purposes. This can be done at school if need be.
- The deadline for the catalogue will be Friday 7 October.
- Payment by Friday 7 October.

This year we are hoping to have a group of people and students involved in the organising, preparation and promotion of this event so if you would like to be involved ring me on 027 2917111 or email lesley.cox@taikura.school.nz

This group will make a start in Term 3. Urarii is already framing up a fantastic assortment of student art work. There will be an official opening with drinks and nibbles at the venue on Friday the 4 November. We will be asking you to invite guests and RSVP for catering purposes.

Looking forward to hearing from you soon.

Kind regards Lesley Cox

From the Board of Trustees

At the last Board of Trustees and Charitable Trust meeting the following policy was put out for public consultation:

Child Protection Policy

until Friday 12 August 2016

The policy and a response sheet can be found in the Policy File in the school office.

Adrienne Burt Board Secretary

SCHOOL NOTICES

Positions Available:

Kindergarten Relief Teachers

The Rudolf Steiner School Hastings Trust is seeking suitably qualified and experienced teachers to join a relief teacher pool for our kindergartens. The successful applicants will be a New Zealand registered Early Childhood teacher. While experience in Waldorf Steiner education is desirable, it is not essential. However, applicants will be able to fully and actively support the special character of the kindergartens. Please send a covering letter, with current Curriculum Vitae and proof of registration to <u>office@taikura.school.nz</u>

Michael Park School, Auckland, NZ

Deputy principal, lower school, 4MU+. Decile 8, Y1–13 Rudolf Steiner tradition. The school is an exciting one with enthusiastic, committed, dynamic teachers who engage the students in innovative ways. The appointee will have strong pedagogical and organisational skills and value community. An ability to foster the development of teachers will be important. A willingness to work in accordance with the special character shall be a condition of employment. Visits are encouraged. Applications and referees' reports are due by 4pm, Friday 12 August and are to be directed to Ahead

Associates. An information pack and application details can be obtained from Ahead Associates, Box 109-210, Newmarket, Auckland 1149 ph (09) 373 3277 or (027) 616 3680 email info@aheadassociates.co.nz Dana Marcroft



Staffing

Last term we received a resignation from Bridget Snushall who has been with us at Taradale kindergarten. Bridget has been a valued and much loved staff member and we wish her all the very best for the future. Margaret Sweaney has joined our Taradale kindergarten until the end of the year. Sandra Jordan is on leave through until 2017 and we welcome Te Whiti Seeds who will be covering Sandra's Spanish lessons.

TERM DATES FOR 2017

Term 1:	Monday 30 January High School Starts - 13 April end of term
	Wednesday 1 February Lower School / Kindergarten start date to be advised
	(6 February Waitangi Day)

- Term 2: Monday 1 May Friday 7 July Anzac Day 25 April Queens Birthday 5 June
- Term 3: Monday 24 July Friday 29 August
- Term 4: Monday 16 October Tuesday 13 December HB Anniversary 20 October Labour Day 23 October

COMMUNITY NOTICES

NVC FOUNDATION WORKSHOP - COMMUNICATION for CONNECTION

Aug 6 and 7 2016 9am to 5pm

Improve all aspects of your life through more effective communication.

We all find communication difficult at times. We all want to be heard and understood. We want to be able to articulate with clarity when what's happening is not working for us. We want to engage respectful co-operation. We want to be able to communicate with ourselves in ways that empower us.

NVC is an easy 'how to' process that really works!

Based on the internationally successful components of Nonviolent Communication (NVC) As developed by Dr. Marshall B. Rosenberg

Filipa Hope filipahope@gmail.com ph: 027.451.3445 www.nvc.org.nz

Blossom Tree

Home-based care educators wanted

Blossom Tree is a Waldorf inspired boutique home-based care agency. We are opening a branch here in Hawke's Bay, and we are looking for educators to join our service. Previous experience is not essential as we will provide you with initial and ongoing training. As an educator you will be able to care for up to four children at a time, including your own children up to the age of 6. Blossom Tree Educators are paid per child and are able to set their own rates. Our base rate is \$6 per enrolled hour, so you have the opportunity to earn up to \$24 per hour or more. This is a wonderful opportunity for parents at home with their own small children to earn an income.

Please visit <u>www.blossomtreehomebasedece.com</u> for further information, and register your interest by emailing <u>blossomtreehawkesbayece@gmail.com</u> or contact Sabina Bacchus on 021 0830 7141.

For quick sale:

One queen-size foam mattress with cover, hardly used, \$85 ono. Ideal for sleep overs etc and is very comfortable to sleep on. Please phone Cecile on 877 4064 or leave a message on the answer phone.

Well Spoken:

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call Robyn to find out more.

Robyn Hewetson robyn@wellspoken.co.nz 06 878 3496 021 217 8688

Weleda Pharmacy:

Te Mata is now open on the first Saturday of the month from 9am - 3pm (6 August). An Anthroposophical Doctor is available for consultations during these hours. Phone 8728725 to make an appointment.

COMMUNITY NOTICES

HOUSE SITTER WANTED:

House sitter wanted for two and a half months from mid October until Christmas. Well situated, near Taikura, Cornwall Park and the local shops. Not suitable for a family, most suitable for one adult and one child. Small swimming pool and two cats to feed! Contact Allysen or Mike 804 Nelson Street North Hastings 06 873 5549 Allysen 024 327 9855 Mike 027 1538 720

NEW!!!! EVA'S AFTER SCHOOL ART CLASS FOR CHILDREN NOW ALSO ON MONDAYS & THURSDAYS

Mondays 3 - 4.10 pm. Explore new art techniques, look at interesting images, listen to a story. Children 8-13 years. Steiner Centre 500 Nelson St. Hastings \$15 per session, commitment for a term. Contact Eva Urieli <<u>evaurieli@gmail.com</u>> 8786028

ART CLASS FOR TEENAGERS 13-18 YEARS

Explore & research your own images, try out different art techniques, look at artists work, learn to draw. Tuesdays 3.30 - 4.45 pm, \$15 per class, commitment for a term. Steiner Centre 500 Nelson St. Hastings Contact Eva Urieli < <u>evaurieli@gmail.com</u>> 878 6028

ART CLASS FOR ADULTS TERM 3

Explore your inner life through stories. Pursue your own creative journey. Learn and become confident in different art techniques. Tuesdays 10 -12 am starting on 26 July 2016. Commitment for a term;10 lessons \$180, basic art materials included. Contact Eva Urieli <<u>evaurieli@gmail.com</u>> 8786028

Travel

If you're thinking of doing a student exchange, your big OE or just a holiday away, then contact me to discuss options or to keep an eye out for any future specials.

Travel deals change from week to week and costs are very much dependant on availability at the time of booking.

Phone Eric Cox on 8358574 or email <u>eric@coxworldtravel.co.nz</u> for a free quota.

Hawkes Bay Chiropractic now at 206 Eastbourne Street, Hastings.

"Providing an experience that combines going to see a medical professional and meeting up with an old friend who cares about your wellbeing."



COMMUNITY NOTICES

RHYTHMICAL MASSAGE (ANTHROPOSOPHICAL) OFFERED

Hello, my name is Aurelia Lorenzo and I am an ex-parent of this school. I am trained in Rhythmical massage since 1997 and I would like to offer it to the Anthroposophical Community as a wonderful spiritual support that this massage is, for everyone, children, teachers, parents, other staff, etc. I work from home, in Hastings. Please ring me at 0226749450 if you are interested.

Donations and gifts for Waldorf Kindergarten Fiji.

Kia ora, I am a Teacher at Taikura Kindergarten and I am travelling to Fiji at the end of August and will be visiting the Waldorf Kindergarten in Suva Fiji. I wish to take with me some gifts from our community to help support them in their ongoing recovery from the impacts of cyclone Winston in February. Marjorie Theyer has contacted the kindergarten and the teachers have asked if we could send toys for their playgroup children 0-2.5 years. So please if anyone has anything they would like to donate or make for the playgroup please contact me Yvonne Collins 027 3107189 / 8751123

On Becoming Human:

An exploration of some of the ways we can become better people, better humans. Four Ideals of our Time: Monday 3 October: HAPPINESS Monday 10 October: CLEVERNESS and EDUCATION Monday 17 October: HATING EVIL Monday 24 October: PUNISHING CRIME

Parliament the Courts, journalists from newspapers, television and radio. People in public life often assume that he above four ideals are appropriate goals for regulating public affairs. Are they right? Are they helpful? Or do they perpetuate our current social and political problems? One thing is certain, many people believe they are basic to understanding human life today.

These four themed conversations are an exploration of modern life and attitudes today.

The aim is to find out why these themes are so important in modern life. Can we update them so we can make further progress?

Chris Bacchus 8786883Entry Koha of \$10.00 or so!Rudolf Steiner Centre, Nelson Street, Hastings7:30 pm start.

Kairos Centre Term 3/4 Courses 2016

The Heart of Art: Strengthening the heart charkra through inner contemplation A Practical Course: Painting the tree through the seasons, dynamic line drawing (working with the four elements), veiling form drawing. ENQUIRE NOW FOR 2017. Introductory year will run on Tuesday 8.50 am - 12.15 pm 7 weeks through the school term Sacred Geometry. A beginners guide to constructing the universe This Saturday 30 July Time. 8.50 - 4.15 Cost. \$75

Astrology for you, Astrology for Antroposophists September 17 and 18 9.00 am - 4.00 pm Costs: \$85 per day, \$160 2 days

Contact Margaret Mary Farr Ph/txt 0272484193. manawastudio@gmail.com Facebook: Kairos Artistic Endeavours Understanding The Agricultural Course Part One: October 14,15,16 Part Two: November 25,26,27 Costs \$235. Friday 6 and 8 Sat and Sun 9.00 am - 4.00 pm

Do you prefer to read the Grapevine on-line via the school website?(www.taikurasteiner.school.nz) If so, please email office@taikura.school.nz and let us know, including the name of your eldest child at school who usually would bring a paper copy home. Many thanks.