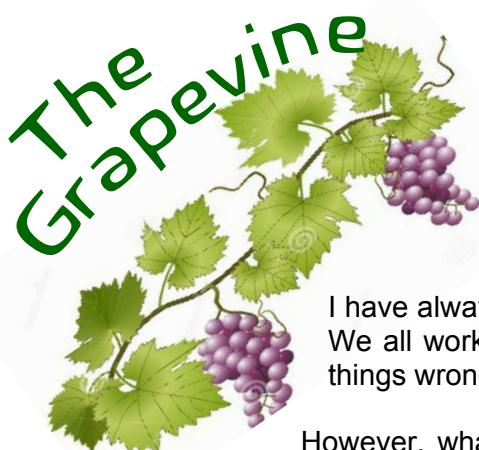


# Taikura Rudolf Steiner School



11 August 2016



With the excitement of the Olympic Games now underway in Rio, it has been interesting to listen to the debate and argument leading up to this event around the wide-scale, state-sanctioned doping of athletes in Russia. There are obviously rather large issues of integrity at play in this sporting context.

I have always explained integrity as “getting it right when no-one is looking”. We all work hard to support our children and young people when they get things wrong, so that they learn and grow from the experience.

However, what pressure today’s athletes (often young people) must feel! In impoverished countries, a sports contract or scholarship is the only way out of poverty. This must make integrity a very high ideal when the runner next to you is taking performance enhancing drugs. In our more developed countries, the constant drive for success and the sense that anything less than the top prize is not worth it, also heaps huge pressure on athletes. I reflect on what demands sponsors, fans, peers and family make of these athletes. Some of you may remember the Tonya Harding – Nancy Kerrigan scandal in the ice skating realm in the early 1990s. No performance enhancing drugs, but grievous bodily harm.

Sport as a competitive physical activity, provides valuable life experience and opportunities to grow both as an individual and as a group; but it should not be at all costs. We greatly admire those who have risen to the highest levels in their chosen code. From Taikura, this includes our past rowing Olympians, Caroline and Georgina Evers-Swindell, and our current para-Olympian cyclist pilot, Hannah van Kampen. Regardless of the number or colour of medals athletes win, it is the characteristics exhibited by them – their dedication and determination to achieve at their very best – which we should applaud. The titles and medals are the icing on the cake. The cake, made with integrity, is the real prize.

Nga mihi

Carmel Spencer  
Principal



Class 6 display from their Ancient Rome Main Lesson

## Mark your Calendar!

Aug 19	<b>7:30 pm</b>	Class 8 Play: Anonymous by Anonymous in the School Hall
Aug 19	8.45 (9am start)	Parent Group: Sue Simpson - On “Being Decisive”
Aug 24	<b>7:00 pm - 9:00 pm</b>	Class 9 Parent Evening: Humanities Room Level 3
Sept 7	<b>7:00 - 9:30 pm</b>	High School Options Classes 10, 11 & 12 Taikura House
Sep 9	8.45 (9am start)	Parent Group: Ben Warren - Nutritionist of BePure on Nutrition and Well being
Sept 14	<b>7:00 pm</b>	Class 12 Parent Evening Taikura House
Sept 15	<b>7:00 - 8:30 pm</b>	‘Men in Steiner’ At the school Library
Sept 17 & 18	TBC	Class 12 projects - In the School Hall. Programme to come

# SCHOOL NOTICES

## Sports Notices:

Last week we had four teams from our Middle School competing at a soccer tournament held at Woodford House. This was a great fun day out for all involved with half of the students having never played in a soccer match before, all teams did extremely well with three of the teams winning their grade!



Students from Classes 4-7 have all started an "In school" tennis coaching programme running for four weeks every Monday morning with tennis coach Tipene Cottrell. Every student is participating in this opportunity that has come about from funding we received from the Sport Hawkes Bay Kiwi Sport fund.

This also funded tennis equipment and several teachers will receive training in basic tennis coaching skills to ensure the ongoing development of tennis at school. We are currently looking into options to offer tennis for students in the High School.



This year's Get to Go adventure race team has started training with some orienteering with Steve Armon leading up to the event on August 18. Good luck to the teams from Classes 8 and 9.

Good luck to our High school hockey and netball teams who are playing in semifinal games over next couple of weeks.

Our High School hockey will finish their season in the next couple of weeks and I would like to thank the coaches, managers and umpires who have supported these teams over the season:

Senior A netball - Donna Te Aho and Morag Wilson

Senior B netball - Selena Crouch and Jackie Blair

Class 7 netball - Ocean Puha and Rimene - Janet Osborne/ Morag Wilson

1st 11 hockey - Ann Hilton and Pippa Harper

2nd 11 hockey - Brynn Lethbridge and Sonja Lethbridge

Thanks for many volunteer hours, trouble shooting and team support through the season.

Also a massive thank you to three people who have put in many hours, some weeks umpiring multiple games per week, which as we all know is a tough job, often receiving verbal comments from the sidelines and making hard decisions every game! Big thank you and much appreciation to Antonia Richardson, Guy Lethbridge and Brendan Hamilton-Gibbs

In the next fortnight will be our school cross country for Classes 4-7 which all students will participate in. Several students will be chosen from this event to go on to compete in the Hastings and Districts Primary School Champs being held on September 6.

## COMING UP TERM 4!

Carmel has offered to manage/train teams or individuals wishing to compete in the Hawke's Bay Secondary Schools Triathlon Champs and Secondary School Nationals in Wanganui both held in March 2017. This is a great and new chance for our students to be involved in this sport will start training in Term 4 2016.

Interested students please talk to Janet. There will be more information given to all students this term.

This is open to Class 7 students who will be in the High School next year.



Janet Osborne  
Sports Coordinator

# SCHOOL NOTICES

## **Sporting Congratulations:**

Niamh Jefferson has been selected in the Hawke's Bay Women's Tuis Rugby team for 2016. This has involved two weekends of travelling away to play games, intensive rugby coaching, fitness testing, mental strength conditioning, nutrition, game analysis and much more. The Magpies coaching staff also with New Zealand rugby development coaches and support staff took this.

This was a first ever in Hawkes Bay for young women and was a huge accomplishment for one of our students to be selected for this camp. This goes to show if you have a passion for a sport that our school does not offer, you can still participate with other schools and clubs. See Janet for more information on how to do this! When you don't let obstacles get in the way you can accomplish many great things.

I wish her all the best in her rugby journey this season and many more to come.

Gee Reisima - EOTC Coordinator

## **Duke of Edinburgh Students:**

Janene Hole will be in the hall foyer this Friday lunchtime for Duke of Edinburgh students.

## **Congratulations:**

Congratulations to past pupil, Season Matthews who was third in the Hair by Night section of the Hair in Style HB competition held recently. Well done!

## **Homestay Family Required:**

Mio Ishida of Class 10 requires a new homestay family by the Friday 19 August. She would prefer to stay with a family with a student at Taikura in Hastings or Napier. Please contact the School office on 878 7363 or email Gee Reisima: at [gee.reisima@taikura.school.nz](mailto:gee.reisima@taikura.school.nz)

## **Class Four fundraising for Hastings Riding for the Disabled:**

### **Buy a Gingerbread Horse at all Friday Markets in August!**

Please help Class Four to support our local Riding for Disabled Centre. They are baking and decorating Gingerbread Horses to sell at Friday Markets for all of August, all proceeds going to Hastings RDA.

## **Michael Park School, Auckland, NZ**

**Deputy Principal**, Lower School, 4MU+. Decile 8, Y1–13

Rudolf Steiner tradition. The school is an exciting one with enthusiastic, committed, dynamic teachers who engage the students in innovative ways. The appointee will have strong pedagogical and organisational skills and value community. An ability to foster the development of teachers will be important. A willingness to work in accordance with the special character shall be a condition of employment. Visits are encouraged.



Applications and referees' reports are due by 4 pm, Friday 12 August and are to be directed to Ahead Associates. An information pack and application details can be obtained from Ahead Associates, Box 109-210, Newmarket, Auckland 1149 ph (09) 373 3277 or (027) 616 3680 email [info@aheadassociates.co.nz](mailto:info@aheadassociates.co.nz)

Dana Marcroft

# SCHOOL NOTICES

## Taikura Parents Group - All School Community Welcome

Please come along and enjoy the opportunity to meet other parents and staff from our school in a relaxed and supportive environment - and if you have young ones don't worry as all meetings are baby/toddler friendly.

Gatherings are held at the Hastings Taikura Kindergarten community space a couple of Friday mornings a month. Guest speakers begin at 9am with tea and coffee available from 8.45am.

Our next meetings scheduled are:

**August 19 - Sue Simpson** is General Secretary of the NZ Anthroposophical Society she is also a Eurythmy teacher and a past Taikura Principal. Talking on "Being Decisive".

**September 9 - Ben Warren** is a school parent and a practising nutritionist through his business BePure. Ben will talk on Nutrition and Wellbeing.

Questions and suggestions to Filipa Hope 0274513445 or filipahope@gmail.com

## Class 8 Play coming up soon ... **COME ONE, COME ALL!** **Anonymous, by Anonymous**

When: Friday 19 August  
Where: In the school hall

Time: 7:30 pm  
Cost: \$5.00

The theme is about every teenagers identity: "I am every teenager I'm trying to sort it all out, who do I want to be, what do I want to do, who am I?"

The play is called Anonymous, and the playwright is Anonymous. It is a contemporary play that explores themes of teenage anonymity, identity and friendship. The students are also devising pieces of movement which explore identity and growing up, and we will integrate these into the play.

Anonymous follows the story of a young student starting at a new high school. At first she tries not to reveal her struggles to her new classmates and friends. As the play unfolds, she comes to realise that actually all teenagers go through similar challenges with finding their identity, and she finds warmth, hope and strength in the friendship that surrounds her.

The class is using the play as an opportunity to fund raise for upcoming camps, and would appreciate your support.

Sarah Millington

## From the Board of Trustees:

At the last Board of Trustees and Charitable Trust meeting the following policy was put out for public consultation:

### Child Protection Policy

until Friday 12 August 2016

The policy and a response sheet can be found in the Policy File in the school office.

Adrienne Burt  
Board Secretary

# SCHOOL NOTICES

## School Fête – Sunday 20 November. We Want You!!!

Our wonderful group of parents who have organised the fête for the last few years have decided to step aside from this roll and therefore this is a request for a new group to pick up the reins to ensure that this very successful school event continues into the future. If this something you could enthusiastically embrace, please can you contact James Taylor 021 667 987 so that plans can be made for handover and the start of planning for this year.

The Taikura fête is coming up soon and we are in desperate need of some volunteers to join the fête committee.

The previous committee has everything all ready to roll out for years to come but just needs a team to implement it all. They will do a thorough handover with you and help you with any questions you may have.

There is no minimum amount of years that you have to be on the organising group so if it's not your cup of tea then you can hand it over the next year. If you are interested in joining but were waiting to see if we get stuck ....well we are stuck and now's the time!

If we can't get a committee together soon, we risk not being able to run the fête this year! The fête is very important to the school not just financially but from a relationship point of view. It's our chance to share what it means to be involved with this special school with the wider community. We have a couple of people interested but will still need a few more. If you have any questions about what may be involved, please call James on 021 667 987

Many thanks – James Taylor

## Whakapiki Ake:

Whakapiki Ake would like to invite all Hawkes Bay school staff, students and whānau to our **Napier Hui-Ā-Rohe** information evening. The Whakapiki Ake Project is a recruitment programme that actively engages with rangatahi Māori enrolled in secondary schools to promote health as a career and entry into Faculty of Medical and Health Sciences' professional programmes. WAP offers exposure to health career options, assistance for students to apply to the FMHS and some financial support for successful applicants.

Workshops will aim to raise aspirations/expectations for Rangatahi Māori; introduce the importance of school subject choices; understanding University Entrance and the Steiner School Certificate (SSC); highlighting the importance of creating good learning behaviours

This will be held on:

**Date:** Wednesday 31 August                      **Time:** 6.00 – 9.00 pm

**Venue:** Napier Salvation Army Hall, 56 Tait Drive, Napier

**RSVP:** <https://vision2020.auckland.ac.nz/surveyLogin.a5w?data=SchoolVisit,123>

Ngā mihi - Leonie Ropiha

Contact: 0272916312 and [maorihealthcareers@auckland.ac.nz](mailto:maorihealthcareers@auckland.ac.nz)



# COMMUNITY NOTICES

## **NVC FOUNDATION WORKSHOP - COMMUNICATION for CONNECTION**

Aug 6 and 7 2016 9 am to 5 pm

**Improve all aspects of your life through more effective communication.**

We all find communication difficult at times. We all want to be heard and understood. We want to be able to articulate with clarity when what's happening is not working for us. We want to engage respectful co-operation. We want to be able to communicate with ourselves in ways that empower us.

**NVC is an easy 'how to' process that really works!**

**Based on the internationally successful components of Nonviolent Communication (NVC) As developed by Dr. Marshall B. Rosenberg**

Filipa Hope [filipahope@gmail.com](mailto:filipahope@gmail.com) ph: 027.451.3445 [www.nvc.org.nz](http://www.nvc.org.nz)

## **COMMUNICATION for CONNECTION - NVC FOUNDATION WORKSHOP**

(note date was changed) Aug 20 and 21 2016 9 am to 5 pm

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# TERM THREE YOGA

Grasshopper Kids **PLAY**



## KidS Yoga

**P.L.A.Y**  
**PHYSICAL LEARNING ACTIVE YOGA**

**EMPOWERING YOUR CHILDS DEVELOPMENT  
OFFERING THE OPPORTUNITY TO EXPERIENCE  
CREATIVITY, EXPLORATION & A SENSE OF  
BELONGING THROUGH FUN YOGA ADVENTURES**

Napier CLASSES Tuesday @ 3.45pm  
Havelock North CLASSES Thursday @ 3.45pm  
Prepaid TERM Price \$80

8 CLASSES per TERM  
CALL CAROLYN, EMAIL or FIND US ON FACEBOOK FOR DETAILS  
[littleyogis@grasshopperyoga.co.nz](mailto:littleyogis@grasshopperyoga.co.nz) PH 021 476 763

# COMMUNITY NOTICES

## RHYTHMICAL MASSAGE (ANTHROPOSOPHICAL) OFFERED

Hello, my name is Aurelia Lorenzo and I am an ex-parent of this school. I am trained in Rhythmical massage since 1997 and I would like to offer it to the Anthroposophical Community as a wonderful spiritual support that this massage is, for everyone, children, teachers, parents, other staff, etc. I work from home, in Hastings. Please ring me at 0226749450 if you are interested.

## Donations and gifts for Waldorf Kindergarten Fiji

Kia ora, I am a Teacher at Taikura Kindergarten and I am travelling to Fiji at the end of August and will be visiting the Waldorf Kindergarten in Suva Fiji. I wish to take with me some gifts from our community to help support them in their ongoing recovery from the impacts of cyclone Winston in February. Marjorie Theyer has contacted the kindergarten and the teachers have asked if we could send toys for their playgroup children 0-2.5 years. So please if anyone has anything they would like to donate or make for the playgroup please contact me Yvonne Collins 027 3107189 / 8751123

## On Becoming Human:

An exploration of some of the ways we can become better people, better humans.

Four Ideals of our Time:

Monday 3 October: HAPPINESS    Monday 10 October: CLEVERNESS and EDUCATION

Monday 17 October: HATING EVIL    Monday 24 October: PUNISHING CRIME

Parliament the Courts, journalists from newspapers, television and radio. People in public life often assume that the above four ideals are appropriate goals for regulating public affairs. Are they right? Are they helpful? Or do they perpetuate our current social and political problems? One thing is certain, many people believe they are basic to understanding human life today.

These four themed conversations are an exploration of modern life and attitudes today.

The aim is to find out why these themes are so important in modern life. Can we update them so we can make further progress?

Chris Bacchus 8786883

Entry Koha of \$10.00 or so!

Rudolf Steiner Centre, Nelson Street, Hastings

7:30 pm start.

## Kairos Centre Term 3 and 4 Courses 2016

The Heart of Art: Strengthening the heart chakra through inner contemplation

A Practical Course: Painting the tree through the seasons, dynamic line drawing (working with the four elements), veiling form drawing.

ENQUIRE NOW FOR 2017. Introductory year will run on Tuesday 8.50 am - 12.15 pm 7 weeks through the school term

Astrology for you, Astrology for Antroposophists

September 17 and 18 9.00 am - 4.00 pm

Costs: \$85 per day, \$160 2 days

Contact Margaret Mary Farr

Ph/txt 0272484193. manawastudio@gmail.com

Facebook: Kairos Artistic Endeavours

Understanding The Agricultural Course

Part One: October 14,15,16

Part Two: November 25,26,27

Costs \$235. Friday 6 and 8

Sat and Sun 9.00 am - 4.00 pm

## TUESDAY MORNING ART CLASS FOR ADULTS

Pursue your own creative journey. Learn and become confident in different art techniques. This term: exploring your inner life through stories. 10-12 am. Try out lesson any time \$18, subsequent commitment for 9 lessons \$172, basic art materials included.

## NEW: EVA'S AFTER SCHOOL ART CLASS FOR CHILDREN NOW ON MONDAYS

Explore new art techniques, look at interesting images, listen to a story.

Children 8-13 years. \$15 per session - commitment for a term. From 3:00 - 4:10 pm

Both at the Steiner Centre 500 Nelson St. Hastings. Contact Eva Urieli <evaurieli@gmail.com> 878 6028

# COMMUNITY NOTICES

## **Taruna College – Early Childhood Education Taster Course:**

This is a 'taster' course that will lift the veil on young children from 0-7 and how we care for them in a Steiner/ Waldorf setting. It may give you another view on the education and care of the young child and the protection of childhood and/or it may help you decide if you want to enrol in the Steiner/Waldorf Diploma course, starting in 2017.

Marjorie Theyer and Edith van der Meer will be joined by many other presenters to give you insight into that which is Steiner Waldorf Early Childhood Education.

### **These are the areas that we will be exploring:**

- The young child and the education of the will
- Simplifying life
- Protecting and retrieving childhood
- The 12 senses
- The 4 lower senses
- The importance of play
- Journaling, Echo of the night
- Needle felting
- Eurythmy
- Storytelling
- Singing
- A kindergarten and/or day care visit

Morning tea, lunch and afternoon tea is provided, there will be enlivening lectures, speeches, verses and plenty of space for your questions.

When: 26 – 30 August

Where: Hermes room, Taruna College, 33 Te Mata Peak Rd, Havelock North

Cost: \$515.00

Please call or email the Taruna office to register on 06 877 7174 [info@taruna.ac.nz](mailto:info@taruna.ac.nz).

## **Treasures from a growing household:**

Wooden cot with foam mattress, 1300 x 700 \$80. Rabbits, Giant Flemish and Angora cross, very cute \$20 each. Phone 878 4430

## **Looking for land to establish 2+Ha size Biodynamic vineyard**

We are open to converting existing farms/land if required. Napier/Hastings area preferable as our children go to Taikura kindergarten. Please text or call Asuka 0223100550

## **Travel:**

If you're thinking of doing a student exchange, your big OE or just a holiday away, then contact me to discuss options or to keep an eye out for any future specials.

Travel deals change from week to week and costs are very much dependant on availability at the time of booking.

Phone Eric Cox on 8358574 or email [eric@coxworldtravel.co.nz](mailto:eric@coxworldtravel.co.nz) for a free quota.

## **Assistant Cook Hohepa School**

Hohepa School requires an assistant cook to work in our school kitchen.

This is a permanent position for 46 – 48 weeks per year.

Some responsibility for menu planning, ordering of supplies, stock control

and for the performance of assisting staff when the main chef is on leave is part of the job requirement.

For full details and to apply please contact:-

The school on 06 8442740 to obtain an application pack or email [school@hawk.hohepa.org.nz](mailto:school@hawk.hohepa.org.nz)

Applications close Wednesday 17 August at 12 pm



# COMMUNITY NOTICES



## Well Spoken:

Is your child interested in drama, storytelling, poetry or public speaking? Rudolf Steiner brought huge insight into the art of speaking and drama and from my training in this and teaching, I can help students achieve a high degree of effectiveness, confidence and style. If your child would like to excel in speech and drama, call me for a free consultation.

Therapeutic speech lessons available for students over the age of 9 years. Speech formation is a great help in developing articulation, confidence, memory and well-being.

I am five minutes from the school and can set up times to suit you. Call Robyn to find out more.

Robyn Hewetson [robyn@wellspoken.co.nz](mailto:robyn@wellspoken.co.nz) 06 878 3496 021 217 8688

## Hawkes Bay Chiropractic now at 206 Eastbourne Street, Hastings.

"Providing an experience that combines going to see a medical professional and meeting up with an old friend who cares about your well being".



HAWKE'S BAY  
CHIROPRACTIC  
*love the new you*

### TERM DATES FOR 2017

- Term 1: Monday 30 January High School Starts - 13 April end of term  
Wednesday 1 February Lower School / Kindergarten start date to be advised  
(6 February Waitangi Day)
- Term 2: Monday 1 May - Friday 7 July  
Anzac Day 25 April Queens Birthday 5 June
- Term 3: Monday 24 July - Friday 29 August
- Term 4: Monday 16 October - Tuesday 13 December  
HB Anniversary 20 October Labour Day 23 October